

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Kendall Branan	400 Meter	0:00:53	0:03:34	Indiana County Track Meet	Indiana	PA	4/29/2017
Joey Bujdos	800 Meter	0:01:56	0:03:54	WPIAL DISTRICT T & F	Baldwin	PA	5/19/2017
Sam Cunkelman	800 Meter	0:01:59	0:04:00	PIAA DISTRICT 6 T & F	Altoona	PA	5/16/2017
Joey Bujdos	800 Meter	0:02:02	0:04:06	Indiana County Track Meet	Indiana	PA	4/29/2017
Sam Cunkelman	800 Meter	0:02:05	0:04:12	Indiana County Track Meet	Indiana	PA	4/29/2017
Jillian Barger	800 Meter	0:02:33	0:05:08	PIAA DISTRICT 6 T & F	Altoona	PA	5/16/2017
Jillian Barger	800 Meter	0:02:37	0:05:17	Indiana County Track Meet	Indiana	PA	4/29/2017
Marilyn Gregory	800 Meter	0:02:52	0:05:47	USTAF Championships	Sacramento	CA	6/25/2017
Anthony Boerio	800 Meter	0:03:50	0:07:44	Pharoah Hounds Track Meet	Pittsburgh	PA	7/21/2017
Sam Cunkelman	1600 Meter	0:04:35	0:04:37	Indiana County Track Meet	Indiana	PA	4/29/2017
Jonathan Gearhart	1600 Meter	0:05:03	0:05:05	PIAA DISTRICT 6 T & F	Altoona	PA	5/16/2017
Mackenzie Walker	1600 Meter	0:05:19	0:05:22	Indiana County Track Meet	Indiana	PA	4/29/2017
Jillian Barger	1600 Meter	0:05:47	0:05:50	Indiana County Track Meet	Indiana	PA	4/29/2017
Sam Cunkelman	Mile	0:04:44	0:04:44	Gateway Mile	Monroeville	PA	6/8/2017
Darryl Walker	Mile	0:05:03	0:05:03	Winfield Mile	Sykesville	MD	1/1/2017
Mackenzie Walker	Mile	0:05:52	0:05:52	Winfield Mile	Sykesville	MD	1/1/2017
Jonathan Cunkelman	Mile	0:06:50	0:06:50	Gateway Mile	Monroeville	PA	6/8/2017
Maddie Walker	Mile	0:07:46	0:07:46	Winfield Mile	Sykesville	MD	1/1/2017
Mindy Sawtelle-Zottola	3000 Meters	0:10:55	0:05:52	PSAC Western PA Challenge	Indiana	PA	4/8/2017
Sam Cunkelman	3200 Meter	0:11:11	0:05:38	Indiana County Track Meet	Indiana	PA	4/29/2017
Mackenzie Walker	3200 Meter	0:11:23	0:05:44	PIAA DISTRICT 6 T & F	Altoona	PA	5/16/2017
Mackenzie Walker	3200 Meter	0:11:25	0:05:45	Indiana County Track Meet	Indiana	PA	4/29/2017
Dean Banko	2 Miler	0:11:23	0:05:41	Great Santa 2 Miler	Johnstown	PA	11/17/2017
Grant Cruse	2 Miler	0:11:42	0:05:51	Great Santa 2 Miler	Johnstown	PA	11/17/2017
Herbster Cratty	2 Miler	0:12:12	0:06:06	Altoona Race of Champions	Altoona	PA	3/25/2017
Dean Banko	2 Mile	0:12:51	0:06:26	Hollidaysburg Twilight 2 Mile	Hollidaysburg	PA	12/31/2017
Denny Cruse	2 Miler	0:14:35	0:07:17	Great Santa 2 Miler	Johnstown	PA	11/17/2017
Andy See	Duathlon 2 Mile	0:19:39	0:09:49	Western PA Cares For Kids	Cookburg	PA	7/15/2017
Wendy Riegenbach	2 Mile	0:27:47	0:13:54	Run 4 R Library 2 Mile Walk	Black Lick	PA	10/9/2017
Doris Hicks	2 Mile	0:36:07	0:18:03	Run 4 R Library 2 Mile Walk	Black Lick	PA	10/9/2017
Mike Porada	2 Mile		0:00:00	Run For The Trail 2 Mile	Dilltown	PA	8/12/2017
Noreen See	2.7	0:21:34	0:07:59	Old First Night 2.7	Penn Run	PA	7/30/2017
Kendall Branan	5K	0:16:35	0:05:21	PIAA State XC Championships	Hershey	PA	11/4/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Kendall Branan	5K	0:16:47	0:05:25	WPIAL District XC	Cooper's Lake	PA	10/26/2017
Sam Cunkelman	5K	0:17:10	0:05:32	Heritage Conference	Marion Center	PA	10/19/2017
Kendall Branan	5K	0:17:21	0:05:36	Christie Saddler 5K	Greensburg	PA	8/26/2017
Joey Bujdos	5K	0:17:25	0:05:37	PIAA State XC Championships	Hershey	PA	11/4/2017
Tom Lipsie	5K	0:17:27	0:05:38	Camp Cadet 5K	Indiana	PA	6/24/2017
Joey Bujdos	5K	0:17:27	0:05:38	WPIAL District XC	Cooper's Lake	PA	10/26/2017
Dean Banko	5K	0:17:39	0:05:42	Hollidaysburg Twilight 5K	Hollidaysburg	PA	12/31/2017
Tom Lipsie	5K	0:17:50	0:05:45	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Tom Lipsie	5K	0:17:58	0:05:48	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Matt Berzonsky	5K	0:17:58	0:05:48	WPIAL District XC	Cooper's Lake	PA	10/26/2017
Joey Bujdos	5K	0:18:01	0:05:49	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Dean Banko	5K	0:18:03	0:05:49	Ligonier Days 5K	Ligonier	PA	10/15/2017
Dean Banko	5K	0:18:09	0:05:51	American Red Cross Vampire	Johnstown	PA	10/21/2017
Jonathan Gearhart	5K	0:18:10	0:05:52	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Grant Cruse	5K	0:18:12	0:05:52	Hollidaysburg Twilight 5K	Hollidaysburg	PA	12/31/2017
Sara Zambotti	5K	0:18:13	0:05:53	Love of Life 5K	Indiana	PA	10/21/2017
Dean Banko	5K	0:18:18	0:05:54	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Tom Lipsie	5K	0:18:23	0:05:56	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Dean Banko	5K	0:18:25	0:05:56	Diamond Drug 5K	Ernest	PA	4/29/2017
Jonathan Gearhart	5K	0:18:27	0:05:57	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Grant Cruse	5K	0:18:38	0:06:01	Wings of Hope 5K	Johnstown	PA	4/15/2017
Jonathan Gearhart	5K	0:18:38	0:06:01	Love of Life 5K	Indiana	PA	10/21/2017
Grant Cruse	5K	0:18:41	0:06:02	American Red Cross Vampire	Johnstown	PA	10/21/2017
Dean Banko	5K	0:18:42	0:06:02	Hoodlebug 5K	Homer City	PA	9/10/2017
Dean Banko	5K	0:18:43	0:06:02	Mountain Laurel 5K	Somerset	PA	8/21/2017
Dean Banko	5K	0:18:44	0:06:03	Run For Reading 5K	Bellwood	PA	3/4/2017
Sam Cunkelman	5K	0:18:44	0:06:03	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Dean Banko	5K	0:18:47	0:06:04	Fire & Ice 5K	Somerset	PA	1/14/2017
Dean Banko	5K	0:18:47	0:06:04	Pick A Cause 5K	Ernest	PA	3/25/2017
Dean Banko	5K	0:18:49	0:06:04	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Dean Banko	5K	0:18:50	0:06:05	RSG1 Foundation 5K		PA	2/11/2017
Sam Cunkelman	5K	0:18:53	0:06:05	David Hutton Memorial 5K	Emporium	PA	8/19/2017
Dean Banko	5K	0:18:58	0:06:07	Trooper Ivaniec 10K	Latrobe	PA	4/22/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Kendall Branan	5K	0:18:58	0:06:07	Myrtle Beach Bum 5K	Myrtle Beach	SC	6/3/2017
Mindy Sawtelle-Zottola	5K	0:18:58	0:06:07	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Jeannie Bujdos	5K	0:19:00	0:06:08	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Grant Cruse	5K	0:19:02	0:06:08	Paul Galko Bulldog 5K	Nanty Glo	PA	6/24/2017
Dean Banko	5K	0:19:03	0:06:09	It's A Wonderful 5K	Ernest	PA	12/2/2017
Dean Banko	5K	0:19:04	0:06:09	Pittsburgh Marathon 5K	Pittsburgh	PA	5/6/2017
Grant Cruse	5K	0:19:05	0:06:09	Hoodlebug 5K	Homer City	PA	9/10/2017
Grant Cruse	5K	0:19:05	0:06:09	Que Classic 5K	Holsopple	PA	9/30/2017
Darryl Walker	5K	0:19:05	0:06:09	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Grant Cruse	5K	0:19:07	0:06:10	YWCA Grand Old Lady 5K	Johnstown	PA	8/26/2017
Grant Cruse	5K	0:19:09	0:06:11	Taking Steps Against Cancer	Somerset	PA	10/28/2017
Dean Banko	5K	0:19:16	0:06:13	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Sam Cunkelman	5K	0:19:20	0:06:14	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Dean Banko	5K	0:19:21	0:06:15	Vintondale Homecoming 5K	Vintondale	PA	9/2/2017
Grant Cruse	5K	0:19:22	0:06:15	2nd Chance 5K	St. Michael	PA	8/5/2017
Jonathan Gearhart	5K	0:19:22	0:06:15	Hoodlebug 5K	Homer City	PA	9/10/2017
Jonathan Gearhart	5K	0:19:25	0:06:16	Heritage Conference	Marion Center	PA	10/19/2017
Herbster Cratty	5K	0:19:30	0:06:17	Ellport Community 5K	Ellwood City	PA	3/4/2017
Herbster Cratty	5K	0:19:30	0:06:17	WVU Ugly Sweater 5K	Morgantown	WV	12/2/2017
Grant Cruse	5K	0:19:31	0:06:18	5K For Vets	Sidman	PA	6/3/2017
Grant Cruse	5K	0:19:37	0:06:20	Daily American 5K	Somerset	PA	6/10/2017
Dean Banko	5K	0:19:37	0:06:20	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Dean Banko	5K	0:19:37	0:06:20	Turkey Trot 5K	Ligonier	PA	11/18/2017
Herbster Cratty	5K	0:19:40	0:06:21	Cupid's Chase 5K	Pittsburgh	PA	2/11/2017
Cory Fulmer	5K	0:19:40	0:06:21	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Grant Cruse	5K	0:19:43	0:06:22	Fire & Ice 5K	Somerset	PA	1/14/2017
Grant Cruse	5K	0:19:43	0:06:22	Jim Mayer Trail 5K	Johnstown	PA	9/9/2017
Veronica Bujdos	5K	0:19:45	0:06:22	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Mackenzie Walker	5K	0:19:54	0:06:25	PIAA State XC Championships	Hershey	PA	11/4/2017
Grant Cruse	5K	0:20:00	0:06:27	Penn Highlands Black Bear	Johnstown	PA	9/23/2017
Darryl Walker	5K	0:20:00	0:06:27	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Matt Pajak	5K	0:20:07	0:06:29	St Vincent Alumni 5K	Latrobe	PA	8/26/2017
Dean Banko	5K	0:20:10	0:06:30	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017

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Dean Banko	5K	0:20:11	0:06:31	Resolution Run 5K	Derry	PA	1/7/2017
Mackenzie Walker	5K	0:20:14	0:06:32	Heritage Conference	Marion Center	PA	10/19/2017
Dean Banko	5K	0:20:15	0:06:32	Winterfest 5K	Morraine	PA	2/4/2017
Ben Shultz	5K	0:20:20	0:06:34	Mills Center For Fitness 5K	Indiana	PA	4/29/2017
Grant Cruse	5K	0:20:21	0:06:34	Twp Stampede 5K	Davidsville	PA	4/22/2017
Grant Cruse	5K	0:20:24	0:06:35	Fool's Run 5K	Indiana	PA	4/1/2017
Dean Banko	5K	0:20:24	0:06:35	Kick A.S.S. For Natalie 5K	Windber	PA	4/23/2017
Jeannie Bujdos	5K	0:20:26	0:06:35	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Herbster Cratty	5K	0:20:26	0:06:35	Sharpsville Food Pantry 5K	Sharpsville	PA	11/11/2017
Jonathan Cunkelman	5K	0:20:28	0:06:36	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Herbster Cratty	5K	0:20:32	0:06:37	Grove City Sunset Spring 5K	Grove City	PA	4/26/2017
Herbster Cratty	5K	0:20:32	0:06:37	Grove City Sunset Spring 5K	Grove City	PA	4/26/2017
Jonathan Cunkelman	5K	0:20:35	0:06:38	Torrance Trot 5K	Torrance	PA	9/30/2017
James Thompson	5K	0:20:38	0:06:39	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Steve Pagano	5K	0:20:39	0:06:40	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Jonathan Cunkelman	5K	0:20:40	0:06:40	Hoodlebug 5K	Homer City	PA	9/10/2017
Herbster Cratty	5K	0:20:43	0:06:41	French Creek Half Marathon	Meadville	PA	9/2/2017
Ken Branan	5K	0:20:44	0:06:41	Christie Saddler 5K	Greensburg	PA	8/26/2017
Jonathan Cunkelman	5K	0:20:54	0:06:45	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Grant Cruse	5K	0:21:07	0:06:49	Kick A.S.S. For Natalie 5K	Windber	PA	4/23/2017
Scott Cessna	5K	0:21:15	0:06:51	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Bob Manzi	5K	0:21:16	0:06:52	It's A Wonderful 5K	Ernest	PA	12/2/2017
Mackenzie Walker	5K	0:21:18	0:06:52	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Herbster Cratty	5K	0:21:25	0:06:55	Salem Cookies, Cocoa,Candy	Salem	OH	11/25/2017
Sara Zambotti	5K	0:21:25	0:06:55	It's A Wonderful 5K	Ernest	PA	12/2/2017
Jillian Barger	5K	0:21:35	0:06:58	Heritage Conference	Marion Center	PA	10/19/2017
Scott Cessna	5K	0:21:37	0:06:58	ACMH Hospital 5K	Kittanning	PA	5/5/2017
