

# IRRC MEMBER RACE STATS 2024

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Max Cramer	1/4 Mile	0:01:48	0:07:12	Worth The Weight Kids 1/4	Johnstown	PA	8/10/2024
Andy See	2-Mile XC	0:17:23	0:08:41	Western PA Kids Duathlon	Cook Forest	PA	7/20/2024
Amelia Pajak	2-Mile	0:20:07	0:10:03	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Regis Pajak	2-Mile	0:23:35	0:11:47	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Dennis Hudak	2-Miler	0:25:14	0:12:37	Indepence Virtual 2-Miler	W. Heritage	PA	7/6/2024
William Malia	2-Mile	0:25:37	0:12:48	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Stacey Mytrysak	2 Mile	0:26:50	0:13:25	Race Of Champions 2 Mile	Altoona	PA	4/6/2024
Louise Maine	2-Mile	0:27:19	0:13:39	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Darlene Hudak	2-Miler	0:27:50	0:13:55	Indepence Virtual 2-Miler	W. Heritage	PA	7/6/2024
Darlene Hudak	2-Mile	0:29:05	0:14:32	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Louise Maine	2-Mile	0:29:23	0:14:41	Slickville Coal Mine Climb	Slickville	PA	8/10/2024
Shelia Malia	2-Mile	0:30:39	0:15:19	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Joshua Collins	2-Mile	0:31:25	0:15:42	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Esther Collins	2-Mile	0:31:26	0:15:43	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Dennis Hudak	2-Mile	0:35:30	0:17:45	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Giny Serafin	2-Mile	0:39:36	0:19:48	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Eric McQuiston	2-Mile	0:41:46	0:20:53	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Avery McQuiston	2-Mile	0:41:46	0:20:53	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Terri McQuiston	2-Mile	0:41:47	0:20:53	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Patty Pajak	2-Mile	0:43:03	0:01495	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Claire Pajak	2-Mile	0:43:07	0:21:33	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Quinn Pajak	2-Mile	0:43:07	0:21:33	Run For The Trail 2-Mile	Dilltown	PA	8/10/2024
Dean Banko	5K	0:17:50	0:05:45	Fool's Run 5K	Black Lick	PA	4/6/2024
Dean Banko	5K	0:17:57	0:05:47	Shamrock Run 5K	Cranberry	PA	3/2/2024
Dean Banko	5K	0:18:01	0:05:49	Cupid's Chase 5K	Latrobe	PA	2/10/2024
Dean Banko	5K	0:18:06	0:05:50	Bunny Dash 5K	Portage	PA	3/30/2024
Dean Banko	5K	0:18:21	0:05:55	Ellport Boro Community 5K	Ellwood City	PA	3/2/2024
Dean Banko	5K	0:18:25	0:05:56	Boston Trail 5K	Boston	PA	4/13/2024
Dean Banko	5K	0:18:31	0:05:58	Scottsdale Fall Festival 5K	Scottsdale	PA	9/21/2024
Dean Banko	5K	0:18:32	0:05:59	Race To The Moon 5K	Apollo	PA	7/20/2024
Dean Banko	5K	0:18:37	0:06:00	Hoodlebug 5K	Homer City	PA	9/8/2024

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Dean Banko	5K	0:18:44	0:06:03	March Mad Dash 5K	Allison Park	PA	3/9/2024
Dean Banko	5K	0:18:46	0:06:03	Second Chance 5K	St Michael	PA	8/10/2024
Dean Banko	5K	0:19:02	0:06:08	Runway 5K	Indiana	PA	7/11/2024
Grant Cruse	5K	0:19:03	0:06:09	Quota Club 5K	Indiana	PA	6/1/2024
Kaiden Branan	5K	0:19:07	0:06:10	Fool's Run 5K	Black Lick	PA	4/6/2024
Dean Banko	5K	0:19:12	0:06:12	Elderton 5K	Elderton	PA	5/17/2024
Grant Cruse	5K	0:19:12	0:06:12	Hoodlebug 5K	Homer City	PA	9/8/2024
Dean Banko	5K	0:19:20	0:06:14	Gabriel Lee Friedline 5K	Bedford	PA	5/26/2024
Grant Cruse	5K	0:19:34	0:06:19	Bill & Jill Memorial 5K	South Fork	PA	6/15/2024
Grant Cruse	5K	0:19:34	0:06:19	EC Men Tim Rigby Faith 5K	Johnstown	PA	8/24/2024
Dean Banko	5K	0:19:44	0:06:22	Chernisky Classic 5K	Ebensburg	PA	7/6/2024
Grant Cruse	5K	0:19:51	0:06:24	Stoyestown Anniv. 5K	Stoyestown	PA	6/8/2024
Grant Cruse	5K	0:20:09	0:06:30	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Dean Banko	5K	0:20:09	0:06:30	Worth The Weight 5K	Johnstown	PA	8/10/2024
Dean Banko	5K	0:20:24	0:06:35	Fire & Ice 5K	Somerset	PA	1/13/2024
Grant Cruse	5K	0:20:38	0:06:39	Shamrock Shake 5K	Johnstown	PA	3/2/2024
Grant Cruse	5K	0:20:48	0:06:43	Icefest Freeze Your Ice Off	Chamberburg	PA	1/28/2024
Tammy Slusser	5K	0:20:51	0:06:44	Carnegie 5K	Carnegie	PA	4/27/2024
Joe Ankney	5K	0:20:52	0:06:44	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Dean Banko	5K	0:20:57	0:06:45	State Line Streak 5K	Darlington	PA	7/27/2024
Grant Cruse	5K	0:21:30	0:06:56	St. Thomas Church 150th	Johnstown	PA	3/30/2024
Caleb Fruscello	5K	0:21:31	0:06:56	Brentwood Firecracker 5K	Pittsburgh	PA	7/4/2024
Grant Cruse	5K	0:21:37	0:06:58	Set Your Year On Fire 5K	Ligonier	PA	1/7/2024
Tammy Slusser	5K	0:21:42	0:07:00	Charleroi Little Great Race	Charleroi	PA	9/7/2024
Tammy Slusser	5K	0:21:50	0:07:03	Rails To Trails 5K	Barnesville	OH	5/18/2024
Ray Guzic	5K	0:21:57	0:07:05	Jim Mayer Trail 5K	Johnstown	PA	9/7/2024
Ray Guzic	5K	0:22:04	0:07:07	Firecracker 5K	Rehoboth Beach	DE	7/6/2024
Mindy Sawtelle-Zottola	5K	0:22:30	0:07:15	Peanut Butter Festival 5K	New Bethlehem	PA	9/21/2024
Tammy Slusser	5K	0:22:32	0:07:16	St. Barnabas Free Care 5K	Gibsonia	PA	8/3/2024
Tammy Slusser	5K	0:22:34	0:07:17	Turtle Trot 5K	Turtle Creek	PA	7/27/2024
Herb Cratty	5K	0:22:53	0:07:23	Muskie 5K	Jamestown	PA	5/8/2024
Laura Yevchak	5K	0:22:57	0:07:24	Neptune Fire Dept. 5K	Tyrone	PA	6/15/2024
Courtney Collins	5K	0:23:07	0:07:27	Steelers 5K Run	Pittsburgh	PA	9/2/2024

