

**RUN FOR THE TRAIL 7K**  
**August 16, 2009**  
**Dilltown, PA**  
**Race Director: Thad Pajak**

Overall	Division	Name	Gender	Age	Time	Pace
1	1	Brent DiGiorgio	M	20	0:24:05	0:05:33
2	2	<b>Garrett Milner</b>	<b>M</b>	<b>18</b>	<b>0:24:48</b>	<b>0:05:43</b>
3	3	<b>Alex Woodrow</b>	<b>M</b>	<b>16</b>	<b>0:24:59</b>	<b>0:05:45</b>
4	1	Ken Hollows	M	44	0:25:30	0:05:53
5	1	Ben Kopchick	M	19	0:26:29	0:06:06
6	1	<b>Ronnie Bujdos</b>	<b>F</b>	<b>15</b>	<b>0:26:41</b>	<b>0:06:09</b>
7	1	David Hickey	M	37	0:27:21	0:06:18
8	1	<b>Doug Ulishney</b>	<b>M</b>	<b>48</b>	<b>0:27:32</b>	<b>0:06:21</b>
9	1	<b>Ken Sharbaugh</b>	<b>M</b>	<b>32</b>	<b>0:27:43</b>	<b>0:06:23</b>
10	1	Dave Bryce	M	26	0:28:10	0:06:29
11	2	C. J. Weimer	M	17	0:28:23	0:06:32
12	1	Craig Peterson	M	21	0:28:35	0:06:35
13	1	<b>Mark Stern</b>	<b>M</b>	<b>51</b>	<b>0:28:41</b>	<b>0:06:37</b>
14	2	<b>Vince Pavic</b>	<b>M</b>	<b>38</b>	<b>0:29:15</b>	<b>0:06:44</b>
15	2	Bryan Everhart	M	48	0:30:16	0:06:58
16	3	<b>Tom Fanning</b>	<b>M</b>	<b>48</b>	<b>0:30:25</b>	<b>0:07:01</b>
17	2	<b>Jeannie Bujdos</b>	<b>F</b>	<b>16</b>	<b>0:31:04</b>	<b>0:07:09</b>
18	2	<b>Dave Miller</b>	<b>M</b>	<b>51</b>	<b>0:31:19</b>	<b>0:07:13</b>
19	3	Nathan Beiter	M	16	0:31:40	0:07:18
20	1	<b>Bill Serafin</b>	<b>M</b>	<b>60</b>	<b>0:31:52</b>	<b>0:07:21</b>
21	3	<b>Mary Jean Bujdos</b>	<b>F</b>	<b>46</b>	<b>0:32:23</b>	<b>0:07:28</b>
22	2	Randy Hillegas	M	42	0:32:38	0:07:31
23	1	<b>John Swauger</b>	<b>M</b>	<b>57</b>	<b>0:32:48</b>	<b>0:07:33</b>
24	1	Crystal Corzine	F	22	0:32:50	0:07:34
25	2	Julie Ostinowsky	F	21	0:32:52	0:07:34
26	4	Paul Donati	M	49	0:33:09	0:07:38
27	4	Tyrell Varner	M	17	0:33:42	0:07:46
28	1	Austin Link	M	15	0:33:45	0:07:47
29	3	Todd McGee	M		0:34:05	0:07:51
30	2	Nathan Shirk	M	23	0:34:06	0:07:51
31	4	<b>Tom Bianco</b>	<b>M</b>	<b>41</b>	<b>0:34:14</b>	<b>0:07:53</b>
32	5	<b>Jed Fetterman</b>	<b>M</b>	<b>19</b>	<b>0:35:41</b>	<b>0:08:13</b>
33	5	<b>Tom Fritz</b>	<b>M</b>	<b>43</b>	<b>0:35:42</b>	<b>0:08:14</b>
34	2	Jim Ostinowsky	M	62	0:35:58	0:08:17
35	2	Justin Shank	M	15	0:36:00	0:08:18
36	3	Laura Ager	F	20	0:36:05	0:08:19
37	1	Ali Bacha	F	38	0:36:06	0:08:19
38	1	Carmen Cavalancia	F	19	0:36:08	0:08:20
39	1	Lisa Hillegas	F	49	0:36:08	0:08:20
40	1	Shannon Carpenter	F	15	0:36:40	0:08:27
41	2	Taylor Stiteler	F	16	0:37:06	0:08:33
42	6	<b>Scott Bowman</b>	<b>M</b>	<b>44</b>	<b>0:37:20</b>	<b>0:08:36</b>
43	2	<b>Randy Fetterman</b>	<b>M</b>	<b>56</b>	<b>0:37:27</b>	<b>0:08:38</b>
