

# RUN FOR THE TRAIL 7K

August 13, 2016

Dilltown, Pennsylvania

Race Director: Thad Pajak

PLACE	DIVISION	NAME	AGE	GENDER	TIME	PACE
1	1	SARA ZAMBOTTI	35	FEMALE	0:26:55	0:06:12
2	1	SAM CUNKELMAN	16	MALE	0:27:15	0:06:16
3	2	ALEX RINGLER	16	MALE	0:27:37	0:06:21
4	3	TOBY CREE	13	MALE	0:28:14	0:06:30
5	1	AIDEN RINGLER	14	MALE	0:28:47	0:06:37
6	1	GRANT CRUSE	20	MALE	0:29:08	0:06:42
7	1	ISAIAS MALDONADO	30	MALE	0:29:09	0:06:42
8	1	KEN SHARBAUGH	39	MALE	0:29:49	0:06:52
9	2	DYLAN KUTRUFF	22	MALE	0:30:24	0:07:00
10	2	LOTUS DONGILLI	36	MALE	0:30:37	0:07:03
11	2	DEAN BANKO	32	MALE	0:30:33	0:07:02
12	1	LOGAN CROOKS	16	MALE	0:30:54	0:07:07
13	2	RYLEIGH LUDWIG	17	FEMALE	0:31:07	0:07:09
14	1	RYAN COSTANZO	40	MALE	0:31:46	0:07:18
15	1	DAN McQUISTON	54	MALE	0:31:54	0:07:20
16	1	DARRYL WALKER	43	MALE	0:32:01	0:07:22
17	3	TAYA WHITFIELD	17	FEMALE	0:32:13	0:07:25
18	1	DREW WALTHER	57	MALE	0:32:39	0:07:31
19	1	KEVIN NINEHOUSER	25	MALE	0:32:50	0:07:33
20	1	JACQUE SCHIFFER	51	FEMALE	0:32:56	0:07:35
21	1	MARILYN GREGORY	41	FEMALE	0:33:18	0:07:40
22	2	TOM WHITCOMB	56	MALE	0:33:30	0:07:42
23	2	ROB MALCOTTI	29	MALE	0:33:44	0:07:46
24	1	ALEXIS SHANK	33	FEMALE	0:34:12	0:07:52
25	2	MACKENZIE CROOKS	17	MALE	0:34:16	0:07:53
26	2	SCOTT CESSNA	50	MALE	0:34:30	0:07:56
27	2	JARED BLOOM	14	MALE	0:34:47	0:08:00
28	1	SHAELYN WALTEMIRE	15	FEMALE	0:34:51	0:08:01
29	3	JEFF LEIPCHACK	59	MALE	0:34:56	0:08:02
30	3	EASTON SHETLER	16	MALE	0:35:07	0:08:05
31	3	COREY KOVALCIK	37	MALE	0:35:15	0:08:07
32	3	LUKE PARFITT	30	MALE	0:35:18	0:08:07
33	1	BRYCELIN COSTELLO	36	FEMALE	0:35:35	0:08:11
34	2	JILLIAN BARGER	15	FEMALE	0:36:19	0:08:21
35	1	RAY PETERMAN	47	MALE	0:36:23	0:08:22