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Mark Stern	5K	0:23:08	0:07:28	Hoodlebug 5K	Homer City	PA	9/8/2024
Grant Cruse	5K	0:23:12	0:07:29	Fire & Ice 5K	Somerset	PA	1/13/2024
Laura Yevchak	5K	0:23:15	0:07:30	Bunny Dash 5K	Portage	PA	3/30/2024
Zach Collins	5K	0:23:17	0:07:31	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Herb Cratty	5K	0:24:08	0:07:47	Set Your Year On Fire 5K	Ligonier	PA	1/7/2024
Laura Yevchak	5K	0:24:08	0:07:47	City Dogs Run Cleveland 5K	Cleveland	OH	6/22/2024
Tad Pajak	5K	0:24:31	0:07:55	Hoodlebug 5K	Homer City	PA	9/8/2024
Tommy Kauffman	5K	0:24:43	0:07:58	Fool's Run 5K	Black Lick	PA	4/6/2024
Denny Cruse	5K	0:24:49	0:08:00	Jim Mayer Trail 5K	Johnstown	PA	9/7/2024
Dave Miller	5K	0:24:53	0:08:02	Hoodlebug 5K	Homer City	PA	9/8/2024
Denny Cruse	5K	0:24:54	0:08:02	Quota Club 5K	Indiana	PA	6/1/2024
Andy See	5K	0:24:54	0:08:02	Hoodlebug 5K	Homer City	PA	9/8/2024
Andy See	5K	0:24:58	0:08:03	Quota Club 5K	Indiana	PA	6/1/2024
Denny Cruse	5K	0:25:01	0:08:04	Ebensburg Homecoming	Ebensburg	PA	7/27/2024
Andy See	5K	0:25:17	0.00566	Peanut Butter Festival 5K	New Bethlehem	PA	9/21/2024
Kosie Shepherd-Porada	5K	0:25:25	0.00569	Cupid's Chase 5K	Latrobe	PA	2/10/2024
Denny Cruse	5K	0:25:33	0:08:15	EC Men Tim Rigby Faith 5K	Johnstown	PA	8/24/2024
Denny Cruse	5K	0:25:47	0:08:19	Fool's Run 5K	Black Lick	PA	4/6/2024
Denny Cruse	5K	0:25:47	0:08:19	Path Of The Flood 5K	Johnstown	PA	5/24/2024
Barb Barger	5K	0:25:48	0:08:19	Hoodlebug 5K	Homer City	PA	9/8/2024
Kosie Shepherd-Porada	5K	0:26:00	0:08:23	Quota Club 5K	Indiana	PA	6/1/2024
Denny Cruse	5K	0:26:02	0:08:24	Shamrock Shake 5K	Johnstown	PA	3/2/2024
Denny Cruse	5K	0:26:05	0:08:25	Icefest Freeze Your Ice Off	Chamberburg	PA	1/28/2024
Noreen See	5K	0:26:12	0:08:27	Quota Club 5K	Indiana	PA	6/1/2024
Denny Cruse	5K	0:26:29	0:08:33	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Gina Siffri	5K	0:26:36	0:08:35	Underground RR 5K	Indiana	PA	9/7/2024
Kosie Shepherd-Porada	5K	0:26:38	0:08:35	Butler's Back The Blue 5K	Butler	PA	5/19/2024
Kosie Shepherd-Porada	5K	0:26:39	0:08:36	Race Of Champions 5K	Altoona	PA	4/6/2024
Kosie Shepherd-Porada	5K	0:26:43	0:08:37	Hoodlebug 5K	Homer City	PA	9/8/2024
Kosie Shepherd-Porada	5K	0:26:47	0:08:38	Stoyestown Anniv. 5K	Stoyestown	PA	6/8/2024
Ray Guzic	5K	0:27:01	0:08:43	Run The Park 5K	Johnstown	PA	8/24/2024
Denny Cruse	5K	0:27:12	0:08:46	Bill & Jill Memorial 5K	South Fork	PA	6/15/2024
Mark Stern	5K	0:27:26	0:08:51	Pittsburgh Marathon 5K	Pittsburgh	PA	5/3/2024

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Tara Oleska	5K	0:27:27	0:08:51	Runway 5K	Indiana	PA	7/11/2024
Denny Cruse	5K	0:27:28	0:08:52	Chernisky Classic 5K	Ebensburg	PA	7/6/2024
Noreen See	5K	0:27:31	0:08:53	Hoodlebug 5K	Homer City	PA	9/8/2024
Randy Mallory	5K	0:27:32	0:08:53	Hoodlebug 5K	Homer City	PA	9/8/2024
Brenda Jemurgo	5K	0:27:35	0:08:54	Fool's Run 5K	Black Lick	PA	4/6/2024
Denny Cruse	5K	0:27:50	0:08:59	St. Thomas Church 150th	Johnstown	PA	3/30/2024
Noreen See	5K	0:27:57	0:09:01	Western PA Kids Duathlon	Cook Forest	PA	7/20/2024
Noreen See	5K	0:28:12	0:09:06	Elderton 5K	Elderton	PA	5/17/2024
Tim Welsh	5K	0:28:12	0:09:06	Hoodlebug 5K	Homer City	PA	9/8/2024
Noreen See	5K	0:28:19	0:09:08	Peanut Butter Festival 5K	New Bethlehem	PA	9/21/2024
Meg Larko	5K	0:28:26	0:09:10	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Randy Mallory	5K	0:28:27	0:09:11	Runway 5K	Indiana	PA	7/11/2024
Katie Thomas	5K	0:28:33	0:09:13	Hoodlebug 5K	Homer City	PA	9/8/2024
Ethan Foulk	5K	0:28:35	0:09:13	Runway 5K	Indiana	PA	7/11/2024
Kosie Shepherd-Porada	5K	0:28:40	0:09:15	Resolution Run 5K	New Alexandria	PA	1/6/2024
Kayleigh Zottola	5K	0:28:53	0:09:19	Peanut Butter Festival 5K	New Bethlehem	PA	9/21/2024
Julie Shirley	5K	0:28:59	0:09:21	Fool's Run 5K	Black Lick	PA	4/6/2024
Patrick Yewcic	5K	0:29:07	0:09:24	Steelers 5K Run	Pittsburgh	PA	9/2/2024
Tim Welsh	5K	0:29:21	0:09:28	Quota Club 5K	Indiana	PA	6/1/2024
Ron Orr	5K	0:29:28	0:09:30	First Flight Pirates 5K	Kill Devil Hill	NC	4/20/2024
Ginny Winters	5K	0:29:28	0:09:30	Runway 5K	Indiana	PA	7/11/2024
Jonathan Cunkelman	5K	0:29:31	0:09:31	Benezette Bugle 5K	Benezette	PA	5/4/2024
Stephanie Daniels	5K	0:29:31	0:09:31	Hyatt's Run With The Angels	Jennerstown	PA	9/7/2024
Denny Cruse	5K	0:29:32	0:09:32	Set Your Year On Fire 5K	Ligonier	PA	1/7/2024
Carl Leer	5K	0:29:35	0:09:33	Hyatt's Run With The Angels	Jennerstown	PA	9/7/2024
Tim Welsh	5K	0:29:40	0:09:34	Runway 5K	Indiana	PA	7/11/2024
Denny Cruse	5K	0:29:43	0:09:35	Fire & Ice 5K	Somerset	PA	1/13/2024
Meghan Foulk	5K	0:29:54	0:09:39	Runway 5K	Indiana	PA	7/11/2024
Teddy Mulvihill	5K	0:29:54	0:09:39	Runway 5K	Indiana	PA	7/11/2024
Kayleigh Zottola	5K	0:29:58	0:09:40	Ford City 5K	Ford City	PA	7/6/2024
Courtney Rozsi	5K	0:30:04	0:09:42	Hoodlebug 5K	Homer City	PA	9/8/2024
Julie Shirley	5K	0:30:05	0:09:42	Kiski Area Shamrock 5K	Apollo	PA	3/23/2024
Courtney Collins	5K	0:30:28	0:09:50	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024

