

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
1	1	Matt Gaudet	M	24	0:24:11	0:05:34
2	2	Garrett Milner	M	19	0:24:45	0:05:42
3	3	Alex Woodrow	M	17	0:25:05	0:05:47
4	1	Al Casagranda	M	46	0:26:29	0:06:06
5	1	Veronica Bujdos	F	16	0:26:53	0:06:12
6	1	Chris Scanga	M	60	0:27:27	0:06:19
7	1	Brett Decker	M	44	0:27:45	0:06:24
8	2	Doug Ulishney	M	49	0:27:59	0:06:27
9	1	Dan Cunkelman	M	54	0:28:01	0:06:27
10	1	Mike Hodak	M	56	0:28:45	0:06:37
11	1	Gray Logan	M	21	0:29:00	0:06:41
12	1	Craig Peterson	M	22	0:29:37	0:06:49
13	2	Andrew Kuntz	M	18	0:29:42	0:06:51
14	3	John Balog	M	20	0:30:30	0:07:02
15	2	Robert Malcotti	M	23	0:30:42	0:07:04
16	3	Rob Leopold	M	25	0:30:47	0:07:06
17	4	Timothy Varner	M	21	0:30:51	0:07:06
18	4	Andrew Wylie	M	23	0:30:53	0:07:07
19	2	Jeannie Bujdos	F	17	0:31:34	0:07:16
20	3	Tom Fanning	M	49	0:31:43	0:07:18
21	1	Tim Hertel	M	39	0:31:46	0:07:19
22	2	Dave Miller	M	52	0:31:47	0:07:19
23	1	Kevin Simpson	M	15	0:31:51	0:07:20
24	1	Dylan Rinehart	M	13	0:31:52	0:07:21
25	2	Bo Dinger	M	13	0:32:03	0:07:23
26	2	Bill Serafin	M	61	0:32:15	0:07:26
27	5	Mike Lockhart	M	18	0:32:22	0:07:27
28	3	Julie Ostinowsky	F	22	0:32:24	0:07:28
29	3	Ben Foy	M	52	0:32:33	0:07:30
30	2	Phillip Levri	M	38	0:32:58	0:07:36
31	4	Scott Bowman	M	45	0:33:00	0:07:36
32	5	Gregory Winger	M	46	0:33:05	0:07:37
33	1	Tom Mack	M	33	0:33:36	0:07:45
34	1	Mary Jean Bujdos	F	47	0:34:05	0:07:51
35	6	Rich Stiteler	M	45	0:34:06	0:07:51
36	1	Joshua Bennett	M	29	0:34:07	0:07:52
37	2	Rob Andelman	M	33	0:34:28	0:07:56

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
38	2	John Swauger	M	58	0:35:21	0:08:09
39	1	Ryan Heather	F	22	0:35:40	0:08:13
40	1	Taylor Stiteler	F	17	0:35:44	0:08:14
41	1	Aileen Bowman	F	44	0:35:52	0:08:16
42	7	Erick Lauber	M	45	0:35:56	0:08:17
43	1	Ashley Archangelo	F	21	0:36:00	0:08:18
44	2	Alvin Rodgers	M	43	0:36:35	0:08:26
45	2	Alicia Archangelo	F	15	0:36:47	0:08:29
46	5	Tony Wolfe	M	25	0:36:56	0:08:31
47	2	Meghan Mulheren	F	20	0:36:58	0:08:31
48	2	Christine Lasser	F	42	0:36:58	0:08:31
49	3	Sam Cunkelman	M	10	0:37:08	0:08:33
50	1	Kristin Curci	F	33	0:37:19	0:08:36
51	2	Tara Oleska	F	23	0:37:24	0:08:37
52	3	Marie Wolfe	F	23	0:38:28	0:08:38
53	2	Sue Taylor	F	46	0:37:47	0:08:42
54	4	Tausha Clark	F	22	0:37:56	0:08:44
55	8	David Fulton	M	46	0:38:24	0:08:51
56	3	John Ryan	M	41	0:38:33	0:08:53
57	4	Walter Byrne	M	53	0:38:38	0:08:54
58	3	Philip Yu	M	33	0:38:38	0:08:54
59	1	Linda Leopold	F	53	0:38:47	0:08:56
60	4	Tom Fritz	M	44	0:38:48	0:08:56
61	5	Pat Scanlon	M	50	0:38:58	0:08:59
62	3	Taylor Woodrow	F		0:39:13	0:09:02
63	6	Jed Fetterman	M	20	0:39:27	0:09:05
64	9	Kevin Sasway	M	47	0:39:31	0:09:06
65	1	Thomas Swab	M	76	0:39:32	0:09:07
66	3	Kelli Barker	F	40	0:40:13	0:09:16
67	5	Mark Brice	M	40	0:40:20	0:09:18
68	3	Matt Curci	M	36	0:40:29	0:09:20
69	2	Tom Dunbar	M	71	0:40:38	0:09:22
70	3	Ed Gondolf	M	62	0:40:44	0:09:23
71	1	Mary Drass	F	59	0:41:47	0:09:38
72	2	Nancy Demagone	F	58	0:41:56	0:09:40
73	3	Aly Pajak	F	19	0:41:56	0:09:40
74	4	Christina Archangelo	F	40	0:42:11	0:09:43