36	3	ALYXANDRA CORNETTO	14	FEMALE	0:36:33	0:08:24
37	4	MACKENZIE WALKER	15	FEMALE	0:36:33	0:08:24
38	2	JESSICA SKLINAR	33	FEMALE	0:36:59	0:08:30
39	1	JIM TOLON	64	MALE	0:37:05	0:08:32
40	1	ABBY PLOWCHA	20	FEMALE	0:37:54	0:08:43
41	2	JODI CORISTON	36	FEMALE	0:38:00	0:08:44
42	1	NATHAN EMERSON	12	MALE	0:38:13	0:08:47
43	2	SAMANTHA FORDICK	41	FEMALE	0:38:19	0:08:49
44	2	THE JOHN SWAUGER	64	MALE	0:38:23	0:08:50
45	1	MICHELLE BLOOM	17	FEMALE	0:38:36	0:08:53
46	2	TED REFFNER	48	MALE	0:38:40	0:08:54
47	1	BRITTNEY BAXTER	29	FEMALE	0:38:45	0:08:55
48	3	SCOTT BOWMAN, PLS	51	MALE	0:39:06	0:09:00
49	4	WALTER BYRNE	59	MALE	0:39:00	0:08:58
50	3	RAY BYRNE	63	MALE	0:39:09	0:09:00
51	1	AILEEN BOWMAN	50	FEMALE	0:39:23	0:09:04
52	4	JOHN BOMBOY	63	MALE	0:39:56	0:09:11
53	5	REAGAN HAJJAR	15	FEMALE	0:40:06	0:09:13
54	2	TAUSHA CLARK	28	FEMALE	0:40:09	0:09:14
55	3	JONTAHAN CUNKELMAN	45	MALE	0:40:37	0:09:21
56	3	ASHLEY WILMONT	25	FEMALE	0:40:56	0:09:25
57	4	ALY PAJAK	25	FEMALE	0:41:43	0:09:36
58	3	DAN PAJAK	29	MALE	0:41:45	0:09:36
59	1	BERNICE DISHONG-MACKANICK	70	FEMALE	0:42:00	0:09:40
60	5	JEFF MALLOY	59	MALE	0:42:19	0:09:44
61	5	LINDSAY HENRY	27	FEMALE	0:42:26	0:09:46
62	6	KARALYN PAWCIO	15	FEMALE	0:42:44	0:09:50
63	5	DENNY CRUSE	64	MALE	0:42:46	0:09:50
64	1	LAURA DiGIORGIO	59	FEMALE	0:42:49	0:09:51
65	3	BARB BARGER	41	FEMALE	0:43:00	0:09:54
66	4	MARK FREEMAN	37	MALE	0:43:07	0:09:55
67	1	KIM SWARTZ	49	FEMALE	0:43:10	0:09:56
68	4	TIM WELSH	46	MALE	0:43:14	0:09:57
69	7	ELIZABETH HENDERSON	14	FEMALE	0:43:19	0:09:58
70	4	CAROLE WRIGHT	42	FEMALE	0:43:25	0:09:59
71	6	BROOKE DiGIORGIO	25	FEMALE	0:44:30	0:10:14
72	2	SHERRY SHANK	57	FEMALE	0:44:39	0:10:16
73	2	KRIS KIRSCH	54	FEMALE	0:44:57	0:10:20
74	7	SHANNON MALCOTTI	28	FEMALE	0:45:07	0:10:23
75	8	HELENA AULT	14	FEMALE	0:45:36	0:10:29
76	4	JOSHUA MUSCATELLO	33	MALE	0:45:42	0:10:31
77	2	JOCELYN PAWCIO	17	FEMALE	0:45:55	0:10:34
78	3	KOSIE SHEPHERD-PORADA	37	FEMALE	0:45:55	0:10:34
79	3	GAIL MALLOY	57	FEMALE	0:45:56	0:10:34