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Tim Welsh	5K	0:30:29	0:09:50	Trooper Iwaniec Takeoff 5K	Latrobe	PA	4/20/2024
Tim Welsh	5K	0:30:31	0:09:51	Bunny Dash 5K	Portage	PA	3/30/2024
Denny Cruse	5K	0:30:49	0:09:56	Stoyestown Anniv. 5K	Stoyestown	PA	6/8/2024
Jonathan Cunkelman	5K	0:30:54	0:09:58	David Hutton Memorial 5K	Emporium	PA	8/17/2024
Kelsey Thompson	5K	0:30:59	0:10:00	Runway 5K	Indiana	PA	7/11/2024
Mary Ellen Stern	5K	0:31:02	0:10:01	Hoodlebug 5K	Homer City	PA	9/8/2024
Tim Welsh	5K	0:31:10	0:10:03	EC Men Tim Rigby Faith 5K	Johnstown	PA	8/24/2024
Ian Mallory	5K	0:31:15	0:10:05	Fool's Run 5K	Black Lick	PA	4/6/2024
Jonathan Cunkelman	5K	0:31:19	0:00702	Fool's Run 5K	Black Lick	PA	4/6/2024
Tim Welsh	5K	0:31:36	0:10:12	Freedom 5K	Greensbrug	PA	7/4/2024
Tim Welsh	5K	0:31:42	0:10:14	Lighthouse 5K	Corolla	NC	5/22/2024
Jonathan Cunkelman	5K	0:31:49	0:10:16	Resolution Run 5K	New Alexandria	PA	1/6/2024
Janet Stewart	5K	0:32:04	0:10:21	Shamrock Shake 5K	Johnstown	PA	3/2/2024
Sherri Berezansky	5K	0:32:08	0:10:22	Hoodlebug 5K	Homer City	PA	9/8/2024
Shawn Berezansky	5K	0:32:08	0:10:22	Hoodlebug 5K	Homer City	PA	9/8/2024
Candy McQuiston	5K	0:32:11	0:10:23	Hoodlebug 5K	Homer City	PA	9/8/2024
Marco Pilotta	5K	0:32:18	0:10:25	Hope In The Vineyard 5K	Hunker	PA	7/13/2024
Kelsey Thompson	5K	0:32:18	0:10:25	Hope In The Vineyard 5K	Hunker	PA	7/13/2024
Janet Stewart	5K	0:32:19	0:10:25	Kiski Area Shamrock 5K	Apollo	PA	3/23/2024
Courtney Rozsi	5K	0:32:20	0:10:26	Worth The Weight 5K	Johnstown	PA	8/10/2024
Tom Kauffman	5K	0:32:22	0:10:26	Fool's Run 5K	Black Lick	PA	4/6/2024
Tim Welsh	5K	0:32:26	0:10:28	Shamrock Shake 5K	Johnstown	PA	3/2/2024
William Malia	5K	0:32:27	0:10:28	Hoodlebug 5K	Homer City	PA	9/8/2024
Stacey Mytrysak	5K	0:32:58	0:10:38	Hollidaysburg Canoe Creek 5K	Hollidaysburg	PA	8/3/2024
Cleia Stern	5K	0:33:04	0:00741	Hoodlebug 5K	Homer City	PA	9/8/2024
Sherri Berezansky	5K	0:33:55	0:10:56	Runway 5K	Indiana	PA	7/11/2024
Ron Orr	5K	0:33:56	0:10:57	Runway 5K	Indiana	PA	7/11/2024
Max Cramer	5K	0:34:11	0:11:02	Cupid's Chase 5K	Latrobe	PA	2/10/2024
Stacey Mytrysak	5K	0:34:11	0:11:02	Hoodlebug 5K	Homer City	PA	9/8/2024
Kevin Thomson	5K	0:34:14	0:11:03	Cupid's Chase 5K	Latrobe	PA	2/10/2024
Lecinda Yevchak	5K	0:34:15	0:11:03	Neptune Fire Dept. 5K	Tyrone	PA	6/15/2024
Lilly Mytrysak	5K	0:34:25	0:11:06	Hoodlebug 5K	Homer City	PA	9/8/2024
Eric Eckman	5K	0:34:33	0:11:09	Ford City 5K	Ford City	PA	7/6/2024

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Max Cramer	5K	0:34:39	0:11:11	Fool's Run 5K	Black Lick	PA	4/6/2024
Scott Bowman	5K	0:34:43	0:11:12	Runway 5K	Indiana	PA	7/11/2024
Max Cramer	5K	0:35:13	0:11:22	Hoodlebug 5K	Homer City	PA	9/8/2024
Stacey Mytrysak	5K	0:35:14	0:11:22	Hope In The Vineyard 5K	Hunker	PA	7/13/2024
Don Slusser	5K	0:36:05	0:11:38	Turtle Trot 5K	Turtle Creek	PA	7/27/2024
Gabe Belak	5K	0:36:09	0:11:40	Charleroi Little Great Race	Charleroi	PA	9/7/2024
Gillis Brison	5K	0:36:14	0:11:41	Hoodlebug 5K	Homer City	PA	9/8/2024
Don Slusser	5K	0:36:17	0:11:42	Rails To Trails 5K	Barnesville	OH	5/18/2024
Tim Welsh	5K	0:36:18	0:11:43	Slickville Coal Mine Climb	Slickville	PA	8/10/2024
Joshua Collins	5K	0:36:23	0:11:44	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Kevin Thomson	5K	0:36:28	0:11:46	Fool's Run 5K	Black Lick	PA	4/6/2024
Colleen Gearhart	5K	0:36:30	0:11:46	Hoodlebug 5K	Homer City	PA	9/8/2024
Kevin Thomson	5K	0:36:34	0:11:48	Fire & Ice 5K	Somerset	PA	1/13/2024
Michele Belak	5K	0:36:41	0:11:50	Charleroi Little Great Race	Charleroi	PA	9/7/2024
Jess Barger	5K	0:36:43	0:11:51	Fool's Run 5K	Black Lick	PA	4/6/2024
Max Cramer	5K	0:36:56	0:11:55	St. Thomas Church 150th	Johnstown	PA	3/30/2024
Kevin Thomson	5K	0:37:04	0:11:57	Path Of The Flood 5K	Johnstown	PA	5/24/2024
Kevin Thomson	5K	0:37:05	0:11:58	Banana Run 5K	Latrobe	PA	8/24/2024
Max Cramer	5K	0:37:08	0:11:59	Banana Run 5K	Latrobe	PA	8/24/2024
Kevin Thomson	5K	0:37:09	0:11:59	Hoodlebug 5K	Homer City	PA	9/8/2024
Janet Stewart	5K	0:37:15	0:12:01	Greenhouse Wine Run 5K	Irwin	PA	6/2/2024
Kevin Thomson	5K	0:37:20	0:12:03	Resolution Run 5K	New Alexandria	PA	1/6/2024
Leah Dever	5K	0:37:29	0:12:05	Gulf Coast Firecracker 5K	Naples	FL	7/4/2024
Leah Dever	5K	0:37:34	0:12:07	Paradise Coast 5K	Naples	FL	4/6/2024
William Malia	5K	0:37:44	0:12:10	Fool's Run 5K	Black Lick	PA	4/6/2024
Cathy Swauger	5K	0:37:47	0:12:11	Quota Club 5K	Indiana	PA	6/1/2024
Leah Dever	5K	0:37:48	0:12:12	Baker Park 5K	Naples	FL	3/9/2024
Gabe Belak	5K	0:37:53	0:12:13	Yough Band On The Run 5K	Yough	PA	4/13/2024
Kevin Thomson	5K	0:37:54	0:12:14	Set Your Year On Fire 5K	Ligonier	PA	1/7/2024
Michele Belak	5K	0:37:54	0:12:14	Yough Band On The Run 5K	Yough	PA	4/13/2024
Don Slusser	5K	0:37:55	0:12:14	St. Barnabas Free Care 5K	Gibsonia	PA	8/3/2024
Colleen Gearhart	5K	0:38:01	0:12:16	Runway 5K	Indiana	PA	7/11/2024
Max Cramer	5K	0:38:06	0:12:17	Set Your Year On Fire 5K	Ligonier	PA	1/7/2024

