

# RUN FOR THE TRAIL 7K RUN

August 12 2023

Ghost Town Trail Dilltown PA

Conducted by Indiana Road Runners Club

Race Director: Dan Pajak

OVERALL	DIVISION	NAME	GENDER	AGE	TIME	PACE
1	1	RYAN PAJAK	MALE	17	0:23:44	0:05:28
2	2	LUCAS PAJAK	MALE	20	0:24:13	0:05:35
3	3	COLTON HENNING	MALE	16	0:26:16	0:06:03
4	1	LIAM SUGGS	MALE	16	0:28:03	0:06:28
5	1	DEAN BANKO	MALE	39	0:28:44	0:06:37
6	1	BRUCE GOODMAN JR.	MALE	15	0:29:41	0:06:50
7	1	OLIVIA ROBERTS	FEMALE	20	0:29:45	0:06:51
8	2	GARRETT MINNICK	MALE	17	0:30:03	0:06:55
9	2	EDEN BLOOM	FEMALE	27	0:30:07	0:06:56
10	2	ELI ILLIG	MALE	13	0:30:09	0:06:57
11	3	SAMUEL BRANNIGAN	MALE	13	0:30:16	0:06:58
12	1	CODY SRAL	MALE	22	0:30:17	0:06:59
13	1	GRANT CRUSE	MALE	27	0:30:18	0:06:59
14	3	OLIVIA HENNING	FEMALE	14	0:30:40	0:07:04
15	1	TAMMY NAGEL	FEMALE	44	0:31:04	0:07:09
16	1	JOHN HENNING	MALE	43	0:31:18	0:07:13
17	1	SARA GORNICK	FEMALE	15	0:31:28	0:07:15
18	3	TOMMY KAUFFMAN	MALE	17	0:31:44	0:07:19
19	1	JORDANN HICKS	FEMALE	18	0:32:35	0:07:30
20	4	DANIEL CARPENTER	MALE	17	0:32:44	0:07:33
21	5	JIMMY LUCULLO	MALE	17	0:32:56	0:07:35
22	1	CANDI LOCKARD	FEMALE	51	0:32:58	0:07:36
23	1	JOHN CASKEY	MALE	47	0:33:41	0:07:46
24	1	JOE JOHNS	MALE	56	0:33:43	0:07:46
25	2	JASMINE LUCULLO	FEMALE	16	0:34:16	0:07:54
26	3	SAVANNAH HOOVER	FEMALE	16	0:34:41	0:07:59
27	2	LUCA COVATO	MALE	23	0:34:46	0:08:01
28	1	ZACH COLLINS	MALE	42	0:35:06	0:08:05
29	1	ZACHARY D'AMICO	MALE	33	0:35:07	0:08:05
30	4	CALEB FRUSCELLO	MALE	15	0:35:10	0:08:06
31	5	KAZ STOKES	MALE	13	0:35:11	0:08:06
32	6	SYSON OLESKA	MALE	13	0:35:11	0:08:06
33	4	PAITON STEINER	FEMALE	18	0:35:43	0:08:14
34	2	STEVE SRAL	MALE	48	0:36:02	0:08:18
35	6	ELI HOOVER	MALE	16	0:36:09	0:08:20
36	1	AMANDA BLOUGH	FEMALE	25	0:36:11	0:08:20
37	1	DENNY CRUSE	MALE	71	0:36:20	0:08:22
38	5	ELLA MILLER	FEMALE	17	0:36:28	0:08:24
39	1	RACHEL FAAS	FEMALE	35	0:36:40	0:08:29

