

# IRRC 4th OF JULY E-NEWS

We hope you are enjoying the 4th of July festivities today. In addition to a picnic a little later today with friends, I have been searching for race results online. IRRC members have been busy running races in Latrobe, Greensburg, Brentwood, and Altoona. More results will show up later in the day. If you ran a race, please be sure to report your results for the next newsletter.

There are races coming up that we hope you are planning to run. This coming Sunday, July 9th, IRRC member Jess Mulvihill will be directing the **Runway 5K** at the Jimmy Stewart Airport. The race takes place on the taxiways (no hills) and is a lot of fun, ask any of the IRRC members who have run it in the past. The race starts early at 7:15 and is followed by a pancake breakfast. Register at <https://runsignup.com/Race/PA/Indiana/JimmyStewartAirportRunway5K>

Of course, IRRC has two races coming up over the next few weeks – The **Run With The Deer Flies 25K & 15K** on Sunday, July 30th and the **Run For The Trail 7K Run & 2-Mile Fun Run/Walk** on August 12th. We are receiving registrations but not many yet from IRRC members. Go to the club web site, [www.indianaroadrunners.com](http://www.indianaroadrunners.com) for links to online and paper registration. Family pricing is available for the 7K/2-Mile, making it a great family outing. Take a few minutes today to register.



The **IRRC Summer Picnic** is coming up fast—Saturday, July 15th—at the home of Dave and Mary Ann Miller, 1686 Philadelphia Street, Indiana. Have you RSVP'd yet? If not, please do so soon. Contact Mary Ann by phone or text at 724 541-0589 or by e-mail to [1686mam@gmail.com](mailto:1686mam@gmail.com) to let her know you are coming and as to what dish you will bringing to share. Good food, great company and lots of games; guaranteed to be a lot of fun—Hula Hoop contest, pool races (bring a towel and a suit), and of course, the Annual Jenga Championships.

To make things even more interesting, I have proposed a new event called Ultimate Jenga. See you at the picnic.