44	3	<b>Dan Cunkelman</b>	<b>M</b>	<b>53</b>	<b>0:37:39</b>	<b>0:08:41</b>
45	1	<b>Sam Cunkelman</b>	<b>M</b>	<b>9</b>	<b>0:37:40</b>	<b>0:08:41</b>
46	3	<b>Doug Johnson</b>	<b>M</b>	<b>58</b>	<b>0:37:46</b>	<b>0:08:42</b>
47	4	<b>Tom Simmons</b>	<b>M</b>	<b>52</b>	<b>0:38:01</b>	<b>0:08:46</b>
48	5	Walter Byrne	M	52	0:38:08	0:08:47
49	1	<b>Aileen Bowman</b>	<b>F</b>	<b>43</b>	<b>0:38:15</b>	<b>0:08:49</b>

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Overall	Division	Name	Gender	Age	Time	Pace
50	6	Lynn Weyant	M	51	0:38:15	0:08:49
<b>51</b>	<b>3</b>	<b>James Kilpatrick</b>	<b>M</b>	<b>61</b>	<b>0:38:37</b>	<b>0:08:54</b>
52	5	Mike Riggerbach	M	48	0:38:42	0:08:55
53	3	Phillip Levri	M	37	0:38:52	0:08:57
<b>54</b>	<b>1</b>	<b>Donna Scanlon</b>	<b>F</b>	<b>51</b>	<b>0:38:56</b>	<b>0:08:58</b>
<b>55</b>	<b>2</b>	<b>Linda Leopold</b>	<b>F</b>	<b>52</b>	<b>0:39:11</b>	<b>0:09:02</b>
56	6	Cody Miller	M	16	0:39:12	0:09:02
<b>57</b>	<b>4</b>	<b>John Bomboy</b>	<b>M</b>	<b>56</b>	<b>0:39:14</b>	<b>0:09:02</b>
<b>58</b>	<b>4</b>	<b>Chuck Frank</b>	<b>M</b>	<b>60</b>	<b>0:39:35</b>	<b>0:09:07</b>
59	4	Amy Rout	F	20	0:39:36	0:09:07
60	3	Rachel Rummel	F	17	0:39:41	0:09:09
61	2	Janet Molash Ryen	F	45	0:39:59	0:09:13
62	1	Jennifer Baxter	F	33	0:40:02	0:09:13
63	5	Bob Rout	M	57	0:40:05	0:09:14
64	1	Thomas Swab	M	75	0:40:08	0:09:15
<b>65</b>	<b>7</b>	<b>John Berezansky</b>	<b>M</b>	<b>51</b>	<b>0:40:29</b>	<b>0:09:20</b>
66	4	Jeff Sharbaugh	M	39	0:40:38	0:09:22
67	2	Heidi Rodgers	F	15	0:40:39	0:09:22
68	3	Laura DiGiorgio	F	52	0:40:47	0:09:24
69	6	Jim Rievel	M	48	0:40:51	0:09:25
<b>70</b>	<b>2</b>	<b>Mel Stern</b>	<b>F</b>	<b>33</b>	<b>0:40:53</b>	<b>0:09:25</b>
<b>71</b>	<b>3</b>	<b>Sharon Holsinger</b>	<b>F</b>	<b>48</b>	<b>0:40:54</b>	<b>0:09:25</b>
72	4	Nicole Busovicki	F	16	0:41:27	0:09:33
<b>73</b>	<b>3</b>	<b>Taylor Woodrow</b>	<b>F</b>	<b>13</b>	<b>0:41:31</b>	<b>0:09:34</b>
74	3	Jeanna Froud	F	32	0:42:00	0:09:41
<b>75</b>	<b>4</b>	<b>Melanie Williams</b>	<b>F</b>	<b>47</b>	<b>0:42:26</b>	<b>0:09:47</b>
76	5	Cindy Mazurak	F	47	0:42:47	0:09:51
<b>77</b>	<b>1</b>	<b>Claire Hogan</b>	<b>F</b>	<b>56</b>	<b>0:43:01</b>	<b>0:09:55</b>
78	7	Michael Percherko	M	48	0:43:18	0:09:59
<b>79</b>	<b>8</b>	<b>Steve Woodrow</b>	<b>M</b>	<b>51</b>	<b>0:43:29</b>	<b>0:10:01</b>
80	1	Ashley McBride	F	27	0:43:55	0:10:07
81	6	Tracy Dodson	F	46	0:44:09	0:10:10
82	5	Paul Figart	M	60	0:44:56	0:10:21
83	2	Mindy Stohon	F	41	0:45:20	0:10:27