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
75	6	Steve Woodrow	M	52	0:42:29	0:09:47
76	2	Jennifer Baxter	F	34	0:42:36	0:09:49
77	5	Margie Sarp	F	41	0:43:07	0:09:56
78	4	Marissa Decker	F	16	0:43:13	0:09:57
79	5	Katee Gresko	F	16	0:43:14	0:09:58
80	6	Victoria Miller	F	16	0:43:14	0:09:58
81	4	Ashley Kuntz	F	19	0:43:29	0:10:01
82	5	Bitty Miller	F	20	0:43:53	0:10:07
83	3	Gehrett Smith	M	77	0:44:06	0:10:10
84	1	Wendy Norman	F	39	0:44:31	0:10:15
85	3	Mary Brown	F	45	0:45:06	0:10:24
86	2	Steven Engler	M	28	0:45:32	0:10:29
87	2	Jacob Miller	M	14	0:45:33	0:10:30
88	7	Heidi Rodgers	F	16	0:45:53	0:10:34
89	5	Stephanie Bailey	F	25	0:46:04	0:10:37
90	1	Chaise Stiteler	F	13	0:46:06	0:10:37
91	2	Pamela Bailey	F	52	0:46:07	0:10:38
92	1	Meghan Foulk	F	29	0:46:11	0:10:38
93	6	Daniel Pajak	M	23	0:46:22	0:10:41
94	10	Michael Osterson	M	46	0:46:38	0:10:45
95	2	Karyl Miller	F	36	0:46:50	0:10:47
96	2	Olivia Norman	F	10	0:47:01	0:10:50
97	4	Donna Dunlap	F	46	0:47:08	0:10:52
98	6	Vicki Ryan	F	40	0:49:21	0:11:22
99	6	Shannon Keilman	F	22	0:50:47	0:11:42
100	7	Michelle McMullen	F	41	0:51:01	0:11:45
101	3	Cathy Swauger	F	52	0:51:48	0:11:56
102	7	Veronica Rowley	F	25	0:51:56	0:11:58
103	4	Donna Scanlon	F	52	0:51:57	0:11:58
104	3	Jennifer Bick	F	31	0:52:30	0:12:06
105	8	Corrin Watson	F	23	0:52:48	0:12:10
106	5	Darlene Ulpson	F	54	0:54:30	0:12:33
107	3	Marilynne Patrick	F	39	0:55:02	0:12:41
108	2	Elizabeth McManus	F	28	0:56:12	0:12:57
109	1	Paul Byrne	M	66	1:02:09	0:14:19
110	4	Amy Haushalter	F	33	1:07:09	0:15:28

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
----------------	-----------------	-------------	---------------	------------	-------------	-------------

OVERALL AND AGE GROUPS:

TOP THREE MALES OVERALL:

1	1	Matt Gaudet	M	24	0:24:11	0:05:34
2	2	Garrett Milner	M	19	0:24:45	0:05:42
3	3	Alex Woodrow	M	17	0:25:05	0:05:47

TOP THREE FEMALES OVERALL:

5	1	Veronica Bujdos	F	16	0:26:53	0:06:12
19	2	Jeannie Bujdos	F	17	0:31:34	0:07:16
28	3	Julie Ostinowsky	F	22	0:32:24	0:07:28

MALES, AGES 13 AND UNDER:

24	1	Dylan Rinehart	M	13	0:31:52	0:07:21
25	2	Bo Dinger	M	13	0:32:03	0:07:23
49	3	Sam Cunkelman	M	10	0:37:08	0:08:33

MALES, AGES 14 TO 17:

23	1	Kevin Simpson	M	15	0:31:51	0:07:20
87	2	Jacob Miller	M	14	0:45:33	0:10:30

MALES, AGES 18 TO 21:

11	1	Gray Logan	M	21	0:29:00	0:06:41
13	2	Andrew Kuntz	M	18	0:29:42	0:06:51
14	3	John Balog	M	20	0:30:30	0:07:02
17	4	Timothy Varner	M	21	0:30:51	0:07:06
27	5	Mike Lockhart	M	18	0:32:22	0:07:27
63	6	Jed Fetterman	M	20	0:39:27	0:09:05

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
MALES, AGES 22 TO 25:						
12	1	Craig Peterson	M	22	0:29:37	0:06:49
15	2	Robert Malcotti	M	23	0:30:42	0:07:04
16	3	Rob Leopold	M	25	0:30:47	0:07:06
18	4	Andrew Wylie	M	23	0:30:53	0:07:07
46	5	Tony Wolfe	M	25	0:36:56	0:08:31
93	6	Daniel Pajak	M	23	0:46:22	0:10:41
MALES, AGES 26 TO 29:						
36	1	Joshua Bennett	M	29	0:34:07	0:07:52
86	2	Steven Engler	M	28	0:45:32	0:10:29
MALES, AGES 30 TO 34:						
33	1	Tom Mack	M	33	0:33:36	0:07:45
37	2	Rob Andelman	M	33	0:34:28	0:07:56
58	3	Philip Yu	M	33	0:38:38	0:08:54
MALES, AGES 35 TO 39:						
21	1	Tim Hertel	M	39	0:31:46	0:07:19
30	2	Phillip Levri	M	38	0:32:58	0:07:36
68	3	Matt Curci	M	36	0:40:29	0:09:20
MALES, AGES 40 TO 44:						
7	1	Brett Decker	M	44	0:27:45	0:06:24
44	2	Alvin Rodgers	M	43	0:36:35	0:08:26
56	3	John Ryan	M	41	0:38:33	0:08:53
60	4	Tom Fritz	M	44	0:38:48	0:08:56
67	5	Mark Brice	M	40	0:40:20	0:09:18

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
MALES, AGES 45 TO 49:						
4	1	Al Casagranda	M	46	0:26:29	0:06:06
8	2	Doug Ulishney	M	49	0:27:59	0:06:27
20	3	Tom Fanning	M	49	0:31:43	0:07:18
31	4	Scott Bowman	M	45	0:33:00	0:07:36
32	5	Gregory Winger	M	46	0:33:05	0:07:37
35	6	Rich Stiteler	M	45	0:34:06	0:07:51
42	7	Erick Lauber	M	45	0:35:56	0:08:17
55	8	David Fulton	M	46	0:38:24	0:08:51
64	9	Kevin Sasway	M	47	0:39:31	0:09:06
94	10	Michael Osterson	M	46	0:46:38	0:10:45
MALES, AGES 50 TO 54:						
9	1	Dan Cunkelman	M	54	0:28:01	0:06:27
22	2	Dave Miller	M	52	0:31:47	0:07:19
29	3	Ben Foy	M	52	0:32:33	0:07:30
57	4	Walter Byrne	M	53	0:38:38	0:08:54
61	5	Pat Scanlon	M	50	0:38:58	0:08:59
75	6	Steve Woodrow	M	52	0:42:29	0:09:47
MALES, AGES 55 TO 59:						
10	1	Mike Hodak	M	56	0:28:45	0:06:37
38	2	John Swauger	M	58	0:35:21	0:08:09
MALES, AGES 60 TO 64:						
6	1	Chris Scanga	M	60	0:27:27	0:06:19
26	2	Bill Serafin	M	61	0:32:15	0:07:26
70	3	Ed Gondolf	M	62	0:40:44	0:09:23