Jonathan Cunkelman	5K	0:21:37	0.00484	Turtle Trot 5K	Turtle Creek	PA	7/29/2017
Tina Zack	5K	0:21:38	0:06:59	Hollidaysburg Twilight 5K	Hollidaysburg	PA	12/31/2017
Tina Zack	5K	0:21:38	0:06:59	Twilight 5K	Hollidaysburg	PA	12/31/2017
Dan McQuiston	5K	0:21:43	0:07:00	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Dan Mcquiston	5K	0:21:50	0:07:03	Hoodlebug 5K	Homer City	PA	9/10/2017
Jonathan Cunkelman	5K	0:21:51	0:07:03	David Hutton Memorial 5K	Emporium	PA	8/19/2017

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Marilyn Gregory	5K	0:21:52	0:07:03	Fire & Ice 5K	Somerset	PA	1/14/2017
Dean Banko	5K	0:21:53	0:07:04	Freeze Your Gizzard 5K	Parker Dam	PA	1/28/2017
Jonathan Cunkelman	5K	0:21:54	0:07:04	Missions Possible 5K	Blairsville	PA	8/12/2017
Jonathan Cunkelman	5K	0:21:55	0:07:04	Elk County Classic 5K	Ridgeway	PA	7/7/2017
Jonathan Cunkelman	5K	0:21:55	0:07:04	Elderton 5K	Elderton	PA	9/2/2017
Doug Ulishney	5K	0:22:01	0:07:06	Mother's Day 5K	Erie	PA	5/14/2017
Alexis Shank	5K	0:22:07	0:07:08	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Jonathan Cunkelman	5K	0:22:09	0:07:09	Fight For Life 5K	Apollo	PA	11/18/2017
Jonathan Cunkelman	5K	0:22:13	0:07:10	Donut Dash 5K	Indiana	PA	4/22/2017
Jonathan Cunkelman	5K	0:22:15	0:07:11	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Scott Cessna	5K	0:22:16	0:07:11	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Jonathan Cunkelman	5K	0:22:18	0:07:12	Camp Cadet 5K	Indiana	PA	6/24/2017
Scott Cessna	5K	0:22:21	0:07:13	Ford City 5K	Ford City	PA	7/1/2017
Denny Cruse	5K	0:22:21	0:07:13	Hollidaysburg Twilight 5K	Hollidaysburg	PA	12/31/2017
Brandon Payne	5K	0:22:24	0:07:14	Jingle Bell Run	Pittsburgh	PA	12/2/2017
Mindy Sawtelle-Zottola	5K	0:22:26	0:07:14	PAC 5K	Ernest	PA	3/25/2017
Jonathan Cunkelman	5K	0:22:27	0:07:15	Freedom 5K	Greensburg	PA	7/4/2017
Jonathan Cunkelman	5K	0:22:32	0:07:16	PAC 5K	Ernest	PA	3/25/2017
Jonathan Cunkelman	5K	0:22:33	0:07:16	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Scott Cessna	5K	0:22:39	0:07:18	Race To The Moon 5K	Apollo	PA	7/15/2017
Jacob Gill	5K	0:22:39	0:07:18	Love of Life 5K	Indiana	PA	10/21/2017
Brandon Payne	5K	0:22:43	0:07:20	Lace Up And Away 5K	Pittsburgh	PA	11/18/2017
Jonathan Cunkelman	5K	0:22:45	0:07:20	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Jonathan Cunkelman	5K	0:22:47	0:07:21	IBEW Community 5K	Black Lick	PA	5/13/2017
Jonathan Cunkelman	5K	0:22:47	0:07:21	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Vince Pavic	5K	0:22:50	0:07:22	Santa Cause 5K	Dewey Beach	DE	12/3/2017
Jonathan Cunkelman	5K	0:22:53	0:07:23	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Brandon Payne	5K	0:22:56	0:07:24	Home For Holidays 5K	Mansfield	PA	11/25/2017
Brandon Payne	5K	0:23:00	0:07:25	Tanger Fit For A Cure 5K	Washington	PA	10/1/2017
Scott Cessna	5K	0:23:06	0:07:27	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Jonathan Cunkelman	5K	0:23:07	0:07:27	Fire & Ice 5K	Somerset	PA	1/14/2017
Denny Cruse	5K	0:23:11	0:07:29	Wings of Hope 5K	Johnstown	PA	4/15/2017
Jonathan Cunkelman	5K	0:23:14	0:07:30	Scrambled Legs 5K	Derry	PA	5/6/2017

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Jacob Gill	5K	0:23:14	0:07:30	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Scott Bauer	5K	0:23:14	0:07:30	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Becca Maine	5K	0:23:18	0:07:31	New Year's Eve Glow Run	Harrisburg	VA	0:26:03
Denny Cruse	5K	0:23:19	0:07:31	American Red Cross Vampire	Johnstown	PA	10/21/2017
Vince Pavic	5K	0:23:24	0:07:33	Baltimore 5K	Baltimore	MD	10/21/2017
Denny Cruse	5K	0:23:28	0:07:34	YWCA Grand Old Lady 5K	Johnstown	PA	8/26/2017
Matt Lantz	5K	0:23:30	0:07:35	Diamond Drug 5K	Ernest	PA	4/29/2017
Gia Spadafora	5K	0:23:32	0:07:35	PAC 5K	Ernest	PA	3/25/2017
Jillian Barger	5K	0:23:34	0:07:36	Missions Possible 5K	Blairsville	PA	8/12/2017
Lucy Bujdos	5K	0:23:36	0:07:37	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Tad Pajak	5K	0:23:37	0:07:37	Hoodlebug 5K	Homer City	PA	9/10/2017
Mary Lee Page	5K	0:23:38	0:07:37	Sesquehana Classic 5K	Saxonburg	PA	7/15/2017
Rebecca Maine	5K	0:23:41	0:07:38	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Denny Cruse	5K	0:23:43	0:07:39	2nd Chance 5K	St. Michael	PA	8/5/2017
Noreen See	5K	0:23:45	0:07:40	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Denny Cruse	5K	0:23:47	0:07:40	Paul Galko Bulldog 5K	Nanty Glo	PA	6/24/2017
Denny Cruse	5K	0:23:54	0:07:43	Hoodlebug 5K	Homer City	PA	9/10/2017
Pat Scanlon	5K	0:23:54	0:07:43	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Brandon Payne	5K	0:23:56	0:07:43	Yough River Trail 5K	West Newton	PA	5/13/2017
Tad Pajak	5K	0:23:59	0:07:44	Ford City 5K	Ford City	PA	7/1/2017
Jonathan Cunkelman	5K	0:23:59	0:07:44	Keeples Hilly 5K	Vandegrift	PA	8/5/2017
Tina Zack	5K	0:24:03	0:07:45	Banana Run 5K	Latrobe	PA	8/26/2017
Sam Cunkelman	5K	0:24:06	0:07:46	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Andy See	5K	0:24:08	0:07:47	Mills Center For Fitness 5K	Indiana	PA	4/29/2017
Denny Cruse	5K	0:24:08	0:07:47	Taking Steps Against Cancer	Somerset	PA	10/28/2017
Tina Zack	5K	0:24:11	0:07:48	Hoodlebug 5K	Homer City	PA	9/10/2017
Evan Cessna	5K	0:24:11	0:07:48	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Dan Broadbent	5K	0:24:12	0:07:48	Torrance Trot 5K	Torrance	PA	9/30/2017
Noreen See	5K	0:24:14	0:07:49	Hoodlebug 5K	Homer City	PA	9/10/2017
Tina Zack	5K	0:24:15	0:07:49	A Rabbit Runs Through It 5K	Latrobe	PA	4/15/2017
Tina Zack	5K	0:24:16	0:07:50	Ligonier Days 5K	Ligonier	PA	10/15/2017
Tina Zack	5K	0:24:19	0:07:54	Greensburg Turkey Trot	Greensburg	PA	11/23/2017
Donna Scanlon	5K	0:24:21	0:07:51	Run 4 R Library 5K	Black Lick	PA	10/9/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Tina Zack	5K	0:24:22	0:07:52	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Tad Pajak	5K	0:24:25	0:07:53	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Noreen See	5K	0:24:31	0:07:55	Mills Center For Fitness 5K	Indiana	PA	4/29/2017
Pat Scanlon	5K	0:24:32	0:07:55	Harpoon Beerfest 5K	Hampton Falls	NH	9/10/2017
Tina Zack	5K	0:24:32	0:07:55	Love of Life 5K	Indiana	PA	10/21/2017
Noreen See	5K	0:24:33	0:07:55	Peanut Butter Festival 5K	New Bethlehem	PA	9/16/2017
Brandon Payne	5K	0:24:33	0:07:55	Blossburg Turkey Trot 5K	Blossburg	PA	11/23/2017
Denny Cruse	5K	0:24:37	0:07:56	Penn Highlands Black Bear	Johnstown	PA	9/23/2017
Noreen See	5K	0:24:38	0:07:57	Janice Deetscreek 5K	Nanty Glo	PA	9/30/2017
Tina Zack	5K	0:24:40	0:07:57	Mamouth Beer 5K	Greensburg	PA	3/18/2017
Noreen See	5K	0:24:40	0:07:57	Camp Cadet 5K	Indiana	PA	6/24/2017
Noreen See	5K	0:24:42	0:07:58	Heart & Sole Duathlon	Ford City	PA	8/26/2017
Jonathan Cunkelman	5K	0:24:44	0:07:59	Quota 5K	Indiana	PA	6/3/2017
Dan Vresilovic	5K	0:24:47	0:08:00	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Tina Zack	5K	0:24:47	0:08:00	Camp Cadet 5K	Indiana	PA	6/24/2017
Denny Cruse	5K	0:24:51	0:08:01	Fire & Ice 5K	Somerset	PA	1/14/2017
Noreen See	5K	0:24:53	0:08:02	Amy King 5K	Lakewood	NY	11/25/2017
Dan Broadbent	5K	0:24:54	0:08:02	Love of Life 5K	Indiana	PA	10/21/2017
Louise Maine	5K	0:24:56	0:08:03	Autism Frostbite 5K	Allison Park	PA	3/12/2017
Denny Cruse	5K	0:24:58	0:08:03	Daily American 5K	Somerset	PA	6/10/2017
Noreen See	Duathlon (5K)	0:24:59	0:08:04	Western PA Cares For Kids	Cookburg	PA	7/15/2017
Jacob Gill	5K	0:25:00	0:08:04	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Adam Clawson	5K	0:25:00	0:08:04	Pick A Cause 5K	Ernest	PA	3/25/2017
Tina Zack	5K	0:25:01	0:08:04	Fire & Ice 5K	Somerset	PA	1/14/2017
Rachel Gill	5K	0:25:01	0:08:04	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Brandon Payne	5K	0:25:01	0:08:04	On Your Marc Cox 5K	Monogolia	PA	9/30/2017
Donna Scanlon	5K	0:25:02	0:08:05	Harpoon Beerfest 5K	Hampton Falls	NH	9/10/2017
Ron Orr	5K	0:25:04	0:08:05	Acts 9.5 5K	Indiana	PA	5/20/2017
Amanda Vresilovic	5K	0:25:04	0:08:05	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Rick Conroy	5K	0:25:04	0:08:05	Banana Run 5K	Latrobe	PA	8/26/2017
Nicholas Horvatic	5K	0:25:07	0:08:06	Banana Run 5K	Latrobe	PA	8/26/2017
Matthew Blystone	5K	0:25:07	0:08:06	Trick or Trot 5K	Indiana	PA	10/28/2017
Tina Zack	5K	0:25:10	0:08:07	Freedom 5K	Greensburg	PA	7/4/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Andy See	5K	0:25:11	0:08:07	Fool's Run 5K	Indiana	PA	4/1/2017
Noreen See	5K	0:25:11	0:08:07	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Denny Cruse	5K	0:25:12	0:08:08	5K For Vets	Sidman	PA	6/3/2017
Michael Lipchik	5K	0:25:12	0:08:08	It's A Wonderful 5K	Ernest	PA	12/2/2017
Denny Cruse	5K	0:25:15	0:08:09	Chernisky Classic 5K	Ebensburg	PA	7/8/2017
Louise Maine	5K	0:25:16	0:08:09	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Brynnley Haggerty	5K	0:25:17	0:08:09	Stinger Dash 5K	Ernest	PA	5/20/2017
Louise Maine	5K	0:25:23	0:08:11	Superhero 5K	Punxsutawney	PA	5/10/2017
Louise Maine	5K	0:25:24	0:08:12	It's A Wonderful 5K	Ernest	PA	12/2/2017
Denny Cruse	5K	0:25:26	0:08:12	Que Classic 5K	Holsopple	PA	9/30/2017
Tad Pajak	5K	0:25:31	0:08:14	St Vincent Alumni 5K	Latrobe	PA	8/26/2017
Jonathan Cunkelman	5K	0:25:32	0:08:14	Resolution Run 5K	Derry	PA	1/7/2017
Brandon Haggerty	5K	0:25:37	0:08:16	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Andy See	5K	0:25:38	0:08:16	Hoodlebug 5K	Homer City	PA	9/10/2017
Scott Bowman	5K	0:25:40	0:08:17	Raise The Roof 5K	Kittanning	PA	8/5/2017
Michael Lipchik	5K	0:25:40	0:08:17	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Noreen See	5K	0:25:41	0:08:17	Fool's Run 5K	Indiana	PA	4/1/2017
Pat Scanlon	5K	0:25:44	0:08:18	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Adam Clawson	5K	0:25:47	0:08:19	Fool's Run 5K	Indiana	PA	4/1/2017
Scott Bowman	5K	0:25:49	0:08:20	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Scott Bowman	5K	0:25:50	0:08:20	PAC 5K	Ernest	PA	3/25/2017
Tina Zack	5K	0:25:50	0:08:20	Mt. Carmel Festival 5K	Crabtree	PA	7/14/2017
Rachel Gill	5K	0:25:50	0:08:20	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Alex Bauer	5K	0:25:50	0:08:20	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Mary Jean Bujdos	5K	0:25:53	0:08:21	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Jacob Gill	5K	0:25:58	0:08:23	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Molly Zack	5K	0:25:59	0:08:23	Fire & Ice 5K	Somerset	PA	1/14/2017
