

RUN FOR THE TRAIL 7K
August 14, 2011
Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
1	1	Tom Lipsie	M	44	0:23:47	0:05:29
2	2	Andrew Brown	M	22	0:24:35	0:05:40
3	1	Sara Raschiatore	F	30	0:26:08	0:06:01
4	3	Doug Ulishney	M	50	0:27:02	0:06:14
5	1	Shawn Lichvar	M	16	0:27:23	0:06:19
6	1	Craig Petersen	M	23	0:27:26	0:06:19
7	2	Bill Adamy	M	17	0:27:58	0:06:27
8	1	Noah Huffman	M	15	0:28:06	0:06:28
9	2	Kyle Ward	M	24	0:28:22	0:06:32
10	1	Dan Cunkelman	M	55	0:28:36	0:06:35
11	2	Mindy Zottola	F	38	0:28:53	0:06:39
12	1	Reno Carini III	M	34	0:29:01	0:06:41
13	1	Bryan Everhart	M	50	0:29:33	0:06:49
14	2	Bo Dinger	M	14	0:29:39	0:06:50
15	3	Andrew Wylie	M	24	0:29:40	0:06:50
16	3	Collin Layton	M	15	0:29:46	0:06:52
17	3	Marilyn Gregory	F	36	0:30:11	0:06:57
18	1	Darril Walker	M	38	0:30:27	0:07:01
19	1	Dan Murphy	M	43	0:30:33	0:07:02
20	4	Rob Malcotti	M	24	0:30:37	0:07:03
21	2	Tom Whitcomb	M	51	0:30:41	0:07:04
22	1	Julie Ostinowsky	F	23	0:30:42	0:07:04
23	1	Morgan Philips	F	13	0:31:07	0:07:10
24	2	Tim Hertel	M	40	0:31:19	0:07:13
25	1	Tommy Fetterman	M	47	0:31:33	0:07:16
26	3	Dave Miller	M	53	0:31:48	0:07:20
27	1	Bill Serafin	M	62	0:31:53	0:07:21
28	1	Katee Gresko	F	17	0:32:00	0:07:22
29	3	Ryan Eckenrod	M	16	0:32:14	0:07:26
30	2	Tom Mack	M	34	0:32:32	0:07:30
31	2	Scott Bowman	M	46	0:32:48	0:07:33
32	3	Scott Bryan	M	31	0:32:52	0:07:34
33	5	Matthew Brown	M	22	0:32:53	0:07:35
34	1	Tom Fetterman	M	69	0:33:03	0:07:37
35	1	Bill Winters	M	58	0:33:04	0:07:37
36	4	Marc Eckerod	M	14	0:33:17	0:07:40
37	2	Jeff Mason	M	38	0:33:35	0:07:44
38	1	Pat Adamy	F	47	0:33:41	0:07:46
39	4	Rob Andelman	M	34	0:34:23	0:07:55
40	2	John Swauger	M	59	0:34:56	0:08:03
41	5	Corey Kovalcik	M	32	0:34:59	0:08:04
42	1	Aileen Bowman	F	45	0:35:16	0:08:08
43	3	John Bomboy	M	58	0:35:16	0:08:08
44	4	Jeff Smith	M	53	0:35:27	0:08:10
45	1	Sam Cunkelman	M	11	0:35:32	0:08:11
46	6	James Thompson	M	31	0:35:41	0:08:13
47	2	Jim Ostinowsky	M	64	0:35:49	0:08:15
48	2	Jake Dinger	M	12	0:35:59	0:08:17
49	5	Walter Byrne	M	54	0:36:07	0:08:19
50	1	Jamie Skirboll	F	37	0:36:10	0:08:20
51	1	Jennifer Reaugh	F	33	0:36:19	0:08:22
52	3	Scott Nibert	M	38	0:36:25	0:08:23
53	3	Updyke	M	41	0:36:27	0:08:24
54	1	Margi Sarp	F	42	0:37:09	0:08:34
55	2	Tara Oleska	F	24	0:37:13	0:08:35
56	4	Nathan Huffman	M	17	0:37:19	0:08:36
57	4	Raymond Byrne	M	58	0:37:21	0:08:36
58	2	Janet Ryen	F	47	0:37:35	0:08:40
59	2	Wendy Norman	F	40	0:37:51	0:08:43
60	5	Art Zottola	M	56	0:38:22	0:08:50