84	4	Kayla Carpenter	F	13	0:45:32	0:10:29
85	5	Alex Oterson	F	13	0:46:10	0:10:38
86	1	Gary Harrold	M	65	0:46:17	0:10:40
87	5	Katie McMullen	F	18	0:46:34	0:10:44
88	6	Marissa Decker	F	15	0:47:07	0:10:51
89	7	Melissa McCurdy	F	15	0:48:13	0:11:07
<b>90</b>	<b>2</b>	<b>Mindy Wygonik</b>	<b>F</b>	<b>56</b>	<b>0:48:35</b>	<b>0:11:12</b>
91	2	Kevin Decker	M	12	0:48:58	0:11:17
92	7	Brent Decker	M	43	0:49:03	0:11:18
93	2	Paul Byrne	M	65	0:51:42	0:11:55
94	4	Kimberly Stewart	F	32	0:53:10	0:12:15
95	7	Bonnie Riga	F	49	0:57:23	0:13:13
96	8	Timothy Varner, Sr.	M	45	1:02:11	0:14:20
97	4	Kathy Koskoski	F	53	1:05:09	0:15:01
98	6	John Kuskoski	M	56	1:05:09	0:15:01

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Overall	Division	Name	Gender	Age	Time	Pace
<b>MALES, TOP THREE OVERALL:</b>						
1	1	Brent DiGiorgio	M	20	0:24:05	0:05:33
2	2	<b>Garrett Milner</b>	<b>M</b>	<b>18</b>	<b>0:24:48</b>	<b>0:05:43</b>
3	3	<b>Alex Woodrow</b>	<b>M</b>	<b>16</b>	<b>0:24:59</b>	<b>0:05:45</b>
<b>FEMALES, TOP THREE OVERALL:</b>						
6	1	Ronnie Bujdos	F	15	0:26:41	0:06:09
17	2	Jeannie Bujdos	F	16	0:31:04	0:07:09
21	3	Mary Jean Bujdos	F	46	0:32:23	0:07:28
<b>MALES, AGES 12 AND UNDER:</b>						
45	1	Sam Cunkelman	M	9	0:37:40	0:08:41
91	2	Kevin Decker	M	12	0:48:58	0:11:17
<b>MALES, AGES 13 TO 15:</b>						
28	1	Austin Link	M	15	0:33:45	0:07:47
35	2	Justin Shank	M	15	0:36:00	0:08:18
<b>MALES, AGES 16 TO 19:</b>						
5	1	Ben Kopchick	M	19	0:26:29	0:06:06
11	2	C. J. Weimer	M	17	0:28:23	0:06:32
19	3	Nathan Beiter	M	16	0:31:40	0:07:18
27	4	Tyrell Varner	M	17	0:33:42	0:07:46
32	5	<b>Jed Fetterman</b>	<b>M</b>	<b>19</b>	<b>0:35:41</b>	<b>0:08:13</b>
56	6	Cody Miller	M	16	0:39:12	0:09:02
<b>MALES, AGES 20 TO 24:</b>						
12	1	Craig Peterson	M	21	0:28:35	0:06:35
30	2	Nathan Shirk	M	23	0:34:06	0:07:51
10	1	Dave Bryce	M	26	0:28:10	0:06:29
<b>MALES, AGES 30 TO 34:</b>						
9	1	<b>Ken Sharbaugh</b>	<b>M</b>	<b>32</b>	<b>0:27:43</b>	<b>0:06:23</b>
<b>MALES, AGES 35 TO 39:</b>						
7	1	David Hickey	M	37	0:27:21	0:06:18
14	2	<b>Vince Pavic</b>	<b>M</b>	<b>38</b>	<b>0:29:15</b>	<b>0:06:44</b>
53	3	Phillip Levri	M	37	0:38:52	0:08:57
66	4	Jeff Sharbaugh	M	39	0:40:38	0:09:22

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Overall	Division	Name	Gender	Age	Time	Pace
<b>MALES, AGES 40 TO 44:</b>						
4	1	Ken Hollows	M	44	0:25:30	0:05:53
22	2	Randy Hillegas	M	42	0:32:38	0:07:31
29	3	Todd McGee	M		0:34:05	0:07:51