Pat Scanlon	5K	0:25:59	0:08:23	Ford City 5K	Ford City	PA	7/1/2017
Louise Maine	5K	0:26:03	0:08:24	New Year's Eve Glow Run	Harrisburg	VA	0:26:03
Scott Bowman	5K	0:26:06	0:08:25	Love of Life 5K	Indiana	PA	10/21/2017
Jami Branan	5K	0:26:07	0:08:25	Christie Saddler 5K	Greensburg	PA	8/26/2017
Bill Geiger	5K	0:26:09	0:08:26	It's A Wonderful 5K	Ernest	PA	12/2/2017
Ed Hlebechuk	5K	0:26:12	0:08:27	Resolution Run 5K	Derry	PA	1/7/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Denny Cruse	5K	0:26:12	0:08:27	Fool's Run 5K	Indiana	PA	4/1/2017
Jacob Gill	5K	0:26:12	0:08:27	PAC 5K	Ernest	PA	3/25/2017
Donna Scanlon	5K	0:26:12	0:08:27	Ford City 5K	Ford City	PA	7/1/2017
Scott Valazak	5K	0:26:13	0:08:27	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Michael Lipchik	5K	0:26:16	0:08:28	Pittsburgh Marathon 5K	Pittsburgh	PA	5/5/2017
Tina Zack	5K	0:26:16	0:08:28	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Caleb Fruscello	5K	0:26:16	0:08:28	Brentwood Firecracker 5K	Brentwood	PA	7/4/2017
Becky Pavic	5K	0:26:19	0:08:29	Santa Cause 5K	Dewey Beach	DE	12/3/2017
Art Zottola	5K	0:26:21	0:08:30	Run With The Turkeys 5K	Keller	TX	11/23/2017
Adam Clawson	5K	0:26:22	0:08:30	Trick or Trot 5K	Indiana	PA	10/28/2017
Brynnley Haggerty	5K	0:26:26	0:08:32	Trick or Trot 5K	Indiana	PA	10/28/2017
Brynnley Haggerty	5K	0:26:27	0:08:32	PAC 5K	Ernest	PA	3/25/2017
Brannon Haggerty	5K	0:26:28	0:08:32	Trick or Trot 5K	Indiana	PA	10/28/2017
Brady Haggerty	5K	0:26:29	0:08:33	Trick or Trot 5K	Indiana	PA	10/28/2017
Evan Cessna	5K	0:26:31	0:08:33	Ford City 5K	Ford City	PA	7/1/2017
Amanda Vresilovic	5K	0:26:32	0:08:34	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Jonathan Cunkelman	5K	0:26:40	0:08:36	Freeze Your Gizzard 5K	Clearfield	PA	1/28/2017
John Bomboy	5K	0:26:40	0:08:36	IBEW Community 5K	Black Lick	PA	5/13/2017
Shaelyn Waltemire	5K	0:26:43	0:08:37	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Brynnley Haggerty	5K	0:26:44	0:08:37	Love of Life 5K	Indiana	PA	10/21/2017
John Bomboy	5K	0:26:47	0:08:38	It's A Wonderful 5K	Ernest	PA	12/2/2017
Maria Fruscello	5K	0:26:49	0:08:39	Brentwood Firecracker 5K	Brentwood	PA	7/4/2017
Candie Mcquiston	5K	0:26:50	0:08:39	PAC 5K	Ernest	PA	3/25/2017
Kosie Shepherd-Porada	5K	0:26:52	0:08:40	Hollidaysburg Twilight 5K	Hollidaysburg	PA	12/31/2017
Rachel Gill	5K	0:26:54	0:08:41	Sheetz For Kids 5K	Indiana	PA	7/1/2017
John Bomboy	5K	0:26:57	0:08:42	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Barry Little	5K	0:26:58	0:08:42	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Ed Hlebechuk	5K	0:26:59	0:08:42	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
John Bomboy	5K	0:27:00	0:08:43	PAC 5K	Ernest	PA	3/25/2017
Candie Mcquiston	5K	0:27:01	0:08:43	Missions Possible 5K	Blairsville	PA	8/12/2017
John Bomboy	5K	0:27:07	0:08:45	Step It Up For Autism 5K	Ernest	PA	4/22/2017
Scott Bowman	5K	0:27:07	0:08:45	Sheetz For Kids 5K	Indiana	PA	7/1/2017
John Bomboy	5K	0:27:10	0:08:46	Hoodlebug 5K	Homer City	PA	9/10/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Candie McQuiston	5K	0:27:12	0:08:46	It's A Wonderful 5K	Ernest	PA	12/2/2017
Tom Fetterman	5K	0:27:13	0:08:47	Ford City 5K	Ford City	PA	7/1/2017
Maria Fruscello	5K	0:27:14	0:08:47	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
John Bomboy	5K	0:27:14	0:08:47	Love of Life 5K	Indiana	PA	10/21/2017
John Bomboy	5K	0:27:15	0:08:47	Jr. Achievement 5K	Black Lick	PA	9/23/2017
Anthony Boerio	5K	0:27:15	0:08:47	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Anthony Boerio	5K	0:27:15	0:08:47	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Owen Cramer	5K	0:27:15	0:08:47	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
John Bomboy	5K	0:27:17	0:08:48	Elderton 5K	Elderton	PA	9/2/2017
Brady Haggerty	5K	0:27:19	0:08:49	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Joe Bujdos	5K	0:27:20	0:08:49	Hoodlebug 5K	Homer City	PA	9/10/2017
Jacob Gill	5K	0:27:24	0:08:50	Fool's Run 5K	Indiana	PA	4/1/2017
John Swauger	5K	0:27:25	0:08:51	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Sarah Kitchen	5K	0:27:29	0:08:52	Hoodlebug 5K	Homer City	PA	9/10/2017
Candie McQuiston	5K	0:27:29	0:08:52	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Donna Scanlon	5K	0:27:31	0:08:53	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Tabitha Conrad	5K	0:27:34	0:08:54	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Dan Vresilovic	5K	0:27:34	0:08:54	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Sarah Kitchen	5K	0:27:36	0:08:54	Love of Life 5K	Indiana	PA	10/21/2017
Brynnley Haggerty	5K	0:27:38	0:08:55	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Julie Shirley	5K	0:27:39	0:08:55	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Scott Bowman	5K	0:27:40	0:08:55	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Candie McQuiston	5K	0:27:42	0:08:56	Diamond Drug 5K	Ernest	PA	4/29/2017
Anthony Boerio	5K	0:27:42	0:08:56	Hoodlebug 5K	Homer City	PA	9/10/2017
Shaelyn Waltemire	5K	0:27:44	0:08:57	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Candie McQuiston	5K	0:27:46	0:08:57	Camp Cadet 5K	Indiana	PA	6/24/2017
Brynnley Haggerty	5K	0:27:47	0:08:58	Hoodlebug 5K	Homer City	PA	9/10/2017
Tim Welsh	5K	0:27:47	0:08:58	Run 4 R Library 5K	Black Lick	PA	10/9/2017
John Bomboy	5K	0:27:49	0:08:58	Diamond Drug 5K	Ernest	PA	4/29/2017
John Bomboy	5K	0:27:53	0:09:00	Ford City 5K	Ford City	PA	7/1/2017
Kosie Shepherd-Porada	5K	0:27:59	0:09:02	Camp Cadet 5K	Indiana	PA	6/24/2017
John Bomboy	5K	0:28:00	0:09:02	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Tabitha Conrad	5K	0:28:01	0:09:02	Trick or Trot 5K	Indiana	PA	10/28/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Alicia Haggerty	5K	0:28:04	0:09:03	Stinger Dash 5K	Ernest	PA	5/20/2017
Meghan Foulk	5K	0:28:04	0:09:03	Love of Life 5K	Indiana	PA	10/21/2017
Anthony Boerio	5K	0:28:04	0:09:03	Bolivar Crawl 5K	Bolivar	PA	10/28/2017
Kosie Shepherd-Porada	5K	0:28:09	0.00631	American Red Cross Vampire	Johnstown	PA	10/21/2017
Laura Levri	5K	0:28:10	0:09:05	Jr. Achievement 5K	Black Lick	PA	9/23/2017
Jami Kish	5K	0:28:11	0:09:05	Paul Galko Bulldog 5K	Nanty Glo	PA	6/24/2017
Brady Haggerty	5K	0:28:15	0:09:07	Hoodlebug 5K	Homer City	PA	9/10/2017
Candie McQuiston	5K	0:28:17	0:09:07	Love of Life 5K	Indiana	PA	10/21/2017
John Swauger	5K	0:28:22	0:09:09	PAC 5K	Ernest	PA	3/25/2017
Sarah Kitchen	5K	0:28:23	0:09:09	Move It! Memorial Day 5K	Clymer	PA	5/27/2017
Cordelia Zack	5K	0:28:23	0:09:09	Hollidaysburg Twilight 5K	Hollidaysburg	PA	12/31/2017
Donna Scanlon	5K	0:28:24	0:09:10	Fool's Run 5K	Indiana	PA	4/1/2017
Tim Welsh	5K	0:28:27	0:09:11	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Alicia Haggerty	5K	0:28:32	0:09:12	PAC 5K	Ernest	PA	3/25/2017
Sara Necciai	5K	0:28:32	0:09:12	Yough River Trail 5K	West Newton	PA	5/13/2017
Adrienne Goss	5K	0:28:32	0:09:12	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Kosie Shepherd-Porada	5K	0:28:34	0:09:13	Step It Up For Autism 5K	Ernest	PA	4/22/2017
Jill Conroy	5K	0:28:37	0:09:14	Banana Run 5K	Latrobe	PA	8/26/2017
Cordelia Zack	5K	0:28:37	0:09:14	Banana Run 5K	Latrobe	PA	8/26/2017
Emily Smeltz	5K	0:28:38	0:09:14	It's A Wonderful 5K	Ernest	PA	12/2/2017
Candie MqQuiston	5K	0:28:42	0:09:15	Faith & Fun 5K	Ernest	PA	9/30/2017
Sarah Kitchen	5K	0:28:44	0:09:16	Gatorade/Steelers 5K	Pittsburgh	PA	9/4/2017
Alicia Haggerty	5K	0:28:50	0:09:18	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Jacob Gill	5K	0:28:50	0:09:18	Camp Cadet 5K	Indiana	PA	6/24/2017
Sarah Kitchen	5K	0:28:54	0:09:19	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Don Zahorchak	5K	0:28:57	0:09:20	Ford City 5K	Ford City	PA	7/1/2017
Charles Frank	5K	0:28:58	0:09:21	PAC 5K	Ernest	PA	3/25/2017
Anthony Boerio	5K	0:28:58	0:09:21	King Coal 5K	Carmichaels	PA	8/12/2017
Sara Necciai	5K	0:29:00	0:09:21	Tanger Fit For A Cure 5K	Washington	PA	10/1/2017
Art Zottola	5K	0:29:01	0:09:22	Donut Dash 5K	Indiana	PA	4/22/2017
Tim Welsh	5K	0:29:02	0:09:22	Que Classic 5K	Holsopple	PA	9/30/2017
Anthony Boerio	5K	0:29:03	0:09:22	Yough River Trail 5K	West Newton	PA	5/13/2017
Candie Mcquiston	5K	0:29:06	0:09:23	Sheetz For Kids 5K	Indiana	PA	7/1/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Tim Welsh	5K	0:29:09	0:09:24	It's A Wonderful 5K	Ernest	PA	12/2/2017
Manon Gill	5K	0:29:14	0:09:26	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Jacob Gill	5K	0:29:15	0:09:26	Diamond Drug 5K	Ernest	PA	4/29/2017
Jacob Barger	5K	0:29:15	0:09:26	Hoodlebug 5K	Homer City	PA	9/10/2017
Kylen Sawtelle	5K	0:29:15	0:09:26	Trick or Trot 5K	Indiana	PA	10/28/2017
Barbara Barger	5K	0:29:16	0:09:26	Hoodlebug 5K	Homer City	PA	9/10/2017
Kosie Shepherd-Porada	5K	0:29:17	0:09:27	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Jacob Barger	5K	0:29:18	0:09:27	Love of Life 5K	Indiana	PA	10/21/2017
Barb Barger	5K	0:29:19	0:09:27	Love of Life 5K	Indiana	PA	10/21/2017
Janet Stewart	5K	0:29:19	0.00657	American Red Cross Vampire	Johnstown	PA	10/21/2017
Evelyn Gill	5K	0:29:21	0:09:28	PAC 5K	Ernest	PA	3/25/2017
Denny Cruse	5K	0:29:21	0:09:28	Twp Stampede 5K	Davidsville	PA	4/22/2017
Alicia Haggerty	5K	0:29:21	0:09:28	Love of Life 5K	Indiana	PA	10/21/2017
Sherry Shank	5K	0:29:21	0:09:28	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Evelyn Gill	5K	0:29:22	0:09:28	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Alicia Haggerty	5K	0:29:23	0:09:29	Trick or Trot 5K	Indiana	PA	10/28/2017
Nick Fruscello	5K	0:29:24	0:09:29	Brentwood Firecracker 5K	Brentwood	PA	7/4/2017
Sara Necciai	5K	0:29:25	0:09:29	Jingle Bell Run	Pittsburgh	PA	12/2/2017
Charles Frank	5K	0:29:26	0:09:30	Hoodlebug 5K	Homer City	PA	9/10/2017
Art Zottola	5K	0:29:34	0:09:32	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Anthony Boerio	5K	0:29:40	0:09:34	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Alicia Haggerty	5K	0:29:40	0:09:34	Hoodlebug 5K	Homer City	PA	9/10/2017
Kosie Shepherd-Porada	5K	0:29:42	0:09:35	Ligonier Days 5K	Ligonier	PA	10/15/2017
Tim Welsh	5K	0:29:42	0:09:35	Bolivar Crawl 5K	Bolivar	PA	10/28/2017
Diane Bell	5K	0:29:43	0:09:35	Diamond Drug 5K	Ernest	PA	4/29/2017
Tim Welsh	5K	0:29:48	0:09:37	Ligonier Days 5K	Ligonier	PA	10/15/2017
Evelyn Gill	5K	0:29:49	0:09:37	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Jacob Barger	5K	0:29:54	0:09:39	It's A Wonderful 5K	Ernest	PA	12/2/2017