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Gabe Belak	5K	0:38:21	0:12:22	Tornrace Trot 5K	Torrance	PA	8/24/2024
Colleen Gearhart	5K	0:38:43	0:12:29	Ford City 5K	Ford City	PA	7/6/2024
Kevin Thomson	5K	0:38:51	0:12:32	St. Thomas Church 150th	Johnstown	PA	3/30/2024
Donna Scanlon	5K	0:38:55	0:12:33	Fool's Run 5K	Black Lick	PA	4/6/2024
Stephanie Brocious	5K	0:39:03	0:12:36	Butler's Back The Blue 5K	Butler	PA	5/19/2024
Alyssa Thomson	5K	0:39:10	0:12:38	Cupid's Chase 5K	Latrobe	PA	2/10/2024
Colleen Gearhart	5K	0:39:17	0:12:40	Run Like A Mother 5K	Portersville	PA	5/17/2024
Kristina Mallory	5K	0:39:20	0:12:41	Fool's Run 5K	Black Lick	PA	4/6/2024
Gabe Belak	5K	0:39:22	0:12:42	Monroeville Run For Peace	Monroeville	PA	9/21/2024
Michele Belak	5K	0:39:23	0:12:42	Monroeville Run For Peace	Monroeville	PA	9/21/2024
Eric Eckman	5K	0:39:40	0:12:48	Run Like A Mother 5K	Portersville	PA	5/17/2024
Colleen Gearhart	5K	0:39:40	0:12:48	Elderton 5K	Elderton	PA	5/17/2024
Lilly Mytrysak	5K	0:39:47	0:12:50	Runway 5K	Indiana	PA	7/11/2024
Stacey Mytrysak	5K	0:39:48	0:12:50	Runway 5K	Indiana	PA	7/11/2024
Colleen Gearhart	5K	0:39:57	0:12:53	Butler's Back The Blue 5K	Butler	PA	5/19/2024
Michele Belak	5K	0:40:00	0:12:54	Hoodlebug 5K	Homer City	PA	9/8/2024
Colleen Gearhart	5K	0:40:03	0:12:55	Underground RR 5K	Indiana	PA	9/7/2024
Don Slusser	5K	0:40:10	0:12:57	Carnegie 5K	Carnegie	PA	4/27/2024
Colleen Gearhart	5K	0:40:24	0:13:02	Haviv/Voice 5K	Worthington	PA	4/27/2024
Kevin Thomson	5K	0:40:24	0:13:02	Hyatt's Run With The Angels	Jennerstown	PA	9/7/2024
Stephanie Brocious	5K	0:40:34	0:13:05	Elderton VFD 5K	Elderton	PA	7/12/2024
Max Cramer	5K	0:40:34	0:13:05	Hyatt's Run With The Angels	Jennerstown	PA	9/7/2024
Kevin Thomson	5K	0:40:40	0:13:07	Laurel Highlands Gym 5K	Somerset	PA	6/1/2024
Collen Gearhart	5K	0:40:41	0:13:07	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Kathryn Edmondson	5K	0:41:28	0:13:23	Fool's Run 5K	Black Lick	PA	4/6/2024
Colleen Gearhart	5K	0:41:38	0:13:26	Elderton VFD 5K	Elderton	PA	7/12/2024
Michael Porada	5K	0:42:56	0:13:51	Stoyestown Anniv. 5K	Stoyestown	PA	6/8/2024
Mary Beth Rine	5K	0:43:12	0:13:56	Runway 5K	Indiana	PA	7/11/2024
Mary Beth Rine	5K	0:44:04	0:14:13	Hoodlebug 5K	Homer City	PA	9/8/2024
Mary Beth Rine	5K	0:44:14	0:14:16	Peanut Butter Festival 5K	New Bethlehem	PA	9/21/2024
Max Cramer	5K	0:45:16	0:14:36	Freedom 5K	Greensbrug	PA	7/4/2024
Kevin Thomson	5K	0:45:43	0:14:45	Freedom 5K	Greensbrug	PA	7/4/2024
Jayna Doutt	5K	0:46:11	0:14:54	Hoodlebug 5K	Homer City	PA	9/8/2024