OVERALL	DIVISION	NAME	GENDER	AGE	TIME	PACE
40	1	MICHELLE BLOOM	FEMALE	24	0:36:43	0:08:28
41	1	HEATHER NUGENT	FEMALE	43	0:36:55	0:08:30
42	2	BILL SERAFIN	MALE	74	0:37:05	0:08:33
43	1	SCOTT SHEARMAN	MALE	54	0:37:07	0:08:33
44	1	BEN PAJAK	MALE	12	0:37:12	0:08:34
45	2	AARON CONWAY	MALE	39	0:37:13	0:08:35
46	7	TYLER FREIDMAN	MALE	15	0:37:16	0:08:35
47	3	JARED BLOOM	MALE	21	0:37:17	0:08:35
48	3	T. MATT PAJAK	MALE	37	0:37:20	0:08:36
49	2	TARA OLESKA	FEMALE	36	0:38:08	0:08:47
50	7	MIKEY KONITSKY	MALE	17	0:38:23	0:08:51
51	1	NOREEN SEE	FEMALE	61	0:38:25	0:08:51
52	2	KOSIE SHEPHERD-PORADA	FEMALE	44	0:38:50	0:08:57
53	2	DARLENE SHAW	FEMALE	51	0:39:22	0:09:04
54	3	BRIAN BROWN	MALE	48	0:40:18	0:09:17
55	1	PAM KAUFFMAN	FEMALE	47	0:40:21	0:09:18
56	2	MIKE HANEY	MALE	42	0:40:40	0:09:22
57	2	MICHAEL LAURENTI	MALE	53	0:40:45	0:09:23
58	1	DAVE MILLER	MALE	65	0:42:12	0:09:43
59	8	OWEN HANEY	MALE	17	0:42:33	0:09:48
60	3	HOLLY PAJAK	FEMALE	52	0:42:56	0:09:54
61	3	JONATHAN CUNKELMAN	MALE	52	0:42:57	0:09:54
62	2	KORTNEY LAMPEL	FEMALE	25	0:43:32	0:10:02
63	8	TY BRENDLINGER	MALE	14	0:43:34	0:10:02
64	9	ISAAC ILLIG	MALE	14	0:43:55	0:10:07
65	1	LUCY HANEY	FEMALE	12	0:44:11	0:10:11
66	3	KATIE THOMAS	FEMALE	35	0:44:49	0:10:20
67	10	ZACH COVALLO	MALE	14	0:46:11	0:10:38
68	2	EVERETT FREEMAN	MALE	8	0:46:52	0:10:48
69	4	TIMOTHY WELSH	MALE	53	0:48:02	0:11:04
70	3	MARK FREEMAN	MALE	44	0:48:07	0:11:05
71	1	JANET STEWART	FEMALE	59	0:51:06	0:11:46
72	2	SCOTT BOWMAN	MALE	58	0:51:22	0:11:50
73	2	GEORGIA HANEY	FEMALE	15	0:51:48	0:11:56
74	3	LAURA HANEY	FEMALE	43	0:51:49	0:11:56
75	1	LAURA DIGIORGIO	FEMALE	66	0:54:47	0:12:37
76	1	CHRISTINE WAGNER	FEMALE	73	0:54:55	0:12:39
77	2	JANINE MAUST	FEMALE	57	0:59:28	0:13:42
78	3	MARY BETH RINE	FEMALE	58	1:01:04	0:14:04
79	4	SANDY ORR	FEMALE	58	1:07:09	0:15:28

**TOP THREE MALES OVERALL:**

<b>1</b>	<b>1</b>	<b>RYAN PAJAK</b>	<b>MALE</b>	<b>17</b>	<b>0:23:44</b>	<b>0:05:28</b>
<b>2</b>	<b>2</b>	<b>LUCAS PAJAK</b>	<b>MALE</b>	<b>20</b>	<b>0:24:13</b>	<b>0:05:35</b>
<b>3</b>	<b>3</b>	<b>COLTON HENNING</b>	<b>MALE</b>	<b>16</b>	<b>0:26:16</b>	<b>0:06:03</b>