Barb Barger	5K	0:29:54	0:09:39	It's A Wonderful 5K	Ernest	PA	12/2/2017
Tim Welsh	5K	0:29:57	0:09:40	Hoodlebug 5K	Homer City	PA	9/10/2017
Janet Stewart	5K	0:29:57	0:09:40	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Charles Frank	5K	0:29:58	0:09:40	Faith & Fun 5K	Ernest	PA	9/30/2017
Charles Frank	5K	0:30:02	0:09:41	Trick or Trot 5K	Indiana	PA	10/28/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Sara Necciai	5K	0:30:02	0:09:41	Home For Holidays 5K	Mansfield	PA	11/25/2017
Anthony Boerio	5K	0:30:03	0:09:42	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Evelyn Gill	5K	0:30:04	0:09:42	Camp Cadet 5K	Indiana	PA	6/24/2017
Aileen Bowman	5K	0:30:07	0:09:43	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Anthony Boerio	5K	0:30:12	0:09:45	Riverview Park 5K	Pittsburgh	PA	6/9/2017
John Bomboy	5K	0:30:14	0:09:45	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Manon Gill	5K	0:30:15	0:09:45	Love of Life 5K	Indiana	PA	10/21/2017
Tim Welsh	5K	0:30:18	0:09:46	Ebensburg Turkey Trot 5K	Ebensburg	PA	11/23/2017
Kosie Shepherd-Porada	5K	0:30:22	0:09:48	Resolution Run 5K	Derry	PA	1/7/2017
Cordelia Zack	5K	0:30:24	0:09:48	Jr. Achievement 5K	Black Lick	PA	9/23/2017
Diane Bell	5K	0:30:28	0:09:50	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Philip Leopold	5K	0:30:31	0:09:51	Chasin' For Chaifin 5K	Coatesville	PA	6/24/2017
Robert Leopold	5K	0:30:34	0:09:52	Chasin' For Chaifin 5K	Coatesville	PA	6/24/2017
Cordelia Zack	5K	0:30:37	0:09:53	Ligonier Days 5K	Ligonier	PA	10/15/2017
Mike Riegenbach	5K	0:30:40	0:09:54	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Janet Stewart	5K	0:30:52	0:09:57	Raise The Roof 5K	Kittanning	PA	8/5/2017
John Swauger	5K	0:30:55	0:09:58	Fire & Ice 5K	Somerset	PA	1/14/2017
Cordelia Zack	5K	0:30:55	0:09:58	Hoodlebug 5K	Homer City	PA	9/10/2017
Noreen See	5K	0:30:57	0:09:59	Quota 5K	Indiana	PA	6/3/2017
Meghan Foulk	5K	0:30:59	0:10:00	Quota 5K	Indiana	PA	6/3/2017
Janet Stewart	5K	0:31:00	0:10:00	Wings of Hope 5K	Johnstown	PA	4/15/2017
Lisa Berezansky	5K	0:31:06	0:10:02	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Manon Gill	5K	0:31:08	0:10:03	PAC 5K	Ernest	PA	3/25/2017
Sarah Kitchen	5K	0:31:11	0:10:04	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Darlene Hudak	5K	0:31:11	0:10:04	Boston Harvest 5K	Boston	PA	9/16/2017
Cordelia Zack	5K	0:31:17	0:10:05	Fire & Ice 5K	Somerset	PA	1/14/2017
Cordelia Zack	5K	0:31:20	0:10:06	Bolivar Crawl 5K	Bolivar	PA	10/28/2017
Anthony Boerio	5K	0:31:23	0:10:07	Somerset XC Challenge	Somerset	PA	8/11/2017
Laura DiGiorgio	5K	0:31:24	0:10:08	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Anthony Boerio	5K	0:31:25	0:10:08	Cross Country Crusade 5K	Saxonburg	PA	7/15/2017
Diane Bell	5K	0:31:26	0:10:08	Hoodlebug 5K	Homer City	PA	9/10/2017
Manon Gill	5K	0:31:27	0:10:09	Diamond Drug 5K	Ernest	PA	4/29/2017
Jacob Barger	5K	0:31:28	0:10:09	Fool's Run 5K	Indiana	PA	4/1/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Barbara Barger	5K	0:31:31	0:10:10	Fool's Run 5K	Indiana	PA	4/1/2017
Candie McQuiston	5K	0:31:31	0:10:10	Shelocta Spirit 5K	Shelota	PA	9/23/2017
Terri McQuiston	5K	0:31:34	0:10:11	Cook's Forest 5K	Cookport	PA	4/1/2017
Dennis Hudak	5K	0:31:35	0:10:11	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Cordelia Zack	5K	0:31:38	0:10:12	Drugs Kill Dreams 5K	Kittanning	PA	6/10/2017
Morgan Blystone	5K	0:31:38	0:10:12	Trick or Trot 5K	Indiana	PA	10/28/2017
Anthony Boerio	5K	0:31:39	0:10:13	John Woodruff 5K	Connellsville	PA	7/19/2017
Cordelia Zack	5K	0:31:39	0:10:13	Boston Harvest 5K	Boston	PA	9/16/2017
Jennifer Wally Blystone	5K	0:31:40	0.00709	Trick or Trot 5K	Indiana	PA	10/28/2017
Manon Gill	5K	0:31:46	0:10:15	Fool's Run 5K	Indiana	PA	4/1/2017
Janet Stewart	5K	0:31:47	0:10:15	Dash 4 Diabetes 5K	Punxsutawney	PA	9/16/2017
Manon Gill	5K	0:31:49	0:10:16	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Tim Welsh	5K	0:31:53	0:10:17	Love of Life 5K	Indiana	PA	10/21/2017
Cordelia Zack	5K	0:31:55	0:10:18	Love of Life 5K	Indiana	PA	10/21/2017
Janet Stewart	5K	0:31:56	0:10:18	French Creek Half Marathon	Meadville	PA	9/2/2017
John Goss	5K	0:32:02	0:10:20	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Cordelia Zack	5K	0:32:03	0:10:20	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Janet Stewart	5K	0:32:09	0:10:22	Punxsy PD Night Out 5K	Punxsutawney	PA	8/1/2017
Pam Vojtek	5K	0:32:10	0:10:23	Trick or Trot 5K	Indiana	PA	10/28/2017
Manon Gill	5K	0:32:14	0:10:24	Camp Cadet 5K	Indiana	PA	6/24/2017
Gabe Belak	5K	0:32:22	0:10:26	It's A Wonderful 5K	Ernest	PA	12/2/2017
John Swauger	5K	0:32:23	0:10:27	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Michele Belak	5K	0:32:23	0:10:27	It's A Wonderful 5K	Ernest	PA	12/2/2017
Janet Stewart	5K	0:32:24	0:10:27	Faith & Fun 5K	Ernest	PA	9/30/2017
Janet Stewart	5K	0:32:26	0.00727	It's A Wonderful 5K	Ernest	PA	12/2/2017
Robert Zukas	5K	0:32:27	0:10:28	Fight For Life 5K	Apollo	PA	11/18/2017
Tim Welsh	5K	0:32:32	0:10:30	Gatorade/Steelers 5K	Pittsburgh	PA	9/4/2017
Dennis Hudak	5K	0:32:32	0:10:30	Boston Harvest 5K	Boston	PA	9/16/2017
Madison Walker	5K	0:32:32	0:10:30	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Michele Belak	5K	0:32:34	0:10:30	Ellport Community 5K	Ellwood City	PA	3/4/2017
Janine Maust	5K	0:32:39	0:10:32	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Janine Maust	5K	0:32:57	0:10:38	Torrance Trot 5K	Torrance	PA	9/30/2017
Beth Mapes	5K	0:32:59	0:10:38	Fire & Ice 5K	Somerset	PA	1/14/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Michele Belak	5K	0:32:59	0:10:38	Race To The Moon 5K	Apollo	PA	7/15/2017
Cordelia Zack	5K	0:33:18	0:10:47	Greensburg Turkey Trot	Greensburg	PA	11/23/2017
Tim Welsh	5K	0:33:23	0:10:46	Brentwood Firecracker 5K	Brentwood	PA	7/4/2017
Gabe Belak	5K	0:33:24	0:10:46	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Michele Belak	5K	0:33:24	0:10:46	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Michele Belak	5K	0:33:25	0:10:47	ACMH Hospital 5K	Kittanning	PA	5/5/2017
Gabe Belak	5K	0:33:25	0:10:47	ACMH Hospital 5K	Kittanning	PA	5/5/2017
Manon Gill	5K	0:33:25	0:10:47	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Janet Stewart	5K	0:33:35	0:10:50	Heart & Sole 5K	Ford City	PA	8/26/2017
Cheryl Highberger	5K	0:33:36	0:10:50	Faith & Fun 5K	Ernest	PA	9/30/2017
Doug Berezansky	5K	0:33:38	0:10:51	Diamond Drug 5K	Ernest	PA	4/29/2017
Gabe Belak	5K	0:33:38	0:10:51	Elderton 5K	Elderton	PA	9/2/2017
Pam Vojtek	5K	0:33:40	0:10:52	Love of Life 5K	Indiana	PA	10/21/2017
Michele Belak	5K	0:33:48	0:10:54	Elderton 5K	Elderton	PA	9/2/2017
Brandon DiGiorgio	5K	0:33:50	0:10:55	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Gabe Belak	5K	0:33:51	0:10:55	Sylvester 5K	Harmony	PA	12/31/2017
Michele Belak	5K	0:33:52	0:10:55	Sylvester 5K	Harmony	PA	12/31/2017
Janine Maust	5K	0:33:54	0:10:56	Jr. Achievement 5K	Black Lick	PA	9/23/2017
Payton Cramer	5K	0:34:00	0:10:58	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Janine Maust	5K	0:34:08	0:11:01	Bolivar Crawl 5K	Bolivar	PA	10/28/2017
Tim Welsh	5K	0:34:11	0:11:02	Fire & Ice 5K	Somerset	PA	1/14/2017
Lisa Berezansky	5K	0:34:12	0:11:02	Diamond Drug 5K	Ernest	PA	4/29/2017
Tim Welsh	5K	0:34:16	0:11:03	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Jacob Gill	5K	0:34:18	0:11:04	Quota 5K	Indiana	PA	6/3/2017
Deborah Kosor	5K	0:34:19	0:11:04	It's A Wonderful 5K	Ernest	PA	12/2/2017
Janet Stewart	5K	0:34:20	0:11:05	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Jess Sharbaugh	5K	0:34:20	0:11:05	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Michael Shutty	5K	0:34:22	0:11:05	Diamond Drug 5K	Ernest	PA	4/29/2017
Tim Welsh	5K	0:34:22	0:11:05	John Healy Memorial 5K	Central	PA	6/21/2017
Beth Ann Millen	5K	0:34:23	0:11:05	Trick or Trot 5K	Indiana	PA	10/28/2017
Skip Spadafora	5K	0:34:23	0:11:05	Trick or Trot 5K	Indiana	PA	10/28/2017
Janet Stewart	5K	0:34:24	0:11:06	Elderton 5K	Elderton	PA	9/2/2017
Darlene Hudak	5K	0:34:24	0:11:06	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Gianonna Spadafora	5K	0:34:25	0:11:06	Quota 5K	Indiana	PA	6/3/2017
Janet Stewart	5K	0:34:25	0:11:06	Kiski Valley Turkey Trot	Apollo	PA	11/23/2017
Tim Welsh	5K	0:34:26	0:11:06	Camp Cadet 5K	Indiana	PA	6/24/2017
Paul Hicks	5K	0:34:30	0:11:08	Fire & Ice 5K	Somerset	PA	1/14/2017
Cordelia Zack	5K	0:34:31	0:11:08	Mt. Carmel Festival 5K	Crabtree	PA	7/14/2017
Michele Belak	5K	0:34:31	0:11:08	Mt. Carmel Festival 5K	Crabtree	PA	7/14/2017
Paul Hicks	5K	0:34:31	0:11:08	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Janet Stewart	5K	0:34:33	0:11:09	Fire & Ice 5K	Somerset	PA	1/14/2017
Michele Belak	5K	0:34:36	0:11:10	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Gabe Belak	5K	0:34:36	0:11:10	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Paul Hicks	5K	0:34:36	0:11:10	Jr. Achievement 5K	Black Lick	PA	9/23/2017
Cordelia Zack	5K	0:34:38	0:11:10	Fool's Run 5K	Indiana	PA	4/1/2017
Gabe Belak	5K	0:34:40	0:12:16	Greensburg Turkey Trot	Greensburg	PA	11/23/2017
Michele Belak	5K	0:34:40	0:12:16	Greensburg Turkey Trot	Greensburg	PA	11/23/2017
Gabe Belak	5K	0:34:43	0:11:12	Christmas in Volant 5K	Volant	PA	12/16/2017
Michele Belak	5K	0:34:44	0:11:12	Christmas in Volant 5K	Volant	PA	12/16/2017
Justin Vojtek	5K	0:34:45	0:11:13	Donut Dash 5K	Indiana	PA	4/22/2017
Alyssa Millen	5K	0:34:46	0:11:13	Trick or Trot 5K	Indiana	PA	10/28/2017
Cheryl Highberger	5K	0:34:48	0:11:14	Fool's Run 5K	Indiana	PA	4/1/2017
Paul Hicks	5K	0:34:49	0:11:14	Faith & Fun 5K	Ernest	PA	9/30/2017
Janine Maust	5K	0:34:49	0:11:14	Love of Life 5K	Indiana	PA	10/21/2017
Emma Cramer	5K	0:34:52	0:11:15	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Diane Bell	5K	0:34:56	0:11:16	Gatorade/Steelers 5K	Pittsburgh	PA	9/4/2017
Doug Berezansky	5K	0:34:56	0:11:16	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Paul Hicks	5K	0:34:59	0:11:17	Dash 4 Diabetes 5K	Punxsutawney	PA	9/16/2017
Paul Hicks	5K	0:35:00	0:11:17	Hoodlebug 5K	Homer City	PA	9/10/2017
Deborah Kosor	5K	0:35:02	0:11:18	Hoodlebug 5K	Homer City	PA	9/10/2017
Michael Shutty	5K	0:35:07	0:11:20	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Tim Welsh	5K	0:35:09	0:11:20	Banana Run 5K	Latrobe	PA	8/26/2017
Cheryl Highberger	5K	0:35:17	0:11:23	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Cordelia Zack	5K	0:35:20	0:11:24	Boston Trail 5K	Boston	PA	4/22/2017