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
John Bomboy	5K	0:46:16	0:14:55	Hoodlebug 5K	Homer City	PA	9/8/2024
Gabe Belak	5K	0:46:27	0:14:59	Slickville Coal Mine Climb	Slickville	PA	8/10/2024
Michele Belak	5K	0:46:28	0:14:59	Slickville Coal Mine Climb	Slickville	PA	8/10/2024
Bill Leydic	5K	0:46:35	0:15:02	Maine Coast 5K	Wells	ME	5/4/2024
Mary Ellen Stern	5K	0:46:47	0:15:05	Pittsburgh Marathon 5K	Pittsburgh	PA	5/3/2024
Peggy Bomboy	5K	0:47:01	0:15:10	Hoodlebug 5K	Homer City	PA	9/8/2024
Alyssa Thomson	5K	0:47:17	0:15:15	Freedom 5K	Greensbrug	PA	7/4/2024
April Croyle	5K	0:47:21	0:15:16	Elderton 5K	Elderton	PA	5/17/2024
Mary Beth Rine	5K	0:47:42	0:15:23	Freedom 5K	Greensbrug	PA	7/4/2024
Peggy Bomboy	5K	0:48:14	0:15:34	Fool's Run 5K	Black Lick	PA	4/6/2024
John Bomboy	5K	0:48:15	0:15:34	Fool's Run 5K	Black Lick	PA	4/6/2024
Shayna Wensel	5K	0:48:30	0:15:39	Hoodlebug 5K	Homer City	PA	9/8/2024
Shelia Malia	5K	0:48:52	0:15:46	Hoodlebug 5K	Homer City	PA	9/8/2024
April Croyle	5K	0:48:58	0:15:48	Elderton VFD 5K	Elderton	PA	7/12/2024
Kosie Shepherd-Porada	5K	0:50:06	0:16:10	Kiski Area Shamrock 5K	Apollo	PA	3/23/2024
Allen Shirley	5K	0:50:07	0:16:10	Fool's Run 5K	Black Lick	PA	4/6/2024
Mary Beth Rine	5K	0:50:19	0:16:14	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Max Cramer	5K	0:51:14	0:16:32	Path Of The Flood 5K	Johnstown	PA	5/24/2024
Shelia Malia	5K	0:53:25	0:17:14	Fool's Run 5K	Black Lick	PA	4/6/2024
Richard Terek	5K	0:53:38	0:17:18	Monroeville Run For Peace	Monroeville	PA	9/21/2024
Richard Terek	5K	0:54:03	0:17:26	Hoodlebug 5K	Homer City	PA	9/8/2024
Esther Collins	5K	1:02:39	0:20:13	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Bill Collins	5K	1:02:40	0:20:13	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Jude Collins	5K	1:15:26	0:24:20	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Becky Collins	5K	1:15:27	0:24:20	Indiana Cty. Donut Dash 5K	Indiana	PA	4/13/2024
Candi Lockard	30K	3:15:43	1:03:08	On The Dam Que 30K	Hooversville	PA	4/27/2024
Dean Banko	3.5 Miler	0:28:32	0:08:09	Mt. Summit Challenge	Hopwood	PA	4/28/2024
Stacey Mytrysak	6K	0:45:21	0:12:11	Diamond Dash 6K	Holidaysburg	PA	5/11/2024
Dean Banko	4 Miler	0:24:13	0:06:03	4 Ever Yours 4 Miler	North Park	PA	2/11/2024
Dean Banko	4 Miler	0:24:56	0:06:14	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024
Tammy Slusser	4-Miler	0:28:36	0:07:09	Bridgeton 4 On The 4th	Bridgeton	ME	7/4/2024
Kosie Shepherd-Porada	4 Miler	0:36:06	0:09:01	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024
Jonathan Cunkelman	4 Miler	0:39:20	0:09:50	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024



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Janet Stewart	4 Miler	0:47:16	0:11:49	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024
Don Slusser	4-Miler	0:49:13	0:12:18	Bridgeton 4 On The 4th	Bridgeton	ME	7/4/2024
Gabe Belak	4 Miler	0:54:05	0:13:31	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024
Michele Belak	4 Miler	0:54:06	0:13:31	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024
Colleen Gearhart	4 Miler	0:56:56	0:14:14	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024
Mary Beth Rine	4 Miler	1:01:31	0:15:23	Groundhog Jog 4 Miler	Punxsutawney	PA	2/3/2024
Dean Banko	7K	0:26:49	0:06:11	Run For The Trail 7K	Dilltown	PA	8/10/2024
Grant Cruse	7K	0:27:43	0:06:23	Run For The Trail 7K	Dilltown	PA	8/10/2024
Caleb Fruscello	7K	0:29:50	0:06:52	Run For The Trail 7K	Dilltown	PA	8/10/2024
Brook DiGiorgio	7K	0:32:45	0:07:33	Run For The Trail 7K	Dilltown	PA	8/10/2024
Ben Pajak	7K	0:33:56	0:07:49	Run For The Trail 7K	Dilltown	PA	8/10/2024
Mark Stern	7K	0:34:08	0:07:52	Run For The Trail 7K	Dilltown	PA	8/10/2024
Jen Grim	7K	0:35:36	0:08:12	Run For The Trail 7K	Dilltown	PA	8/10/2024
Denny Cruse	7K	0:35:43	0:08:14	Run For The Trail 7K	Dilltown	PA	8/10/2024
Andy See	7K	0:36:51	0:08:29	Run For The Trail 7K	Dilltown	PA	8/10/2024
Dan McQuiuston	7K	0:37:12	0:08:34	Run For The Trail 7K	Dilltown	PA	8/10/2024
Chris Lasser	7K	0:38:36	0:08:54	Run For The Trail 7K	Dilltown	PA	8/10/2024
Bill Serafin	7K	0:38:49	0:08:57	Run For The Trail 7K	Dilltown	PA	8/10/2024
Kosie Shepherd-Porada	7K	0:39:13	0:09:02	Run For The Trail 7K	Dilltown	PA	8/10/2024
Gina Siffri	7K	0:40:44	0:09:23	Run For The Trail 7K	Dilltown	PA	8/10/2024
Noreen See	7K	0:40:57	0:09:26	Run For The Trail 7K	Dilltown	PA	8/10/2024
Meghan Foulk	7K	0:40:59	0:09:27	Run For The Trail 7K	Dilltown	PA	8/10/2024
Ginny Winters	7K	0:41:07	0:09:28	Run For The Trail 7K	Dilltown	PA	8/10/2024
Zach Collins	7K	0:41:39	0:09:36	Run For The Trail 7K	Dilltown	PA	8/10/2024
Ria Fruscello	7K	0:41:39	0:09:36	Run For The Trail 7K	Dilltown	PA	8/10/2024
Courtney Collins	7K	0:41:48	0:09:38	Run For The Trail 7K	Dilltown	PA	8/10/2024
Brigette DiGiorgio	7K	0:44:13	0:10:11	Run For The Trail 7K	Dilltown	PA	8/10/2024
Jeff Grim	7K	0:44:49	0:10:20	Run For The Trail 7K	Dilltown	PA	8/10/2024
Kelsey Thompson	7K	0:46:25	0:10:42	Run For The Trail 7K	Dilltown	PA	8/10/2024
Marco Pilotta	7K	0:46:26	0:10:42	Run For The Trail 7K	Dilltown	PA	8/10/2024
Mary Ellen Stern	7K	0:48:07	0:11:05	Run For The Trail 7K	Dilltown	PA	8/10/2024
Cleia Stern	7K	0:48:08	0:11:05	Run For The Trail 7K	Dilltown	PA	8/10/2024
Brandon DiGiorgio	7K	0:50:09	0:11:33	Run For The Trail 7K	Dilltown	PA	8/10/2024