80	2	KATRINA YODER	24	FEMALE	0:45:59	0:10:35
81	3	KAITLIN CAWLEY	23	FEMALE	0:45:59	0:10:35
82	3	MELANIE MUSCATELLO	34	FEMALE	0:46:57	0:10:48
83	4	DANIELLE WHITE	33	FEMALE	0:47:04	0:10:50
84	2	PATRICK YEWIC	42	MALE	0:47:11	0:10:51
85	2	KANE DUNCAN	6	MALE	0:47:17	0:10:53
86	3	ELI DUNCAN	8	MALE	0:47:17	0:10:53
87	5	MELISSA DUNCAN	30	FEMALE	0:47:18	0:10:53
88	6	AMANDA DUNCAN	33	FEMALE	0:47:19	0:10:53
89	7	ANGE LOISEAU	31	FEMALE	0:47:20	0:10:53
90	3	TERRI McQUISTON	54	FEMALE	0:47:29	0:10:55
91	5	DIANE BELL	43	FEMALE	0:50:24	0:11:36
92	4	CATHY SWAUGER	58	FEMALE	0:51:21	0:11:49
93	4	JANINE MAUST	50	FEMALE	0:51:30	0:11:51
94	5	MICHAEL SHUTTY	48	MALE	0:51:37	0:11:52
95	2	MICHELLE BLYSTONE	48	FEMALE	0:52:50	0:12:09
96	5	JODY CLAYPOOL	54	FEMALE	0:52:51	0:12:09
97	8	MISTY WILSON	34	FEMALE	0:54:03	0:12:26
98	8	REBECCA LINGENFELTER	29	FEMALE	0:54:04	0:12:26
99	4	BROOKE EGLEY	35	FEMALE	0:55:40	0:12:48
100	1	CHUCK BAITH	65	MALE	0:56:32	0:13:00
101	3	KATHLEEN GIESEY	46	FEMALE	0:56:32	0:13:00
102	1	PAUL HICKS	72	MALE	0:58:10	0:13:23
103	1	CHRISTINE TOLON	63	FEMALE	1:11:28	0:16:26

**TOP THREE MALES:**

2	1	SAM CUNKELMAN	16	MALE	0:27:15	0:06:16
3	2	ALEX RINGLER	16	MALE	0:27:37	0:06:21
4	3	TOBY CREE	13	MALE	0:28:14	0:06:30

**TOP MALE MASTER:**

14	1	RYAN COSTANZO	40	MALE	0:31:46	0:07:18
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**TOP THREE FEMALES:**

1	1	SARA ZAMBOTTI	35	FEMALE	0:26:55	0:06:12
13	2	RYLEIGH LUDWIG	17	FEMALE	0:31:07	0:07:09
17	3	TAYA WHITFIELD	17	FEMALE	0:32:13	0:07:25

**TOP FEMALE MASTER:**

20	1	JACQUE SCHIFFER	51	FEMALE	0:32:56	0:07:35
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**MALES, AGES 12 AND UNDER:**

42	1	NATHAN EMERSON	12	MALE	0:38:13	0:08:47
85	2	KANE DUNCAN	6	MALE	0:47:17	0:10:53
86	3	ELI DUNCAN	8	MALE	0:47:17	0:10:53

**MALES, AGES 13 TO 15:**

5	1	AIDEN RINGLER	14	MALE	0:28:47	0:06:37
27	2	JARED BLOOM	14	MALE	0:34:47	0:08:00

**MALES, AGES 16 TO 19:**

12	1	LOGAN CROOKS	16	MALE	0:30:54	0:07:07
25	2	MACKENZIE CROOKS	17	MALE	0:34:16	0:07:53
30	3	EASTON SHETLER	16	MALE	0:35:07	0:08:05

**MALES, AGES 20 TO 24:**

6	1	GRANT CRUSE	20	MALE	0:29:08	0:06:42
9	2	DYLAN KUTRUFF	22	MALE	0:30:24	0:07:00

**MALES, AGES 25 TO 29:**

19	1	KEVIN NINEHOUSER	25	MALE	0:32:50	0:07:33
23	2	ROB MALCOTTI	29	MALE	0:33:44	0:07:46
58	3	DAN PAJAK	29	MALE	0:41:45	0:09:36

**MALES, AGES 30 TO 34:**

7	1	ISAIAS MALDONADO	30	MALE	0:29:09	0:06:42
11	2	DEAN BANKO	32	MALE	0:30:33	0:07:02
32	3	LUKE PARFITT	30	MALE	0:35:18	0:08:07
76	4	JOSHUA MUSCATELLO	33	MALE	0:45:42	0:10:31