OVERALL	DIVISION	NAME	GENDER	AGE	TIME	PACE
<b>TOP MALE MASTER:</b>						
16	1	JOHN HENNING	MALE	43	0:31:18	0:07:13
<b>TOP THREE FEMALES OVERALL:</b>						
7	1	OLIVIA ROBERTS	FEMALE	20	0:29:45	0:06:51
9	2	EDEN BLOOM	FEMALE	27	0:30:07	0:06:56
14	3	OLIVIA HENNING	FEMALE	14	0:30:40	0:07:04
<b>TOP FEMALE MASTER:</b>						
15	1	TAMMY NAGEL	FEMALE	44	0:31:04	0:07:09
<b>MALES AGES 12 AND UNDER:</b>						
44	1	BEN PAJAK	MALE	12	0:37:12	0:08:34
68	2	EVERETT FREEMAN	MALE	8	0:46:52	0:10:48
<b>MALES AGES 13 TO 15:</b>						
6	1	BRUCE GOODMAN JR.	MALE	15	0:29:41	0:06:50
10	2	ELI ILLIG	MALE	13	0:30:09	0:06:57
11	3	SAMUEL BRANNIGAN	MALE	13	0:30:16	0:06:58
30	4	CALEB FRUSCELLO	MALE	15	0:35:10	0:08:06
31	5	KAZ STOKES	MALE	13	0:35:11	0:08:06
32	6	SYSON OLESKA	MALE	13	0:35:11	0:08:06
46	7	TYLER FREIDMAN	MALE	15	0:37:16	0:08:35
63	8	TY BRENDLINGER	MALE	14	0:43:34	0:10:02
64	9	ISAAC ILLIG	MALE	14	0:43:55	0:10:07
67	10	ZACH COVALLO	MALE	14	0:46:11	0:10:38
<b>MALES AGES 16 TO 19:</b>						
4	1	LIAM SUGGS	MALE	16	0:28:03	0:06:28
8	2	GARRETT MINNICK	MALE	17	0:30:03	0:06:55
18	3	TOMMY KAUFFMAN	MALE	17	0:31:44	0:07:19
20	4	DANIEL CARPENTER	MALE	17	0:32:44	0:07:33
21	5	JIMMY LUCULLO	MALE	17	0:32:56	0:07:35
35	6	ELI HOOVER	MALE	16	0:36:09	0:08:20
50	7	MIKEY KONITSKY	MALE	17	0:38:23	0:08:51
59	8	OWEN HANEY	MALE	17	0:42:33	0:09:48

OVERALL	DIVISION	NAME	GENDER	AGE	TIME	PACE
<b>MALES AGES 20 TO 24:</b>						
12	1	CODY SRAL	MALE	22	0:30:17	0:06:59
27	2	LUCA COVATO	MALE	23	0:34:46	0:08:01
47	3	JARED BLOOM	MALE	21	0:37:17	0:08:35
<b>MALES AGES 25 TO 29:</b>						
13	1	GRANT CRUSE	MALE	27	0:30:18	0:06:59
<b>MALES AGES 30 TO 34:</b>						
29	1	ZACHARY D'AMICO	MALE	33	0:35:07	0:08:05
<b>MALES AGES 35 TO 39:</b>						
5	1	DEAN BANKO	MALE	39	0:28:44	0:06:37
45	2	AARON CONWAY	MALE	39	0:37:13	0:08:35
48	3	T. MATT PAJAK	MALE	37	0:37:20	0:08:36
<b>MALES AGES 40 TO 44:</b>						
28	1	ZACH COLLINS	MALE	42	0:35:06	0:08:05
56	2	MIKE HANEY	MALE	42	0:40:40	0:09:22
70	3	MARK FREEMAN	MALE	44	0:48:07	0:11:05
<b>MALES AGES 45 TO 49:</b>						
23	1	JOHN CASKEY	MALE	47	0:33:41	0:07:46
34	2	STEVE SRAL	MALE	48	0:36:02	0:08:18
54	3	BRIAN BROWN	MALE	48	0:40:18	0:09:17
<b>MALES AGE 50 TO 54:</b>						
43	1	SCOTT SHEARMAN	MALE	54	0:37:07	0:08:33
57	2	MICHAEL LAURENTI	MALE	53	0:40:45	0:09:23
61	3	JONATHAN CUNKELMAN	MALE	52	0:42:57	0:09:54
69	4	TIMOTHY WELSH	MALE	53	0:48:02	0:11:04
<b>MALES AGES 55 TO 59:</b>						
24	1	JOE JOHNS	MALE	56	0:33:43	0:07:46
72	2	SCOTT BOWMAN	MALE	58	0:51:22	0:11:50