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Scott Bowman	7K	0:50:34	0:11:39	Run For The Trail 7K	Dilltown	PA	8/10/2024
Chris Wagner	7K	0:56:25	0:13:00	Run For The Trail 7K	Dilltown	PA	8/10/2024
Max Cramer	7K	0:57:21	0:13:13	Run For The Trail 7K	Dilltown	PA	8/10/2024
Kevin Thomson	7K	0:57:23	0:13:13	Run For The Trail 7K	Dilltown	PA	8/10/2024
Colleen Gearhart	7K	0:57:37	0:13:17	Run For The Trail 7K	Dilltown	PA	8/10/2024
Michele Belak	7K	0:59:58	0:13:49	Run For The Trail 7K	Dilltown	PA	8/10/2024
Janine Maust	7K	1:01:33	0:14:11	Run For The Trail 7K	Dilltown	PA	8/10/2024
Mary Beth Rine	7K	1:02:46	0:14:28	Run For The Trail 7K	Dilltown	PA	8/10/2024
Tim Welsh	8K	0:50:28	0:10:10	Maple Festival 8K	Meyersdale	PA	4/27/2024
Dean Banko	5-Miler	0:32:08	0:00446	Firecracker 5-Miler	Latrobe	PA	6/29/2024
Dean Banko	5 Miler	0:41:27	0:08:17	Oil Creek 5 Miler	Titusville	PA	5/17/2024
Kosie Shepherd-Porada	5-Miler	0:45:32	0:09:06	Firecracker 5-Miler	Latrobe	PA	6/29/2024
Kosie Shepherd-Porada	5-Miler	0:45:46	0:09:09	Butler Road Race 5-Miler	Butler	PA	6/22/2024
Tim Welsh	5-Miler	0:55:26	0:11:05	Firecracker 5-Miler	Latrobe	PA	6/29/2024
Ray Guzic	5 Miler	0:57:46	0:11:33	Greenwood Furnace Snow	Huntingdon	PA	1/20/2024
Kevin Thomson	5 Miler	1:01:46	0:12:21	Spring ThAw 5 Miler	Allison Park	PA	2/24/2024
Steve Pagano	5 Miler	1:02:05	0:12:25	Greenwood Furnace Snow	Huntingdon	PA	1/20/2024
Michele Belak	5 Miler	1:13:25	0:14:41	Frigid 5 Miler	Allison Park	PA	1/14/2024
Bill Serafin	5 Miler	1:14:33	0:14:55	Greenwood Furnace Snow	Huntingdon	PA	1/20/2024
Dean Banko	10K	0:39:50	0:06:25	Gold Rush 10K	Tyrone	PA	3/16/2024
Grant Cruse	10K	0:41:04	0:06:37	Fool's Run 10K	Black Lick	PA	4/6/2024
Grant Cruse	10K	0:41:28	0:06:41	Jim Mayer Trail 10K	Johnstown	PA	9/7/2024
Alex Cullison	10K	0:43:54	0:07:05	Fool's Run 10K	Black Lick	PA	4/6/2024
Chris Sharbaugh	10K	0:44:18	0:07:09	Fool's Run 10K	Black Lick	PA	4/6/2024
Tammy Slusser	10K	0:47:09	0:07:36	Greater Clarksburg 10K	Clarksburg	WV	6/15/2024
Bob Manzi	10K	0:48:31	0:07:50	Fool's Run 10K	Black Lick	PA	4/6/2024
Stephanie Putt	10K	0:50:22	0:08:07	Fool's Run 10K	Black Lick	PA	4/6/2024
Dave Miller	10K	0:53:23	0:08:37	Fool's Run 10K	Black Lick	PA	4/6/2024
Kosie Shepherd-Porada	10K	0:53:39	0:08:39	Diamond Dash 10K	Hollidaysburg	PA	5/11/2024
Ray Guzic	10K	0:54:34	0:08:48	Dirty Kiln 10K	Altoona	PA	4/13/2024
Kosie Shepherd-Porada	10K	0:57:38	0:09:18	Gold Rush 10K	Tyrone	PA	3/16/2024
Barb Barger	10K	0:57:44	0:09:19	Fool's Run 10K	Black Lick	PA	4/6/2024
Meg larko	10K	0:59:27	0:00666	Fool's Run 10K	Black Lick	PA	4/6/2024

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Bitty Clawson	10K	1:00:29	0:09:45	Fool's Run 10K	Black Lick	PA	4/6/2024
Pamela Kauffman	10K	1:00:45	0:09:48	Fool's Run 10K	Black Lick	PA	4/6/2024
Candi Lockard	10K	1:00:47	0:09:48	Fool's Run 10K	Black Lick	PA	4/6/2024
Bill Geiger	10K	1:04:07	0:10:20	Fool's Run 10K	Black Lick	PA	4/6/2024
Tim Welsh	10K	1:04:26	0:10:24	Fool's Run 10K	Black Lick	PA	4/6/2024
Kyle Doutt	10K	1:09:23	0:11:11	Fool's Run 10K	Black Lick	PA	4/6/2024
Janet Stewart	10K	1:09:23	0:11:11	Fool's Run 10K	Black Lick	PA	4/6/2024
Lecinda Yevchak	10K	1:09:42	0:11:15	Fool's Run 10K	Black Lick	PA	4/6/2024
Katie Thomas	10K	1:10:00	0:11:17	Fool's Run 10K	Black Lick	PA	4/6/2024
Tim Welsh	10K	1:10:24	0:11:21	Scottsdale Fall Festival 10K	Scottsdale	PA	9/21/2024
Jayne Doutt	10K	1:10:37	0:11:23	Fool's Run 10K	Black Lick	PA	4/6/2024
Jillian Barger	10K	1:11:35	0:11:33	Peachtree Road Race 10K	Atlanta	GA	7/4/2024
Scott Bowman	10K	1:11:40	0:11:34	Fool's Run 10K	Black Lick	PA	4/6/2024
Don Slusser	10K	1:17:50	0:00872	Greater Clarksburg 10K	Clarksburg	WV	6/15/2024
Don Slusser	10K	1:17:51	0:12:33	Beaver VFD 10K	Beaver	PA	6/1/2024
Leah Dever	10K	1:18:02	0:12:35	Run For The Music 10K	Naples	FL	3/23/2024
Mary Beth Rine	10K	1:38:25	0:15:52	Fool's Run 10K	Black Lick	PA	4/6/2024
Kevin Thomson	10K	1:42:56	0:16:36	Dirty Kiln Trail 10K	Altoona	PA	4/13/2024
Bil Leydic	10K	1:47:33	0:17:21	Fool's Run 10K	Black Lick	PA	4/6/2024
Bill Winters	10K	2:07:32	0:20:34	Avenue Of The Giants 10K	Humboldt	PA	5/5/2024
Scott Cessna	10K	2:07:32	0:20:34	Avenue Of The Giants 10K	Humboldt	PA	5/5/2024
Grant Cruse	10K	17:23:00	6:40:29	Chernisky Classic 10K	Ebensburg	PA	7/6/2024
Kosie Shepherd-Porada	12K	1:05:34	0:08:45	Ghost Town Trail 12K	Nanty Glo	PA	6/15/2024
Chris Wagner	12K	1:36:00	0:00889	Ghost Town Trail Challenge	Nanty Glo	PA	6/15/2024
Grant Cruse	8 Miler	0:50:41	0:06:20	Path Of The Flood 8 Miler	Johnstown	PA	5/24/2024
Kosie Shepherd-Porada	8 Miler	1:11:15	0:08:54	Path Of The Flood 8 Miler	Johnstown	PA	5/24/2024
Ron Orr	8 Miler	1:26:35	0:10:49	Path Of The Flood 8 Miler	Johnstown	PA	5/24/2024
Grant Cruse	15K	1:02:43	0:06:45	Ebensburg Homecoming	Ebensburg	PA	7/27/2024
Eden Bloom	15K	1:19:55	0:08:36	Deer Fly 15K	Penn Run	PA	7/28/2024
Chris Sharbaugh	15K	1:27:24	0:09:24	Deer Fly 15K	Penn Run	PA	7/28/2024
Kosie Shepherd-Porada	15K	1:32:43	0:09:58	Angie Gioiosa 4th of July 5K	Altoona	PA	7/4/2024
Zach Collins	15K	1:33:18	0:10:02	Deer Fly 15K	Penn Run	PA	7/28/2024
Mark Stern	15K	1:34:20	0:10:09	Deer Fly 15K	Penn Run	PA	7/28/2024

