

NAME	DISTANCE	TIME	PACE	RACE	CITY	STATE	DATE
Sam Cunkelman	800 Meters	0:01:59	0:03:58	PIAA Class AA Districts	Altoona	PA	5/17/2016
Sam Cunkelman	800 Meters	2:06:12	4:13:55	PIAA Championships Prelim	Shippensburg	PA	5/27/2016
Darry Walker	1500 Meters	0:04:55	0:05:17	Mountian Top Invitational Meet	Patton	PA	6/11/2016
Darry Walker	High Jump	4'6"		Mountian Top Invitational Meet	Patton	PA	6/11/2016
Sam Cunkelman	1600 Meters	0:04:30	0:04:30	PIAA Class AA Districts	Altoona	PA	5/17/2016
Jonathan Gearhart	1600 Meters	0:05:16	0:05:16	Laurel Mtn AA Middle School	Latrobe	PA	5/9/2016
Jillian Barger	1600 Meters	0:05:43	0:05:43	PIAA Class AA Districts	Altoona	PA	5/17/2016
Mackenzie Walker	1600 Meters	0:05:47	0:05:47	PIAA Class AA Districts	Altoona	PA	5/17/2016
Darryl Walker	Mile	0:04:53	0:04:53	Historic Main Street Mile	Westminster	MD	4/13/2016
Darryl Walker	One Mile	0:05:08	0:05:08	Winfield Mile	Sykesville	MD	1/1/2016
Darryl Walker	Mile	0:05:21	0:05:21	Gateway Mile	Monroeville	PA	6/2/2016
Maria Fruscello	Mile	0:06:57	0:06:57	Asbury Golden Mile	Mt. Lebanon	PA	9/8/2016
Caleb Fruscello	Mile	0:07:55	0:07:55	Asbury Golden Mile	Mt. Lebanon	PA	9/8/2016
Anthony Boerio	Mile	0:08:11	0:08:11	Gateway Mile	Monroeville	PA	6/2/2016
Caleb Fruscello	Mile	0:09:28	0:09:28	Baldwin Mile	Whitehall	PA	6/4/2016
Emily Fruscello	Mile	0:09:36	0:09:36	Baldwin Mile	Whitehall	PA	6/4/2016
Preston Kessler	1.5 Mile	0:10:35	0:07:03	Slippery Rock XC Invitational	Cooper's Lake	PA	10/1/2016
Caleb Fruscello	1.5 Mile	0:12:21	0:08:14	Mac Cooper XC Meet	Brush Creek	PA	10/8/2016
A J Lockard	1.5 Mile	0:14:46	0:09:51	Slippery Rock XC Invitational	Cooper's Lake	PA	10/1/2016
Addie Lockard	1.5 Mile	0:15:41	0:10:27	Slippery Rock XC Invitational	Cooper's Lake	PA	10/1/2016
Kylen Sawtelle	1.8 Mile	0:11:27	0:06:22	WAADA XC Championships	Indiana	PA	10/4/2016
Ben Brown	1.8 Mile	0:12:05	0:06:43	WAADA XC Championships	Indiana	PA	10/4/2016
Ally Conrad	1.8 Mile	0:12:28	0:06:56	WAADA XC Championships	Indiana	PA	10/4/2016
Dalas Waltemire	1.8 Mile	0:12:49	0:07:07	WAADA XC Championships	Indiana	PA	10/4/2016
Caleb Fruscello	1.85 Mile	0:14:21	0:07:45	Diocesan XC Championship	Cooper's Lake	PA	10/15/2016
Jonathan Gearhart	3200 Meters	0:12:09	0:06:04	Laurel Mtn AA Middle School	Latrobe	PA	5/9/2016
Doris Hicks	2 Mile	0:38:10	0:19:05	Burrell Twp. Library 2-Mile Walk	Black Lick	PA	6/11/2016
Herbster Cratty	3 Miler	0:20:58	0:06:59	Fairmont Run to Read 3 Miler	Fairmont	WV	7/29/2016
Tom Lipsie	5K	0:16:26	0:05:18	Firecraker 5K	Indiana	PA	7/3/2016
Tom Lipsie	5K	0:16:54	0:05:27	Groundhog Festival 5K	Punxsutawney	PA	7/6/2016
Tom Lipsie	5K	0:17:04	0:05:30	Freeport Flash 5K	Freeport	PA	6/4/2016

Sara Zambotti	5K	0:17:06	0:05:31	Firecraker 5K	Indiana	PA	7/3/2016
Tom Lipsie	5K	0:17:09	0:05:32	Camp Cadet 5K	Indiana	PA	6/25/2016
Sam Cunkelman	5K	0:17:12	0:05:33	Heritage Confernece XC Meet	Marion Center	PA	10/24/2016
Mindy Sawtelle-Zottola	5K	0:17:26	0:05:37	Firecraker 5K	Indiana	PA	7/3/2016
Sam Cunkelman	5K	0:17:33	0:05:40	Indiana County XC Meet	Indiana	PA	10/13/2016
Sam Cunkelman	5K	0:17:36	0:05:41	Elderton 5K	Elderton	PA	6/3/2016
Sam Cunkelman	5K	0:17:52	0:05:46	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Kendall Branan	5K	0:17:56	0:05:47	Indiana County XC Meet	Indiana	PA	10/13/2016
Sam Cunkelman	5K	0:18:00	0:05:48	Dave Hutton Memorial 5K	Emporium	PA	8/20/2016
Kendal Branan	5K	0:18:01	0:05:49	Slippery Rock XC Invitational	Cooper's Lake	PA	10/1/2016
Sam Cunkelman	5K	0:18:04	0:05:50	PIAA Distrct XC Championships	Penn Hills	PA	10/29/2016
Sam Cunkelman	5K	0:18:09	0:05:51	Groundhog Festival 5K	Punxsutawney	PA	7/6/2016
Joey Bujdos	5K	0:18:10	0:05:52	Slippery Rock XC Invitational	Cooper's Lake	PA	10/1/2016
Joey Bujdos	5K	0:18:12	0:05:52	Indiana County XC Meet	Indiana	PA	10/13/2016
Sara Zambotti	5K	0:18:14	0:05:53	Camp Cadet 5K	Indiana	PA	6/25/2016
Kendal Branan	5K	0:18:14	0:05:53	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Kendall Branan	5K	0:18:16	0:05:54	PAC 5K	Ernest	PA	3/19/2016
Sam Cunkelman	5K	0:18:17	0:05:54	PIAA State XC Championships	Hershey	PA	11/5/2016
Sam Cunkelman	5K	0:18:24	0:05:56	Mission Possible 5K	Blairsville	PA	8/13/2016
Joey Bujdos	5K	0:18:24	0:05:56	WPIAL XC Championships	Cooper's Lake	PA	10/27/2016
Sara Zambotti	5K	0:18:31	0:05:58	YMCA Turkey Trot	Indiana	PA	11/24/2016
Joey Bujdos	5K	0:18:33	0:05:59	Kittanning YMCA Fall Classic 5K	Kittanning	PA	11/12/2016
Ken Branan	5K	0:18:35	0:06:00	PAC 5K	Ernest	PA	3/19/2016
Darryl Walker	5K	0:18:39	0:06:01	Fire & Ice 5K	Somerset	PA	1/16/2016
Joey Bujdos	5K	0:18:47	0:06:04	YMCA Turkey Trot	Indiana	PA	11/24/2016
Grant Cruse	5K	0:18:49	0:06:04	American Red Cross Vampire 5K	Johnstown	PA	10/15/2016
Jonathan Gearhart	5K	0:18:52	0:06:05	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Mindy Sawtelle-Zottola	5K	0:18:55	0:06:06	Love of Life 5K	Indiana	PA	10/22/2016
Jonathan Gearhart	5K	0:19:06	0:06:10	Fool's Run 5K	Indiana	PA	4/9/2016
Jonathan Gearhart	5K	0:19:08	0:06:10	PIAA Distrct XC Championships	Penn Hills	PA	10/29/2016
Darryl Walker	5K	0:19:08	0:06:10	Lisa Lady Bug Turkey Trot	Punxsutawney	PA	11/24/2016
Jeannie Bujdos	5K	0:19:12	0:06:12	Summers End 5K	Dewey Beach	DE	9/3/2016
Jeannie Bujdos	5K	0:19:15	0:06:13	YMCA Turkey Trot	Indiana	PA	11/24/2016
Mindy Sawtelle-Zottola	5K	0:19:18	0:06:14	Camp Cadet 5K	Indiana	PA	6/25/2016

Joey Bujdos	5K	0:19:19	0:06:14	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Kendall Branan	5K	0:19:19	0:06:14	Indiana/Burrell XC Meet	Indiana	PA	10/6/2016
Jonathan Gearhart	5K	0:19:23	0:06:15	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Darryl Walker	5K	0:19:24	0:06:15	It's A Wonderful 5K	Ernest	PA	12/3/2016
Herbster Cratty	5K	0:19:26	0:06:16	Winter Wing Challenge 5K	Upper St. Clair	PA	1/9/2016
Sara Zambotti	5K	0:19:26	0:06:16	Hoodlebug 5K	Homer City	PA	9/11/2016
Darryl Walker	5K	0:19:29	0:06:17	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Grant Cruse	5K	0:19:31	0:06:18	Hoodlebug 5K	Homer City	PA	9/11/2016
Jonathan Gearhart	5K	0:19:34	0:06:19	Hoodlebug 5K	Homer City	PA	9/11/2016
Bob Manzi	5K	0:19:47	0:06:23	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Jonathan Gearhart	5K	0:19:47	0:06:23	Indiana County XC Meet	Indiana	PA	10/13/2016
Dylan Kutruff	5K	0:19:49	0:06:24	Donut Dash 5K	Indiana	PA	4/16/2016
Joey Bujdos	5K	0:19:50	0:06:24	Indiana/Burrell XC Meet	Indiana	PA	10/6/2016
Jeannie Bujdos	5K	0:19:57	0:06:26	Love of Life 5K	Indiana	PA	10/22/2016
Harley Kessler	5K	0:19:59	0:06:27	Firecraker 5K	Indiana	PA	7/3/2016
Grant Cruse	5K	0:20:01	0:06:27	Love of Life 5K	Indiana	PA	10/22/2016
Al Casagrande	5K	0:20:06	0:06:29	Skinner 5K	Idaho Falls	ID	6/4/2016
Herbster Cratty	5K	0:20:06	0:06:29	Vintondale Homecoming 5K	Vintondale	PA	9/3/2016
Mackenzie Walker	5K	0:20:06	0:06:29	PIAA Distrct XC Championships	Penn Hills	PA	10/29/2016
Herbster Cratty	5K	0:20:09	0:06:30	Happy Birthday Scooby 5K	Austintown	OH	8/23/2016
Dylan Kutruff	5K	0:20:09	0:06:30	Run To Remember 5K	Kittanning	PA	9/11/2016
Nicole Dann-Payne	5K	0:20:10	0:06:30	YMCA Turkey Trot	Indiana	PA	11/24/2016
Jonathan Gearhart	5K	0:20:14	0:06:32	Heritage Confernece XC Meet	Marion Center	PA	10/24/2016
Sara Zambotti	5K	0:20:22	0:06:34	Love of Life 5K	Indiana	PA	10/22/2016
Herbster Cratty	5K	0:20:27	0:06:36	Prospect Chiefs 5K	Prospect	PA	8/21/2016
Matt Pajak	5K	0:20:27	0:06:36	St Vincent Alumni 5K	Latrobe	PA	8/27/2016
Jay Thompson	5K	0:20:30	0:06:37	YMCA Turkey Trot	Indiana	PA	11/24/2016
James Thomson	5K	0:20:32	0:06:37	Camp Cadet 5K	Indiana	PA	6/25/2016
Herbster Cratty	5K	0:20:32	0.0046	Lakeview Area Public Library 5K	Stoneboro	PA	12/3/2016
Herbster Cratty	5K	0:20:33	0:06:38	Lt Thomas Marci Scholarship 5K	New Castle	PA	8/28/2016
Mackenzie Walker	5K	0:20:33	0:06:38	Heritage Confernece XC Meet	Marion Center	PA	10/24/2016
Dylan Kutruff	5K	0:20:44	0:06:41	Fool's Run 5K	Indiana	PA	4/9/2016
Mackenzie Walker	5K	0:20:44	0:06:41	PIAA State XC Championships	Hershey	PA	11/5/2016
Marilyn Gregory	5K	0:20:49	0:06:43	Fire & Ice 5K	Somerset	PA	1/16/2016