Michele Belak	5K	0:35:23	0:11:25	Cross Country Crusade 5K	Saxonburg	PA	7/15/2017
Jess Sharbaugh	5K	0:35:23	0:11:25	Jr. Achievement 5K	Black Lick	PA	9/23/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Jackson Sharbaugh	5K	0:35:24	0:11:25	Jr. Achievement 5K	Black Lick	PA	9/23/2017
Janet Stewart	5K	0:35:26	0:11:26	Freedom 5K	Greensburg	PA	7/4/2017
Brady Haggerty	5K	0:35:28	0:11:26	Quota 5K	Indiana	PA	6/3/2017
Janet Stewart	5K	0:35:37	0:11:29	Fool's Run 5K	Indiana	PA	4/1/2017
Cordelia Zack	5K	0:35:38	0:11:30	A Rabbit Runs Through It 5K	Latrobe	PA	4/15/2017
Addie Lockard	5K	0:35:46	0:11:32	Hoodlebug 5K	Homer City	PA	9/10/2017
Janet Stewart	5K	0:35:46	0:11:32	Christmas in Volant 5K	Volant	PA	12/16/2017
Michele Belak	5K	0:35:47	0:11:33	Kalamazoo Kassic 5K	Kalamzoo	MI	6/17/2017
Kosie Shepherd-Porada	5K	0:35:50	0:11:34	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Michael Porada	5K	0:35:52	0:11:34	Dr. John Yelenic 5K	Blairsville	PA	5/29/2017
Donna Zukas	5K	0:35:58	0:11:36	Fight For Life 5K	Apollo	PA	11/18/2017
Evelyn Gill	5K	0:36:02	0:11:37	Quota 5K	Indiana	PA	6/3/2017
Paul Hicks	5K	0:36:02	0:11:37	Elderton 5K	Elderon	PA	9/2/2017
Cordelia Zack	5K	0:36:04	0:11:38	Camp Cadet 5K	Indiana	PA	6/24/2017
Michael Shutty	5K	0:36:25	0:11:45	Hoodlebug 5K	Homer City	PA	9/10/2017
Jess Sharbaugh	5K	0:36:38	0:11:49	Quota 5K	Indiana	PA	6/3/2017
Dylan Foulk	5K	0:36:39	0:11:49	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Meghan Foulk	5K	0:36:40	0:11:50	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Cordelia Zack	5K	0:36:41	0:11:50	Sheetz For Kids 5K	Indiana	PA	7/1/2017
Suzanne Patackis	5K	0:36:46	0:11:52	Chasin' For Chaifin 5K	Coatesville	PA	6/24/2017
Cecilia Spadafora	5K	0:36:46	0:11:52	Trick or Trot 5K	Indiana	PA	10/28/2017
Alicia Haggerty	5K	0:36:47	0:11:52	Quota 5K	Indiana	PA	6/3/2017
Michele Belak	5K	0:36:50	0:11:53	Resolution Run 5K	Derry	PA	1/7/2017
Chris Sharbaugh	5K	0:36:58	0:11:55	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Rich Gill	5K	0:37:01	0:11:56	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Janet Stewart	5K	0:37:11	0:12:00	Shannock Valley 5K	Rural Valley	PA	7/22/2017
Cordelia Zack	5K	0:37:22	0:12:03	Freedom 5K	Greensburg	PA	7/4/2017
Paul Hicks	5K	0:37:39	0:12:09	Pancreatic Cancer 5K	Indiana	PA	11/4/2017
Mike Shutty	5K	0:37:40	0:12:09	Gatorade/Steelers 5K	Pittsburgh	PA	9/4/2017
Manon Gill	5K	0:37:43	0:12:10	Quota 5K	Indiana	PA	6/3/2017
Bitty Miller	5K	0:37:50	0:12:12	Bolivar Crawl 5K	Bolivar	PA	10/28/2017
Paul Hicks	5K	0:38:16	0:12:21	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Paul Hicks	5K	0:38:42	0:12:29	It's A Wonderful 5K	Ernest	PA	12/2/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Paul Hicks	5K	0:38:45	0:12:30	Groundhog Jog 5K	Punxsutawney	PA	7/5/2017
Candie Mcquiston	5K	0:38:47	0:12:31	Hoodlebug 5K	Homer City	PA	9/10/2017
Paul Hicks	5K	0:38:47	0:12:31	Love of Life 5K	Indiana	PA	10/21/2017
Mary Beth Rine	5K	0:39:03	0:12:36	Hoodlebug 5K	Homer City	PA	9/10/2017
Janine Maust	5K	0:39:14	0:12:39	Turtle Crawl 5K	Jekyll Island	GA	5/14/2017
M. Bauer	5K	0:39:36	0:12:46	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Erin Bauer	5K	0:39:58	0:12:54	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Sherene Hess	5K	0:40:00	0:12:54	Quota 5K	Indiana	PA	6/3/2017
John Clugston	5K	0:40:55	0:13:12	Latrobe Turkey Trot 5K	Latrobe	PA	11/23/2017
Lynette Little	5K	0:41:27	0:13:22	Pittsburgh Marathon 5K	Pittsburgh	PA	5/5/2017
Lynette Little	5K	0:41:51	0:13:30	Levity 3 Pint 1 5K	Indiana	PA	6/10/2017
Janet Stewart	5K	0:42:04	0:13:34	Quota 5K	Indiana	PA	6/3/2017
Michele Belak	5K	0:43:24	0:14:00	Harrison Hill Trail 5K	Natrona Hts	PA	6/4/2017
Emily Fruscello	5K	0:43:48	0:14:08	Brentwood Firecracker 5K	Brentwood	PA	7/4/2017
Liliana Manzi	5K	0:45:39	0:14:44	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Pam Vojtek	5K	0:45:51	0:14:47	Donut Dash 5K	Indiana	PA	4/22/2017
Amy Shope Manzi	5K	0:46:06	0:14:52	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Chuck Schiefer	5K	0:47:17	0:15:15	Diamond Drug 5K	Ernest	PA	4/29/2017
Lynne Schiefer	5K	0:47:17	0:15:15	Diamond Drug 5K	Ernest	PA	4/29/2017
A J Lockard	5K	0:47:18	0:15:15	Hoodlebug 5K	Homer City	PA	9/10/2017
Terry Orvosh	5K	0:47:43	0:15:24	Fool's Run 5K	Indiana	PA	4/1/2017
Don Hogan	5K	0:48:52	0:15:46	YMCA Turkey Trot 5K	Indiana	PA	11/23/2017
Tabitha Conrad	5K	0:49:49	0:16:04	Great Race 5K	Pittsburgh	PA	9/24/2017
Nathanael Sarra	5K	0:55:15	0:17:49	Banana Run 5K	Latrobe	PA	8/26/2017
John Swauger	5K	0:56:32	0:18:14	Virginia Beach 5K	Virginia Beach	VA	9/2/2017
Cathy Swauger	5K	0:56:33	0:18:15	Virginia Beach 5K	Virginia Beach	VA	9/2/2017
Nathanael Sarra	5K	0:57:12	0:18:27	Run 4 R Library 5K	Black Lick	PA	10/9/2017
Dick Gigliotti	5K	0:57:32	0:18:34	Jr. Achievement 5K	Black Lick	PA	9/23/2017
John Swauger	5K	0:57:33	0:18:34	Jr. Achievement 5K	Black Lick	PA	9/23/2017
Nathanael Sarra	5K	0:57:49	0:18:39	Love of Life 5K	Indiana	PA	10/21/2017
Nathanael Sarra	5K	0:58:04	0:18:44	Torrance Trot 5K	Torrance	PA	9/30/2017
Cathy Swauger	5K	0:58:14	0:18:47	Hoodlebug 5K	Homer City	PA	9/10/2017
John Swauger	5K	0:58:16	0:18:48	Hoodlebug 5K	Homer City	PA	9/10/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Nathanael Sarra	5K	0:58:19	0:18:49	Shelocta Spirit 5K	Shelota	PA	9/23/2017
Katie Conrad	5K	0:59:07	0:19:04	Love of Life 5K	Indiana	PA	10/21/2017
Chuck Conrad	5K	0:59:10	0:19:05	Love of Life 5K	Indiana	PA	10/21/2017
Anthony Boerio	5K	1:00:59	0:19:40	Rockwood Rotary Freedom	Rockwood	PA	6/24/2017
Nathanael Sarra	5K	1:05:03	0:20:59	Bluffton Turkey Chase 5K	Bluffton	SC	11/23/2017
Sara Necciai	5K	?:?:??	#VALUE!	Blossburg Turkey Trot 5K	Blossburg	PA	11/23/2017
Janet Stewart	3.5 Miler	0:30:09	0:08:37	Race To The Face 3.5 Miler	Big Run	PA	7/29/2017
Herbster Cratty	6K	0:25:20	0:07:02	Boston RSD Awareness 6K	Boston	PA	6/11/2017
Herbster Cratty	4 Miler	0:25:16	0:06:19	Salem Shamrock 4 Miler	Salem	OH	3/16/2017
Grant Cruse	4 Miler	0:25:52	0:06:28	Street Kids Turkey Trot	Cairnbrook	PA	11/23/2017
Denny Cruse	4 Miler	0:30:46	0:07:41	Street Kids Turkey Trot	Cairnbrook	PA	11/23/2017
Anthony Boerio	4 Miler	0:35:26	0:08:51	Street Kids Turkey Trot	Cairnbrook	PA	11/23/2017
Anthony Boerio	4 Miler	0:36:51	0:09:13	P & LE Express 4 Miler	Boston	PA	8/12/2017
Jonathan Gearhart	6.6K	0:26:41	0:06:28	Mario Lemieux 6.6K	Pittsburgh	PA	10/15/2017
Vince Pavic	6.6K	0:32:31	0:07:53	Mario Lemieux 6.6K	Pittsburgh	PA	10/15/2017
Sarah Kitchen	6.6K	0:38:23	0:09:18	Mario Lemieux 6.6K	Pittsburgh	PA	10/15/2017
Tom Lipsie	7K	0:24:34	0:05:40	Run For The Trail 7K	Dilltown	PA	8/12/2017
Dean Banko	7K	0:27:06	0:06:15	Run For The Trail 7K	Dilltown	PA	8/12/2017
Matt Pajak	7K	0:27:19	0:06:18	Run For The Trail 7K	Dilltown	PA	8/12/2017
Grant Cruse	7K	0:28:09	0:06:29	Run For The Trail 7K	Dilltown	PA	8/12/2017
Darryl Walker	7K	0:28:34	0:06:35	Run For The Trail 7K	Dilltown	PA	8/12/2017
Ryan Pajak	7K	0:29:47	0:06:52	Run For The Trail 7K	Dilltown	PA	8/12/2017
Mackenzie Walker	7K	0:29:49	0:06:52	Run For The Trail 7K	Dilltown	PA	8/12/2017
Tom Berzonsky	7K	0:30:09	0:06:57	Run For The Trail 7K	Dilltown	PA	8/12/2017
Marilyn Gregory	7K	0:30:57	0:07:08	Run For The Trail 7K	Dilltown	PA	8/12/2017
Joe Johns	7K	0:30:59	0:07:08	Run For The Trail 7K	Dilltown	PA	8/12/2017
Lucas Pajak	7K	0:31:32	0:07:16	Run For The Trail 7K	Dilltown	PA	8/12/2017
Dan Mcquiston	7K	0:31:39	0:07:18	Run For The Trail 7K	Dilltown	PA	8/12/2017
Jonathan Cunkelman	7K	0:31:51	0:07:20	Run For The Trail 7K	Dilltown	PA	8/12/2017
Scott Cessna	7K	0:32:32	0:07:30	Run For The Trail 7K	Dilltown	PA	8/12/2017
Alexis Shank	7K	0:32:45	0:07:33	Run For The Trail 7K	Dilltown	PA	8/12/2017
Tom Whitcomb	7K	0:34:13	0:07:53	Run For The Trail 7K	Dilltown	PA	8/12/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Ray Peterman	7K	0:34:28	0:07:56	Run For The Trail 7K	Dilltown	PA	8/12/2017
Stephanie Putt	7K	0:35:11	0:08:06	Run For The Trail 7K	Dilltown	PA	8/12/2017
Jillian Barger	7K	0:35:14	0:08:07	Run For The Trail 7K	Dilltown	PA	8/12/2017
Kristina Zack	7K	0:35:15	0:08:07	Run For The Trail 7K	Dilltown	PA	8/12/2017
Noreen See	7K	0:35:17	0:08:08	Run For The Trail 7K	Dilltown	PA	8/12/2017
Ron Orr	7K	0:35:38	0:08:13	Run For The Trail 7K	Dilltown	PA	8/12/2017
Patrick Scanlon	7K	0:36:34	0.00585	Run For The Trail 7K	Dilltown	PA	8/12/2017
Andy See	7K	0:37:03	0:08:32	Run For The Trail 7K	Dilltown	PA	8/12/2017
Brittney Baxter	7K	0:37:19	0:08:36	Run For The Trail 7K	Dilltown	PA	8/12/2017
Tom Fetterman	7K	0:37:23	0:08:37	Run For The Trail 7K	Dilltown	PA	8/12/2017
Donna Scanlon	7K	0:37:24	0:08:37	Run For The Trail 7K	Dilltown	PA	8/12/2017
Barry Little	7K	0:39:24	0:09:05	Run For The Trail 7K	Dilltown	PA	8/12/2017
John Bomboy	7K	0:39:27	0:09:05	Run For The Trail 7K	Dilltown	PA	8/12/2017
Louise Maine	7K	0:39:30	0:09:06	Run For The Trail 7K	Dilltown	PA	8/12/2017
Sherry Shank	7K	0:39:50	0:09:11	Run For The Trail 7K	Dilltown	PA	8/12/2017
Kosie Shepherd-Porada	7K	0:40:18	0:09:17	Run For The Trail 7K	Dilltown	PA	8/12/2017
Sarah Kitchen	7K	0:40:49	0:09:24	Run For The Trail 7K	Dilltown	PA	8/12/2017
William Stroup	7K	0:41:26	0.00663	Run For The Trail 7K	Dilltown	PA	8/12/2017
Laurie Digiorgio	7K	0:45:11	0:10:25	Run For The Trail 7K	Dilltown	PA	8/12/2017
Terri Mcquiston	7K	0:45:28	0:10:29	Run For The Trail 7K	Dilltown	PA	8/12/2017
Cordelia Zack	7K	0:46:46	0:10:47	Run For The Trail 7K	Dilltown	PA	8/12/2017
Janet Stewart	7K	0:47:52	0:11:02	Run For The Trail 7K	Dilltown	PA	8/12/2017
Madison Walker	7K	0:48:45	0:11:14	Run For The Trail 7K	Dilltown	PA	8/12/2017
Paul Hicks	7K	0:50:56	0:11:44	Run For The Trail 7K	Dilltown	PA	8/12/2017
Michele Belak	7K	0:51:13	0:11:48	Run For The Trail 7K	Dilltown	PA	8/12/2017
Janine Maust	7K	0:53:09	0:12:15	Run For The Trail 7K	Dilltown	PA	8/12/2017
Jacob Barger	7K	0:53:49	0:12:24	Run For The Trail 7K	Dilltown	PA	8/12/2017
Barb Barger	7K	0:53:50	0:12:24	Run For The Trail 7K	Dilltown	PA	8/12/2017
Lynette Little	7K	0:59:03	0:13:36	Run For The Trail 7K	Dilltown	PA	8/12/2017
Kosie Shepherd-Porada	4.5 Miler	0:41:09	0:09:09	Wellington Turkey Trot	Hollidaysburg	PA	11/25/2017
Marilyn Gregory	8K	0:34:53	0:07:02	Shamrock 8K	Virginia Beach	VA	3/17/2017