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Gina Siffri	15K	1:47:19	0:11:32	Deer Fly 15K	Penn Run	PA	7/28/2024
Julie Shirley	15K	1:47:25	0:11:33	Deer Fly 15K	Penn Run	PA	7/28/2024
Pam Kauffman	15K	1:52:02	0:12:03	Deer Fly 15K	Penn Run	PA	7/28/2024
Don Slusser	15K	2:00:12	0:12:55	Solar Vortex 15K	Boston	PA	8/11/2024
Mary Ellen Stern	15K	2:13:10	0:14:19	Deer Fly 15K	Penn Run	PA	7/28/2024
Stephanie Brocious	15K	2:37:06	0:16:54	Deer Fly 15K	Penn Run	PA	7/28/2024
Kevin Thomson	15K	2:38:42	0:17:04	Deer Fly 15K	Penn Run	PA	7/28/2024
Colleen Gearhart	15K	2:43:51	0:01223	Deer Fly 15K	Penn Run	PA	7/28/2024
Mary Beth Rine	15K	3:20:49	0:21:36	Deer Fly 15K	Penn Run	PA	7/28/2024
Dean Banko	11.5 Miler	1:59:30	0:00722	Rothrock Trail Challenge	Boalsburg	PA	5/12/2024
Ron See	20K Bike	0:40:34	0:03:16	Western PA Kids Duathlon	Cook Forest	PA	7/20/2024
Dean Banko	20K	1:49:52	0:08:52	Murrysville Monster 20K	Murrysville	PA	7/13/2024
Dean Banko	13 Miler	1:53:22	0:08:43	Oil Creek 13 Miler	Titusville	PA	5/17/2024
Dean Banko	Half Marathon	1:22:52	0:06:20	Run To Breathe Half	Portersville	PA	4/21/2024
Chris Sharbaugh	Half Marathon	1:38:11	0:07:30	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Tammy Slusser	Half Marathon	1:40:51	0:07:42	Knoxville Half Marathon	Knoxville	TN	4/7/2024
Mindy Sawtelle-Zottola	Half Marathon	1:42:31	0:07:50	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Tammy Slusser	Half Marathon	1:42:59	0:07:52	Wheeling Half Marathon	Wheeling	WV	5/25/2024
Tammy Slusser	Half Marathon	1:43:06	0:07:52	Parkersburg Half Marathon	Parkersburg	WV	8/17/2024
Dean Banko	Half Marathon	1:46:30	0:08:08	Buck Ridge Burn Half	Gardners	PA	4/7/2024
Candi Lockard	Half Marathon	1:55:06	0:08:47	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Sarah Kitchen	Half Marathon	1:56:00	0:08:51	Yough Trail Half Marathon	Connellsville	PA	3/30/2024
Sarah Kitchen	Half Marathon	2:04:10	0:09:29	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Don Slusser	Half Marathon	2:05:32	0:09:35	North Park Half Marathon	Allison Park	PA	1/6/2024
Steve Pagano	Half Marathon	2:06:18	0:09:38	Rabid Raccoon Half Marathon	Beaver Falls	PA	3/16/2024
Mark Stern	Half Marathon	2:06:44	0:09:40	Pittsburgh Half Marathon	Pittsburgh	PA	5/4/2024
Sarah Kitchen	Half Marathon	2:07:34	0:09:44	Moonlight On The Falls Half	Davis	WV	8/24/2024
Bill Serafin	Half Marathon	2:08:00	0:09:46	Myrtle Beach Half Marathon	Myrtle Beach	NC	3/2/2024
Barb Barger	Half Marathon	2:16:24	0:00723	Shamrock Half Marathon	Virginia Beach	VA	3/16/2024
Steve Pagano	Half Marathon	2:20:53	0:10:45	Dirty Kiln Trail Half Marathon	Altoona	PA	4/13/2024
Ria Fruscello	Half Marathon	2:23:37	0:10:58	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Jillian Barger	Half Marathon	2:23:56	0:10:59	Publix Atlanta Half Marathon	Atlanta	GA	2/24/2024
Jen Grim	Half Marathon	2:25:14	0:11:05	Pittsburgh Half Marathon	Pittsburgh	PA	5/4/2024

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Christie Orlosky	Half Marathon	2:27:33	0:11:16	River Run Half Marathon	Berea	OH	9/8/2024
Laura Yevchak	Half Marathon	2:30:00	0:11:27	Old Turnpike Half Marathon	Waterfall	PA	6/8/2024
Katie Thomas	Half Marathon	2:31:10	0:11:32	Boston Trail Half Marathon	Boston	PA	4/13/2024
Ron Orr	Half Marathon	2:37:01	0:11:59	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Art Zottola	Half Marathon	2:39:08	0:12:09	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Janet Stewart	Half Marathon	2:40:03	0:12:13	Boston Trail Half Marathon	Boston	PA	4/13/2024
Mary Ellen Stern	Half Marathon	2:40:13	0:12:14	Pittsburgh Half Marathon	Pittsburgh	PA	5/4/2024
Aileen Bowman	Half Marathon	2:41:09	0:12:18	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Christie Orlosky	Half Marathon	2:47:08	0:12:45	Pittsburgh Half Marathon	Pittsburgh	PA	5/5/2024
Don Slusser	Half Marathon	2:49:04	0:12:54	Just A Short Run Half	North Park	PA	3/23/2024
Don Slusser	Half Marathon	2:55:11	0:13:22	Knoxville Half Marathon	Knoxville	TN	4/7/2024
Don Slusser	Half Marathon	2:57:46	0:13:34	Parkersburg Half Marathon	Parkersburg	WV	8/17/2024
Don Slusser	Half Marathon	3:05:28	0:14:09	Wheeling Half Marathon	Wheeling	WV	5/25/2024
Lecinda Yevchak	Half Marathon	3:10:47	0:14:34	Old Turnpike Half Marathon	Waterfall	PA	6/8/2024
Colleen Gearhart	Half Marathon	3:16:04	0:14:58	Peanut Butter Festival Half	New Bethlehem	PA	9/21/2024
Ryan Knecht	Half Marathon	3:52:48	0:17:46	Rock N The Knob Half	Claysburg	PA	9/14/2024
Carl Leer	13.5 Miler	3:41:58	0:16:27	Frozen Snot 13.5 Miler	Lock Haven	PA	2/3/2024
Stephanie Daniels	13.5 Miler	4:02:33	0:17:58	Frozen Snot 13.5 Miler	Lock Haven	PA	2/3/2024
Steve Pagano	13.5 Miler	4:55:36	0:21:54	Frozen Snot 13.5 Miler	Lock Haven	PA	2/3/2024
Dean Banko	14 Miler	1:32:14	0:06:35	Path Of The Flood 14 Miler	Johnstown	PA	5/25/2024
Kaylee Frederick	14 Miler	1:47:27	0:07:41	Path Of The Flood 14 Miler	Johnstown	PA	5/25/2024
Ray Guzic	14 Miler	1:52:46	0:08:03	Path Of The Flood 14 Miler	Johnstown	PA	5/24/2024
Laura Yevchak	14.2 Miler	2:22:08	0:10:01	Upchuck Classic 14.2	Beaverdale	PA	7/4/2024
Dan McQuiston	14.2 Miler	2:56:00	0:12:24	Upchuck Classic 14.2	Beaverdale	PA	7/4/2024
Chris Lasser	14.2 Miler	2:57:00	0:12:28	Upchuck Classic 14.2	Beaverdale	PA	7/4/2024
Tammy Slusser	15 Miler	1:57:29	0:07:50	Charleston Distance 15-Miler	Charlestown	WV	8/31/2024
Don Slusser	15 Miler	3:53:01	0:15:32	Charleston Distance 15-Miler	Charlestown	WV	8/31/2024
Dean Banko	25K	2:07:44	0:08:14	Deer Fly 25K	Penn Run	PA	7/28/2024
Ray Guzic	25K	2:24:15	0:09:18	Ghost Town Trail 25K	Vintondale	PA	6/15/2024
Dean Banko	25K	2:30:19	0:09:42	Cook Forest 25K Challenge	Cookport	PA	8/17/2024
Joe Ankney	25K	2:49:32	0:10:56	Deer Fly 25K	Penn Run	PA	7/28/2024
Steve Pagano	25K	2:55:46	0:11:20	Cook Forest 25K Challenge	Cookport	PA	8/17/2024
Bill Serafin	25K	3:40:11	0:14:12	Cook Forest 25K Challenge	Cookport	PA	8/17/2024