Harley Kessler	5K	0:20:54	0:06:45	WPIAL XC Championships	Cooper's Lake	PA	10/27/2016
Herbster Cratty	5K	0:20:58	0:06:46	Brockway Shane O Mak 5K	Brockway	PA	8/13/2016
Ben Shultz	5K	0:20:59	0:06:46	Hoodlebug 5K	Homer City	PA	9/11/2016
Mackenzie Walker	5K	0:21:00	0:06:46	Indiana County XC Meet	Indiana	PA	10/13/2016
Harley Kessler	5K	0:21:05	0:06:48	Slippery Rock XC Invitational	Cooper's Lake	PA	10/1/2016
Preston Kessler	5K	0:21:13	0:06:51	Firecraker 5K	Indiana	PA	7/3/2016
Dylan Kutruff	5K	0:21:20	0:06:53	Houtzdale Days 5K	Houtzdale	PA	7/22/2016
Dan McQuiston	5K	0:21:24	0:06:54	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Herbster Cratty	5K	0:21:26	0:06:55	Prospect Rube's Run 5K	Prospect	PA	7/23/2016
Harley Kessler	5K	0:21:31	0:06:56	Donut Dash 5K	Indiana	PA	4/16/2016
Vince Pavic	5K	0:21:36	0:06:58	Big Fish Grill 5K	Rehoboth Beach	DE	5/1/2016
Dan Mcquiston	5K	0:21:37	0:06:58	Hoodlebug 5K	Homer City	PA	9/11/2016
Scott Cessna	5K	0:21:39	0:06:59	Hoodlebug 5K	Homer City	PA	9/11/2016
Vince Pavic	5K	0:21:49	0:07:02	Jacksonville Creepy Crawl 5K	Jacksonville	FL	10/22/2016
Marilyn Gregory	5K	0:21:58	0:07:05	USATF Masters XC Championship	Tallahassee	FL	11/6/2016
Candi Lockard	5K	0:21:59	0:07:05	Camp Cadet 5K	Indiana	PA	6/25/2016
Mackenzie Walker	5K	0:22:03	0:07:07	Lisa Lady Bug Turkey Trot	Punxsutawney	PA	11/24/2016
Scott Cessna	5K	0:22:10	0:07:09	Buffalo Creek 5K	Worthington	PA	10/2/2016
Jillian Barger	5K	0:22:16	0:07:11	Heritage Confernece XC Meet	Marion Center	PA	10/24/2016
Marilyn Gregory	5000 Meters	0:22:17	0:07:11	USATF Masters Nationals	Grand Rapid	MI	7/17/2016
Dylan Kutruff	5K	0:22:22	0:07:13	Ebensburg Turkey Trot	Ebensburg	PA	11/24/2016
Mike Weaver	5K	0:22:28	0:07:15	PAC 5K	Ernest	PA	3/19/2016
Tad Pajak	5K	0:22:29	0:07:15	Fire & Ice 5K	Somerset	PA	1/16/2016
Shaelyn Waltemire	5K	0:22:29	0:07:15	Lighthouse 5K	Outer Banks	NC	8/24/2016
Brianna Walker	5K	0:22:30	0:07:15	Fire & Ice 5K	Somerset	PA	1/16/2016
Jillian Barger	5K	0:22:32	0:07:16	Indiana County XC Meet	Indiana	PA	10/13/2016
Al Lockard	5K	0:22:33	0:07:16	Hoodlebug 5K	Homer City	PA	9/11/2016
Harley Kessler	Tri Run	0:22:36	0:07:17	Jackie Kallal Triathlon Relay	Penn Run	PA	6/11/2016
Kristy Bendis	5K	0:22:36	0:07:17	Que Classic 5K	Johnstown	PA	9/24/2016
Mackenzie Walker	5K	0:22:36	0:07:17	It's A Wonderful 5K	Ernest	PA	12/3/2016
Laura Yevchak	5K	0:22:40	0:07:19	Ebensburg Turkey Trot	Ebensburg	PA	11/24/2016
John Swauger	5K	0:22:50	0:07:22	PAC 5K	Ernest	PA	3/19/2016
Scott Valazak	5K	0:22:52	0:07:23	YMCA Turkey Trot	Indiana	PA	11/24/2016
Denny Cruse	5K	0:22:59	0:07:25	American Red Cross Vampire 5K	Johnstown	PA	10/15/2016

Megan Foulk	5K	0:23:02	0:07:26	Firecraker 5K	Indiana	PA	7/3/2016
Tad Pajak	5K	0:23:03	0:07:26	Hoodlebug 5K	Homer City	PA	9/11/2016
Gia Spadafora	5K	0:23:06	0:07:27	Donut Dash 5K	Indiana	PA	4/16/2016
Brandon Payne	5K	0:23:10	0:07:28	IBEW Local 459 5K	Black Lick	PA	5/14/2016
Jonathan Cunkelman	5K	0:23:10	0:07:28	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Brandon Payne	5K	0:23:11	0:07:29	Dock to Lock 5K	Rice's Landing	PA	5/7/2016
Rick Conroy	5K	0:23:14	0:07:30	Butler Lions Club Scoot & Toot 5K	Butler	PA	9/25/2016
Harley Kessler	5K	0:23:18	0:07:31	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Tina Zack	5K	0:23:18	0.00522	YMCA Twilight 5K	Hollidaysburg	PA	12/31/2016
Jillian Barger	5K	0:23:22	0:07:32	PIAA Distrct XC Championships	Penn Hills	PA	10/29/2016
Jillian Barger	5K	0:23:23	0:07:33	Camp Cadet 5K	Indiana	PA	6/25/2016
Tina Zack	5K	0:23:28	0:07:34	Fire & Ice 5K	Somerset	PA	1/16/2016
Brandon Payne	5K	0:23:28	0:07:34	Roller Coaster 5K	West Mifflin	PA	6/5/2016
Scott Cessna	5K	0:23:30	0:07:35	Howl At The Moon 5K	Johnstown	PA	8/15/2016
Jacob Gill	5K	0:23:31	0:07:35	Firecraker 5K	Indiana	PA	7/3/2016
Shaelyn Waltemire	5K	0:23:34	0:07:36	It's A Wonderful 5K	Ernest	PA	12/3/2016
Shaelyn Waltemire	5K	0:23:39	0:07:38	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Shaelyn Waltemire	5K	0:23:41	0:07:38	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Jacob Gill	5K	0:23:42	0:07:39	PAC 5K	Ernest	PA	3/19/2016
Jillian Barger	5K	0:23:42	0:07:39	Quota 5K	Indiana	PA	6/11/2015
Kristina Small	5K	0:23:46	0:07:40	Firecraker 5K	Indiana	PA	7/3/2016
Shaelyn Waltemire	5K	0:23:48	0:07:41	Indiana County XC Meet	Indiana	PA	10/13/2016
Shaelyn Waltemire	5K	0:23:50	0:07:41	Slippery Rock XC Invitational	Cooper's Lake	PA	10/1/2016
Denny Cruse	5K	0:23:52	0:07:42	Hoodlebug 5K	Homer City	PA	9/11/2016
Andy See	5K	0:23:55	0:07:43	Firecraker 5K	Indiana	PA	7/3/2016
Noreen See	5K	0:23:56	0:07:43	Firecraker 5K	Indiana	PA	7/3/2016
Al Lockard	5K	0:23:57	0:07:44	Camp Cadet 5K	Indiana	PA	6/25/2016
Jonathan Cunkelman	5K	0:23:57	0:07:44	Hoodlebug 5K	Homer City	PA	9/11/2016
Jonathan Cukelman	5K	0:24:01	0:07:45	Peanut Butter Festival 5K	New Bethlehem	PA	9/17/2016
Shaelyn Waltemire	5K	0:24:06	0:07:46	PAC 5K	Ernest	PA	3/19/2016
Preston Kessler	5K	0:24:08	0:07:47	Camp Cadet 5K	Indiana	PA	6/25/2016
Jacob Gill	5K	0:24:11	0:07:48	Step It Up 5K	Indiana	PA	4/23/2016
Ed Hlebechuk	5K	0:24:11	0:07:48	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Giavanna Spadafora	5K	0:24:15	0:07:49	Trick or Trot 5K	Indiana	PA	10/29/2016

Ray Peterman	5K	0:24:16	0:07:50	Nanty Glo Bulldog Crawl 5K	Nanty Glo	PA	6/25/2016
Noreen See	5K	0:24:22	0:07:52	Pace For Polio 5K	Westfield	NY	11/26/2016
Noreen See	5K	0:24:24	0:07:52	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Tad Pajak	5K	0:24:30	0:07:54	St Vincent Alumni 5K	Latrobe	PA	8/27/2016
Noreen See	5K	0:24:30	0:07:54	Peanut Butter Festival 5K	New Bethlehem	PA	9/17/2016
Jamie Branan	5K	0:24:31	0:07:55	PAC 5K	Ernest	PA	3/19/2016
Skip Spadafora	5K	0:24:33	0:07:55	Donut Dash 5K	Indiana	PA	4/16/2016
Molly Zack	5K	0:24:37	0:07:56	Fire & Ice 5K	Somerset	PA	1/16/2016
Kylen Sawtelle	5K	0:24:39	0:07:57	Hoodlebug 5K	Homer City	PA	9/11/2016
Jill Conroy	5K	0:24:42	0:07:58	Butler Lions Club Scoot & Toot 5K	Butler	PA	9/25/2016
Noreen See	5K	0:24:45	0:07:59	President's Wellnes 5K	Slippery Rock	PA	9/24/2016
Tina Zack	5K	0:24:48	0:08:00	Banana Run 5K	Latrobe	PA	8/27/2016
Shaelyn Waltemire	5K	0:24:49	0:08:00	Mission Possible 5K	Blairsville	PA	8/13/2016
Mary Jean Bujdos	5K	0:24:50	0:08:01	Summers End 5K	Dewey Beach	DE	9/3/2016
Caleb Fruscello	5K	0:24:50	0.00556	Great Race 5K	Pittsburgh	PA	9/25/2016
Jacob Gill	5K	0:24:52	0:08:01	Donut Dash 5K	Indiana	PA	4/16/2016
Noreen See	5K	0:24:52	0:08:01	Hoodlebug 5K	Homer City	PA	9/11/2016
Skip Spadafora	5K	0:24:52	0:08:01	Trick or Trot 5K	Indiana	PA	10/29/2016
Kaiden Branan	5K	0:24:53	0:08:02	PAC 5K	Ernest	PA	3/19/2016
Noreen See	5K	0:24:53	0:08:02	Love of Life 5K	Indiana	PA	10/22/2016
Olivia Peters	5K	0:25:00	0:08:04	PAC 5K	Ernest	PA	3/19/2016
Preston Kessler	5K	0:25:02	0:08:05	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Ed Hlebechuk	5K	0:25:06	0:08:06	A Rabbit Runs Through It 5K	Latrobe	PA	4/2/2016
Shaelyn Waltemire	5K	0:25:06	0:08:06	Ford City 5K	Ford City	PA	7/2/2016
Andy See	5K	0:25:07	0:08:06	Camp Cadet 5K	Indiana	PA	6/25/2016
Denny Cruse	5K	0:25:07	0:08:06	Love of Life 5K	Indiana	PA	10/22/2016
Andy See	5K	0:25:08	0:08:06	Hoodlebug 5K	Homer City	PA	9/11/2016
Amanda Vresilovic	5K	0:25:10	0:08:07	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Scott Bowman	5K	0:25:11	0:08:07	Emma Marie Aronson 5K	Kansas City	MO	10/22/2016
Tina Zack	5K	0:25:12	0:08:08	It's A Wonderful 5K	Ernest	PA	12/3/2016
John Swauger	5K	0:25:15	0:08:09	Fire & Ice 5K	Somerset	PA	1/16/2016
The John Swauger	5K	0:25:16	0:08:09	Hoodlebug 5K	Homer City	PA	9/11/2016
Scott Bowman	5K	0:25:17	0:08:09	YMCA Turkey Trot	Indiana	PA	11/24/2016
John Swauger	5K	0:25:19	0:08:10	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016

Mike Lipchik	5K	0:25:19	0:08:10	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Jill Conroy	5K	0:25:20	0:08:10	Kiski Valley Turkey Trot	Apollo	PA	11/24/2016
Ed Hlebechuk	5K	0:25:21	0:08:11	Harrison Heroes Veteran's 5K	Ft. Nutter	WV	9/17/2016
Aileen Bowman	5K	0:25:21	0:08:11	Emma Marie Aronson 5K	Kansas City	MO	10/22/2016
Maria Fruscello	5K	0:25:22	0:08:11	Whitehall Borough 5K	Whitehall	PA	6/4/2016
Robert Leopold	5K	0:25:23	0:08:11	Chasin' For Chalfin 5K	Springdell	PA	6/25/2016
Shaelyn Waltemire	5K	0:25:23	0:08:11	Lisa Lady Bug Turkey Trot	Punxsutawney	PA	11/24/2016
Shaelyn Waltemire	5K	0:25:25	0:08:12	Indiana/Burrell/Geibel XC	Indiana	PA	10/6/2016
Noreen See	5K	0:25:26	0:08:12	Canoe Creek 5K	Hollidaysburg	PA	8/6/2016
Tina Zack	5K	0:25:30	0:08:14	Camp Cadet 5K	Indiana	PA	6/25/2016
Lucy Bujdos	5K	0:25:30	0:08:14	Summers End 5K	Dewey Beach	DE	9/3/2016
Aileen Bowman	5K	0:25:31	0:08:14	Fight For Life 5K	Apollo	PA	11/19/2016
Mary Jean Bujdos	5K	0:25:33	0:08:15	YMCA Turkey Trot	Indiana	PA	11/24/2016
Brandon Payne	5K	0:25:34	0:08:15	Sandy Smiles Memorial 5K	Library	PA	5/21/2016
Aileen Bowman	5K	0:25:37	0:08:16	Hoodlebug 5K	Homer City	PA	9/11/2016
Jacob Gill	5K	0:25:37	0:08:16	Trick or Trot 5K	Indiana	PA	10/29/2016
Noreen See	5K	0:25:40	0:08:17	Camp Cadet 5K	Indiana	PA	6/25/2016
Kristina Zack	5K	0:25:40	0:08:17	Hoodlebug 5K	Homer City	PA	9/11/2016
Evelyn Gill	5K	0:25:42	0:08:17	PAC 5K	Ernest	PA	3/19/2016
Shaelyn Waltemire	5K	0:25:43	0:08:18	Camp Cadet 5K	Indiana	PA	6/25/2016
Tina Zack	5K	0:25:43	0:08:18	Ft. Ligonier Days 5K	Ligonier	PA	10/16/2016
Jonathan Cunkelman	5K	0:25:44	0:08:18	Vintondale Homecoming 5K	Vintondale	PA	9/3/2016
Brandon Payne	5K	0:25:45	0:08:18	Run With Ryan Memorial 5K	Belle Vernon	PA	7/9/2016
Amanda Vresilovic	5K	0:25:47	0:08:19	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016
Tina Zack	5K	0:25:49	0:08:20	Love of Life 5K	Indiana	PA	10/22/2016
Evelyn Gill	5K	0:25:50	0:08:20	Step It Up 5K	Indiana	PA	4/23/2016
Evelyn Gill	5K	0:25:50	0:08:20	Firecraker 5K	Indiana	PA	7/3/2016
Caleb Fruscello	5K	0:25:50	0:08:20	Joey Fabus 5K	Bethel Park	PA	9/18/2016
John Swauger	Tri Run	0:25:53	0:08:21	Jackie Kallal Triathlon Relay	Penn Run	PA	6/11/2016
Gary Honkus	5K	0:25:59	0:08:23	Lady Vick Challenge 5K	Shanksville	PA	7/16/2016
Jamie Kish	5K	0:26:00	0:08:23	Fire & Ice 5K	Somerset	PA	1/16/2016
Tracey Page	5K	0:26:01	0:08:24	Fire & Ice 5K	Somerset	PA	1/16/2016
Chris Sharbaugh	5K	0:26:02	0:08:24	Love of Life 5K	Indiana	PA	10/22/2016
Shaelyn Waltemire	5K	0:26:04	0:08:25	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016