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
MALES, AGES 65 TO 69:						
109	1	Paul Byrne	M	66	1:02:09	0:14:19
MALES, AGES 70 AND UP:						
65	1	Thomas Swab	M	76	0:39:32	0:09:07
69	2	Tom Dunbar	M	71	0:40:38	0:09:22
83	3	Gehrett Smith	M	77	0:44:06	0:10:10
FEMALES, AGES 13 AND UNDER:						
90	1	Chaise Stiteler	F	13	0:46:06	0:10:37
96	2	Olivia Norman	F	10	0:47:01	0:10:50
FEMALES, AGES 14 TO 17:						
40	1	Taylor Stiteler	F	17	0:35:44	0:08:14
45	2	Alicia Archangelo	F	15	0:36:47	0:08:29
62	3	Taylor Woodrow	F		0:39:13	0:09:02
78	4	Marissa Decker	F	16	0:43:13	0:09:57
79	5	Katee Gresko	F	16	0:43:14	0:09:58
80	6	Victoria Miller	F	16	0:43:14	0:09:58
88	7	Heidi Rodgers	F	16	0:45:53	0:10:34
FEMALES, AGES 18 TO 21:						
43	1	Ashley Archangelo	F	21	0:36:00	0:08:18
47	2	Meghan Mulheren	F	20	0:36:58	0:08:31
73	3	Aly Pajak	F	19	0:41:56	0:09:40
81	4	Ashley Kuntz	F	19	0:43:29	0:10:01
82	5	Bitty Miller	F	20	0:43:53	0:10:07

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
FEMALES, AGES 22 TO 25:						
39	1	Ryan Heather	F	22	0:35:40	0:08:13
51	2	Tara Oleska	F	23	0:37:24	0:08:37
52	3	Marie Wolfe	F	23	0:38:28	0:08:38
54	4	Tausha Clark	F	22	0:37:56	0:08:44
89	5	Stephanie Bailey	F	25	0:46:04	0:10:37
99	6	Shannon Keilman	F	22	0:50:47	0:11:42
102	7	Veronica Rowley	F	25	0:51:56	0:11:58
105	8	Corrin Watson	F	23	0:52:48	0:12:10
FEMALES, AGES 26 TO 29:						
92	1	Meghan Foulk	F	29	0:46:11	0:10:38
108	2	Elizabeth McManus	F	28	0:56:12	0:12:57
FEMALES, AGES 30 TO 34:						
50	1	Kristin Curci	F	33	0:37:19	0:08:36
76	2	Jennifer Baxter	F	34	0:42:36	0:09:49
104	3	Jennifer Bick	F	31	0:52:30	0:12:06
110	4	Amy Haushalter	F	33	1:07:09	0:15:28
FEMALES, AGES 35 TO 39:						
84	1	Wendy Norman	F	39	0:44:31	0:10:15
95	2	Karyl Miller	F	36	0:46:50	0:10:47
107	3	Marilynne Patrick	F	39	0:55:02	0:12:41

RUN FOR THE TRAIL 7K
August 15, 2010
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
FEMALES, AGES 40 TO 44:						
41	1	Aileen Bowman	F	44	0:35:52	0:08:16
48	2	Christine Lasser	F	42	0:36:58	0:08:31
66	3	Kelli Barker	F	40	0:40:13	0:09:16
74	4	Christina Archangelo	F	40	0:42:11	0:09:43
77	5	Margie Sarp	F	41	0:43:07	0:09:56
98	6	Vicki Ryan	F	40	0:49:21	0:11:22
100	7	Michelle McMullen	F	41	0:51:01	0:11:45
FEMALES, AGES 45 TO 49:						
34	1	Mary Jean Bujdos	F	47	0:34:05	0:07:51
53	2	Sue Taylor	F	46	0:37:47	0:08:42
85	3	Mary Brown	F	45	0:45:06	0:10:24
97	4	Donna Dunlap	F	46	0:47:08	0:10:52
FEMALES, AGES 50 TO 54:						
59	1	Linda Leopold	F	53	0:38:47	0:08:56
91	2	Pamela Bailey	F	52	0:46:07	0:10:38
101	3	Cathy Swauger	F	52	0:51:48	0:11:56
103	4	Donna Scanlon	F	52	0:51:57	0:11:58
106	5	Darlene Ulpson	F	54	0:54:30	0:12:33
FEMALES, AGES 55 TO 59:						
71	1	Mary Drass	F	59	0:41:47	0:09:38
72	2	Nancy Demagone	F	58	0:41:56	0:09:40