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Overall	Division	Name	Gender	Age	Time	Pace
61	3	Kelly Barker	F	41	0:38:24	0:08:51
62	6	Jed Fetterman	M	21	0:38:35	0:08:53
63		Bib #4	M	?	0:38:36	0:08:54
64	4	Matt Coy	M	40	0:38:44	0:08:55
65	5	Tom Bianco	M	43	0:38:45	0:08:56
66	2	Kosie Shepherd Parada	F	32	0:38:53	0:08:58
67	2	Victoria Miller	F	17	0:38:56	0:08:58
68	1	Lacey Scott	F	29	0:39:13	0:09:02
69	6	Mike Riggerback	M	50	0:39:19	0:09:04
70	3	Kelly Wolfe Thompson	F	30	0:39:28	0:09:06
71	3	Sarah Brett	F	24	0:39:31	0:09:06
72	2	Jennifer Baxter	F	35	0:39:35	0:09:07
73	3	Erin Visnesky	F	36	0:40:06	0:09:14
74	4	Tausha Clark	F	23	0:40:12	0:09:16
75	5	Megan Mulheren	F	21	0:40:13	0:09:16
76	3	Jarrett Brown	M	11	0:40:16	0:09:17
77	1	Donna Scanlon	F	53	0:40:25	0:09:19
78	4	Nikki Pencak	F	31	0:40:26	0:09:19
79	4	Laura Knupp	F	36	0:40:35	0:09:21
80	4	Phil Levri	M	39	0:40:36	0:09:21
81	3	Jackie Fennell	F	45	0:40:46	0:09:24
82		???????	M	?	0:41:06	0:09:28
83	6	Maria Wolfe	F	24	0:41:16	0:09:31
84	7	Timothy Varner	M	22	0:41:16	0:09:31
85	7	James Makin	M	30	0:41:17	0:09:31
86	1	Patrick Esposito	M	27	0:41:20	0:09:31
87	6	Thad Dalby	M	44	0:41:20	0:09:31
88	4	Janet Stewart	F	47	0:41:30	0:09:34
89	1	Mary Drass	F	60	0:41:35	0:09:35
90	1	Nancy Demagone	F	59	0:41:44	0:09:37
91	7	Jeff Sharbaugh	M	41	0:42:18	0:09:45
92	5	Jimmy Adamy	M	13	0:42:27	0:09:47
93	5	Jodi Dinger	F	39	0:42:35	0:09:49
94	8	Stephen Ditch	M	31	0:42:36	0:09:49
95	7	Marlana Malcotti	F	21	0:42:59	0:09:54
96	2	Abby Szelong	F	13	0:43:00	0:09:54
97	3	Shiann Malcolm	F	13	0:43:06	0:09:56
98	5	Mary Brown	F	45	0:43:23	0:09:60
99	6	Kim Peterman	F	38	0:43:32	0:10:02
100	8	Sara Necciai	F	22	0:44:18	0:10:12
101	1	Olivia Norman	F	11	0:44:24	0:10:14
102	6	Tyler Wadding	M	14	0:44:24	0:10:14
103	6	Donna Dunlap	F	47	0:44:36	0:10:17
104	7	Rosemarie Langham	F	47	0:45:58	0:10:35
105	6	Michael Swain	M	56	0:47:10	0:10:52
106	4	Beth Murphy	F	43	0:47:58	0:11:03
107	5	Tracie Hertel	F	42	0:48:19	0:11:08
109	3	Pat Parfitt	M	48	0:49:32	0:11:25
110	2	Paul Byrne	M	67	0:49:32	0:11:25
111	4	David Fulton	M	47	0:50:08	0:11:33
112	4	Tret McElfresh	M	12	0:51:39	0:11:54
113	6	Cathy McElfresh	F	41	0:51:40	0:11:54
114	2	Darlene Upson	F	55	0:52:21	0:12:04
116	2	Patty Pajak	F	54	0:54:21	0:12:31
117	9	Aly Pajak	F	20	0:54:22	0:12:32
118	7	Diane Clugston	F	43	0:55:07	0:12:42
119	5	John Clugston	M	45	0:55:07	0:12:42
120	5	Jennifer Bick	F	32	0:55:42	0:12:50
121	7	Amy Haushhalter	F	35	0:58:02	0:13:22
122	8	Shawna Nibert	F	36	1:00:38	0:13:58
123	2	Janet Ostinowsky	F	60	1:04:28	0:14:51
124	1	Betsy Fetterman	F	72	1:14:00	0:17:03