Jacob Gill	5K	0:26:06	0:08:25	Fool's Run 5K	Indiana	PA	4/9/2016
Meghan Foulk	5K	0:26:07	0:08:25	Quota 5K	Indiana	PA	6/11/2015
Megan White	5K	0:26:09	0:08:26	Whisky Rebellion 5K	Cannonsburg	PA	7/4/2016
Scott Bowman	5K	0:26:10	0:08:26	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016
Scott Bowman	5K	0:26:11	0:08:27	Boston Marathon 5K	Boston	MA	4/16/2016
Mary Jean Bujdos	5K	0:26:12	0:08:27	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
John Swauger	5K	0:26:12	0:08:27	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Scott Bowman	5K	0:26:12	0:08:27	Fight For Life 5K	Apollo	PA	11/19/2016
Dan Vresilovic	5K	0:26:13	0:08:27	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016
Tina Zack	5K	0:26:13	0:08:27	Bolivar Fall Crawl 5K	Bolivar	PA	10/29/2016
Shaelyn Waltemire	5K	0:26:14	0:08:28	Elderton 5K	Elderton	PA	6/3/2016
John Swauger	5K	0:26:16	0:08:28	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Alex Bauer	5K	0:26:16	0:08:28	YMCA Turkey Trot	Indiana	PA	11/24/2016
Tina Zack	5K	0:26:16	0:08:28	Greensburg Turkey Trot	Greensburg	PA	11/24/2016
Tracey Page	5K	0:26:18	0:08:29	Que Classic 5K	Johnstown	PA	9/24/2016
Scott Bauer	5K	0:26:19	0:08:29	YMCA Turkey Trot	Indiana	PA	11/24/2016
Jacob Gill	5K	0:26:20	0:08:30	Camp Cadet 5K	Indiana	PA	6/25/2016
Dan Vresilovic	5K	0:26:21	0:08:30	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Lucy Bujdos	5K	0:26:25	0:08:31	St Vincent Alumni 5K	Latrobe	PA	8/27/2016
Ed Hlebechuk	5K	0:26:26	0:08:32	Bushy Run Trail 5K	Penn Run	PA	7/10/2016
Scott Bowman	5K	0:26:26	0:08:32	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Ron Orr	5K	0:26:27	0:08:32	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Preston Kessler	5K	0:26:28	0:08:32	Step It Up 5K	Indiana	PA	4/23/2016
Gary Honkus	5K	0:26:29	0:08:33	American Red Cross Vampire 5K	Johnstown	PA	10/15/2016
Noreen See	5K	0:26:30	0:08:33	Elderton 5K	Elderton	PA	6/3/2016
Walt Byrne	5K	0:26:30	0:08:33	BGBS In Step For Kids 5K	Alexandria	PA	9/11/2016
Ed Hlebechuk	5K	0:26:33	0:08:34	Banana Run 5K	Latrobe	PA	8/27/2016
Ed Hlebechuk	5K	0:26:34	0.00595	Christmans In Volant 5K	Volant	PA	12/17/2016
Jacob Fritz	5K	0:26:36	0:08:35	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Olivia Peters	5K	0:26:39	0:08:36	Love of Life 5K	Indiana	PA	10/22/2016
Aileen Bowman	5K	0:26:40	0:08:36	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Ed Hlebechuk	5K	0:26:41	0:08:36	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
John Bomboy	5K	0:26:42	0:08:37	Ford City 5K	Ford City	PA	7/2/2016
John Goss	5K	0:26:45	0:08:38	Ford City 5K	Ford City	PA	7/2/2016

Gary Honkus	5K	0:26:46	0:08:38	Allegany College of Maryland 5K	Somerset	PA	7/30/2016
Molly Zack	5K	0:26:50	0:08:39	Love of Life 5K	Indiana	PA	10/22/2016
John Bomboy	5K	0:26:53	0:08:40	Love of Life 5K	Indiana	PA	10/22/2016
Candie Mcquiston	5K	0:26:59	0:08:42	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Aly Pajak	5K	0:27:00	0:08:43	Fire & Ice 5K	Somerset	PA	1/16/2016
Dalas Waltemire	5K	0:27:00	0:08:43	Elderton 5K	Elderton	PA	6/3/2016
Walter Byrne	5K	0:27:03	0:08:44	Fire & Ice 5K	Somerset	PA	1/16/2016
Jacob Gill	5K	0:27:03	0:08:44	Quota 5K	Indiana	PA	6/11/2015
Mike Lipchik	5K	0:27:03	0:08:44	Love of Life 5K	Indiana	PA	10/22/2016
Taylor Weaver	5K	0:27:05	0:08:44	PAC 5K	Ernest	PA	3/19/2016
Molly Zack	5K	0:27:05	0:08:44	Banana Run 5K	Latrobe	PA	8/27/2016
Bria Small	5K	0:27:09	0:08:45	Fool's Run 5K	Indiana	PA	4/9/2016
Kenzi Kessler	5K	0:27:10	0:08:46	Firecraker 5K	Indiana	PA	7/3/2016
Joe Bujdos	5K	0:27:10	0:08:46	Hoodlebug 5K	Homer City	PA	9/11/2016
Maria Fruscello	5K	0:27:11	0:08:46	Brookline Breeze 5K	Pittsburgh	PA	8/13/2016
John Bomboy	5K	0:27:12	0:08:46	IBEW Local 459 5K	Black Lick	PA	5/14/2016
Sara Necciai	5K	0:27:12	0:08:46	Roller Coaster 5K	West Mifflin	PA	6/5/2016
John Swauger	5K	0:27:14	0:08:47	It's A Wonderful 5K	Ernest	PA	12/3/2016
Molly Zack	5K	0:27:19	0:08:49	It's A Wonderful 5K	Ernest	PA	12/3/2016
John Swauger	5K	0:27:22	0:08:50	Fight For Life 5K	Apollo	PA	11/19/2016
Gary Honkus	5K	0:27:23	0:08:50	Que Classic 5K	Johnstown	PA	9/24/2016
Andy See	5K	0:27:24	0:08:50	Fool's Run 5K	Indiana	PA	4/9/2016
Tabitha Conrad	5K	0:27:24	0:08:50	Love of Life 5K	Indiana	PA	10/22/2016
Becky Pavic	5K	0:27:25	0:08:51	Jacksonville Creepy Crawl 5K	Jacksonville	FL	10/22/2016
Kosie Shepherd-Porada	5K	0:27:29	0.00616	YMCA Twilight 5K	Hollidaysburg	PA	12/31/2016
Rachel Gill	5K	0:27:31	0:08:53	PAC 5K	Ernest	PA	3/19/2016
Kosie Shepherd-Porada	5K	0:27:31	0:08:53	Tour De Park 5K	Ligonier	PA	5/30/2016
Rachel Gill	5K	0:27:31	0:08:53	Trick or Trot 5K	Indiana	PA	10/29/2016
Evelyn Gill	5K	0:27:32	0:08:53	Trick or Trot 5K	Indiana	PA	10/29/2016
Candie Mcquiston	5K	0:27:32	0:08:53	It's A Wonderful 5K	Ernest	PA	12/3/2016
Tim Welsh	5K	0:27:33	0:08:53	Fire & Ice 5K	Somerset	PA	1/16/2016
John Bomboy	5K	0:27:33	0:08:53	It's A Wonderful 5K	Ernest	PA	12/3/2016
Candie Mcquiston	5K	0:27:34	0:08:54	Mission Possible 5K	Blairsville	PA	8/13/2016
Evelyn Gill	5K	0:27:41	0:08:56	Love of Life 5K	Indiana	PA	10/22/2016

Don Zahorchak	5K	0:27:41	0:08:56	Goblin Run 5K	Bentonville	AR	10/29/2016
Dalas Waltemire	5K	0:27:43	0:08:56	It's A Wonderful 5K	Ernest	PA	12/3/2016
John Bomboy	5K	0:27:44	0:08:57	Elderton 5K	Elderton	PA	6/3/2016
Jill Conroy	5K	0:27:44	0:08:57	Race To The Moon 5K	Apollo	PA	7/2/2016
Rick Conroy	5K	0:27:44	0:08:57	Race To The Moon 5K	Apollo	PA	7/2/2016
John Swauger	5K	0:27:44	0:08:57	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Jennifer Wally Blystone	5K	0:27:47	0:08:58	Great Shamokin Path 5K	Numine	PA	4/9/2016
Meghan Farley	5K	0:27:48	0:08:58	Groundhog Festival 5K	Punxsutawney	PA	7/6/2016
Joe Bujdos	5K	0:27:48	0:08:58	YMCA Turkey Trot	Indiana	PA	11/24/2016
Rachel Gill	5K	0:27:49	0:08:58	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Candie Mcquiston	5K	0:27:55	0:09:00	Donut Dash 5K	Indiana	PA	4/16/2016
Richard Gill	5K	0:27:57	0:09:01	Fool's Run 5K	Indiana	PA	4/9/2016
Kim Peterman	5K	0:27:57	0:09:01	Nanty Glo Bulldog Crawl 5K	Nanty Glo	PA	6/25/2016
Noreen See	5K	0:27:57	0:09:01	Bushy Run Trail 5K	Penn Run	PA	7/10/2016
John Swauger	5K	0:28:00	0:09:02	Emma Marie Aronson 5K	Kansas City	MO	10/22/2016
Barb Barger	5K	0:28:01	0:09:02	Hoodlebug 5K	Homer City	PA	9/11/2016
Candie Mcquiston	5K	0:28:02	0:09:03	Camp Cadet 5K	Indiana	PA	6/25/2016
Candie Mcquiston	5K	0:28:02	0:09:03	Hoodlebug 5K	Homer City	PA	9/11/2016
Jonathan Cunkelman	5K	0:28:03	0:09:03	Mission Possible 5K	Blairsville	PA	8/13/2016
John Bomboy	5K	0:28:03	0:09:03	Hoodlebug 5K	Homer City	PA	9/11/2016
Sara Necciai	5K	0:28:04	0:09:03	IBEW Local 459 5K	Black Lick	PA	5/14/2016
Evelyn Gill	5K	0:28:06	0:09:04	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Richard Gill	5K	0:28:06	0:09:04	PAC 5K	Ernest	PA	3/19/2016
Jonathan Cunkelman	5K	0:28:08	0:09:05	Dave Hutton Memorial 5K	Emporium	PA	8/20/2016
Linda Leopold	5K	0:28:14	0:09:06	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016
Maria Fruscello	5K	0:28:14	0:09:06	Joey Fabus 5K	Bethel Park	PA	9/18/2016
Madison Walker	5K	0:28:17	0:09:07	Donut Dash 5K	Indiana	PA	4/16/2016
Dalas Waltemire	5K	0:28:18	0:09:08	PAC 5K	Ernest	PA	3/19/2016
Anthony Boerio	5K	0:28:19	0:09:08	Yough River Trail 5K	West Newton	PA	5/14/2016
John Bomboy	5K	0:28:20	0:09:08	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Candie Mcquiston	5K	0:28:23	0:09:09	Love of Life 5K	Indiana	PA	10/22/2016
Candie Mcquiston	5K	0:28:23	0:09:09	Trick or Trot 5K	Indiana	PA	10/29/2016
Tim Welsh	5K	0:28:24	0:09:10	IBEW Local 459 5K	Black Lick	PA	5/14/2016
Evelyn Gill	5K	0:28:24	0:09:10	Groundhog Festival 5K	Punxsutawney	PA	7/6/2016