Ron See	5 Mile Bike	0:16:31	0:03:18	Heart & Sole Duathlon	Ford City	PA	8/26/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Joey Bujdos	5 Miler	0:29:34	0:05:55	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Sara Zambotti	5 Miler	0:30:30	0:06:06	Rockland Turkey Trot	Congers	NY	11/23/2017
Dean Banko	5 Miler	0:32:53	0:06:35	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Jeannie Bujdos	5 Miler	0:32:54	0:06:35	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Cory Fulmer	5 Miler	0:35:00	0:07:00	Mudd Monster 5 Miler	Blairsville	PA	8/26/2017
Jonathan Cunkelman	5 Miler	0:38:06	0:07:37	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Noreen See	5 Miler	0:41:14	0:08:15	Spring Into Nature 5 Miler	Findley Lake	NY	7/1/2017
Denny Cruse	5 Miler	0:45:07	0:09:01	Morley's Run 5 Miler	Johnstown	PA	11/4/2017
Rick Conroy	5 Miler	0:45:24	0:09:05	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Jill Conroy	5 Miler	0:49:51	0:09:58	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Kosie Shepherd-Porada	5 Miler	0:51:13	0:10:15	Morley's Run 5 Miler	Johnstown	PA	11/4/2017
Kosie Shepherd-Porada	5 Miler	0:52:00	0:10:24	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Anthony Boerio	5 Miler	0:52:44	0:10:33	Latrobe 5 Miler	Latrobe	PA	6/30/2017
Steve Pagano	5 Miler	0:54:30	0:10:54	Dirty Kiln Trail 5 Miler	Hollidaysburg	PA	4/8/2017
Steve Pagano	5 Miler	1:05:34	0:13:07	Greenwood Furnace 5 Miler	Huntingdon	PA	1/14/2017
Janet Stewart	5 Miler	1:18:00	0:15:36	Whalley Run 5 Miler	Windber	PA	6/17/2017
Darcy Taiani	8K	0:55:58	0:10:11	Pawley's Island Turtle Strut	Pawley Is.	SC	11/11/2017
Dean Banko	10K	0:35:31	0:05:44	Wings of Hope 10K	Johnstown	PA	4/15/2017
Tom Lipsie	10K	0:36:48	0:05:56	Fool's Run 10K	Indiana	PA	4/1/2017
Dean Banko	10K	0:38:17	0:06:10	Two Face Road 10K	North Park	PA	8/13/2017
Dean Banko	10K	0:38:38	0:06:14	Joshua House 10K	Tyrone	PA	3/17/2017
Mindy Sawtelle-Zottola	10K	0:38:49	0:06:16	Sesquehana Classic 10K	Curwensville	PA	7/15/2017
Dean Banko	10K	0:39:05	0:06:18	Que Classic 10K	Holsopple	PA	9/30/2017
Mindy Sawtelle-Zottola	10K	0:39:17	0:06:20	Run With The Turkeys 10K	Keller	TX	11/23/2017
Dean Banko	10K	0:39:49	0:06:25	Fool's Run 10K	Indiana	PA	4/1/2017
Jeannie Bujdos	10K	0:40:36	0:06:33	Fool's Run 10K	Indiana	PA	4/1/2017
Dean Banko	10K	0:40:46	0:06:35	Buffalo Creek 10K	Freeport	PA	11/11/2017
Roman Tate	10K	0:40:50	0:06:35	Fool's Run 10K	Indiana	PA	4/1/2017
Benjamin Shultz	10K	0:43:36	0:07:02	Fool's Run 10K	Indiana	PA	4/1/2017
Chris Sharbaugh	10K	0:44:17	0:07:09	Jr. Achievement 10K	Black Lick	PA	9/23/2017
Joe Johns	10K	0:44:17	0:07:09	Jr. Achievement 10K	Black Lick	PA	9/23/2017
Matt Genchur	10K	0:45:10	0:07:17	Fool's Run 10K	Indiana	PA	4/1/2017
Doug Ulishney	10K	0:45:55	0:07:24	Fool's Run 10K	Indiana	PA	4/1/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Dean Banko	10K	0:46:02	0:07:25	Two Face Trail 10K	North Park	PA	8/13/2017
Marilyn Gregory	10K	0:46:03	0:07:26	Fool's Run 10K	Indiana	PA	4/1/2017
Ben Shultz	10K	0:46:34	0:07:31	Jr. Achievement 10K	Black Lick	PA	9/23/2017
Scott Valazak	10K	0:47:02	0:07:35	Fool's Run 10K	Indiana	PA	4/1/2017
Alexis Shank	10K	0:47:32	0:07:40	Fool's Run 10K	Indiana	PA	4/1/2017
Jonathan Cunkelman	10K	0:47:38	0:07:41	Fool's Run 10K	Indiana	PA	4/1/2017
Brad Rives	10K	0:48:34	0:07:50	Fool's Run 10K	Indiana	PA	4/1/2017
Jillian Barger	10K	0:49:18	0:07:57	Fool's Run 10K	Indiana	PA	4/1/2017
Steve Pagano	10K	0:50:00	0:08:04	Fool's Run 10K	Indiana	PA	4/1/2017
Tina Zack	10K	0:51:45	0:08:21	Drugs Kill Dreams 10K	Kittanning	PA	6/10/2017
Kristina Zack	10K	0:51:58	0:08:23	Fool's Run 10K	Indiana	PA	4/1/2017
Julie Shirley	10K	0:52:15	0:08:26	Jr. Achievement 10K	Black Lick	PA	9/23/2017
Chris Lasser	10K	0:52:31	0:08:28	Jr. Achievement 10K	Black Lick	PA	9/23/2017
William Geiger	10K	0:52:32	0:08:28	Fool's Run 10K	Indiana	PA	4/1/2017
Amanda Vresilovic	10K	0:52:40	0:08:30	Trooper Ivaniec 10K	Latrobe	PA	4/22/2017
Ed Hlebechuk	10K	0:52:44	0:08:30	Trooper Ivaniec 10K	Latrobe	PA	4/22/2017
Dan Vresilovic	10K	0:52:49	0:08:31	Trooper Ivaniec 10K	Latrobe	PA	4/22/2017
Aileen Bowman	10K	0:53:08	0:08:34	Fool's Run 10K	Indiana	PA	4/1/2017
Chris Lasser	10K	0:53:40	0:08:39	Fool's Run 10K	Indiana	PA	4/1/2017
Meghan Foulk	10K	0:54:14	0:08:45	Fool's Run 10K	Indiana	PA	4/1/2017
Grant Cruse	10K	0:54:30	0:08:47	Chernisky Classic 10K	Ebensburg	PA	7/8/2017
Ron Orr	10K	0:54:30	0:08:47	Chernisky Classic 10K	Ebensburg	PA	7/8/2017
Maria Fruscello	10K	0:54:33	0:08:48	Drugs Kill Dreams 10K	Kittanning	PA	6/10/2017
Lee Ann Tilghman	10K	0:55:14	0:08:55	Fool's Run 10K	Indiana	PA	4/1/2017
M. J. Bujdos	10K	0:55:16	0:08:55	Fool's Run 10K	Indiana	PA	4/1/2017
Art Zottola	10K	0:55:53	0:09:01	Sesquehana Classic 10K	Curwensville	PA	7/15/2017
Scott Bowman	10K	0:56:00	0:09:02	Jr. Achievement 10K	Black Lick	PA	9/23/2017
Barry Little	10K	0:56:50	0:09:10	Great Race 10K	Pittsburgh	PA	9/24/2017
Carolynn Kish	10K	0:57:08	0:09:13	Upchuck Classic 10K	Beaverdale	PA	7/4/2017
Stephanie Putt	10K	0:57:35	0:09:17	Fool's Run 10K	Indiana	PA	4/1/2017
Scott Bowman	10K	0:57:42	0:09:18	Fool's Run 10K	Indiana	PA	4/1/2017
Kosie Shepherd-Porada	10K	0:58:29	0:09:26	Family Services 10K	Altoona	PA	6/4/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Candie Mcquiston	10K	0:58:31	0:09:26	Fool's Run 10K	Indiana	PA	4/1/2017
Walt Byrne	10K	0:58:52	0:09:30	Fool's Run 10K	Indiana	PA	4/1/2017
Sarah Kitchen	10K	0:58:57	0:09:30	Jr. Achievement 10K	Black Lick	PA	9/23/2017
John Bomboy	10K	0:59:37	0:09:37	Fool's Run 10K	Indiana	PA	4/1/2017
Nathan Black	10K	0:59:48	0:09:39	Fool's Run 10K	Indiana	PA	4/1/2017
Nate Black	10K	0:59:48	0:09:39	Fool's Run 10K	Indiana	PA	4/1/2017
Evelyn Gill	10K	0:59:57	0:09:40	Fool's Run 10K	Indiana	PA	4/1/2017
Sherry Shank	10K	1:00:13	0:09:43	Fool's Run 10K	Indiana	PA	4/1/2017
Scott Valazak	10K	1:00:15	0:09:43	Possum Glory 10K	N. Cambria	PA	8/26/2017
Dean Banko	10K	1:00:17	0:09:43	Sweat For Vet's Power Climb	Altoona	PA	11/12/2017
Nick Fruscello	10K	1:00:38	0:09:47	Drugs Kill Dreams 10K	Kittanning	PA	6/10/2017
Amy Rout	10K	1:00:48	0:09:48	Great Race 10K	Pittsburgh	PA	9/24/2017
Steve Pagano	10K	1:01:22	0:09:54	Rothrock 10K	State College	PA	8/6/2017
Charles Frank	10K	1:01:52	0:09:59	Fool's Run 10K	Indiana	PA	4/1/2017
Steve Pagano	10K	1:02:04	0:10:01	Hell Hath No Hurry 10K	Pittsburgh	PA	6/24/2017
Suzanne Patackis	10K	1:03:06	0:10:11	Lucky Charm 10K	Harrisburg	PA	3/18/2017
Ron Orr	10K	1:03:50	0:10:18	Possum Glory 10K	N. Cambria	PA	8/26/2017
Jami Kish	10K	1:04:00	0:10:19	Upchuck Classic 10K	Beaverdale	PA	7/4/2017
Kosie Shepherd-Porada	10K	1:05:15	0:10:31	Daily American 10K	Somerset	PA	6/10/2017
Tim Welsh	10K	1:05:19	0:10:32	Great Race 10K	Pittsburgh	PA	9/24/2017
Michael Shutty	10K	1:05:46	0:10:36	Fool's Run 10K	Indiana	PA	4/1/2017
Diane Bell	10K	1:05:46	0:10:36	Fool's Run 10K	Indiana	PA	4/1/2017
Caleb Fruscello	10K	1:05:58	0:10:38	Drugs Kill Dreams 10K	Kittanning	PA	6/10/2017
Bob Rout	10K	1:06:59	0:10:48	Great Race 10K	Pittsburgh	PA	9/24/2017
Nick Fruscello	10K	1:07:12	0:10:50	Great Race 10K	Pittsburgh	PA	9/24/2017
Maria Fruscello	10K	1:07:12	0:10:50	Great Race 10K	Pittsburgh	PA	9/24/2017
Aylssa Pagano	10K	1:07:31	0:10:53	Rock 'N Knob Trail 10K	Claysburg	PA	9/16/2017
Michele Belak	10K	1:09:50	0:11:16	Kalamazoo Kassic 10K	Kalamzoo	MI	6/17/2017
Janet Stewart	10K	1:10:21	0:11:21	Jr. Achievement 10K	Black Lick	PA	9/23/2017
Janet Stewart	10K	1:11:49	0:11:35	Cold Turkey 10K	Odenton	MD	11/19/2017
Michele Belak	10K	1:11:56	0:11:36	Yough River Trail 10K	West Newton	PA	5/13/2017
Gabe Belak	10K	1:11:56	0:11:36	Yough River Trail 10K	West Newton	PA	5/13/2017
Janet Stewart	10K	1:14:00	0:11:56	Ortho Classic 10K	Charlotte	NC	8/22/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Diane Bell	10K	1:14:08	0:11:57	Great Race 10K	Pittsburgh	PA	9/24/2017
Paul Hicks	10K	1:17:34	0:12:31	Fool's Run 10K	Indiana	PA	4/1/2017
Emily Fruscello	10K	1:18:24	0:12:39	Drugs Kill Dreams 10K	Kittanning	PA	6/10/2017
Steve Pagano	10K	1:18:42	0:12:42	Sproul 10K	Renovo	PA	7/22/2017
Anthony Boerio	10K	1:19:09	0:12:46	Yough River Trail 10K	Connellsville	PA	4/1/2017
Steve Pagano	10K	1:20:03	0:12:55	Rock 'N Knob Trail 10K	Claysburg	PA	9/16/2017
Mike Shutty	10K	1:21:46	0:13:11	Great Race 10K	Pittsburgh	PA	9/24/2017
Lisa Berezansky	10K	1:22:27	0:13:18	Great Race 10K	Pittsburgh	PA	9/24/2017
Lynette Little	10K	1:27:54	0:14:11	Great Race 10K	Pittsburgh	PA	9/24/2017
Gage Belak	10K	1:35:12	0:15:21	Harrison Hill Halloween 10K	Natrona Hts	PA	10/28/2017
Michele Belak	10K	1:35:13	0:15:21	Harrison Hill Halloween 10K	Natrona Hts	PA	10/28/2017
John Goss	7.6 Miler	1:19:21	0:10:26	Race To The Face 7.6 Miler	Big Run	PA	7/29/2017
Scott Valazak	7.7 Mile	2:20:00	0:18:11	Mud On The Mountain	Seven Springs	PA	5/13/2017
Mindy Sawtelle-Zottola	1500 Meters	0:05:12	0:00:34	PSAC Western PA Challenge	Indiana	PA	4/8/2017
Dean Banko	15K	0:59:39	0:06:25	Not Another Polar Vortex	Boston	PA	4/2/2017
Dean Banko	15K	1:02:00	0:06:40	RSG1 Foundation 15K		PA	2/11/2017
Kristy Bendis	15K	1:11:14	0:07:40	Roaring Run River 15K	Apollo	PA	4/22/2017
Scott Cessna	15K	1:11:51	0:07:44	Roaring Run River 15K	Apollo	PA	4/22/2017
Ron Orr	15K	1:21:07	0:08:43	Angie Giosa Memorial 15K	Altoona	PA	7/4/2017
Alyssa Pagano	15K	1:25:24	0:09:11	Deer Fly 15K	Penn Run	PA	7/30/2017
Steve Pagano	15K	1:28:04	0:09:28	Deer Fly 15K	Penn Run	PA	7/30/2017
Jonathan Cunkelman	15K	1:29:32	0:09:38	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Jill Conroy	15K	1:29:46	0:09:39	Valentine's Day 15K	North Park	PA	2/11/2017
Tracy McKeel	15K	1:39:00	0.00739	Hot Chocolate 15K	Philadelphia	PA	4/1/2017
Brad Rives	15K	1:40:04	0:10:46	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Kosie Shepherd-Porada	15K	1:42:17	0:11:00	Angie Giosa Memorial 15K	Altoona	PA	7/4/2017
Tina Zack	15K	1:43:12	0:11:06	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Ron Orr	15K	1:43:44	0:11:09	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Michele Belak	15K	1:53:47	0:12:14	Not Another Polar Vortex	Boston	PA	4/2/2017
Jim Ostinowsky	15K	1:54:14	0:12:17	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Bill Stoup	15K	1:55:27	0.00862	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Stephanie Putt	15K	2:02:37	0:13:11	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Sherry Shank	15K	2:06:32	0:13:36	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Donna Scanlon	15K	2:19:53	0:15:02	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Paul Hicks	15K	2:33:16	0:16:29	Run With The Deer Flies 15K	Penn Run	PA	7/30/2017