RUN FOR THE TRAIL 7K
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Overall	Division	Name	Gender	Age	Time	Pace
TOP THREE MALES OVERALL:						
1	1	Tom Lipsie	M	44	0:23:47	0:05:29
2	2	Andrew Brown	M	22	0:24:35	0:05:40
4	3	Doug Ulishney	M	50	0:27:02	0:06:14
TOP MASTER, MALE:						
10	1	Dan Cunkelman	M	55	0:28:36	0:06:35
TOP THREE FEMALES OVERALL:						
3	1	Sara Raschiatore	F	30	0:26:08	0:06:01
11	2	Mindy Zottola	F	38	0:28:53	0:06:39
17	3	Marilyn Gregory	F	36	0:30:11	0:06:57
TOP MASTER, FEMALE						
38	1	Pat Adamy	F	47	0:33:41	0:07:46
MALES, AGE 12 AND UNDER:						
45	1	Sam Cunkelman	M	11	0:35:32	0:08:11
48	2	Jake Dinger	M	12	0:35:59	0:08:17
76	3	Jarrett Brown	M	11	0:40:16	0:09:17
112	4	Tret McElfresh	M	12	0:51:39	0:11:54
MALES, AGES 13 TO 15:						
8	1	Noah Huffman	M	15	0:28:06	0:06:28
14	2	Bo Dinger	M	14	0:29:39	0:06:50
16	3	Collin Layton	M	15	0:29:46	0:06:52
36	4	Marc Eckerod	M	14	0:33:17	0:07:40
92	5	Jimmy Adamy	M	13	0:42:27	0:09:47
102	6	Tyler Wadding	M	14	0:44:24	0:10:14
MALES, AGES 16 TO 19:						
5	1	Shawn Lichvar	M	16	0:27:23	0:06:19
7	2	Bill Adamy	M	17	0:27:58	0:06:27
29	3	Ryan Eckenrod	M	16	0:32:14	0:07:26
56	4	Nathan Huffman	M	17	0:37:19	0:08:36
MALES, AGES 20 TO 24:						
6	1	Craig Petersen	M	23	0:27:26	0:06:19
9	2	Kyle Ward	M	24	0:28:22	0:06:32
15	3	Andrew Wylie	M	24	0:29:40	0:06:50
20	4	Rob Malcotti	M	24	0:30:37	0:07:03
33	5	Matthew Brown	M	22	0:32:53	0:07:35
62	6	Jed Fetterman	M	21	0:38:35	0:08:53
84	7	Timothy Varner	M	22	0:41:16	0:09:31
MALES, AGES 25 TO 29:						
86	1	Patrick Esposito	M	27	0:41:20	0:09:31
MALES, AGES 30 TO 34:						
12	1	Reno Carini III	M	34	0:29:01	0:06:41