Dennis Hudak	5K	0:28:26	0:09:10	5K Run To End Brain Tumors	North Park	PA	5/15/2016
Tim Welsh	5K	0:28:26	0:09:10	Hoodlebug 5K	Homer City	PA	9/11/2016
Sherene Hess	5K	0:28:29	0:09:11	Firecraker 5K	Indiana	PA	7/3/2016
Becky Pavic	5K	0:28:34	0:09:13	Big Fish Grill 5K	Rehoboth Beach	DE	5/1/2016
Molly Zack	5K	0:28:35	0:09:13	Ft. Ligonier Days 5K	Ligonier	PA	10/16/2016
Kosie Shepherd-Porada	5K	0:28:36	0:09:14	A Rabbit Runs Through It 5K	Latrobe	PA	4/2/2016
Evelyn Gill	5K	0:28:36	0:09:14	Camp Cadet 5K	Indiana	PA	6/25/2016
Chuck Frank	5K	0:28:37	0:09:14	PAC 5K	Ernest	PA	3/19/2016
Jami Kish	5K	0:28:37	0:09:14	Nanty Glo Bulldog Crawl 5K	Nanty Glo	PA	6/25/2016
Ally Conrad	5K	0:28:38	0:09:14	YMCA Turkey Trot	Indiana	PA	11/24/2016
Tabitha Conrad	5K	0:28:38	0:09:14	YMCA Turkey Trot	Indiana	PA	11/24/2016
Carolynn Kish	5K	0:28:39	0:09:15	Nanty Glo Bulldog Crawl 5K	Nanty Glo	PA	6/25/2016
Kristina Small	5K	0:28:42	0:09:15	Groundhog Festival 5K	Punxsutawney	PA	7/6/2016
Kosie Shepherd-Porada	5K	0:28:51	0:09:18	Jim Mayer Traul 5K	Johnstown	PA	5/14/2016
Denise Zahorchak	5K	0:28:52	0:09:19	Goblin Run 5K	Bentonville	AR	10/29/2016
Anthony Boerio	5K	0:28:53	0:09:19	Run With Ryan Memorial 5K	Belle Vernon	PA	7/9/2016
A J Lockard	5K	0:28:54	0:09:19	Pittsburgh Marathon 5K	Pittsburgh	PA	4/30/2016
Philip Leopold	5K	0:28:55	0:09:20	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016
Al Lockard	5K	0:28:56	0:09:20	Pittsburgh Marathon 5K	Pittsburgh	PA	4/30/2016
Al Lockard	5K	0:28:56	0:09:20	Pittsburgh Marathon 5K	Pittsburgh	PA	4/30/2016
Julie Shirley	5K	0:28:57	0:09:20	Burrel Township Library Run	Black Lick	PA	6/11/2016
Julie Shirley	5K	0:28:57	0:09:20	Run 4 Reading	Black Lick	PA	6/11/2016
Candie Mcquiston	5K	0:28:58	0:09:21	Fool's Run 5K	Indiana	PA	4/9/2016
Sara Necciai	5K	0:28:58	0:09:21	Sandy Smiles Memorial 5K	Library	PA	5/21/2016
Tim Welsh	5K	0:29:00	0:09:21	Tour De Park 5K	Ligonier	PA	5/30/2016
Cordelia Zack	5K	0:29:00	0:09:21	YMCA Twilight 5K	Hollidaysburg	PA	12/31/2016
Mike Shutty	5K	0:29:00	0:09:21	YMCA Twilight 5K	Hollidaysburg	PA	12/31/2016
Becky Pavic	5K	0:29:01	0:09:22	Island to Island 5K	Ocean City	MD	4/30/2016
Evelyn Gill	5K	0:29:02	0:09:22	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Gary Honkus	5K	0:29:06	0:09:23	Forest & Field 5K	Somerset	PA	7/23/2016
Barb Barger	5K	0:29:07	0:09:24	Quota 5K	Indiana	PA	6/11/2015
Ed Hlebechuk	5K	0:29:12	0:09:25	Stampede In The Park 5K	Plum	PA	7/23/2016
Tim Welsh	5K	0:29:15	0:09:26	Gatorade/Steelers 5K	Pittsburgh	PA	9/5/2016
Tim Welsh	5K	0:29:18	0:09:27	Freedom 5K	Greensburg	PA	7/4/2016

Julie Shirley	5K	0:29:20	0:09:28	Trick or Trot 5K	Indiana	PA	10/29/2016
Sara Necciai	5K	0:29:25	0:09:29	Run With Ryan Memorial 5K	Belle Vernon	PA	7/9/2016
Emily Smeltz	5K	0:29:28	0:09:30	It's A Wonderful 5K	Ernest	PA	12/3/2016
Bill Leydic	5K	0:29:30	0:09:31	Race For Grace 5K	Norwin	PA	4/2/2016
Anthony Boerio	5K	0:29:32	0:09:32	Salvation Army Hall Of Fame 5K	Uniontown	PA	6/16/2016
Evelyn Gill	5K	0:29:33	0:09:32	Burrel Township Library Run	Black Lick	PA	6/11/2016
Jonathan Cunkelman	5K	0:29:34	0:09:32	Gobbler's Knob 5K	Punxsutawney	PA	8/5/2016
John Bomboy	5K	0:29:42	0:09:35	Burrel Township Library Run	Black Lick	PA	6/11/2016
Kristina Small	5K	0:29:48	0:09:37	Fool's Run 5K	Indiana	PA	4/9/2016
Kristina Small	5K	0:29:51	0:09:38	Quota 5K	Indiana	PA	6/11/2015
Rachel Gill	5K	0:29:55	0:09:39	Donut Dash 5K	Indiana	PA	4/16/2016
Ashlynn Branan	5K	0:29:56	0:09:39	PAC 5K	Ernest	PA	3/19/2016
Izabel Dzuro	5K	0:30:00	0:09:41	PAC 5K	Ernest	PA	3/19/2016
Rachel Gill	5K	0:30:03	0:09:42	Camp Cadet 5K	Indiana	PA	6/25/2016
Kosie Shepherd-Porada	5K	0:30:03	0:09:42	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Linda Leopold	5K	0:30:09	0:09:44	YMCA Turkey Trot	Indiana	PA	11/24/2016
Kosie Shepherd-Porada	5K	0:30:19	0:09:47	Hoodlebug 5K	Homer City	PA	9/11/2016
Sherene Hess	5K	0:30:20	0:09:47	Hoodlebug 5K	Homer City	PA	9/11/2016
Dennis Hudak	5K	0:30:31	0:09:51	YMCA Turkey Trot	Indiana	PA	11/24/2016
Walter Byrne	5K	0:30:32	0:09:51	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Tim Welsh	5K	0:30:34	0:09:52	Elderton 5K	Elderton	PA	6/3/2016
Janine Maust	5K	0:30:37	0:09:53	Fire & Ice 5K	Somerset	PA	1/16/2016
Robert Zukas	5K	0:30:45	0:09:55	Fight For Life 5K	Apollo	PA	11/19/2016
Terri Mcquiston	5K	0:30:50	0:09:57	Latrobe Turkey Trot	Latrobe	PA	11/24/2016
Donna Scanlon	5K	0:30:55	0:09:58	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Diane Bell	5K	0:30:57	0:09:59	Love of Life 5K	Indiana	PA	10/22/2016
Jonathan Cunkelman	5K	0:30:58	0:09:59	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Diane Bell	5K	0:31:00	0:10:00	Gatorade/Steelers 5K	Pittsburgh	PA	9/5/2016
Candie Mcquiston	5K	0:31:01	0:10:00	Burrel Township Library Run	Black Lick	PA	6/11/2016
William Leydic	5K	0:31:06	0:10:02	Hoodlebug 5K	Homer City	PA	9/11/2016
Mike Shutty	5K	0:31:12	0:10:04	Gatorade/Steelers 5K	Pittsburgh	PA	9/5/2016
Caleb Fruscello	5K	0:31:14	0:10:05	Brookline Breeze 5K	Pittsburgh	PA	8/13/2016
Darlene Hudak	5K	0:31:14	0:10:05	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Chuck Frank	5K	0:31:15	0:10:05	Elderton 5K	Elderton	PA	6/3/2016

Dennis Hudak	5K	0:31:15	0:10:05	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Cordelia Zack	5K	0:31:19	0:10:06	Fire & Ice 5K	Somerset	PA	1/16/2016
Tim Welsh	5K	0:31:19	0:10:06	Race For Grace 5K	Norwin	PA	4/2/2016
Darlene Hudak	5K	0:31:24	0:10:08	Yough River Trail 5K	West Newton	PA	5/14/2016
Cordelia Zack	5K	0:31:25	0:10:08	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Janine Maust	5K	0:31:32	0:10:10	PAC 5K	Ernest	PA	3/19/2016
Manon Gill	5K	0:31:36	0:10:12	Firecraker 5K	Indiana	PA	7/3/2016
Sara Necciai	5K	0:31:41	0:10:13	MCCAC Care For Kids 5K	Star City	WV	8/20/2016
Erin Bauer	5K	0:31:45	0:10:15	YMCA Turkey Trot	Indiana	PA	11/24/2016
Jessica Sharbaugh	5K	0:31:48	0:10:15	Fool's Run 5K	Indiana	PA	4/9/2016
Dillon Berezansky	5K	0:31:50	0:10:16	Tour De Park 5K	Ligonier	PA	5/30/2016
Nick Fruscello	5K	0:31:51	0:10:16	Brookline Breeze 5K	Pittsburgh	PA	8/13/2016
Janet Stewart	5K	0:31:52	0:10:17	Fire & Ice 5K	Somerset	PA	1/16/2016
Diane Bell	5K	0:31:53	0:10:17	Banana Run 5K	Latrobe	PA	8/27/2016
Madison Walker	5K	0:32:03	0:10:20	Lisa Lady Bug Turkey Trot	Punxsutawney	PA	11/24/2016
Jontahan Cunkelman	5K	0:32:08	0:10:22	Groundhog Festival 5K	Punxsutawney	PA	7/6/2016
Evelyn Gill	5K	0:32:11	0:10:23	Cold Hands Warm Hearts 5K	Indiana	PA	2/18/2016
Diane Bell	5K	0:32:11	0:10:23	Pittsburgh Marathon 5K	Pittsburgh	PA	4/30/2016
Chuck Frank	5K	0:32:13	0:10:24	Quota 5K	Indiana	PA	6/11/2015
Doug Berezansky	5K	0:32:20	0:10:26	Tour De Park 5K	Ligonier	PA	5/30/2016
Nate Wood	5K	0:32:20	0:10:26	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Nick Wood	5K	0:32:21	0:10:26	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Manon Gill	5K	0:32:26	0:10:28	Trick or Trot 5K	Indiana	PA	10/29/2016
Michele Belak	5K	0:32:29	0:10:29	Mars Library "Book It" 5K	Gibsonia	PA	5/7/2016
Cathy Swauger	5K	0:32:31	0:10:29	Boston Marathon 5K	Boston	MA	4/16/2016
Jess Sharbaugh	5K	0:32:34	0:10:30	Love of Life 5K	Indiana	PA	10/22/2016
Preston Kessler	5K	0:32:35	0:10:31	Donut Dash 5K	Indiana	PA	4/16/2016
Tim Welsh	5K	0:32:35	0:10:31	Lighthouse 5K	Corolla	NC	7/27/2016
Mike Shutty	5K	0:32:39	0:10:32	Banana Run 5K	Latrobe	PA	8/27/2016
Manon Gill	5K	0:32:40	0:10:32	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Michele Belak	5K	0:32:40	0:10:32	Silvester 5K	Harmony	PA	12/31/2016
Cathy Swauger	5K	0:32:41	0:10:33	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Bethany Pajak	5K	0:32:43	0:10:33	St Vincent Alumni 5K	Latrobe	PA	8/27/2016
Bob Rout	5K	0:32:44	0:10:34	Love of Life 5K	Indiana	PA	10/22/2016

Mannon Gill	5K	0:32:54	0:10:37	Step It Up 5K	Indiana	PA	4/23/2016
Rachel Gill	5K	0:32:56	0:10:37	Step It Up 5K	Indiana	PA	4/23/2016
Manon Gill	5K	0:32:59	0:10:38	Love of Life 5K	Indiana	PA	10/22/2016
John Swauger	5K	0:33:03	0:10:40	YMCA Turkey Trot	Indiana	PA	11/24/2016
Cordelia Zack	5K	0:33:10	0:10:42	Love of Life 5K	Indiana	PA	10/22/2016
Tina Honkus	5K	0:33:11	0:10:42	Lady Vick Challenge 5K	Shanksville	PA	7/16/2016
Janine Maust	5K	0:33:13	0:10:43	Cook Forest 5K	Cooksburg	PA	4/2/2016
Cordelia Zack	5K	0:33:14	0:10:43	Firecraker 5K	Indiana	PA	7/3/2016
Michele Belak	5K	0:33:23	0:10:46	Dan Zil Memorial 5K	Mt. Pleasant	PA	10/9/2016
Michele Belak	5K	0:33:26	0:10:47	Race To The Moon 5K	Apollo	PA	7/2/2016
Mike Shutty	5K	0:33:31	0:10:49	Love of Life 5K	Indiana	PA	10/22/2016
Michele Belak	5K	0:33:33	0:10:49	Step It Up 5K	Indiana	PA	4/23/2016
Liliana Manzi	5K	0:33:37	0:10:51	YMCA Turkey Trot	Indiana	PA	11/24/2016
Paul Hicks	5K	0:33:38	0:10:51	Fire & Ice 5K	Somerset	PA	1/16/2016
Amy Manzi	5K	0:33:38	0:10:51	YMCA Turkey Trot	Indiana	PA	11/24/2016
Michele Belak	5K	0:33:44	0:10:53	Run For The Health of It	Greensburg	PA	6/11/2016
Paul Hicks	5K	0:33:48	0:10:54	Pancreatic Cancer Awareness 5K	Indiana	PA	11/5/2016
Diane Bell	5K	0:33:49	0:10:55	IBEW Local 459 5K	Black Lick	PA	5/14/2016
Michele Belak	5K	0:33:52	0:00:759	It's A Wonderful 5K	Ernest	PA	12/3/2016
Manon Gill	5K	0:33:55	0:10:56	PAC 5K	Ernest	PA	3/19/2016
Mike Riggerbach	5K	0:33:57	0:10:57	Burrel Township Library Run	Black Lick	PA	6/11/2016
Cordelia Zack	5K	0:34:00	0:10:58	Ft. Ligonier Days 5K	Ligonier	PA	10/16/2016
Darlene Hudak	5K	0:34:01	0:10:58	YMCA Turkey Trot	Indiana	PA	11/24/2016
Doug Berezansky	5K	0:34:02	0:10:59	Diamond 5K	Ernest	PA	4/9/2016
Jess Sharbaugh	5K	0:34:04	0:10:59	Quota 5K	Indiana	PA	6/11/2015
Paul Hicks	5K	0:34:07	0:11:00	Faith & Fun 5K	Ernest	PA	10/1/2016
Cordelia Zack	5K	0:34:08	0:11:01	Hoodlebug 5K	Homer City	PA	9/11/2016
Jacob Barger	5K	0:34:15	0:11:03	Greensburg Turkey Trot	Greensburg	PA	11/24/2016
Jillian Barger	5K	0:34:16	0:11:03	Greensburg Turkey Trot	Greensburg	PA	11/24/2016
Barb Barger	5K	0:34:16	0:11:03	Greensburg Turkey Trot	Greensburg	PA	11/24/2016
Tracey Page	5K	0:34:20	0:11:05	Cold Hands Warm Hearts 5K	Indiana	PA	2/18/2016
Donna Zukas	5K	0:34:23	0:11:05	Fight For Life 5K	Apollo	PA	11/19/2016
Paul Hicks	5K	0:34:29	0:11:07	Hoodlebug 5K	Homer City	PA	9/11/2016
Mannon Gill	5K	0:34:31	0:11:08	Donut Dash 5K	Indiana	PA	4/16/2016