Matt Pajak	10 Miler	1:07:11	0:06:43	Army 10 Miler	Washington	DC	10/8/2017
Veronica Bujdos	10 Miler	1:13:45	0:07:23	EQT Ten Miler	Pittsburgh	PA	11/5/2017
Kristy Bendis	10 Miler	1:19:13	0:07:55	Spring Thaw 10-15-20	North Park	PA	2/25/2017
Tina Zack	10 Miler	1:22:59	0:08:18	EQT Ten Miler	Pittsburgh	PA	11/5/2017
Dean Banko	Ten Miler	1:23:17	0:08:20	Barber Beast Obstacle	Erie	PA	9/9/2017
Dean Banko	10 Miler	1:44:27	0:10:27	Winter 10 Mile Ruck	West Penn TR	PA	12/16/2017
Emily Smeltz	10 Miler	1:46:22	0:10:38	EQT Ten Miler	Pittsburgh	PA	11/5/2017
Tracy McKeel	10 Miler	1:51:17	0:11:08	EQT Ten Miler	Pittsburgh	PA	11/5/2017
Tracy McKeel	10 Miler	1:51:35	0:11:10	Cherry Blossum 10 Miler	Washington	DC	4/2/2017
Michele Belak	10 Miler	1:56:32	0:11:39	Spring Thaw 10-15-20	North Park	PA	2/25/2017
Cathy Swauger	10 Miler	2:08:50	0:12:53	EQT Ten Miler	Pittsburgh	PA	11/5/2017
Lori Gradwell	10 Miler	2:08:50	0:12:53	EQT Ten Miler	Pittsburgh	PA	11/5/2017
Dan McQuiston	11 Miler	2:12:00	0:12:00	Upchuck Classic	Beaverdale	PA	7/4/2017
Donna Scanlon	11 Miler	2:50:02	0:15:27	Upchuck Classic	Beaverdale	PA	7/4/2017
Pat Scanlon	11 Miler	2:50:02	0:15:27	Upchuck Classic	Beaverdale	PA	7/4/2017
Tom Fetterman	11 Miler	2:50:02	0:15:27	Upchuck Classic	Beaverdale	PA	7/4/2017
Ron See	Duathlon Bike	0:43:32	0:03:27	Western PA Cares For Kids	Cookburg	PA	7/15/2017
Tom Lipsie	Half Marathon	1:17:57	0:05:57	Bird In Hand Half Marathon	Bird-In-Hand	PA	9/9/2017
Mindy Sawtelle-Zottola	Half Marathon	1:21:53	0:06:15	Mighty Niagara Half	Youngstown	NY	9/16/2017
Mindy Sawtelle-Zottola	Half Marathon	1:22:22	0:06:17	Cook's Forest Half Marathon	Cookport	PA	4/1/2017
Dean Banko	Half Marathon	1:27:25	0:06:40	Boston Harvest Half Marathon	Boston	PA	9/16/2017
Dean Banko	Half Marathon	1:28:36	0:06:46	Nittany Valley Half Marathon	State College	PA	12/3/2017
Kendall Branan	Half Marathon	1:28:44	0:06:46	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Cory Fulmer	Half Marathon	1:29:55	0:06:52	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Marilyn Gregory	Half Marathon	1:30:55	0:06:56	Buffalo Creek Half Marathon	Freeport	PA	10/21/2017
Jonathan Cunkelman	Half Marathon	1:37:04	0:07:25	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Marilyn Gregory	Half Marathon	1:39:08	0:07:34	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Ryan Costanzo	Half Marathon	1:39:34	0:07:36	French Creek Half Marathon	Meadville	PA	9/2/2017
Scott Cessna	Half Marathon	1:40:08	0:07:39	Nittany Valley Half Marathon	State College	PA	12/3/2017
Dan McQuiston	Half Marathon	1:41:19	0:07:44	Cook's Forest Half Marathon	Cookport	PA	4/1/2017
Scott Cessna	Half Marathon	1:41:19	0:07:44	Cook's Forest Half Marathon	Cookport	PA	4/1/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Steve Pagano	Half Marathon	1:42:44	0:07:51	Indiana First Bank Half	Black Lick	PA	11/5/2017
Joe Johns	Half Marathon	1:43:00	0:07:52	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Mary Lee Page	Half Marathon	1:43:30	0:07:54	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Dan McQuiston	Half Marathon	1:43:33	0:07:54	Nittany Valley Half Marathon	State College	PA	12/3/2017
Scott Cessna	Half Marathon	1:45:48	0:08:05	Drugs Kill Dreams Half	Kittanning	PA	6/10/2017
Laura Yevchak	Half Marathon	1:46:14	0:08:07	Philadelphia Half Marathon	Philadelphia	PA	11/18/2017
Brad Rives	Half Marathon	1:48:13	0:08:16	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Dean Banko	Half Marathon	1:48:14	0:08:16	Dirty Kiln Trail Half Marathon	Altoona	PA	4/8/2017
Rick Conroy	Half Marathon	1:50:19	0:08:25	Buffalo Creek Half Marathon	Freeport	PA	10/21/2017
Herbster Cratty	Half Marathon	1:51:29	0:08:31	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Ron Orr	Half Marathon	1:52:02	0:08:33	Happy Holiday Half Marathon	Ellicottville	NY	5/13/2017
Bill Serafin	Half Marathon	1:53:08	0:08:38	Myrtle Beach Half	Myrtle Beach	SC	3/4/2017
Ron Orr	Half Marathon	1:53:42	0:08:41	French Creek Half Marathon	Meadville	PA	9/2/2017
Louise Maine	Half Marathon	1:53:46	0:08:41	Path of the Flood	South Fork	PA	5/27/2017
Pat Scanlon	Half Marathon	1:54:04	0:08:42	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Donna Scanlon	Half Marathon	1:54:05	0:08:43	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Louise Maine	Half Marathon	1:54:18	0:08:44	Pittsburg Half Marathon	Pittsburgh	PA	5/5/2017
Jeannie Bujdos	Half Marathon	1:55:00	0:08:47	Marathon on the Mountain	Seven Springs	PA	10/28/2017
Tina Zack	Half Marathon	1:55:25	0:08:49	Boston Harvest Half Marathon	Boston	PA	9/16/2017
Amanda Vresilovic	Half Marathon	1:56:20	0:08:53	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Tina Zack	Half Marathon	1:56:35	0:08:54	Boston Trail Half Marathon	Boston	PA	4/22/2017
Lisa Prebish	Half Marathon	1:56:48	0:08:55	Philadelphia Half Marathon	Philadelphia	PA	11/18/2017
Ron Orr	Half Marathon	1:57:24	0:08:58	Flying Pirates Half Marathon	Kill Devil Hills	NC	4/23/2017
Donna Scanlon	Half Marathon	1:57:30	0:08:58	Gettysburg Blue-Grey Half	Gettysburg	PA	10/22/2017
Ron Orr	Half Marathon	1:57:42	0:08:59	Annapolis Half Marathon	Annapolis	MD	11/18/2017
Veronica Bujdos	Half Marathon	1:57:48	0:09:00	Marathon on the Mountain	Seven Springs	PA	10/28/2017
Julie Shirley	Half Marathon	1:58:42	0:09:04	Nittany Valley Half Marathon	State College	PA	12/3/2017
Ron Orr	Half Marathon	1:59:28	0:09:07	Drugs Kill Dreams Half	Kittanning	PA	6/10/2017
Scott Bauer	Half Marathon	2:00:33	0:09:12	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Maria Fruscello	Half Marathon	2:01:30	0:09:16	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Pat Scanlon	Half Marathon	2:02:14	0:09:20	Gettysburg Blue-Grey Half	Gettysburg	PA	10/22/2017
Ed Hlebechuk	Half Marathon	2:02:40	0:09:22	Yough River Trail Half	Connellsville	PA	4/1/2017
Ed Hlebechuk	Half Marathon	2:02:40	0:09:22	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Ray Peterman	Half Marathon	2:05:06	0:09:33	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Ron Orr	Half Marathon	2:05:59	0:09:37	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Emily Smeltz	Half Marathon	2:09:31	0:09:53	Cook's Forest Half Marathon	Cookport	PA	4/1/2017
Art Zottola	Half Marathon	2:10:29	0:09:58	Mighty Niagara Half	Youngstown	NY	9/16/2017
Jill Conroy	Half Marathon	2:10:56	0:10:00	Buffalo Creek Half Marathon	Freeport	PA	10/21/2017
Stephanie Putt	Half Marathon	2:11:26	0:10:02	Drugs Kill Dreams Half	Kittanning	PA	6/10/2017
Bitty Miller	Half Marathon	2:11:51	0:10:04	Miles For Smiles Half	Punxsutawney	PA	8/26/2017
Sarah Kitchen	Half Marathon	2:11:53	0:10:04	Miles For Smiles Half	Punxsutawney	PA	8/26/2017
Art Zottola	Half Marathon	2:12:16	0:10:06	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Bill Stroup	Half Marathon	2:12:40	0:10:08	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Barry Little	Half Marathon	2:13:12	0:10:10	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Aileen Bowman	Half Marathon	2:13:22	0:10:11	Nittany Valley Half Marathon	State College	PA	12/3/2017
Tom Fetterman	Half Marathon	2:16:52	0:10:27	Lost Dutchman Half	Apache Jct	AZ	2/19/2017
Laura Levri	Half Marathon	2:21:07	0:10:46	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Jennifer Wally Blystone	Half Marathon	2:21:15	0:10:47	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Sarah Kitchen	Half Marathon	2:21:15	0:10:47	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Scott Bowman	Half Marathon	2:22:29	0:10:53	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Becky Pavic	Half Marathon	2:22:48	0:10:54	Baltimore Half Marathon	Baltimore	MD	10/21/2017
Vince Pavic	Half Marathon	2:22:48	0:10:54	Baltimore Half Marathon	Baltimore	MD	10/21/2017
Leah Dever	Half Marathon	2:25:00	0:11:04	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Leah Diver	Half Marathon	2:25:39	0:11:07	Walt Disney Princess	Orlando	FL	2/26/2017
Leah Diver	Half Marathon	2:27:01	0:11:13	Naples Half Marathon	Naples	FL	1/15/2017
Leah Dever	Half Marathon	2:27:02	0:11:13	Space Coast Half Marathon	Cocoa Village	FL	11/26/2017
Lee Ann Tilghman	Half Marathon	2:27:07	0:11:14	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
John Swauger	Half Marathon	2:27:47	0:11:17	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Adam Clawson	Half Marathon	2:29:13	0:11:23	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Christie Orlosky	Half Marathon	2:30:09	0:11:28	Buffalo Creek Half Marathon	Freeport	PA	10/21/2017
Tracy McKeel	Half Marathon	2:30:17	0:11:28	Zooma Half Marathon	Annapolis	MD	6/3/2017
Leah Diver	Half Marathon	2:32:44	0:11:40	Echo Half Marathon	DeBarry	FL	6/4/2017
Christie Orlosky	Half Marathon	2:35:18	0:11:51	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Christie Orlosky	Half Marathon	2:36:20	0:11:56	Northern Ohio Half	Mentor	OH	10/1/2017
Christie Orlosky	Half Marathon	2:38:24	0:12:05	Cleveland Half Marathon	Cleveland	OH	5/21/2017
Michele Belak	Half Marathon	2:38:25	0:12:06	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017

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Tracy McKeel	Half Marathon	2:38:57	0:12:08	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Cathy Swauger	Half Marathon	2:43:44	0:12:30	Virginia Beach Half Marathon	Virginia Beach	VA	9/3/2017
Terri McQuiston	Half Marathon	2:44:00	0:12:31	Bay of Fundy Half Marathon	Lubec	ME	6/25/2017
Christie Orlosky	Half Marathon	2:45:54	0:12:40	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Michele Belak	Half Marathon	2:47:00	0:12:45	Shamrock Shuffle Half	Harmony	PA	3/18/2017
Michele Belak	Half Marathon	2:47:04	0:12:45	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Christie Orlosky	Half Marathon	2:47:34	0:12:47	Miami Half Marathon	Miami	FL	1/29/2017
Lori Gradwell	Half Marathon	2:48:50	0:12:53	Sea Island Half Marathon	Sea Island	GA	12/2/2017
Janine Maust	Half Marathon	2:49:48	0:12:58	French Creek Half Marathon	Meadville	PA	9/2/2017
Lecinda Yevchak	Half Marathon	2:51:38	0:13:06	Pittsburgh Half Marathon	Pittsburgh	PA	5/6/2017
Cathy Swauger	Half Marathon	2:51:59	0:13:08	Sea Island Half Marathon	Sea Island	GA	12/2/2017
Terri McQuiston	Half Marathon	2:54:11	0:13:18	Bowling Green Half Marathon	Bowling Green	KY	11/5/2017
Alexis Shank	Half Marathon	2:59:12	0:13:41	World's End Half Marathon	Forkville	PA	9/30/2017