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Kevin Thomson	25K	6:16:58	0:24:19	Boulder Beast 25K	Lock Haven	PA	9/21/2024
Dean Banko	25K	2:44:54	0:10:22	Hyner View Trail 25K	Hyner	PA	4/20/2024
Steve Pagano	25K	3:39:34	0:13:49	Hyner View Trail 25K	Hyner	PA	4/20/2024
Dean Banko	Stacked	2:34:50	0:08:36	Oil Creek 5 & 13 Stacked	Titusville	PA	5/17/2024
Dean Banko	Marathon	2:51:17	0:06:32	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
Jeannie Bujdos	Marathon	3:25:35	0:07:51	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
Tammy Slusser	Marathon	3:25:58	0:07:52	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
Joe Ankney	Marathon	3:52:16	0:08:52	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
Veronica Bujdos	Marathon	4:17:53	0:09:51	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
Al Casagrande	Marathon	4:22:37	0:10:01	Avenue Of The Giants	Humboldt	CA	5/5/2024
Chris Lasser	Marathon	4:26:36	0:10:11	Avenue Of The Giants	Humboldt	CA	5/5/2024
Dave Miller	Marathon	4:37:45	0:10:36	Avenue Of The Giants	Humboldt	CA	5/5/2024
Laura Yevchak	Marathon	4:38:21	0:10:37	God's Country Marathon	Couldersport	PA	6/1/2024
Julie Shirley	Marathon	4:39:42	0:10:41	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
D J Miller	Marathon	4:40:38	0:10:43	Avenue Of The Giants	Humboldt	CA	5/5/2024
Ginny Winters	Marathon	4:48:19	0:11:00	Avenue Of The Giants	Humboldt	CA	5/5/2024
Bitty Clawson	Marathon	4:49:39	0:11:03	Avenue Of The Giants	Humboldt	CA	5/5/2024
Barb Barger	Marathon	4:55:09	0:11:16	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
Don Slusser	Marathon	6:08:03	0:14:03	Pittsburgh Marathon	Pittsburgh	PA	5/5/2024
Dean Banko	50K	4:52:04	0:09:25	Glacier Ridge Trail 50K	Portersville	PA	5/11/2024
Dean Banko	50K	4:56:24	0:09:34	Falling Water 50K	New River	WV	4/27/2024
Dean Banko	50K	5:30:54	0:10:40	World's End Ultra 50K	Forks ville	PA	6/1/2024
Ray Guzic	50K	5:44:33	0:11:07	On The Dam Que 50K	Hooversville	PA	4/27/2024
Stephanie Daniels	50K	6:15:59	0:12:08	Hyner View Trail 50K	Hyner	PA	4/20/2024
Julie Shirley	50K	6:24:40	0:12:25	Ghost Town Trail 50K	Black Lick	PA	6/15/2024
Steve Pagano	50K	6:49:20	0:13:12	Lost Turkey Trail 50K	Imler	PA	7/27/2024
Eden Bloom	50K	7:15:32	0:14:03	Ghost Town Trail 50K	Black Lick	PA	6/15/2024
Dean Banko	50K	7:19:04	0:14:10	Hell Hath No Hurry 50K	Pittsburgh	PA	6/30/2024
Steve Pagano	50K	7:20:33	0:14:13	Laurel Highlands 50K	Ohiopyle	PA	6/8/2024
Steve Pagano	50K	7:51:47	0:15:13	Rock N The Knob 50K	Claysburg	PA	9/14/2024
Carl Leer	50K	8:04:16	0:15:37	Hyner View Trail 50K	Hyner	PA	4/20/2024
Carl Leer	50K	8:18:24	0:16:05	Laurel Highlands 50K	Ohiopyle	PA	6/8/2024
Dean Banko	50 Miler	10:05:11	0:12:06	Baker Trail Ultra 50-Miler	Summerville	PA	8/25/2024

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Kaylee Frederick	50 Miler	10:17:45	0:12:21	Baker Trail Ultra 50-Miler	Summerville	PA	8/25/2024
Kaylee Frederick	51.4 Miler	8:12:38	0:09:35	Badwater Cape Fear Ultra	Bald Head Isl,	NC	3/23/2024
Joe Ankney	50 Miler	10:42:04	0:10:42	Pine Creek Challenge 100	Wellsboro	PA	9/7/2024
Alex Cullison	100K	15:54:31	0:15:24	Falling Water 100K	New River	WV	4/27/2024
Stephanie Daniels	100K	17:26:50	0:16:53	World's End Ultra 100K	Forksville	PA	6/1/2024
Kaylee Frederick	70.5	13:23:45	0:11:24	Laurel Highlands 70.5	Ohiopyle	PA	6/8/2024
Alex Cullison	70.5	17:05:39	0:14:33	Laurel Highlands 70.5	Ohiopyle	PA	6/8/2024
Dean Banko	70.5	17:34:23	0:14:57	Laurel Highlands 70.5	Ohiopyle	PA	6/8/2024
Ray Guzic	70.5	18:13:56	0:15:31	Laurel Highlands 70.5	Ohiopyle	PA	6/8/2024
Kaylee Frederick	81 Miles	21:41:00	0:16:04	Badwater Salton Sea Relay	Salton City	NV	4/27/2024
Georgetta Frederick	100 Miler	4:38:08	0:17:11	Pine Creek Challenge 100	Wellsboro	PA	9/7/2024
Kaylee Frederick	100 Miler	30:14:28	0:18:09	Keys 100 Miler Ultra	Key West	FL	5/18/2024
Kaylee Frederick	135-Miler	36:31:13	0:16:14	Badwater 135 Miler	Lone Pine	CA	7/23/2024
Mark Stern	Triathlon	1:17:00		KBR Triathlon	Cassadaga	NY	9/14/2024
Mary Ellen Stern	Triathlon	1:36:33		KBR Triathlon	Cassadaga	NY	9/14/2024
Mark Stern	Duathlon	1:23:49		Western PA Kids Duathlon	Cook Forest	PA	7/20/2024
Cleia Stern	Duathlon	1:56:58		Western PA Kids Duathlon	Cook Forest	PA	7/20/2024
Tad Pajak	Duathlon	?:?:??		Ebensburg Homecoming	Ebensburg	PA	7/27/2024

Updated 9/28/24