Richard Gill	5K	0:34:31	0:11:08	Donut Dash 5K	Indiana	PA	4/16/2016
Richard Gill	5K	0:34:36	0:11:10	Love of Life 5K	Indiana	PA	10/22/2016
Terri Mcquison	5K	0:34:38	0:11:10	New River 5K	Todd	NC	5/7/2016
Cordelia Zack	5K	0:34:44	0:11:12	Bolivar Fall Crawl 5K	Bolivar	PA	10/29/2016
Jacob Barger	5K	0:34:50	0:11:14	Hoodlebug 5K	Homer City	PA	9/11/2016
Jillian Barger	5K	0:34:51	0:11:15	Hoodlebug 5K	Homer City	PA	9/11/2016
Jim Cook	5K	0:34:55	0:11:16	Black Bear Sprint to Success 5K	Johnstown	PA	4/2/2016
Terri Mcquison	5K	0:35:09	0:11:20	Fool's Run 5K	Indiana	PA	4/9/2016
Emily Friscello	5K	0:35:09	0:11:20	Great Race 5K	Pittsburgh	PA	9/25/2016
Mike Shutty	5K	0:35:11	0:11:21	Pittsburgh Marathon 5K	Pittsburgh	PA	4/30/2016
Michele Belak	5K	0:35:16	0:11:23	Roebing's Run 5K	Saxonburg	PA	8/13/2016
Janine Maust	5K	0:35:19	0:11:24	Hoodlebug 5K	Homer City	PA	9/11/2016
Paul Hicks	5K	0:35:19	0:11:24	YMCA Turkey Trot	Indiana	PA	11/24/2016
Manon Gill	5K	0:35:20	0:11:24	Fool's Run 5K	Indiana	PA	4/9/2016
Cordelia Zack	5K	0:35:23	0:11:25	Banana Run 5K	Latrobe	PA	8/27/2016
Janine Maust	5K	0:35:25	0:11:25	Jr. Achievement #Empowerment 5K	Black Lick	PA	10/1/2016
Janine Maust	5K	0:35:32	0.00796	Bolivar Fall Crawl 5K	Bolivar	PA	10/29/2016
Kiley Branan	5K	0:35:35	0:11:29	Diamond 5K	Ernest	PA	4/9/2016
Paul Hicks	5K	0:35:40	0:11:30	Love of Life 5K	Indiana	PA	10/22/2016
Cordelia Zack	5K	0:35:45	0:11:32	Greensburg Turkey Trot	Greensburg	PA	11/24/2016
Dennis Hudak	5K	0:35:54	0:11:35	Bushy Run Trail 5K	Penn Run	PA	7/10/2016
Tina Honkus	5K	0:35:55	0:11:35	Allegany College of Maryland 5K	Somerset	PA	7/30/2016
Jacob Barger	5K	0:36:05	0:11:38	Camp Cadet 5K	Indiana	PA	6/25/2016
Barb Barger	5K	0:36:05	0:11:38	Camp Cadet 5K	Indiana	PA	6/25/2016
Kiley Branan	5K	0:36:05	0:11:38	Camp Cadet 5K	Indiana	PA	6/25/2016
Michele Belak	5K	0:36:06	0:11:39	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Lisa Berezansky	5K	0:36:06	0:11:39	Tour De Park 5K	Ligonier	PA	5/30/2016
Cordelia Zack	5K	0:36:11	0.00811	It's A Wonderful 5K	Ernest	PA	12/3/2016
Darlene Hudak	5K	0:36:18	0:11:43	Bushy Run Trail 5K	Penn Run	PA	7/10/2016
Paul Hicks	5K	0:36:20	0:11:43	PAC 5K	Ernest	PA	3/19/2016
Michele Belak	5K	0:36:24	0:11:45	Cross Country Crusade 5K	Saxonburg	PA	7/9/2016
Paul Hicks	5K	0:36:37	0:11:49	It's A Wonderful 5K	Ernest	PA	12/3/2016
Paul Hicks	5K	0:36:46	0:11:52	Resoluton 2016 5K	Keystone Lake	PA	1/2/2016
Erin Fritz	5K	0:36:54	0:11:54	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016

Tina Honkus	5K	0:36:54	0:11:54	Forest & Field 5K	Somerset	PA	7/23/2016
Manon Gill	5K	0:37:02	0:11:57	Quota 5K	Indiana	PA	6/11/2015
Janine Maust	5K	0:37:04	0:11:57	Burrel Township Library Run	Black Lick	PA	6/11/2016
Cordelia Zack	5K	0:37:09	0:11:59	Cook Forest 5K	Cooksburg	PA	4/2/2016
Janine Maust	5K	0:37:15	0:12:01	Love of Life 5K	Indiana	PA	10/22/2016
Kiley Branan	5K	0:37:19	0:12:02	Elderton 5K	Elderton	PA	6/3/2016
Jason Branan	5K	0:37:37	0:12:08	Camp Cadet 5K	Indiana	PA	6/25/2016
Manon Gill	5K	0:37:39	0:12:09	Camp Cadet 5K	Indiana	PA	6/25/2016
Janet Stewart	5K	0:37:46	0:12:11	Great Shamokin Path 5K	Numine	PA	4/9/2016
Diane Bell	5K	0:37:55	0:12:14	Burrel Township Library Run	Black Lick	PA	6/11/2016
Paul Hicks	5K	0:38:07	0:12:18	Elderton 5K	Elderton	PA	6/3/2016
Bria Small	5K	0:38:08	0:12:18	Groundhog Festival 5K	Punxsutawney	PA	7/6/2016
Aubrey Lockard	5K	0:38:23	0:12:23	Camp Cadet 5K	Indiana	PA	6/25/2016
Janine Maust	5K	0:38:33	0:12:26	Las Vegas R & R 5K	Las Vegas	NV	11/12/2016
Addie Lockard	5K	0:38:36	0:12:27	Pittsburgh Marathon 5K	Pittsburgh	PA	4/30/2016
Candi Lockard	5K	0:38:36	0:12:27	Pittsburgh Marathon 5K	Pittsburgh	PA	4/30/2016
Janine Maust	5K	0:38:51	0:12:32	Cold Hands Warm Hearts 5K	Indiana	PA	2/18/2016
Addie Lockard	5K	0:39:15	0:12:40	Camp Cadet 5K	Indiana	PA	6/25/2016
Paul Hicks	5K	0:39:36	0:12:46	Gobbler's Knob 5K	Punxsutawney	PA	8/5/2016
Mike Shutty	5K	0:39:45	0:12:49	Burrel Township Library Run	Black Lick	PA	6/11/2016
Justin Vojtek	5K	0:39:45	0:12:49	Trick or Trot 5K	Indiana	PA	10/29/2016
Addie Lockard	5K	0:39:47	0:12:50	Hoodlebug 5K	Homer City	PA	9/11/2016
Pam Vojtek	5K	0:39:47	0:12:50	Trick or Trot 5K	Indiana	PA	10/29/2016
Candice Lockard	5K	0:39:49	0:12:51	Hoodlebug 5K	Homer City	PA	9/11/2016
Jonathan Gearhart	5K	0:39:54	0:12:52	Elderton 5K	Elderton	PA	6/3/2016
Charlie Manzi	5K	0:40:22	0:13:01	YMCA Turkey Trot	Indiana	PA	11/24/2016
Suzanne Patackis	5K	0:40:26	0:13:03	Chasin' For Chalfin 5K	Springdell	PA	6/25/2016
Dylan Foulk	5K	0:40:36	0:13:06	YMCA Turkey Trot	Indiana	PA	11/24/2016
Meghan Foulk	5K	0:40:37	0:13:06	YMCA Turkey Trot	Indiana	PA	11/24/2016
Lynette Little	5K	0:40:39	0:13:07	Fool's Run 5K	Indiana	PA	4/9/2016
Maelyn Kutruff	5K	0:40:45	0:13:09	Houtzdale Days 5K	Houtzdale	PA	7/22/2016
Paul Hicks	5K	0:40:49	0:13:10	Burrel Township Library Run	Black Lick	PA	6/11/2016
John Clugston	5K	0:41:05	0:13:15	Race To The Moon 5K	Apollo	PA	7/2/2016
Zak Wood	5K	0:41:23	0:13:21	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016

A J Lockard	5K	0:41:34	0:13:25	Camp Cadet 5K	Indiana	PA	6/25/2016
Erin Fritz	5K	0:41:34	0:13:25	Love of Life 5K	Indiana	PA	10/22/2016
Diane Bell	5K	0:41:46	0:13:28	YMCA Twilight 5K	Hollidaysburg	PA	12/31/2016
Gracie Rougeaux	5K	0:41:48	0:13:29	PAC 5K	Ernest	PA	3/19/2016
Amelia Rives	5K	0:42:00	0.00941	It's A Wonderful 5K	Ernest	PA	12/3/2016
Brad Rives	5K	0:42:01	0.00941	It's A Wonderful 5K	Ernest	PA	12/3/2016
Lynne Schiefer	5K	0:42:48	0:13:48	Diamond 5K	Ernest	PA	4/9/2016
Paul Hicks	5K	0:43:04	0:13:54	Cold Hands Warm Hearts 5K	Indiana	PA	2/18/2016
Cordelia Zack	5K	0:43:12	0:13:56	Fool's Run 5K	Indiana	PA	4/9/2016
Tina Honkus	5K	0:43:13	0:13:56	Que Classic 5K	Johnstown	PA	9/24/2016
Jessica Barger	5K	0:43:29	0:14:02	Quota 5K	Indiana	PA	6/11/2015
Doug Ulishney	10K	0:44:00	0:14:12	Trooper Iwaniec Memorial 5K	Latrobe	PA	4/23/2016
Maelyn Kutruff	5K	0:45:21	0:14:38	Donut Dash 5K	Indiana	PA	4/16/2016
Don Hogan	5K	0:45:53	0:14:48	Freedom 5K	Greensburg	PA	7/4/2016
Junito Kutruff	5K	0:47:02	0:15:10	Donut Dash 5K	Indiana	PA	4/16/2016
Emily Fruscello	5K	0:47:32	0:15:20	Brookline Breeze 5K	Pittsburgh	PA	8/13/2016
Nedra Kearney-Vakulick	5K	0:47:49	0:15:25	Heartkand 5K	Blanchard	OK	4/2/2016
Nedra Kearney-Vakulick	5K	0:47:50	0:15:26	Limbs For Life 5K	Oklahoma City	OK	5/27/2016
Parker Fritz	5K	0:49:00	0.01098	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Holly Roougeux	5K	0:49:09	0:15:51	PAC 5K	Ernest	PA	3/19/2016
Larry Wood	5K	0:49:30	0:15:58	Shannock Valley Festival 5K	Rural Valley	PA	7/23/2016
Kathy Rout	5K	0:52:20	0:16:53	Love of Life 5K	Indiana	PA	10/22/2016
Nora Rives	5K	0:54:41	0.01225	It's A Wonderful 5K	Ernest	PA	12/3/2016
Gary Honkus	5K	0:55:54	0:18:02	Maple Fest 5K	Meyersdale	PA	4/9/2016
Tina Honkus	5K	0:57:54	0:18:41	Maple Fest 5K	Meyersdale	PA	4/9/2016
Bill Leydic	10K	1:02:50	0:20:16	Trooper Iwaniec Memorial 5K	Latrobe	PA	4/23/2016
Cecilla Spadafora	5K	1:09:01	0:22:16	Donut Dash 5K	Indiana	PA	4/16/2016
Christina Brumagen	5K	1:09:30	0:22:25	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016
Tina Hooker	5K	1:09:30	0:22:25	Dr. John Yelenic Memorial 5K	Blairsville	PA	5/30/2016
Gary Honkus	5K	1:11:19	0:23:00	Wings of Hope 5K	Johnstown	PA	3/26/2016
Bitty Miller	5K	?:?:??		Bolivar Fall Crawl 5K	Bolivar	PA	10/29/2016
Darcie Stephens	3.4 Mile	0:30:14	0:08:54	The ARC Grand Prix	Watkins Glen	NY	4/16/2016
Herbster Cratty	4 Miler	0:27:27	0:06:52	B & LE Express 4 Miler	Boston	PA	8/14/2016
Tad Pajak	4 Miler	0:30:14	0:07:34	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016