<b>31</b>	<b>4</b>	<b>Tom Bianco</b>	<b>M</b>	<b>41</b>	<b>0:34:14</b>	<b>0:07:53</b>
<b>33</b>	<b>5</b>	<b>Tom Fritz</b>	<b>M</b>	<b>43</b>	<b>0:35:42</b>	<b>0:08:14</b>
<b>42</b>	<b>6</b>	<b>Scott Bowman</b>	<b>M</b>	<b>44</b>	<b>0:37:20</b>	<b>0:08:36</b>
92	7	Brent Decker	M	43	0:49:03	0:11:18
<b>MALES, AGES 45 TO 49:</b>						
<b>8</b>	<b>1</b>	<b>Doug Ulishney</b>	<b>M</b>	<b>48</b>	<b>0:27:32</b>	<b>0:06:21</b>
15	2	Bryan Everhart	M	48	0:30:16	0:06:58
<b>16</b>	<b>3</b>	<b>Tom Fanning</b>	<b>M</b>	<b>48</b>	<b>0:30:25</b>	<b>0:07:01</b>
26	4	Paul Donati	M	49	0:33:09	0:07:38
52	5	Mike Riggerbach	M	48	0:38:42	0:08:55
69	6	Jim Rievel	M	48	0:40:51	0:09:25
78	7	Michael Percherko	M	48	0:43:18	0:09:59
96	8	Timothy Varner, Sr.	M	45	1:02:11	0:14:20
<b>MALES, AGES 50 TO 51:</b>						
<b>13</b>	<b>1</b>	<b>Mark Stern</b>	<b>M</b>	<b>51</b>	<b>0:28:41</b>	<b>0:06:37</b>
<b>18</b>	<b>2</b>	<b>Dave Miller</b>	<b>M</b>	<b>51</b>	<b>0:31:19</b>	<b>0:07:13</b>
<b>44</b>	<b>3</b>	<b>Dan Cunkelman</b>	<b>M</b>	<b>53</b>	<b>0:37:39</b>	<b>0:08:41</b>
<b>47</b>	<b>4</b>	<b>Tom Simmons</b>	<b>M</b>	<b>52</b>	<b>0:38:01</b>	<b>0:08:46</b>
48	5	Walter Byrne	M	52	0:38:08	0:08:47
50	6	Lynn Weyant	M	51	0:38:15	0:08:49
<b>65</b>	<b>7</b>	<b>John Berezansky</b>	<b>M</b>	<b>51</b>	<b>0:40:29</b>	<b>0:09:20</b>
<b>79</b>	<b>8</b>	<b>Steve Woodrow</b>	<b>M</b>	<b>51</b>	<b>0:43:29</b>	<b>0:10:01</b>
<b>MALES, AGES 55 TO 59:</b>						
<b>23</b>	<b>1</b>	<b>John Swauger</b>	<b>M</b>	<b>57</b>	<b>0:32:48</b>	<b>0:07:33</b>
<b>43</b>	<b>2</b>	<b>Randy Fetterman</b>	<b>M</b>	<b>56</b>	<b>0:37:27</b>	<b>0:08:38</b>
<b>46</b>	<b>3</b>	<b>Doug Johnson</b>	<b>M</b>	<b>58</b>	<b>0:37:46</b>	<b>0:08:42</b>
<b>57</b>	<b>4</b>	<b>John Bomboy</b>	<b>M</b>	<b>56</b>	<b>0:39:14</b>	<b>0:09:02</b>
63	5	Bob Rout	M	57	0:40:05	0:09:14
98	6	John Kuskoski	M	56	1:05:09	0:15:01
<b>MALES, AGES 60 TO 64:</b>						
<b>20</b>	<b>1</b>	<b>Bill Serafin</b>	<b>M</b>	<b>60</b>	<b>0:31:52</b>	<b>0:07:21</b>
34	2	Jim Ostinowsky	M	62	0:35:58	0:08:17
<b>51</b>	<b>3</b>	<b>James Kilpatrick</b>	<b>M</b>	<b>61</b>	<b>0:38:37</b>	<b>0:08:54</b>
<b>58</b>	<b>4</b>	<b>Chuck Frank</b>	<b>M</b>	<b>60</b>	<b>0:39:35</b>	<b>0:09:07</b>
82	5	Paul Figart	M	60	0:44:56	0:10:21

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<b>MALES, AGES 65 TO 69:</b>						
86	1	Gary Harrold	M	65	0:46:17	0:10:40
93	2	Paul Byrne	M	65	0:51:42	0:11:55
<b>MALES, AGE 70 AND UP:</b>						
64	1	Thomas Swab	M	75	0:40:08	0:09:15