OVERALL	DIVISION	NAME	GENDER	AGE	TIME	PACE
<b>MALES 60 TO 64:</b>						
<b>MALES 65 TO 69:</b>						
58	1	DAVE MILLER	MALE	65	0:42:12	0:09:43
<b>MALES 70+</b>						
37	1	DENNY CRUSE	MALE	71	0:36:20	0:08:22
42	2	BILL SERAFIN	MALE	74	0:37:05	0:08:33
<b>FEMALES AGES 12 AND UNDER:</b>						
65	1	LUCY HANEY	FEMALE	12	0:44:11	0:10:11
<b>FEMALES AGES 13 TO 15:</b>						
17	1	SARA GORNICK	FEMALE	15	0:31:28	0:07:15
73	2	GEORGIA HANEY	FEMALE	15	0:51:48	0:11:56
<b>FEMALES AGES 16 TO 19:</b>						
19	1	JORDANN HICKS	FEMALE	18	0:32:35	0:07:30
25	2	JASMINE LUCULLO	FEMALE	16	0:34:16	0:07:54
26	3	SAVANNAH HOOVER	FEMALE	16	0:34:41	0:07:59
33	4	PAITON STEINER	FEMALE	18	0:35:43	0:08:14
38	5	ELLA MILLER	FEMALE	17	0:36:28	0:08:24
<b>FEMALES AGES 20 TO 24:</b>						
40	1	MICHELLE BLOOM	FEMALE	24	0:36:43	0:08:28
<b>FEMALES 25 TO 29:</b>						
36	1	AMANDA BLOUGH	FEMALE	25	0:36:11	0:08:20
62	2	KORTNEY LAMPEL	FEMALE	25	0:43:32	0:10:02
<b>FEMALES AGE 30 TO 34:</b>						
<b>FEMALES AGES 35 TO 39:</b>						
39	1	RACHEL FAAS	FEMALE	35	0:36:40	0:08:29
49	2	TARA OLESKA	FEMALE	36	0:38:08	0:08:47
66	3	KATIE THOMAS	FEMALE	35	0:44:49	0:10:20

<b>OVERALL</b>	<b>DIVISION</b>	<b>NAME</b>	<b>GENDER</b>	<b>AGE</b>	<b>TIME</b>	<b>PACE</b>
<b>FEMALES AGES 40 TO 44:</b>						
41	1	HEATHER NUGENT	FEMALE	43	0:36:55	0:08:30
52	2	KOSIE SHEPHERD-PORADA	FEMALE	44	0:38:50	0:08:57
74	3	LAURA HANEY	FEMALE	43	0:51:49	0:11:56
<b>FEMALES AGES 45 TO 49:</b>						
55	1	PAM KAUFFMAN	FEMALE	47	0:40:21	0:09:18
<b>FEMALES AGES 50 TO 54:</b>						
22	1	CANDI LOCKARD	FEMALE	51	0:32:58	0:07:36
53	2	DARLENE SHAW	FEMALE	51	0:39:22	0:09:04
60	3	HOLLY PAJAK	FEMALE	52	0:42:56	0:09:54
<b>FEMALES AGES 55 TO 59:</b>						
71	1	JANET STEWART	FEMALE	59	0:51:06	0:11:46
77	2	JANINE MAUST	FEMALE	57	0:59:28	0:13:42
78	3	MARY BETH RINE	FEMALE	58	1:01:04	0:14:04
79	4	SANDY ORR	FEMALE	58	1:07:09	0:15:28
<b>FEMALES AGES 60 TO 64:</b>						
51	1	NOREEN SEE	FEMALE	61	0:38:25	0:08:51
<b>FEMALES AGES 65 TO 69:</b>						
75	1	LAURA DIGIORGIO	FEMALE	66	0:54:47	0:12:37
<b>FEMALES AGES 70+</b>						
76	1	CHRISTINE WAGNER	FEMALE	73	0:54:55	0:12:39

Timing and Scoring Provided by David Mapes Timing Service Somerset PA  
Results by The Apathetic Timing Service