Darcy Taiani	Half Marathon	2:59:18	0:13:41	Sea Island Half Marathon	Sea Island	GA	12/2/2017
Christie Orlosky	Half Marathon	3:01:32	0:13:51	Presque Isle Half Marathon	Erie	PA	7/16/2017
Mike Riggensch	Half Marathon	3:02:15	0:13:55	IFB Vet's Half Marathon	Black Lick	PA	11/5/2017
Mary Jean Bujdos	Half Marathon	3:02:24	0:13:55	Pellegrino Parmense Half	Pellegrino	Italy	6/4/2017
Michele Belak	Half Marathon	3:06:18	0:14:13	Buffalo Creek Half Marathon	Freeport	PA	10/21/2017
David Dzuro	Half Marathon	3:08:19	0:14:23	Virginia Beach Half Marathon	Virginia Beach	VA	9/3/2017
Vanessa Dzuro	Half Marathon	3:08:20	0:14:23	Virginia Beach Half Marathon	Virginia Beach	VA	9/3/2017
Sherry Shank	Half Marathon	4:31:15	0:20:42	World's End Half Marathon	Forkville	PA	9/30/2017
Kristy Bendis	15 Miler	1:59:08	0:07:57	Spring Thaw 10-15-20	North Park	PA	2/25/2017
Bill Serafin	25K	3:11:29	0:12:21	Run With The Deer Flies 25K	Penn Run	PA	7/30/2017
Dan McQuiston	25K	3:21:09	0:12:59	Run With The Deer Flies 25K	Penn Run	PA	7/30/2017
Jeff Smith	25K	3:24:35	0:13:12	Run With The Deer Flies 25K	Penn Run	PA	7/30/2017
Alexis Shank	25K	3:48:17	0:14:44	Rothrock Trail Challenge	State College	PA	6/3/2017
Alexis Shank	25K	3:52:11	0:14:59	Hyners View 25K	Hyners	PA	4/22/2017
Alexis Shank	25K	3:54:59	0:15:10	Call of the Wilds 25K	Little Pine	PA	10/22/2017
Mary Jean Bujdos	25K	4:00:35	0:15:31	Run With The Deer Flies 25K	Penn Run	PA	7/30/2017
Adrienne Goss	25K	4:06:42	0:15:55	Hyners View 25K	Hyners	PA	4/22/2017
John Goss	25K	4:59:18	0:19:19	Hyners View 25K	Hyners	PA	4/22/2017
Sherry Shank	25K	5:18:40	0:20:34	Hyners View 25K	Hyners	PA	4/22/2017
Sherry Shank	25K	5:24:27	0:20:56	Call of the Wilds 25K	Little Pine	PA	10/22/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Sherry Shank	25K	5:37:19	0:21:46	Rothrock Trail Challenge	State College	PA	6/3/2017
Michele Belak	18 Miler	9:27:23	0:31:31	Rachel Carson Challenge	Springdale	PA	6/24/2017
Louise Maine	20 Miler	5:04:00	0:15:12	Elk County Boulder Dash	Ridgway	PA	8/5/2017
Tom Lipsie	Marathon	2:52:47	0:06:36	Big Sur Marathon	Carmel	CA	
Mindy Sawtelle-Zottola	Marathon	2:54:27	0:06:40	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Dean Banko	Marathon	2:58:28	0:06:49	Pittsburgh Marathon	Pittsburgh	PA	5/7/2017
Dean Banko	Marathon	3:14:03	0:07:24	Johnstown Marathon	Johnstown	PA	10/9/2017
Dean Banko	Marathon	3:15:47	0:07:28	Morgantown Marathon	Morgantown	WV	9/23/2017
Dean Banko	Marathon	3:18:29	0:07:35	End of the Road Marathon	Waterfall	PA	10/29/2017
Jeannie Bujdos	Marathon	3:20:59	0:07:40	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Tom Lipsie	Marathon	3:22:41	0:07:44	Steamtown Marathon	Scranton	NY	10/9/2017
Dean Banko	Marathon	3:28:28	0:07:57	IFB Veteran's Marathon	Black Lick	PA	11/5/2017
Jeannie Bujdos	Marathon	3:31:10	0:08:04	Morgantown Marathon	Morgantown	WV	9/23/2017
Veronica Bujdos	Marathon	3:38:16	0:08:20	Morgantown Marathon	Morgantown	WV	9/23/2017
Kristy Bendis	Marathon	3:43:11	0:08:31	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Veronica Bujdos	Marathon	3:48:15	0:08:43	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Alex Cullison	Marathon	3:50:47	0:08:49	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Scott Cessna	Marathon	3:56:27	0:09:01	Richmond Marathon	Richmond	VA	11/11/2017
Dan Mcquiston	Marathon	3:57:33	0:09:04	bg26.2 Marathon	Bowling Green	KY	11/5/2017
Laura Yevchak	Marathon	3:58:40	0:09:07	North Central Trail Marathon	Sparks	MD	11/25/2017
Ben Shultz	Marathon	4:00:36	0:09:11	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Julie Shirley	Marathon	4:07:29	0:09:27	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Scott Valazak	Marathon	4:09:15	0:09:31	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Chris Lasser	Marathon	4:09:48	0:09:32	Richmond Marathon	Richmond	VA	11/11/2017
Zach Collins	Marathon	4:12:50	0:09:39	IFB Veteran's Marathon	Black Lick	PA	11/5/2017
Dan McQuiston	Marathon	4:14:50	0:09:44	Bay of Fundy Marathon	Lubec	ME	6/25/2017
Ginny Winters	Marathon	4:21:22	0:09:59	Richmond Marathon	Richmond	VA	11/11/2017
Bernie Coppolo	Marathon	4:26:39	0:10:11	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Mary Jean Bujdos	Marathon	4:27:29	0:10:13	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Dave Miller	Marathon	4:32:35	0:10:24	Richmond Marathon	Richmond	VA	11/11/2017
Aileen Bowman	Marathon	4:32:49	0:00723	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Mike Hodak	Marathon	4:33:51	0:10:27	Bay of Fundy Marathon	Lubec	ME	6/25/2017
Stephanie Putt	Marathon	4:36:12	0:10:33	IFB Veteran's Marathon	Black Lick	PA	11/5/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Mike Hodak	Marathon	4:43:12	0:10:49	Erie Marathon	Erie	PA	9/10/2017
Ed Hlebechuk	Marathon	4:47:22	0:10:58	Shamrock Marathon	Virginia Beach	VA	3/19/2017
Julie Shirley	Marathon	4:49:20	0:11:03	IFB Veteran's Marathon	Black Lick	PA	11/5/2017
Bitty Miller	Marathon	4:49:25	0:11:03	Richmond Marathon	Richmond	VA	11/11/2017
D J Miller	Marathon	4:49:25	0:11:03	Richmond Marathon	Richmond	VA	11/11/2017
Tom Fetterman	Marathon	5:03:01	0:11:34	Steamtown Marathon	Scranton	NY	10/9/2017
Vanessa Dzuro	Marathon	5:15:12	0:12:02	Marine Corps Marathon	Washington	DC	10/22/2017
Jill Conroy	Marathon	5:16:56	0:12:06	IFB Veteran's Marathon	Black Lick	PA	11/5/2017
Rick Conroy	Marathon	5:16:56	0:12:06	IFB Veteran's Marathon	Black Lick	PA	11/5/2017
Ed Hlebechuk	Marathon	5:18:01	0:12:08	IFB Veteran's Marathon	Black Lick	PA	11/5/2017
Joe Bujdos	Marathon	6:10:45	0:14:09	Pittsburgh Marathon	Pittsburgh	PA	5/6/2017
Peggy Ulishney	Marathon	6:12:37	0:14:13	Pittsburgh Marathon	Pittsburgh	PA	5/7/2017
Peggy Ulishney	Marathon	6:26:00	0:14:44	IFB Veteran's Marathon	Black Lick	PA	11/5/2017
Laura Yevchak	Marathon	7:04:29	0:16:12	Leadville Marathon	Leadville	CO	6/17/2017
Matt Pajak	50K	6:11:29	0:11:59	Laurel Highlands Ultra	Ohiopyle	PA	6/10/2017
Dean Banko	50K	6:43:55	0:13:02	World's End Ultra	Loyalstock	PA	6/3/2017
Ed Hlebechuk	50K	7:41:00	0:14:52	Bigfoot 50K	Salt Lake Park	OH	12/9/2017
Bill Serafin	50K	8:14:17	0:15:57	Laurel Highlands Ultra	Ohiopyle	PA	6/10/2017
Joey Bujdos	1600 Relay	0:03:35		Indiana County Track Meet	Indiana	PA	4/29/2017
Joey Bujdos	3200 Relay	0:08:08		Indiana County Track Meet	Indiana	PA	4/29/2017
Kendall Branan	3200 Relay	0:08:08		Indiana County Track Meet	Indiana	PA	4/29/2017
Don Zahorchak		0:09:10		Fight For Air Stair Climb	Pittsburgh	PA	5/13/2017
Mackenzie Walker	3200 Relay	0:10:16		Indiana County Track Meet	Indiana	PA	4/29/2017
Denise Zahorchak		0:11:05		Fight For Air Stair Climb	Pittsburgh	PA	5/13/2017
Dean Banko		0:20:00		Glow Run	Johnstown	PA	3/24/2017
Michele Belak	Duathlon	0:57:52		Heart & Sole Duathlon	Ford City	PA	8/26/2017
Dean Banko		1:10:08		Mud On The Mountain	Seven Springs	PA	5/13/2017
Bob Manzi	Triathlon	1:24:06		Jackie Kallal Triathlon	Penn Run	PA	6/10/2017
Robert Leopold	Triathlon	1:38:46		Got The Nerve Mt Greata Tri	Lebanon	PA	5/20/2017
Denise Zahorchak	Triathlon	1:43:24		Jackie Kallal Triathlon	Penn Run	PA	6/10/2017
Dean Banko	Duathlon	1:44:06		Hit The Dusty Trail	Garret	PA	8/12/2017
Donna Zukas	Relay	1:59:19		Pittsburgh Marathon Relay	Pittsburgh	PA	5/6/2017
Ron Orr	Duathlon	2:07:31		Hit The Dusty Trail	Garret	PA	8/12/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Suzanne Patackis	Triathlon	2:13:41		Got The Nerve Mt Greata Tri	Lebanon	PA	5/20/2017
Dean Banko	Tri	2:15:16		Laurel Hill Adventure Tri	Somerset	PA	6/10/2017
Dean Banko	Two-Day	2:21:07		Hoorah to Heroes	Triadelphia	PA	2/25/2017
Dean Banko		2:43:09		Spartan Beast Obstacle	Chandlersville	OH	5/20/2017
Dean Banko	Obstacle	4:24:20		Spartan Weekend Trifecta	Glen Jean	WV	8/26/2017
Adam Clawson	Relay	8:25:55		American Odyssey Relay	Gettysburg	PA	4/28/2017
Ed Hlebechuk		?:?:??		American Odyssey Relay	Gettysburg	PA	4/28/2017
Alicia Haggerty	Relay	?:?:??		Pittsburgh Marathon Relay	Pittsburgh	PA	5/6/2017
Maria Fruscello	7.7 Mile	?:?:??		Mud On The Mountain	Seven Springs	PA	5/13/2017
Don Zahorchak	Relay	?:?:??		Ragnar PA Relay	Lancaster	PA	6/2/2017
Denise Zahorchak	Relay	?:?:??		Ragnar PA Relay	Lancaster	PA	6/2/2017
Jennifer Wally Blystone	Relay	?:?:??		Ragnar PA Relay	Lancaster	PA	6/2/2017
Christie Orlosky	Relay	?:?:??		Ragnar PA Relay	Lancaster	PA	6/2/2017
Michele Belak	2 Mile	?:?:??		Leslie's Lionpack 2 Mile	Punxsutawney	PA	6/3/2017
Gabe Belak	2 Mile	?:?:??		Leslie's Lionpack 2 Mile	Punxsutawney	PA	6/3/2017
John Swauger	2 Mile	?:?:??		Leslie's Lionpack 2 Mile	Punxsutawney	PA	6/3/2017
Cathy Swauger	2 Mile	?:?:??		Leslie's Lionpack 2 Mile	Punxsutawney	PA	6/3/2017
Jennifer Wally Blystone	Tri Relay	?:?:??		Jackie Kallal Triathlon	Penn Run	PA	6/10/2017
Don Zahorchak	Tri Relay	?:?:??		Jackie Kallal Triathlon	Penn Run	PA	6/10/2017
Tommy Fetterman	11 Miler Bike	?:?:??		Upchuck Classic	Beaverdale	PA	7/4/2017
Tad Pajak	11 Miler Bike	?:?:??		Upchuck Classic	Beaverdale	PA	7/4/2017
Wendy Fetterman	10 Miler Bike	?:?:??		Upchuck Classic	Beaverdale	PA	7/4/2017
Anthony Boerio	4 X 400 Relay	?:?:??		Pharoah Hounds Track Meet	Pittsburgh	PA	7/21/2017
Michele Belak	4 Miler	?:?:??		Poker Run 4 Miler	West Newton	PA	9/4/2017
Ron Orr	Bike & Run	?:?:??		Outer Banks Triathlon	Manteo	NC	9/17/2017
Jennifer Wally Blystone	Relay	?:?:??		IFB Veteran's Marathon Relay	Black Lick	PA	11/5/2017
Ray Blystone	Relay	?:?:??		IFB Veteran's Marathon Relay	Black Lick	PA	11/5/2017
Joey Bujdos	4 X 800 Relay			WPIAL DISTRICT T & F	Baldwin	PA	5/19/2017
Kendall Branran	4 X 800 Relay			WPIAL DISTRICT T & F	Baldwin	PA	5/19/2017
Marilyn Gregory	20 Pound Weight			USTAF Championships	Sacramento	CA	6/25/2017
Marilyn Gregory	4 X 800 Relay			USTAF Championships	Sacramento	CA	6/25/2017
Marilyn Gregory	4 X 100 Relay			USTAF Championships	Sacramento	CA	6/25/2017
Marilyn Gregory	4 X 400 Relay			USTAF Championships	Sacramento	CA	6/25/2017

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Attilio Zambotti				Kids Klassic	Indiana	PA	9/30/2017
Cassie Winger				Kids Klassic	Indiana	PA	9/30/2017
Aza Zambotti				Kids Klassic	Indiana	PA	9/30/2017
Jaxson Branan				Kids Klassic	Indiana	PA	9/30/2017
Omma Varner				Kids Klassic	Indiana	PA	9/30/2017
Kayleigh Zottola				Kids Klassic	Indiana	PA	9/30/2017
Cordelia Zack				Kids Klassic	Indiana	PA	9/30/2017
A J Lockard				Kids Klassic	Indiana	PA	9/30/2017

Updated 1/29/18