<b>FEMALES, AGES 13 TO 15:</b>						
40	1	Shannon Carpenter	F	15	0:36:40	0:08:27
67	2	Heidi Rodgers	F	15	0:40:39	0:09:22
<b>73</b>	<b>3</b>	<b>Taylor Woodrow</b>	<b>F</b>	<b>13</b>	<b>0:41:31</b>	<b>0:09:34</b>
84	4	Kayla Carpenter	F	13	0:45:32	0:10:29
85	5	Alex Oterson	F	13	0:46:10	0:10:38
88	6	Marissa Decker	F	15	0:47:07	0:10:51
89	7	Melissa McCurdy	F	15	0:48:13	0:11:07
<b>FEMALES, AGES 16 TO 19:</b>						
38	1	Carmen Cavalancia	F	19	0:36:08	0:08:20
41	2	Taylor Stiteler	F	16	0:37:06	0:08:33
60	3	Rachel Rummel	F	17	0:39:41	0:09:09
72	4	Nicole Busovicki	F	16	0:41:27	0:09:33
87	5	Katie McMullen	F	18	0:46:34	0:10:44
<b>FEMALES, AGES 20 TO 24:</b>						
24	1	Crystal Corzine	F	22	0:32:50	0:07:34
25	2	Julie Ostinowsky	F	21	0:32:52	0:07:34
36	3	Laura Ager	F	20	0:36:05	0:08:19
59	4	Amy Rout	F	20	0:39:36	0:09:07
<b>FEMALES, AGES 25 TO 29:</b>						
80	1	Ashley McBride	F	27	0:43:55	0:10:07
<b>FEMALES, AGES 30 TO 34:</b>						
62	1	Jennifer Baxter	F	33	0:40:02	0:09:13
<b>70</b>	<b>2</b>	<b>Mel Stern</b>	<b>F</b>	<b>33</b>	<b>0:40:53</b>	<b>0:09:25</b>
74	3	Jeanna Froud	F	32	0:42:00	0:09:41
94	4	Kimberly Stewart	F	32	0:53:10	0:12:15
<b>FEMALES, AGES 35 TO 39:</b>						
37	1	Ali Bacha	F	38	0:36:06	0:08:19

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<b>Overall</b>	<b>Division</b>	<b>Name</b>	<b>Gender</b>	<b>Age</b>	<b>Time</b>	<b>Pace</b>
<b>FEMALES, AGES 40 TO 44:</b>						
<b>49</b>	<b>1</b>	<b>Aileen Bowman</b>	<b>F</b>	<b>43</b>	<b>0:38:15</b>	<b>0:08:49</b>
83	2	Mindy Stohon	F	41	0:45:20	0:10:27
<b>FEMALES, AGES 45 TO 49:</b>						
39	1	Lisa Hillegas	F	49	0:36:08	0:08:20
61	2	Janet Molash Ryen	F	45	0:39:59	0:09:13
<b>71</b>	<b>3</b>	<b>Sharon Holsinger</b>	<b>F</b>	<b>48</b>	<b>0:40:54</b>	<b>0:09:25</b>
<b>75</b>	<b>4</b>	<b>Melanie Williams</b>	<b>F</b>	<b>47</b>	<b>0:42:26</b>	<b>0:09:47</b>
76	5	Cindy Mazurak	F	47	0:42:47	0:09:51
81	6	Tracy Dodson	F	46	0:44:09	0:10:10
95	7	Bonnie Riga	F	49	0:57:23	0:13:13
<b>FEMALES, AGES 50 TO 54:</b>						
<b>54</b>	<b>1</b>	<b>Donna Scanlon</b>	<b>F</b>	<b>51</b>	<b>0:38:56</b>	<b>0:08:58</b>
<b>55</b>	<b>2</b>	<b>Linda Leopold</b>	<b>F</b>	<b>52</b>	<b>0:39:11</b>	<b>0:09:02</b>
68	3	Laura DiGiorgio	F	52	0:40:47	0:09:24
97	4	Kathy Koskoski	F	53	1:05:09	0:15:01
<b>FEMALES, AGES 55 TO 59:</b>						
<b>77</b>	<b>1</b>	<b>Claire Hogan</b>	<b>F</b>	<b>56</b>	<b>0:43:01</b>	<b>0:09:55</b>
<b>90</b>	<b>2</b>	<b>Mindy Wygonik</b>	<b>F</b>	<b>56</b>	<b>0:48:35</b>	<b>0:11:12</b>