Tina Zack	4 Miler	0:32:54	0:08:13	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Evelyn Gill	4 Miler	0:36:22	0:09:05	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Aly Pajak	4 Miler	0:39:44	0:09:56	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Dan Pajak	4 Miler	0:39:44	0:09:56	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Dennis Hudak	4 Miler	0:43:26	0:10:51	Wild Half Trail 4 Miler	Boyce Park	PA	4/16/2016
Paul Hicks	4 Miler	0:45:04	0:11:16	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Tina Honkus	4 Miler	0:46:53	0:11:43	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Janet Stewart	4 Miler	0:48:29	0:12:07	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Cordelia Zack	4 Miler	0:48:33	0:12:08	Groundhog Jog 4 Miler	Punxsutawney	PA	1/31/2016
Darlene Hudak	4 Miler	0:50:53	0:12:43	Wild Half Trail 4 Miler	Boyce Park	PA	4/16/2016
Vince Pavic	6.6 K	0:31:53	0:07:48	Mario Lemieux 6.6 K	Pittsburgh	PA	10/16/2016
Megan White	6.6 K	0:37:52	0:09:16	Mario Lemieux 6.6 K	Pittsburgh	PA	10/16/2016
Judi Gatti	6.6 K	0:46:30	0:11:22	Mario Lemieux 6.6 K	Pittsburgh	PA	10/16/2016
Cathy Swauger	6.6 K	0:46:46	0:11:26	Mario Lemieux 6.6 K	Pittsburgh	PA	10/16/2016
Sara Zambotti	7K	0:26:55	0:06:12	Run For The Trail 7K	Dilltown	PA	8/13/2016
Sam Cunkelman	7K	0:27:15	0:06:16	Run For The Trail 7K	Dilltown	PA	8/13/2016
Grant Cruse	7K	0:29:08	0:06:16	Run For The Trail 7K	Dilltown	PA	8/13/2016
Dylan Kutruff	7K	0:30:24	0:09:50	Run For The Trail 7K	Dilltown	PA	8/13/2016
Ryan Costanzo	7K	0:31:46	0:07:18	Run For The Trail 7K	Dilltown	PA	8/13/2016
Dan Mcquiston	7K	0:31:54	0:07:20	Run For The Trail 7K	Dilltown	PA	8/13/2016
Darryl Walker	7K	0:32:01	0:07:22	Run For The Trail 7K	Dilltown	PA	8/13/2016
Marilyn Gregory	7K	0:33:18	0:07:40	Run For The Trail 7K	Dilltown	PA	8/13/2016
Tom Whitcomb	7K	0:33:30	0:07:42	Run For The Trail 7K	Dilltown	PA	8/13/2016
Alexis Shank	7K	0:34:12	0:07:52	Run For The Trail 7K	Dilltown	PA	8/13/2016
Scott Cessna	7K	0:34:30	0:06:42	Run For The Trail 7K	Dilltown	PA	8/13/2016
Shaelyn Waltemire	7K	0:34:51	0:08:01	Run For The Trail 7K	Dilltown	PA	8/13/2016
Jillian Barger	7K	0:36:19	0:08:21	Run For The Trail 7K	Dilltown	PA	8/13/2016
Ray Peterman	7K	0:36:23	0:08:22	Run For The Trail 7K	Dilltown	PA	8/13/2016
Mackenzie Walker	7K	0:36:33	0:08:24	Run For The Trail 7K	Dilltown	PA	8/13/2016
The John Swauger	7K	0:38:23	0:08:50	Run For The Trail 7K	Dilltown	PA	8/13/2016
Walter Byrne	7K	0:39:00	0:08:58	Run For The Trail 7K	Dilltown	PA	8/13/2016
Scott Bowman, Pls	7K	0:39:06	0:09:00	Run For The Trail 7K	Dilltown	PA	8/13/2016
Aileen Bowman	7K	0:39:23	0:09:04	Run For The Trail 7K	Dilltown	PA	8/13/2016
John Bomboy	7K	0:39:56	0:09:11	Run For The Trail 7K	Dilltown	PA	8/13/2016

Jontahan Cunkelman	7K	0:40:37	0:09:21	Run For The Trail 7K	Dilltown	PA	8/13/2016
Aly Pajak	7K	0:41:43	0:09:36	Run For The Trail 7K	Dilltown	PA	8/13/2016
Dan Pajak	7K	0:41:45	0:09:36	Run For The Trail 7K	Dilltown	PA	8/13/2016
Denny Cruse	7K	0:42:46	0:07:56	Run For The Trail 7K	Dilltown	PA	8/13/2016
Laura Digiorgio	7K	0:42:49	0:09:51	Run For The Trail 7K	Dilltown	PA	8/13/2016
Barb Barger	7K	0:43:00	0:09:54	Run For The Trail 7K	Dilltown	PA	8/13/2016
Tim Welsh	7K	0:43:14	0:09:57	Run For The Trail 7K	Dilltown	PA	8/13/2016
Brooke Digiorgio	7K	0:44:30	0:10:14	Run For The Trail 7K	Dilltown	PA	8/13/2016
Sherry Shank	7K	0:44:39	0:10:16	Run For The Trail 7K	Dilltown	PA	8/13/2016
Kosie Shepherd-Porada	7K	0:45:55	0:10:34	Run For The Trail 7K	Dilltown	PA	8/13/2016
Terri Mcquiston	7K	0:47:29	0:10:55	Run For The Trail 7K	Dilltown	PA	8/13/2016
Diane Bell	7K	0:50:24	0:11:36	Run For The Trail 7K	Dilltown	PA	8/13/2016
Cathy Swauger	7K	0:51:21	0:11:49	Run For The Trail 7K	Dilltown	PA	8/13/2016
Janine Maust	7K	0:51:30	0:11:51	Run For The Trail 7K	Dilltown	PA	8/13/2016
Michael Shutty	7K	0:51:37	0:11:52	Run For The Trail 7K	Dilltown	PA	8/13/2016
Paul Hicks	7K	0:58:10	0:13:23	Run For The Trail 7K	Dilltown	PA	8/13/2016
Vince Pavic	8K	0:35:33	0:07:24	Dogfish Dash 8K	Milton	DE	9/25/2016
Becky Pavic	8K	0:46:20	0:09:39	Dogfish Dash 8K	Milton	DE	9/25/2016
Sam Cunkelman	5 Miler	0:29:12	0:05:50	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Doug Ulishney	5 Miler	0:34:39	0:06:56	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Marilyn Gregory	5 Miler	0:36:07	0:07:13	Butler Road Race	Butler	PA	6/25/2016
Dan Mcquiston	5 Miler	0:36:14	0:07:15	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Aileen Bowman	5 Miler	0:41:53	0:08:23	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Ed Hlebechuk	5 Miler	0:43:01	0:08:36	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
John Swauger	5 Miler	0:44:13	0:08:51	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Rick Conroy	5 Miler	0:46:43	0:09:21	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Jill Conroy	5 Miler	0:46:43	0:09:21	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Brandon Payne	5 Miler	0:51:20	0:10:16	Crazy Horse 5 Mile Trail Race	South Park	PA	5/8/2016
Terri Mcquiston	5 Miler	0:54:12	0:10:50	Latrobe 4th Of July 5 Miler	Latrobe	PA	7/2/2016
Michele Belak	5 Miler	0:56:20	0:11:16	Butler Road Race	Butler	PA	6/25/2016
Tracy McKeel	5 Miler	2:17:14	0:27:27	Spartan Pgh Sprint Mines	Wampum	PA	10/8/2016
Jeannie Bujdos	10K	0:39:04	0:06:18	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/12/2016
Mindy Sawtelle-Zottola	10K	0:39:11	0:06:19	Scottsdale Fall Festival 10K	Scottsdale	PA	9/17/2016
Jeannie Bujdos	10K	0:39:46	0:06:25	Fool's Run 10K	Indiana	PA	4/9/2016

Jeannie Bujdos	10K	0:40:55	0:06:36	Roller Coaster 10K	West Mifflin	PA	6/5/2016
Veronica Bujdos	10K	0:41:11	0:06:39	Great Race 10K	Pittsburgh	PA	9/25/2016
Ben Schultz	10K	0:43:17	0:06:59	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Veronica Bujdos	10K	0:44:45	0:07:13	Roller Coaster 10K	West Mifflin	PA	6/5/2016
Doug Ulishney	10K	0:45:29	0:07:20	Tri Town 10K	Dawson	PA	6/5/2016
Scott Valazak	10K	0:46:37	0:07:31	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Dan Mcquiston	10K	0:46:59	0:07:35	Fool's Run 10K	Indiana	PA	4/9/2016
Chris Sharbaugh	10K	0:47:23	0:07:39	Fool's Run 10K	Indiana	PA	4/9/2016
Brad Rives	10K	0:47:53	0:07:43	Fool's Run 10K	Indiana	PA	4/9/2016
Dave Miller	10K	0:48:57	0:07:54	Fool's Run 10K	Indiana	PA	4/9/2016
Meghan Foulk	10K	0:49:16	0:07:57	Fool's Run 10K	Indiana	PA	4/9/2016
Jillian Barger	10K	0:49:19	0:07:57	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Jonathan Cunkelman	10K	0:49:41	0:08:01	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Mary Jean Bujdos	10K	0:50:20	0:08:07	Great Race 10K	Pittsburgh	PA	9/25/2016
Tad Pajak	10K	0:50:29	0:08:09	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Matt Lantz	10K	0:50:40	0:08:10	Mahoning Shadow Shuffle 10K	Punxsutawney	PA	10/8/2016
Mary Jean Bujdos	10K	0:50:41	0:08:10	Fool's Run 10K	Indiana	PA	4/9/2016
Maria Fruscello	10K	0:51:20	0:08:17	Great Race 10K	Pittsburgh	PA	9/25/2016
Kristina Zack	10K	0:51:46	0:08:21	Fool's Run 10K	Indiana	PA	4/9/2016
Aileen Bowman	10K	0:52:10	0:08:25	Great Race 10K	Pittsburgh	PA	9/25/2016
Mary Jean Bujdos	10K	0:52:16	0:08:26	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/12/2016
Maria Fruscello	10K	0:52:59	0:08:33	Fool's Run 10K	Indiana	PA	4/9/2016
Alexis Shank	10K	0:53:20	0:08:36	FAAP 10K Trail Race	North Park	PA	9/11/2016
Tina Zack	10K	0:53:36	0:08:39	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Ron Orr	10K	0:53:47	0:08:40	Fool's Run 10K	Indiana	PA	4/9/2016
Walt Byrne	10K	0:55:10	0:08:54	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Emily Smeltz	10K	0:56:18	0:09:05	Fool's Run 10K	Indiana	PA	4/9/2016
John Swauger	10K	0:56:25	0:09:06	Great Race 10K	Pittsburgh	PA	9/25/2016
Molly Zack	10K	0:56:43	0:09:09	Fool's Run 10K	Indiana	PA	4/9/2016
Ed Hlebechuk	10K	0:56:45	0:09:09	Fool's Run 10K	Indiana	PA	4/9/2016
Scott Bowman, P.L.S.	10K	0:56:47	0:09:10	Fool's Run 10K	Indiana	PA	4/9/2016
Tim Welsh	10K	0:57:32	0:09:17	Great Race 10K	Pittsburgh	PA	9/25/2016
Barry Little	10K	0:57:56	0:09:21	Fool's Run 10K	Indiana	PA	4/9/2016
Barb Barger	10K	0:57:57	0:09:21	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016

Ed Hlebechuk	10K	0:58:07	0:09:22	Greater Clarksburg 10K	Clarksburg	WV	6/19/2016
John Bomboy	10K	0:58:09	0:09:23	Fool's Run 10K	Indiana	PA	4/9/2016
Candie McQuiston	10K	0:58:40	0:09:28	Mahoning Shadow Shuffle 10K	Punxsutawney	PA	10/8/2016
Joe Bujdos	10K	0:58:55	0:09:30	Fool's Run 10K	Indiana	PA	4/9/2016
Candie McQuiston	10K	0:59:00	0:09:31	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Evonne Vojnovich	10K	0:59:56	0:09:40	Great Race 10K	Pittsburgh	PA	9/25/2016
Tim Welsh	10K	1:00:18	0:09:44	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Julie Shirley	10K	1:00:20	0:09:44	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Nick Fruscello	10K	1:00:47	0:09:48	Great Race 10K	Pittsburgh	PA	9/25/2016
Becky Pavic	10K	1:01:39	0:09:57	Ryan House 10K	Scottsdale	AZ	3/13/2016
Kosie Shepherd-Porada	10K	1:02:01	0:10:00	Tom Chernisly 10K	Ebensburg	PA	7/9/2016
Tim Welsh	10K	1:02:05	0:10:01	Joshua House St. Patrick's 10K	Tyrone	PA	3/19/2016
Tim Welsh	10K	1:02:27	0:10:04	Fool's Run 10K	Indiana	PA	4/9/2016
Diane Bell	10K	1:02:28	0:10:05	Great Race 10K	Pittsburgh	PA	9/25/2016
Joe Bujdos	10K	1:03:28	0:10:14	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/12/2016
Charles Frank	10K	1:04:07	0:10:20	Fool's Run 10K	Indiana	PA	4/9/2016
Tim Welsh	10K	1:04:27	0:10:24	Daily American 10K	Somerset	PA	6/11/2016
Anthony Boerio	10K	1:04:46	0:10:27	Fool's Run 10K	Indiana	PA	4/9/2016
Mike Shutty	10K	1:04:52	0:10:28	Great Race 10K	Pittsburgh	PA	9/25/2016
Scott Valazak	10K	1:05:10	0:10:31	Possum Glory 10K	Northern Cambria	PA	9/10/2016
Kosie Shepherd-Porada	10K	1:07:09	0:10:50	Daily American 10K	Somerset	PA	6/11/2016
Bill Leydic	10K	1:07:51	0:10:57	Great Race 10K	Pittsburgh	PA	9/25/2016
Tracy McKeel	10K	1:07:54	0:10:57	Hershey 10K	Hershey	PA	4/2/2016
Diane Bell	10K	1:08:37	0:11:04	Fool's Run 10K	Indiana	PA	4/9/2016
Sherry Shank	10K	1:08:40	0:11:05	FAAP 10K Trail Race	North Park	PA	9/11/2016
Michele Belak	10K	1:08:54	0:11:07	Boston Harvest 10K	Boston	PA	9/18/2016
Tabitha Conrad	10K	1:09:37	0:11:14	Great Race 10K	Pittsburgh	PA	9/25/2016
Michele Belak	10K	1:09:50	0:11:16	Yough River Trail 10 K	West Newton	PA	5/14/2016
Ed Hlebechuk	10K	1:10:44	0:11:25	Animal Rescue 10K	South Park	PA	8/6/2016
Michele Belak	10K	1:10:47	0:11:25	Jr. Achievement #Empowerment 10K	Black Lick	PA	10/1/2016
Michael Shutty	10K	1:17:39	0:12:31	Fool's Run 10K	Indiana	PA	4/9/2016
Paul Hicks	10K	1:18:24	0:12:39	Fool's Run 10K	Indiana	PA	4/9/2016
Tabitha Conrad	10k	1:19:41	0:12:51	Possum Glory 10K	Northern Cambria	PA	9/10/2016
Michele Belak	10K	1:33:43	0:15:07	Harrison Hills Trail Run	Natrona Heights	PA	10/29/2016

