

RUN FOR THE TRAIL 7K

August 19, 2007

Race Director: Tom Fetterman, Sr.

Bold indicates IRRC member

Overall	Division	Name	Gender	Age	Time	Pace
1	1	Jimmy Spisak	M	16	0:23:07	0:05:20
2	2	Tom Lipsie	M	40	0:23:12	0:05:21
3	3	Cory Fulmer	M	24	0:24:44	0:05:42
4	1	Jim Hamilton	M	30	0:25:31	0:05:53
5	1	Carly Seymour	F	17	0:26:04	0:06:00
6	1	Mark Stern	M	49	0:28:11	0:06:30
7	2	Doug Ulishney	M	46	0:28:19	0:06:31
8	1	Aaron Seckar	M	17	0:28:31	0:06:34
9	1	Daniel Murphy	M	39	0:28:36	0:06:35
10	2	Kristen Krempasky	F	27	0:29:18	0:06:45
11	3	Tad Pajak	M	49	0:29:40	0:06:50
12	2	Tim Warner	M	18	0:29:58	0:06:54
13	1	C. Weimer	M	15	0:29:59	0:06:55
14	3	Jen Knuth	F	27	0:30:25	0:07:01
15	1	Jeannie Bujdos	F	14	0:30:37	0:07:03
16	3	Jerad Elias	M	18	0:30:39	0:07:04
17	1	Tom Fetterman, Jr.	M	43	0:30:46	0:07:05
18	1	John Swauger	M	55	0:31:26	0:07:15
19	2	Matt Bash	M	15	0:32:10	0:07:25
20	1	Laura Yevchak	F	21	0:32:30	0:07:29
21	3	Tyrell Varner	M	15	0:32:39	0:07:31
22	1	Beyan Waylons	F	17	0:33:01	0:07:36
23	4	David Miller	M	49	0:33:07	0:07:38
24	4	Mike Simone	M	17	0:33:12	0:07:39
25	1	Mary Jean Bujdos	F	44	0:33:15	0:07:40
26	2	Tausha Varner	F	19	0:33:17	0:07:40
27	3	Julie Ostinowsky	F	19	0:33:37	0:07:45
28	2	Joe Burkhardt	M	30	0:33:38	0:07:45
29	1	Jim Ostinowsky	M	60	0:33:42	0:07:46
30	1	Randy Fetterman	M	54	0:33:49	0:07:48
31	2	Ronnie Bujdos	F	13	0:33:50	0:07:48
32	2	Ed Hlebechuk	M	50	0:34:21	0:07:55
33	1	Sharon Holsinger	F	46	0:35:28	0:08:10
34	2	Tom Bianco	M	39	0:35:29	0:08:11
35	3	Matt Coy	M	36	0:35:31	0:08:11
36	3	Walter Bynne	M	50	0:35:31	0:08:11
37	2	Bill Serafin	M	58	0:36:02	0:08:18
38	4	Aly Pajak	F	16	0:36:06	0:08:19
39	5	Chelsea Wallace	F	16	0:36:33	0:08:25
40	4	John Bomboy	M	54	0:36:41	0:08:27
41	6	Dana Jo Nichol	F	19	0:36:48	0:08:29
42	5	John Berezansky	M	49	0:37:02	0:08:32
43	5	Bob Layton	M	54	0:37:17	0:08:35

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Overall	Division	Name	Gender	Age	Time	Pace
44	2	Donna Scanlon	F	49	0:37:20	0:08:36
45	3	Charles Frank	M	58	0:37:23	0:08:37
46	1	Somer Haight	F	30	0:37:56	0:08:44
47	2	Victoria Pretti	F	32	0:38:05	0:08:46
48	5	Jed Fetterman	M	17	0:38:28	0:08:52
49	6	Mike Riggerbach	M	46	0:38:46	0:08:56
50	2	Julie Miller	F	40	0:39:39	0:09:08
51	3	Mel Stern	F	31	0:39:56	0:09:12
52	2	Tom Dunbar	M	68	0:40:01	0:09:13
53	3	Aileen Bowman	F	41	0:40:04	0:09:14
54	1	Linda Leopold	F	50	0:40:05	0:09:14
55	7	Randy Short	M	48	0:40:06	0:09:14
56	2	Mindy Wygonik	F	54	0:41:02	0:09:27
57	2	Scott Bowman	M	42	0:41:07	0:09:28
58	3	Anne Hoover	F	48	0:41:13	0:09:30
59	6	Ed Maher	M	54	0:41:47	0:09:38
60	1	Beth Murphy	F	39	0:42:17	0:09:45
61	4	Sunnie Buchanan	F	49	0:43:30	0:10:01
62	7	Michelle Morris	F	17	0:44:49	0:10:20
63	2	Mary Miller	F	23	0:44:55	0:10:21
64	2	Lisa Durler	F	36	0:45:58	0:10:35
65	3	Ken Fochtman	M	42	0:47:23	0:10:55
66	3	Paul Byrne	M	63	0:48:46	0:11:14
67	7	Tom Knapp	M	53	0:52:02	0:11:59
68	3	Denise Carpinello	F	50	0:52:28	0:12:05
69	8	Thomas Buchanan	M	50	1:04:33	0:14:52

