

32th Annual Gateway Track Mile TENTATIVE

Thursday June 6, 2024 (Rain or shine) | No entry fee (1,609.344 meters) | 6:30 p.m. Sign in starts at 5:30 p.m.

- **Presented:** Tuesday Night Racing Team | Timing by Wolf Creek Race Management (WolfCreekTrackClub.com)
- **New Location:** Gateway Senior High School Track (9000 Gateway Campus Blvd., Monroeville, PA 15146)
- **GPS Coordinates:** 40.4307517313619, -79.75607611271484
- **Directions:**
 - From Pittsburgh: Parkway East exit 84A for PA-48 south toward Monroeville onto Mosside Blvd;
 - From Turnpike, Exit 57, Take the exit toward US-22 Business West; keep left, follow signs for US-22, merge onto US-22 Business 22 West, use left two lanes to turn LEFT onto Mosside Blvd.
- At 0.9 miles of Mosside Blvd (Route 48), turn RIGHT onto Gateway Campus Blvd. At T, turn LEFT and follow to Antimarino Stadium Track.
- **Questions:** Check by calling (412) 372-3212 or e-mail: don_tammy@msn.com. Note school may not be open for rest rooms or changing.
- **Registration:** Early registration at WolfCreekTrackClub.com or onsite after 5:30 p.m.
- **Heats:** Five heats planned, but may get added/deleted based on number of runners present. Come ready to run. Faster heats run first.
 - Heat #1: 5:04.9 or faster
 - Heat #2: 5:05 to 5:49.9
 - Heat #3 5:50 to 6:39.9
 - Heat #4: 6:40 to 7:59.9
 - Heat #5: 8:00 or slower and Race Walk.
- **Splits:** Given at each lap plus 9.34 meters.
- **Awards:** Tammy's homemade chocolate candy.
 - Cash for overall records and select age records. \$210 Total Prize Money, plus record Bonus
 - Overall Records: \$50; Age Records: \$25
 - Overall Male and Female: 1st - \$35, 2nd - \$20, 3rd - \$15. 40+ male & Female: \$15. 50+ Male/female \$15
 - Record Overall M/F: \$50. | Age Group Record: \$25
 - Performance Bonus: \$10 – Top Ten overall best time sub 4:30.99 male/ 5:09.69 Female.
 - First Open Female | Random | Heat winner | Special |

Age group records

Group	Male	Year	Time	Female	Year	Time
Overall	Daniel Jaskowak	2018	04:21.1	Allison Letourneau	2012	04:50.3
<19	Scott Whitaker	2011	04:26.3	Megan Puleio	2023	5:09.69
40-49	Carl Hubel	1999	04:43.4	Jennifer Bigham	2022	05:07.1
50-59	J Brockenbrough	2009	04:52.5	Tammy Slusser	2015	05:54.4
60-60	Art Anderson	2017	05:50.1	Donna Scanlon	2018	07:52.4
70-79	Dick Monheim	2012	07:03.1	Kitty Ver-Abbott	2022	08:41.1
80+	Gehrett Smith	2013	08:15.4	Lidia Mascio	2022	17:17.5

Bonus/Incentive Money Rules:

1. Runner breaking record must win overall to be awarded record money. Overall \$50 includes \$10 for sub 4:30.99/5:09.69

Gateway Track Mile Winners

- Overall winner, time, number of runners below five minutes and total runners participating.
- *Note: Gateway Mile held in both June & August in 1995, 1996, 1997 and 1998. An "A" means August and * denotes a record.*

Year	Winner	Time	<5:00	Runners	Year	Winner	Time	<5:00	Runners
1994	David DeTorre	5:00.52	0	10	1995	Brian Sundin	4:49.3	5	14
1995 A	Kevin Dowell	4:46.11	4	13	1996	Jeff Otten	4:42.25	7	21
1996 A	Jim Hommes	4:45.42	2	13	1997	Jim Hommes	4:34.43	6	23
1997 A	Jeff Otten	4:50.72	5	10	1998	Jim Hommes	4:36.93	4	21
1998 A	David Wilt	4:43.73	5	20	1999	Jim Hommes	4:40.30	3	21
2000	Mike Diano	4:38.07	4	37	2001	Mike Diano	4:30.99	7	46
2002	Jim Hommes	4:43.59	8	35	2003	Mike Diano	4:29.83	8	41
2004	Mike Diano	4:34.38	4	31	2005	Larry VanDyke	4:53.59	1	39
2006	Race Not Held	-	-	-	2007	J. Brockenbough	4:53.70	3	16
2008	Craig Bell	4:42.17	1	22	2009	AJ Saravica	4:30.41	4	41
2010	Steve Strellick	4:30.13	4	42	2011	Scott Whitaker	4:26.28	12	65
2012	Steve Abate	4:29.8	8	53	2013	Fred Thompson	4:35.	28	53
2014	Caleb Muller	4:26.44	11	70	2015	Tyles Palenchak	4:24.92	5	72*
2016	Matthew Puleio	4:39.8	1	36	2017	Matthew Puleio	4:29.1	3	48
2018	Daniel Jaskowak	4:21.1*	7	47	2019	James Townsend	4:31.63	13*	63
2020/21	Covid-19 no race held	-	-	-	2022	Tyler C-Philyaw	4:27.70	10	51
2023	Andrew Mascio	4:47.04	1	36					