Chad Mosco	6.5 Mile	?:?:??		IFB Veteran's Marathon Relay	Black Lick	PA	11/6/2016
Amanda Vresilovic	6.5 Mile	?:?:??		IFB Veteran's Marathon Relay	Black Lick	PA	11/6/2016
Tabitha Conrad	6.5 Mile	?:?:??		IFB Veteran's Marathon Relay	Black Lick	PA	11/6/2016
Jennifer Wally Blystone	6.5 Mile	?:?:??		IFB Veteran's Marathon Relay	Black Lick	PA	11/6/2016
Candi Lockard	6.5 Mile	?:?:??		IFB Veteran's Marathon Relay	Black Lick	PA	11/6/2016
Alexis Shank	7 Miler	1:24:46	0:12:07	Sweat For Vets Power Climb	Altoona	PA	11/6/2016
Sherry Shank	7 Miler	1:59:27	0:17:04	Sweat For Vets Power Climb	Altoona	PA	11/6/2016
Tim Welsh	12K	1:12:10	0:09:42	Path of The Flood 12K	Johnstown	PA	5/28/2016
Janine Maust	12K	1:22:13	0:11:03	Path of The Flood 12K	Johnstown	PA	5/28/2016
Jonathan Cunkelman	7.6 Miler	1:19:58	0:10:31	Race To The Face 7.6 Miler	Big Run	PA	7/30/2016
Marilyn Gregory	13K	0:52:55	0:06:34	Ghost Town Trail Challenge 13K	Black Lick	PA	6/18/2016
Ray Peterman	13K	1:03:24	0:07:52	Ghost Town Trail Challenge 13K	Black Lick	PA	6/18/2016
Kim Peterman	13K	1:17:43	0:09:39	Ghost Town Trail Challenge 13K	Black Lick	PA	6/18/2016
Carolynn Kish	13K	1:18:36	0:09:45	Ghost Town Trail Challenge 13K	Black Lick	PA	6/18/2016
Donna Scanlon	13K	1:18:39	0:09:45	Ghost Town Trail Challenge 13K	Black Lick	PA	6/18/2016
Bill Leydic	8.1 Mile	1:20:13	0:09:54	Just A Short Run 8.1 Mile	Allison Park	PA	3/26/2016
Candi Lockard	15K	1:10:22	0:07:34	Angie Gloas Memorial 15K	Altoona	PA	7/4/2016
Al Lockard	15K	1:12:50	0:07:50	Angie Gloas Memorial 15K	Altoona	PA	7/4/2016
Cory Fulmer	15K	1:14:10	0:07:58	Deer Fly 15K	Penn Run	PA	7/31/2016
Jill Conroy	15K	1:30:14	0:09:42	Roaring River Earth Day 15K	Apollo	PA	4/19/2016
Tim Welsh	15K	1:36:27	0:10:22	Roaring River Earth Day 15K	Apollo	PA	4/19/2016
Alexis Shank	15K	1:41:52	0:10:57	Deer Fly 15K	Penn Run	PA	7/31/2016
Brad Rives	15K	1:44:45	0:11:16	Deer Fly 15K	Penn Run	PA	7/31/2016
Tad Pajak	15K	1:45:14	0:11:19	Deer Fly 15K	Penn Run	PA	7/31/2016
Kosie Shepherd-Porada	15K	1:45:45	0:11:22	Angie Gloas Memorial 15K	Altoona	PA	7/4/2016
Mary Jean Bujdos	15K	1:53:08	0:12:10	Trail del Salame		ITALY	
Tina Zack	15K	1:54:49	0:12:21	Deer Fly 15K	Penn Run	PA	7/31/2016
Sherry Shank	15K	1:57:04	0:12:35	Deer Fly 15K	Penn Run	PA	7/31/2016
Tabitha Conrad	15K	1:57:43	0:12:39	Deer Fly 15K	Penn Run	PA	7/31/2016
Jim Ostinowsky	15K	1:59:00	0:12:48	Deer Fly 15K	Penn Run	PA	7/31/2016
Bill Stroup	15K	2:00:24	0:12:57	Deer Fly 15K	Penn Run	PA	7/31/2016
Jennifer Wally Blystone	15K	2:06:18	0:13:35	Deer Fly 15K	Penn Run	PA	7/31/2016
Bill Leydic	15K	2:08:18	0:13:48	Deer Fly 15K	Penn Run	PA	7/31/2016
Lecinda Yevchak	15K	2:18:29	0:14:53	Deer Fly 15K	Penn Run	PA	7/31/2016

Laura Yevchak	15K	2:18:30	0:14:54	Deer Fly 15K	Penn Run	PA	7/31/2016
Laura Digiorgio	15K	2:26:48	0:15:47	Run With The Deer Flies 15K	Penn Run	PA	7/31/2016
Brandon DiGiorgio	15K	2:26:59	0:15:48	Run With The Deer Flies 15K	Penn Run	PA	7/31/2016
Ed Hlebechuk	15K	2:34:11	0:16:35	Deer Fly 15K	Penn Run	PA	7/31/2016
Paul Hicks	15K	2:35:40	0:16:44	Deer Fly 15K	Penn Run	PA	7/31/2016
Matt Pajak	10 Miler	1:05:01	0:06:30	Army Ten Miler	Washington	DC	10/9/2016
Darryl Walker	10 Miler	1:08:27	0:06:51	Army Ten Miler	Washington	DC	10/9/2016
Veronica Bujdos	10 Miler	1:09:14	0:06:55	EQT Ten Miler	Pittsburgh	PA	11/6/2016
Aileen Bowman	10 Miler	1:25:13	0:08:31	EQT Ten Miler	Pittsburgh	PA	11/6/2016
Ray Peterman	10 Miler	1:27:21	0:08:44	Army Ten Miler	Washington	DC	10/9/2016
Tina Zack	10 Miler	1:27:26	0:08:45	EQT Ten Miler	Pittsburgh	PA	11/6/2016
Ed Hlebechuk	10 Miler	1:32:00	0:09:12	Yough River Trail 10 Miler	Ohiopyle	PA	3/26/2016
Tracy McKeel	10 Miler	1:39:37	0:09:58	EQT Ten Miler	Pittsburgh	PA	11/6/2016
Meghan White	10 Miler	1:39:59	0:10:00	EQT Ten Miler	Pittsburgh	PA	11/6/2016
Ed Hlebechuk	10 Miler	1:40:22	0:10:02	Great Heritage 10 Miler	Delmont	PA	4/16/2016
Meghan Farley	10 Miler	1:41:20	0:10:08	100 Acre Wood Race	Titusville	PA	7/9/2016
Tracy McKeel	10 Miler	1:50:02	0:11:00	Army Ten Miler	Washington	DC	10/9/2016
Kim Peterman	10 Miler	1:52:59	0:11:18	Army Ten Miler	Washington	DC	10/9/2016
Bill Leydic	10 Miler	1:57:56	0:11:48	B & LE Express 10 Miler	Boston	PA	8/14/2016
Cathy Swauger	10 Miler	2:00:15	0:12:02	EQT Ten Miler	Pittsburgh	PA	11/6/2016
Judi Gatti	10 Miler	2:00:16	0:12:02	EQT Ten Miler	Pittsburgh	PA	11/6/2016
Michele Belak	10 Miler	2:16:47	0:13:41	Great Heritage 10 Miler	Delmont	PA	4/16/2016
Mary Jean Bujdos	21K	3:01:59	0:13:59	Pellegrino Parmense		ITALY	
Sara Zambotti	Half Marathon	1:18:42	0:06:00	Buffalo Creek Half Marathon	Freeport	PA	10/15/2016
Tom Lipsie	Half Marathon	1:20:39	0:06:09	Bird In Hand Half Marathon	Lancaster	PA	9/10/2016
Sara Zambotti	Half Marathon	1:21:39	0:06:14	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016
Mindy Sawtelle-Zottola	Half Marathon	1:22:27	0:06:18	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016
Sara Zambotti	Half Marathon	1:23:21	0:06:22	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Jill Henry	Half Marathon	1:29:22	0:06:49	Presque Isle Half Marathon	Erie	PA	7/17/2016
Al Casagranda	Half Marathon	1:29:25	0:06:50	Scenic River Classic Half Marathon	Idaho Falls	ID	6/18/2016
Jeannie Bujdos	Half Marathon	1:30:46	0:06:56	Presque Isle Half Marathon	Erie	PA	7/17/2016
Marilyn Gregory	Half Marathon	1:32:41	0:07:05	Ohio Health Capital Half Marathon	Columbus	OH	4/30/2016
Veronica Bujdos	Half Marathon	1:34:12	0:07:11	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016
Chris Sharbaugh	Half Marathon	1:37:04	0:07:25	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016

Vince Pavic	Half Marathon	1:38:19	0:07:30	St. Michael's Festival Half	St. Michaels	MD	5/21/2016
Doug Ulishney	Half Marathon	1:38:38	0:07:32	Presque Isle Half Marathon	Erie	PA	7/17/2016
Nicole Dann-Payne	Half Marathon	1:38:56	0:07:33	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Ben Shultz	Half Marathon	1:39:01	0:07:34	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Candi Lockard	Half Marathon	1:42:38	0:07:50	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Doug Ulishney	Half Marathon	1:42:44	0:07:51	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Vince Pavic	Half Marathon	1:42:58	0:07:52	Ryan House Half Marathon	Scottsdale	AZ	3/13/2016
Laura Yevchak	Half Marathon	1:43:07	0.00547	Nittany Valley Half Marathon	State College	PA	12/4/2016
Dan McQuiston	Half Marathon	1:43:12	0.00547	Nittany Valley Half Marathon	State College	PA	12/4/2016
Dan Mcquiston	Half Marathon	1:43:29	0:07:54	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016
Al Lockard	Half Marathon	1:43:56	0:07:56	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Doug Ulishney	Half Marathon	1:43:59	0:07:56	Fairmont Run To Read Half	Fairmont	WV	1/10/2016
Scott Valazak	Half Marathon	1:44:14	0:07:57	Path of The Flood Half Marathon	Johnstown	PA	5/28/2016
Vince Pavic	Half Marathon	1:44:16	0:07:58	Island to Island Half Marathon	Ocean City	MD	4/30/2016
Rick Conroy	Half Marathon	1:47:18	0:08:11	Buffalo Creek Half Marathon	Freeport	PA	10/15/2016
Meghan Foulk	Half Marathon	1:51:31	0:08:31	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Ron Orr	Half Marathon	1:52:32	0:08:35	Buffalo Creek Half Marathon	Freeport	PA	10/15/2016
Herbster Cratty	Half Marathon	1:52:46	0:08:36	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Tina Zack	Half Marathon	1:53:22	0:08:39	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016
Meghan Foulk	Half Marathon	1:53:59	0:08:42	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Bill Serafin	Half Marathon	1:54:55	0:08:46	Myrtle Beach Half Marathon	Myrtle Beach	SC	3/5/2016
Maria Fruscello	Half Marathon	1:55:18	0:08:48	Just A Short Run Half Marathon	Allison Park	PA	3/26/2016
Al Lockard	Half Marathon	1:55:56	0:08:51	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Aileen Bowman	Half Marathon	1:56:14	0:08:52	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
John Swauger	Half Marathon	1:56:41	0:08:54	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016
Ed Hlebechuk	Half Marathon	1:57:13	0:08:57	Buffalo Creek Half Marathon	Freeport	PA	10/15/2016
Jill Conroy	Half Marathon	1:57:36	0:08:59	Buffalo Creek Half Marathon	Freeport	PA	10/15/2016
Thad Dalby	Half Marathon	1:58:45	0:09:04	Path of The Flood Half Marathon	Johnstown	PA	5/28/2016
Maria Fruscello	Half Marathon	1:59:22	0:09:07	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Aileen Bowman	Half Marathon	2:00:09	0.00637	Nittany Valley Half Marathon	State College	PA	12/4/2016
Brandon Payne	Half Marathon	2:00:39	0:09:13	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Ron Orr	Half Marathon	2:02:06	0:09:19	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Art Zottola	Half Marathon	2:02:10	0:09:20	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Art Zottola	Half Marathon	2:02:20	0:09:20	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016