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Overall	Division	Name	Gender	Age	Time	Pace
30	2	Tom Mack	M	34	0:32:32	0:07:30
32	3	Scott Bryan	M	31	0:32:52	0:07:34
39	4	Rob Andelman	M	34	0:34:23	0:07:55
41	5	Corey Kovalcik	M	32	0:34:59	0:08:04
46	6	James Thompson	M	31	0:35:41	0:08:13
85	7	James Makin	M	30	0:41:17	0:09:31
94	8	Stephen Ditch	M	31	0:42:36	0:09:49

MALES, AGES 35 TO 39:

18	1	Darrl Walker	M	38	0:30:27	0:07:01
37	2	Jeff Mason	M	38	0:33:35	0:07:44
52	3	Scott Nibert	M	38	0:36:25	0:08:23
80	4	Phil Levri	M	39	0:40:36	0:09:21

MALES, AGES 40 TO 44:

19	1	Dan Murphy	M	43	0:30:33	0:07:02
24	2	Tim Hertel	M	40	0:31:19	0:07:13
53	3	Updyke	M	41	0:36:27	0:08:24
64	4	Matt Coy	M	40	0:38:44	0:08:55
65	5	Tom Bianco	M	43	0:38:45	0:08:56
87	6	Thad Dalby	M	44	0:41:20	0:09:31
91	7	Jeff Sharbaugh	M	41	0:42:18	0:09:45

MALES, AGES 45 TO 49:

25	1	Tommy Fetterman	M	47	0:31:33	0:07:16
31	2	Scott Bowman	M	46	0:32:48	0:07:33
109	3	Pat Parfitt	M	48	0:49:32	0:11:25
111	4	David Fulton	M	47	0:50:08	0:11:33
119	5	John Clugston	M	45	0:55:07	0:12:42

MALES AGES 50 TO 54:

13	1	Bryan Everhart	M	50	0:29:33	0:06:49
21	2	Tom Whitcomb	M	51	0:30:41	0:07:04
26	3	Dave Miller	M	53	0:31:48	0:07:20
44	4	Jeff Smith	M	53	0:35:27	0:08:10
49	5	Walter Byrne	M	54	0:36:07	0:08:19
69	6	Mike Rigenback	M	50	0:39:19	0:09:04

MALES, AGES 55 TO 59:

35	1	Bill Winters	M	58	0:33:04	0:07:37
40	2	John Swauger	M	59	0:34:56	0:08:03
43	3	John Bomboy	M	58	0:35:16	0:08:08
57	4	Raymond Byrne	M	58	0:37:21	0:08:36
60	5	Art Zottolla	M	56	0:38:22	0:08:50
105	6	Michael Swain	M	56	0:47:10	0:10:52

MALES, AGES 60 TO 64:

27	1	Bill Serafin	M	62	0:31:53	0:07:21
47	2	Jim Ostinowsky	M	64	0:35:49	0:08:15

MALES, AGE 65 AND UP:

34	1	Tom Fetterman	M	69	0:33:03	0:07:37
110	2	Paul Byrne	M	67	0:49:32	0:11:25

MISSING INFORMATION

RUN FOR THE TRAIL 7K
August 14, 2011
Dilltown, Pennsylvania
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Overall	Division	Name	Gender	Age	Time	Pace
63		Bib #4	M	?	0:38:36	0:08:54
82		???????	M	?	0:41:06	0:09:28
FEMALES, AGE 12 AND UNDER:						
101	1	Olivia Norman	F	11	0:44:24	0:10:14
FEMALES, AGES 13 TO 15:						
23	1	Morgan Philips	F	13	0:31:07	0:07:10
96	2	Abby Szelong	F	13	0:43:00	0:09:54
97	3	Shiann Malcolm	F	13	0:43:06	0:09:56
FEMALES, AGES 16 TO 19:						
28	1	Katee Gresko	F	17	0:32:00	0:07:22
67	2	Victoria Miller	F	17	0:38:56	0:08:58
FEMALES, AGES 20 TO 24:						
22	1	Julie Ostinowsky	F	23	0:30:42	0:07:04
55	2	Tara Oleska	F	24	0:37:13	0:08:35
71	3	Sarah Brett	F	24	0:39:31	0:09:06
74	4	Tausha Clark	F	23	0:40:12	0:09:16
75	5	Megan Mulheren	F	21	0:40:13	0:09:16
83	6	Maria Wolfe	F	24	0:41:16	0:09:31
95	7	Marlana Malcotti	F	21	0:42:59	0:09:54
100	8	Sara Necciai	F	22	0:44:18	0:10:12
117	9	Aly Pajak	F	20	0:54:22	0:12:32
FEMALES, AGES 25 TO 29:						
68	1	Lacey Scott	F	29	0:39:13	0:09:02
FEMALES, AGES 30 TO 33:						
51	1	Jennifer Reaugh	F	33	0:36:19	0:08:22
66	2	Kosie Shepherd Parada	F	32	0:38:53	0:08:58
70	3	Kelly Wolfe Thompson	F	30	0:39:28	0:09:06
78	4	Nikki Pencak	F	31	0:40:26	0:09:19
120	5	Jennifer Bick	F	32	0:55:42	0:12:50
FEMALES, AGES 35 TO 39:						
50	1	Jamie Skirboll	F	37	0:36:10	0:08:20
72	2	Jennifer Baxter	F	35	0:39:35	0:09:07
73	3	Erin Visnesky	F	36	0:40:06	0:09:14
79	4	Laura Knupp	F	36	0:40:35	0:09:21
93	5	Jodi Dinger	F	39	0:42:35	0:09:49
99	6	Kim Peterman	F	38	0:43:32	0:10:02
121	7	Amy Haushhalter	F	35	0:58:02	0:13:22
122	8	Shawna Nibert	F	36	1:00:38	0:13:58
FEMALES, AGES 40 TO 44:						
54	1	Margi Sarp	F	42	0:37:09	0:08:34
59	2	Wendy Norman	F	40	0:37:51	0:08:43
61	3	Kelly Barker	F	41	0:38:24	0:08:51
106	4	Beth Murphy	F	43	0:47:58	0:11:03
107	5	Tracie Hertel	F	42	0:48:19	0:11:08
113	6	Cathy McElfresh	F	41	0:51:40	0:11:54

RUN FOR THE TRAIL 7K
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Dilltown, Pennsylvania
Race Director: Tad Pajak

Overall	Division	Name	Gender	Age	Time	Pace
118	7	Diane Clugston	F	43	0:55:07	0:12:42
FEMALES, AGES 45 TO 49:						
42	1	Aileen Bowman	F	45	0:35:16	0:08:08
58	2	Janet Ryen	F	47	0:37:35	0:08:40
81	3	Jackie Fennell	F	45	0:40:46	0:09:24
88	4	Janet Stewart	F	47	0:41:30	0:09:34
98	5	Mary Brown	F	45	0:43:23	0:09:60
103	6	Donna Dunlap	F	47	0:44:36	0:10:17
104	7	Rosemarie Langham	F	47	0:45:58	0:10:35
FEMALES, AGES 50 TO 54:						
77	1	Donna Scanlon	F	53	0:40:25	0:09:19
116	2	Patty Pajak	F	54	0:54:21	0:12:31
FEMALES, AGES 55 TO 59:						
90	1	Nancy Demagone	F	59	0:41:44	0:09:37
114	2	Darlene Upson	F	55	0:52:21	0:12:04
FEMALES, AGES 60 TO 64:						
89	1	Mary Drass	F	60	0:41:35	0:09:35
123	2	Janet Ostinowsky	F	60	1:04:28	0:14:51
FEMALES, AGE 60 AND UP:						
124	1	Betsy Fetterman	F	72	1:14:00	0:17:03