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Overall	Division	Name	Gender	Age	Time	Pace
TOP THREE AND AGE GROUP WINNERS						
TOP THREE MALE						
1	1	Jimmy Spisak	M	16	0:23:07	0:05:20
2	2	Tom Lipsie	M	40	0:23:12	0:05:21
3	3	Cory Fulmer	M	24	0:24:44	0:05:42
TOP THREE FEMALE						
5	1	Carly Seymour	F	17	0:26:04	0:06:00
10	2	Kristen Krempasky	F	27	0:29:18	0:06:45
14	3	Jen Knuth	F	27	0:30:25	0:07:01
MALES, age 13-15						
13	1	C. Weimer	M	15	0:29:59	0:06:55
19	2	Matt Bash	M	15	0:32:10	0:07:25
21	3	Tyrell Varner	M	15	0:32:39	0:07:31
MALES, ages 16-19						
8	1	Aaron Seckar	M	17	0:28:31	0:06:34
12	2	Tim Warner	M	18	0:29:58	0:06:54
16	3	Jerad Elias	M	18	0:30:39	0:07:04
24	4	Mike Simone	M	17	0:33:12	0:07:39
48	5	Jed Fetterman	M	17	0:38:28	0:08:52
MALES, ages 30 to 34						
4	1	Jim Hamilton	M	30	0:25:31	0:05:53
28	2	Joe Burkhardt	M	30	0:33:38	0:07:45
MALES, ages 35 to 39						
9	1	Daniel Murphy	M	39	0:28:36	0:06:35
34	2	Tom Bianco	M	39	0:35:29	0:08:11
35	3	Matt Coy	M	36	0:35:31	0:08:11
MALES, ages 40 to 44						
17	1	Tom Fetterman, Jr.	M	43	0:30:46	0:07:05
57	2	Scott Bowman	M	42	0:41:07	0:09:28
65	3	Ken Fochtman	M	42	0:47:23	0:10:55

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Overall	Division	Name	Gender	Age	Time	Pace
MALES, ages 45 to 49						
6	1	Mark Stern	M	49	0:28:11	0:06:30
7	2	Doug Ulishney	M	46	0:28:19	0:06:31
11	3	Tad Pajak	M	49	0:29:40	0:06:50
23	4	David Miller	M	49	0:33:07	0:07:38
42	5	John Berezansky	M	49	0:37:02	0:08:32
49	6	Mike Riggerbach	M	46	0:38:46	0:08:56
55	7	Randy Short	M	48	0:40:06	0:09:14
MALES, ages 50 to 54						
30	1	Randy Fetterman	M	54	0:33:49	0:07:48
32	2	Ed Hlebechuk	M	50	0:34:21	0:07:55
36	3	Walter Bynne	M	50	0:35:31	0:08:11
40	4	John Bomboy	M	54	0:36:41	0:08:27
43	5	Bob Layton	M	54	0:37:17	0:08:35
59	6	Ed Maher	M	54	0:41:47	0:09:38
67	7	Tom Knapp	M	53	0:52:02	0:11:59
69	8	Thomas Buchanan	M	50	1:04:33	0:14:52
MALES, ages 55 to 59						
18	1	John Swauger	M	55	0:31:26	0:07:15
37	2	Bill Serafin	M	58	0:36:02	0:08:18
45	3	Charles Frank	M	58	0:37:23	0:08:37
MALES, ages 60 to 64						
29	1	Jim Ostinowsky	M	60	0:33:42	0:07:46
52	2	Tom Dunbar	M	68	0:40:01	0:09:13
66	3	Paul Byrne	M	63	0:48:46	0:11:14
FEMALES, ages 13 to 15						
15	1	Jeannie Bujdos	F	14	0:30:37	0:07:03
31	2	Ronnie Bujdos	F	13	0:33:50	0:07:48

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Overall	Division	Name	Gender	Age	Time	Pace
FEMALES, ages 16 to 19						
22	1	Beyan Waylons	F	17	0:33:01	0:07:36
26	2	Tausha Varner	F	19	0:33:17	0:07:40
27	3	Julie Ostinowsky	F	19	0:33:37	0:07:45
38	4	Aly Pajak	F	16	0:36:06	0:08:19
39	5	Chelsea Wallace	F	16	0:36:33	0:08:25
41	6	Dana Jo Nichol	F	19	0:36:48	0:08:29
62	7	Michelle Morris	F	17	0:44:49	0:10:20

FEMALES, ages 20 to 24

20	1	Laura Yevchak	F	21	0:32:30	0:07:29
63	2	Mary Miller	F	23	0:44:55	0:10:21

FEMALES, ages 30 to 34

46	1	Somer Haight	F	30	0:37:56	0:08:44
47	2	Victoria Pretti	F	32	0:38:05	0:08:46
51	3	Mel Stern	F	31	0:39:56	0:09:12

FEMALES, ages 35 to 39

60	1	Beth Murphy	F	39	0:42:17	0:09:45
64	2	Lisa Durler	F	36	0:45:58	0:10:35

FEMALES, ages 40 to 44

25	1	Mary Jean Bujdos	F	44	0:33:15	0:07:40
50	2	Julie Miller	F	40	0:39:39	0:09:08
53	3	Aileen Bowman	F	41	0:40:04	0:09:14

FEMALES, ages 45 to 49

33	1	Sharon Holsinger	F	46	0:35:28	0:08:10
44	2	Donna Scanlon	F	49	0:37:20	0:08:36
58	3	Anne Hoover	F	48	0:41:13	0:09:30
61	4	Sunnie Buchanan	F	49	0:43:30	0:10:01

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Overall Division Name

FEMALES, ages 50 to 54

Gender	Age	Time	Pace
F	50	0:40:05	0:09:14
F	54	0:41:02	0:09:27
F	50	0:52:28	0:12:05

54	1	Linda Leopold
56	2	Mindy Wygonik
68	3	Denise Carpinello