**MALES, 35 TO 39:**

8	1	KEN SHARBAUGH	39	MALE	0:29:49	0:06:52
10	2	LOTUS DONGILLI	36	MALE	0:30:37	0:07:03
31	3	COREY KOVALCIK	37	MALE	0:35:15	0:08:07
66	4	MARK FREEMAN	37	MALE	0:43:07	0:09:55

**MALES, 40 TO 44:**

16	1	DARRYL WALKER	43	MALE	0:32:01	0:07:22
84	2	PATRICK YEWICIC	42	MALE	0:47:11	0:10:51

**MALES, 45 TO 49:**

35	1	RAY PETERMAN	47	MALE	0:36:23	0:08:22
46	2	TED REFFNER	48	MALE	0:38:40	0:08:54
55	3	JONTAHAN CUNKELMAN	45	MALE	0:40:37	0:09:21
68	4	TIM WELSH	46	MALE	0:43:14	0:09:57
94	5	MICHAEL SHUTTY	48	MALE	0:51:37	0:11:52

**MALES, 50 TO 54:**

15	1	DAN McQUISTON	54	MALE	0:31:54	0:07:20
26	2	SCOTT CESSNA	50	MALE	0:34:30	0:07:56
48	3	SCOTT BOWMAN, PLS	51	MALE	0:39:06	0:09:00

**MALES, 55 TO 59:**

18	1	DREW WALTHER	57	MALE	0:32:39	0:07:31
22	2	TOM WHITCOMB	56	MALE	0:33:30	0:07:42
29	3	JEFF LEIPCHACK	59	MALE	0:34:56	0:08:02
49	4	WALTER BYRNE	59	MALE	0:39:00	0:08:58
60	5	JEFF MALLOY	59	MALE	0:42:19	0:09:44

**MALES, 60 TO 64:**

39	1	JIM TOLON	64	MALE	0:37:05	0:08:32
44	2	THE JOHN SWAUGER	64	MALE	0:38:23	0:08:50
50	3	RAY BYRNE	63	MALE	0:39:09	0:09:00
52	4	JOHN BOMBOY	63	MALE	0:39:56	0:09:11
63	5	DENNY CRUSE	64	MALE	0:42:46	0:09:50

**MALES, 65 TO 69:**

100	1	CHUCK BAITH	65	MALE	0:56:32	0:13:00
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**MALES, AGE 70 AND UP:**

102	1	PAUL HICKS	72	MALE	0:58:10	0:13:23
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**FEMALES, AGES 13 TO 15:**

28	1	SHAELYN WALTEMIRE	15	FEMALE	0:34:51	0:08:01
34	2	JILLIAN BARGER	15	FEMALE	0:36:19	0:08:21
36	3	ALYXANDRA CORNETTO	14	FEMALE	0:36:33	0:08:24
37	4	MACKENZIE WALKER	15	FEMALE	0:36:33	0:08:24
53	5	REAGAN HAJJAR	15	FEMALE	0:40:06	0:09:13
62	6	KARALYN PAWCIO	15	FEMALE	0:42:44	0:09:50
69	7	ELIZABETH HENDERSON	14	FEMALE	0:43:19	0:09:58
75	8	HELENA AULT	14	FEMALE	0:45:36	0:10:29

**FEMALES, AGES 16 TO 19:**

45	1	MICHELLE BLOOM	17	FEMALE	0:38:36	0:08:53
77	2	JOCELYN PAWCIO	17	FEMALE	0:45:55	0:10:34

**FEMALES, AGES 20 TO 24:**

40	1	ABBY PLOWCHA	20	FEMALE	0:37:54	0:08:43
80	2	KATRINA YODER	24	FEMALE	0:45:59	0:10:35
81	3	KAITLIN CAWLEY	23	FEMALE	0:45:59	0:10:35