Top performances by age division

OPEN

MALE

Rank	Time	Name	Age	Year
1.	4:21.1	Daniel Jaskowski	24	2018
2.	4:24.92	Tyles Palenchak	20	2015
3.	4:26.28	Scott Whitaker	18	2011
4.	4:27:70	Tyler Cox-Philyaw	24	2022
5.	4:29.44	Cabel Muller	23	2014
6.	4:29.8	Steve Abate	23	2012
7.	4:29.83	Mike Diano	21	2003
8.	4:30.31	Steve Strellick	27	2010
9.	4:30.41	A.J. Saravica	27	2009
10.	4:30.99	Mike Diano	19	2001

FEMALE

Rank	Time	Name	Age	Year
1.	4:50.3	Allison Letourneau	23	2012
2.	4:54.0	Stephanie Bonk	21	2012
3.	4:58.91	Tammy Slusser	31	1996J
4.	5:00.5	Leah Ahlin	29	2012
5.	5:03.35	Tammy Slusser	30	1995A
6.	5:03.42	Tammy Slusser	31	1996A
7.	5:07.06	Tammy Slusser	33	1998A
8.	5:07.08	Jennifer Bigham	40	2022
9.	5:09.06	Mindy Sawtelle	26	1999
10.	5:09.69	Megan Puleio	15	2023

JR 19<

1.	4:26.28	Scott Whitaker	18	2011
2.	4:30.99	Mike Diano	19	2001
3.	4:34.60	Christian LaBash	15	2011
4.	4:34.74	Ryan McGuire	16	2011
5.	4:37.58	Caleb Burton	14	2022

1.	5:09.69	Megan Puleio	15	2023
2.	5:38.70	Becky Carter	17	1998
3.	5:38.70	Becky Carter	17	1998
4.	5:40.74	Claire Kintner	17	2012
5.	5:45.63	Kristen McMichaels	14	2011

40- 49

1.	4:43.41	Carl Hubel	42	1999
2.	4:45.36	Carl Hubel	41	1998 A
3.	4:46.83	John Brockenbough	44	2003
4.	4:47.86	John Brockenbough	43	2002
5.	4:46.39	Brett Mason	46	2022

1.	5:07.08	Jennifer Bigham	40	2022
2.	5:33.0	Tammy Slusser	40	2005
3.	5:35.05	Tammy Slusser	43	2008
4.	5:37.57	Tammy Slusser	42	2007
5.	5:38.60	Tammy Slusser	44	2009

50-59

1.	4:52.46	John Brockenbrough	50	2009
2.	4:56.84	John Brockenbrough	52	2011
3.	4:57.11	Steve Garand	53	2014
4.	4:57.73	John Brockenbrough	51	2010
5.	5:03.0	Steve Garand	52	2013

1.	5:54.42	Tammy Slusser	50	2015
2.	6:00.9	Tammy Slusser	53	2018
3.	6:02.4	Tammy Slusser	52	2017
4.	6:04.60	Tammy Slusser	54	2019
5.	6:19.20	Tammy Slusser	51	2016

60-69

1.	5:50.1	Art Anderson	62	2017
2.	5:51.2	Art Anderson	63	2018
3.	5:56.7	Dean Rowland	61	2012
4.	5:57.4	Art Anderson	61	2016
5.	5:58.53	Art Anderson	64	2019

1.	6 :58.25	Lisa Cimbala	64	2023
2.	7 :52.4	Donna Scanlon	60	2018
3.	8:07.31	Donna Scanlon	61	2019
4.	8:18.6	Kittie Ver-Abbott	62	2014

70+

1.	7:03.08	Dick Monheim	70	2012
2.	7:04.95	Wayne Jabobs	70	2019
3.	7:08.39	Roger Brockenbroug	74	2009

1.	8:53.43	Kittie Ver-Abbott	70	2022
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80+

1.	8:15:42	Gehrett Smith	82	2013
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1.	17:17.54	Lidia Mascio	93	2023
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Trivia

- **Oldest Finisher:** Male: 82 Gehrett Smith, (8:42.07) Elizabeth Twp 2013. Female: 93 Lidia Mascio Castle Shannon 2022 17:17:54.
- **Youngest Finisher:** Male: Lucas Balkey, Churchill (age 5). Female: Logan Diano, Plum (age 2).
- **Most immediate Family Members finishing:** Landis, Squirrel Hill (5 in 2014), and Banks, St. Clairsville Ohio (5 in 2015)
- **Total finishers** 72 (2015).
- **Most sub 5:00 Performances:** 13 (2019)
- **Farthest traveled:** Male: Fabian Immler (Lindenburg Germany). Female: Allison Letourneau (Nova Scotia).