**FEMALES, AGES 25 TO 29:**

47	1	BRITTNEY BAXTER	29	FEMALE	0:38:45	0:08:55
54	2	TAUSHA CLARK	28	FEMALE	0:40:09	0:09:14
56	3	ASHLEY WILMONT	25	FEMALE	0:40:56	0:09:25
57	4	ALY PAJAK	25	FEMALE	0:41:43	0:09:36
61	5	LINDSAY HENRY	27	FEMALE	0:42:26	0:09:46
71	6	BROOKE DiGIORGIO	25	FEMALE	0:44:30	0:10:14
74	7	SHANNON MALCOTTI	28	FEMALE	0:45:07	0:10:23
98	8	REBECCA LINGENFELTER	29	FEMALE	0:54:04	0:12:26

**FEMALES, AGES 30 TO 34:**

24	1	ALEXIS SHANK	33	FEMALE	0:34:12	0:07:52
38	2	JESSICA SKLINAR	33	FEMALE	0:36:59	0:08:30
82	3	MELANIE MUSCATELLO	34	FEMALE	0:46:57	0:10:48
83	4	DANIELLE WHITE	33	FEMALE	0:47:04	0:10:50
87	5	MELISSA DUNCAN	30	FEMALE	0:47:18	0:10:53
88	6	AMANDA DUNCAN	33	FEMALE	0:47:19	0:10:53
89	7	ANGE LOISEAU	31	FEMALE	0:47:20	0:10:53
97	8	MISTY WILSON	34	FEMALE	0:54:03	0:12:26

**FEMALES, AGES 35 TO 39:**

33	1	BRYCELIN COSTELLO	36	FEMALE	0:35:35	0:08:11
41	2	JODI CORISTON	36	FEMALE	0:38:00	0:08:44
78	3	KOSIE SHEPHERD-PORADA	37	FEMALE	0:45:55	0:10:34
99	4	BROOKE EGLEY	35	FEMALE	0:55:40	0:12:48

**FEMALES, AGES 40 TO 44:**

21	1	MARILYN GREGORY	41	FEMALE	0:33:18	0:07:40
43	2	SAMANTHA FORDICK	41	FEMALE	0:38:19	0:08:49
65	3	BARB BARGER	41	FEMALE	0:43:00	0:09:54
70	4	CAROLE WRIGHT	42	FEMALE	0:43:25	0:09:59
91	5	DIANE BELL	43	FEMALE	0:50:24	0:11:36

**FEMALES, AGES 45 TO 49:**

67	1	KIM SWARTZ	49	FEMALE	0:43:10	0:09:56
95	2	MICHELLE BLYSTONE	48	FEMALE	0:52:50	0:12:09
101	3	KATHLEEN GIESEY	46	FEMALE	0:56:32	0:13:00

**FEMALES, AGES 50 TO 54:**

51	1	AILEEN BOWMAN	50	FEMALE	0:39:23	0:09:04
73	2	KRIS KIRSCH	54	FEMALE	0:44:57	0:10:20
90	3	TERRI McQUISTON	54	FEMALE	0:47:29	0:10:55
93	4	JANINE MAUST	50	FEMALE	0:51:30	0:11:51
96	5	JODY CLAYPOOL	54	FEMALE	0:52:51	0:12:09

**FEMALES, AGES 55 TO 59:**

64	1	LAURA DiGIORGIO	59	FEMALE	0:42:49	0:09:51
72	2	SHERRY SHANK	57	FEMALE	0:44:39	0:10:16
79	3	GAIL MALLOY	57	FEMALE	0:45:56	0:10:34
92	4	CATHY SWAUGER	58	FEMALE	0:51:21	0:11:49

**FEMALES, AGES 60 TO 64:**

103	1	CHRISTINE TOLON	63	FEMALE	1:11:28	0:16:26
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**FEMALES, AGE 70 AND UP:**

59	1	BERNICE DISHONG-MACKANICK	70	FEMALE	0:42:00	0:09:40
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