Ron Orr	Half Marathon	2:02:27	0:09:21	Flying Pirate Half Marathon	Nags Head	NC	4/17/2016
Ron Orr	Half Marathon	2:03:01	0:09:23	Path of The Flood Half Marathon	Johnstown	PA	5/28/2016
Ed Hlebechuk	Half Marathon	2:04:00	0:09:28	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Emily Smeltz	Half Marathon	2:04:51	0:09:32	Cook Forest Half Marathon	Cooksburg	PA	4/2/2016
Candie Mcquiston	Half Marathon	2:06:25	0:09:39	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Julie Shirley	Half Marathon	2:06:40	0:09:40	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
John Swauger	Half Marathon	2:07:32	0:09:44	R & R Virginia Beach Half Marathon	Virginia Beach	VA	9/3/2016
Art Zottola	Half Marathon	2:07:41	0:09:45	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Art Zottola	Half Marathon	2:08:40	0:09:49	Columbus Half Marthon	Columbus	OH	10/16/2016
John Swauger	Half Marathon	2:08:44	0:09:50	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Linda Leopold	Half Marathon	2:08:45	0:09:50	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Scott Bowman	Half Marathon	2:08:52	0:09:50	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Tom Fetterman, Sr.	Half Marathon	2:09:09	0:09:52	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Ron Orr	Half Marathon	2:09:35	0:09:54	Just A Short Run Half Marathon	Allison Park	PA	3/26/2016
James Taylor	Half Marathon	2:09:36	0:09:54	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Ed Hlebechuk	Half Marathon	2:11:47	0:10:04	Fairmont Run To Read Half	Fairmont	WV	1/10/2016
Barry Little	Half Marathon	2:12:47	0:10:08	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
John Bomboy	Half Marathon	2:13:04	0:10:09	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Jennifer Wally Blystone	Half Marathon	2:13:49	0:10:13	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Candie Mcquiston	Half Marathon	2:15:31	0:10:21	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Meghan Farley	Half Marathon	2:15:43	0:10:22	Drake Well Half Marathon	Titusville	PA	8/7/2016
Meghan Farley	Half Marathon	2:15:56	0:10:23	Mahoning Shadow Shuffle Half	Punxsutawney	PA	10/8/2016
Ed Hlebechuk	Half Marathon	2:16:03	0:10:23	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
James Taylor	Half Marathon	2:16:50	0:10:27	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Becky Pavic	Half Marathon	2:17:01	0:10:28	St. Michael's Festival Half	St. Michaels	MD	5/21/2016
Evelyn Gill	Half Marathon	2:17:25	0:10:29	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Tracy McKeel	Half Marathon	2:17:42	0:10:31	Philadelphia Half Marathon	Philadelphia	PA	11/19/2016
Megan White	Half Marathon	2:17:59	0:10:32	Flying Pig Half Marathon	Cincinnati	OH	5/1/2016
Chris Lasser	Half Marathon	2:18:58	0:10:36	Half Marathon on the Mountain	Seven Springs	PA	11/5/2016
John Bomboy	Half Marathon	2:19:20	0:10:38	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Evelyn Gill	Half Marathon	2:19:33	0:10:39	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Bill Leydic	Half Marathon	2:21:12	0:10:47	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Jennifer Wally Blystone	Half Marathon	2:23:27	0:10:57	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Leah Dever	Half Marathon	2:24:35	0:11:02	Disney Princess Half Marathon	Orlando	FL	2/21/2016

Leah Dever	Half Marathon	2:25:22	0:11:06	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Leah Dever	Half Marathon	2:27:41	0:11:16	Space Coast Half Marathon	Cocoa Village	FL	11/27/2016
Don Zahorchak	Half Marathon	2:31:01	0:11:32	Mountain To Valley Half Marathon	Glenwood Spg.	CO	6/11/2016
Emelie Gatti	Half Marathon	2:31:13	0:11:33	Flying Pig Half Marathon	Cincinnati	OH	5/1/2016
Bill Serafin	Half Marathon	2:31:35	0:11:34	Mile Run Trail Half Marathon	Allenwood	PA	4/2/2016
Michele Belak	Half Marathon	2:32:35	0:11:39	Buffalo Creek Half Marathon	Freeport	PA	10/15/2016
Judi Gatti	Half Marathon	2:32:45	0:11:40	Philadelphia Half Marathon	Philadelphia	PA	11/19/2016
Mike Riegenbach	Half Marathon	2:33:07	0:11:41	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Christie Orlosky	Half Marathon	2:33:17	0:11:42	Cleveland Half Marathon	Cleveland	OH	5/15/2016
Terri Mcquiston	Half Marathon	2:33:34	0:11:43	Monster Mash Half Marathon	Dover	DE	10/22/2016
Tim Welsh	Half Marathon	2:34:01	0:11:45	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Diane Bell	Half Marathon	2:34:40	0:11:48	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Shari Brown	Half Marathon	2:35:07	0:11:50	Flying Pig Half Marathon	Cincinnati	OH	5/1/2016
Bill Stroup	Half Marathon	2:35:27	0:11:52	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Lori Gradwell	Half Marathon	2:35:42	0:11:53	Flying Pig Half Marathon	Cincinnati	OH	5/1/2016
Judi Gatti	Half Marathon	2:35:47	0:11:54	Flying Pig Half Marathon	Cincinnati	OH	5/1/2016
Bill Leydic	Half Marathon	2:37:22	0:12:01	Fall Equinox Half Marathon	Ft. Collins	CO	9/18/2016
Michele Belak	Half Marathon	2:37:40	0:12:02	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Cathy Swauger	Half Marathon	2:37:49	0:12:03	Revel Rockies Half Marathon	Echo Mountain	CO	6/12/2016
Mike Shutty	Half Marathon	2:37:57	0:12:03	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Cathy Swauger	Half Marathon	2:38:08	0:12:04	R & R Virginia Beach Half Marathon	Virginia Beach	VA	9/3/2016
Denise Zahorchak	Half Marathon	2:39:13	0:12:09	Mountain To Valley Half Marathon	Glenwood Spg.	CO	6/11/2016
Christie Orlosky	Half Marathon	2:39:42	0:12:11	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Kosie Shepherd-Porada	Half Marathon	2:39:58	0:12:13	Presque Isle Half Marathon	Erie	PA	7/17/2016
Diane Bell	Half Marathon	2:40:02	0:12:13	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Cathy Swauger	Half Marathon	2:40:27	0:12:15	Philadelphia Half Marathon	Philadelphia	PA	11/19/2016
Leah Dever	Half Marathon	2:41:12	0:12:18	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Laura Levri	Half Marathon	2:42:47	0:12:26	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Cathy Swauger	Half Marathon	2:42:54	0:12:26	Flying Pig Half Marathon	Cincinnati	OH	5/1/2016
Leah Dever	Half Marathon	2:44:15	0:12:32	Echo Half Marathon	DeBary	FL	6/5/2016
Diane Bell	Half Marathon	2:48:02	0:12:50	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Christie Orlosky	Half Marathon	2:48:19	0:12:51	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Leah Dever	Half Marathon	2:49:15	0:12:55	Tobacco Road Half Marathon	Sarasota	FL	3/13/2016
Michele Belak	Half Marathon	2:49:39	0:12:57	Ghost Town Half Marathon	Black Lick	PA	5/30/2016

Michele Belak	Half Marathon	2:51:07	0:13:04	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Peggy Ulishney	Half Marathon	2:52:32	0:13:10	Presque Isle Half Marathon	Erie	PA	7/17/2016
Mike Shutty	Half Marathon	3:00:45	0:13:48	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
Mike Shutty	Half Marathon	3:02:09	0:13:54	Ghost Town Half Marathon	Black Lick	PA	5/30/2016
Tom Davis	Half Marathon	3:06:04	0:14:12	Pittsburgh Half Marathon	Pittsburgh	PA	5/1/2016
John Swauger	Half Marathon	5:16:42	0:24:11	IFB Veteran's Half Marathon	Black Lick	PA	11/6/2016
Dan McQuiston	14 Miler	2:18:00	0:09:51	Upchuck Classic	Beaverdale	PA	7/4/2016
Tommy Fetterman	14 Miler	2:22:00	0:10:09	Upchuck Classic	Beaverdale	PA	7/4/2016
Ron Orr	Half Marathon	2:23:55	0:10:17	Greensburg All Saints Half (14+ miles)	Greensburg	PA	9/10/2016
Tina Zack	Half Marathon	2:27:48	0:10:33	Greensburg All Saints Half (14+ miles)	Greensburg	PA	9/10/2016
Tom Fetterman, Sr.	14 Miler	3:00:00	0:12:51	Upchuck Classic	Beaverdale	PA	7/4/2016
Doug Ulishney	25K	2:48:18	0:10:51	Deer Fly 25K	Penn Run	PA	7/31/2016
Al Lockard	25K	2:57:27	0:11:27	Deer Fly 25K	Penn Run	PA	7/31/2016
Tom Fetterman, Sr.	25K	3:01:24	0:11:42	Ghost Town Trail Challenge 25K	Black Lick	PA	6/18/2016
Evelyn Gill	25K	3:11:13	0:12:20	Ghost Town Trail Challenge 25K	Black Lick	PA	6/18/2016
Dan McQuiston	25K	3:14:10	0:12:32	Deer Fly 25K	Penn Run	PA	7/31/2016
Bill Serafin	25K	3:15:33	0:12:37	Deer Fly 25K	Penn Run	PA	7/31/2016
Ed Hlebechuk	25K	3:39:17	0:14:09	Possum Glory 25K	Northern Cambria	PA	9/10/2016
Alexis Shank	17.2 Miler	4:11:20	0:14:37	Rothrock Trail Challenge	Boalsburg	PA	6/4/2016
Sherry Shank	17.2 Miler	5:49:42	0:20:20	Rothrock Trail Challenge	Boalsburg	PA	6/4/2016
Michele Belak	18.3	10:14:00	0:33:33	Rachel Carson Challenge 18.3	Harrison Hills	PA	6/18/2016
Candi Lockard	20 Miler	4:06:51	0:12:21	Rockin' The Knob Trail 20 Miler	Claysville	PA	9/17/2016
Al Lockard	20 Miler	4:22:52	0:13:09	Rockin' The Knob Trail 20 Miler	Claysville	PA	9/17/2016
Tom Lipsie	Marathon	2:40:41	0:06:08	Harrisburg Marathon	Harrisburg	PA	11/13/2016
Tom Lipsie	Marathon	2:42:23	0:06:12	Columbus Marathon	Columbus	OH	10/16/2016
Tom Lipsie	Marathon	2:47:05	0:06:23	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Mindy Sawtelle-Zottola	Marathon	2:52:25	0:06:35	Chevron Houston Marathon	Houston	TX	1/17/2016
Mindy Sawtelle-Zottola	Marathon	2:54:30	0:06:40	Columbus Marathon	Columbus	OH	10/16/2016
Sara Zambotti	Marathon	2:55:02	0:06:41	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Sara Zambotti	Marathon	2:55:02	0:06:41	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Mindy Sawtelle-Zottola	Marathon	2:59:47	0:06:52	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Matt Pajak	Marathon	3:05:46	0:07:05	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Bob Manzi	Marathon	3:14:36	0:07:26	Glass City Marathon	Toledo	OH	4/24/2016
Jeannie Bujdos	Marathon	3:22:10	0:07:43	Boston Marathon	Boston	MA	4/18/2016

Candi Lockard	Marathon	3:37:26	0:08:18	Boston Marathon	Boston	MA	4/18/2016
Laura Yevchak	Marathon	3:42:25	0:08:29	Philadelphia Marathon	Philadelphia	PA	11/19/2016
Scott Valazak	Marathon	3:49:46	0:08:46	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Dan McQuiston	Marathon	3:50:00	0:08:47	Monster Mash Marathon	Dover	DE	10/22/2016
Al Lockard	Marathon	3:50:45	0:08:48	Boston Marathon	Boston	MA	4/18/2016
Dan Mcquiston	Marathon	3:52:09	0:08:52	New River Marathon	Todd	NC	5/7/2016
Veronica Bujdos	Marathon	3:54:32	0:08:57	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Mike Hodak	Marathon	3:56:08	0:09:01	Boston Marathon	Boston	MA	4/18/2016
Aileen Bowman	Marathon	3:57:01	0:09:03	Steamtown Marathon	Scranton	PA	10/9/2016
Brad Rives	Marathon	3:58:58	0:09:07	IFB Veteran's Marathon	Black Lick	PA	11/6/2016
Candi Lockard	Marathon	3:59:07	0:09:08	IFB Veteran's Marathon	Black Lick	PA	11/6/2016
Aileen Bowman	Marathon	4:03:24	0:09:17	Boston Marathon	Boston	MA	4/18/2016
Maria Fruscello	Marathon	4:03:53	0:09:19	Steamtown Marathon	Scranton	PA	10/9/2016
Bruanna Walker	Marathon	4:10:48	0:09:34	IFB Veteran's Marathon	Black Lick	PA	11/6/2016
Kim Bendis	Marathon	4:13:24	0:09:40	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Mike Hodak	Marathon	4:16:34	0:09:48	Erie Marathon	Erie	PA	9/11/2016
Vince Pavic	Marathon	4:20:35	0:09:57	New York City Marathon	New York	NY	11/6/2016
Mary Jean Bujdos	Marathon	4:22:21	0:10:01	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Dave Miller	Marathon	4:24:32	0:10:06	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Tina Zack	Marathon	4:30:01	0:10:18	Buffalo Marathon	Buffalo	NY	5/29/2016
Herbster Cratty	Marathon	4:39:25	0:10:40	Harrisburg Marathon	Harrisburg	PA	11/13/2016
David Dzuro	Marathon	4:53:26	0:11:12	Marine Corps Marathon	Washington	DC	10/30/2016
Tracy McKeel	Marathon	4:59:43	0:11:26	Revel Rockies Marathon	Echo Mountain	CO	6/12/2016
Julie Shirley	Marathon	5:06:16	0:11:41	IFB Veteran's Marathon	Black Lick	PA	11/6/2016
Laura Yevchak	Marathon	5:09:59	0:11:50	Two Hearted Trail Marathon	Paradise	MI	6/25/2016
Julie Shirley	Marathon	5:17:15	0:12:07	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Bitty Miller	Marathon	5:19:27	0:12:12	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Vanessa Dzuro	Marathon	5:28:20	0:12:32	Marine Corps Marathon	Washington	DC	10/30/2016
Aubrey Lockard	Marathon	5:29:18	0:12:34	NYC Marathon	New York	NY	11/6/2016
Mary Jean Bujdos	Marathon	5:33:48	0:12:44	IFB Veteran's Marathon	Black Lick	PA	11/6/2016
Joe Bujdos	Marathon	5:34:02	0:12:45	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Donna Zukas	Marathon	5:53:46	0:13:30	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Peggy Thomas	Marathon	6:00:32	0:13:46	Pittsburgh Marathon	Pittsburgh	PA	5/1/2016
Peggy Ulishney	Marathon	6:12:58	0:14:14	IFB Veteran's Marathon	Black Lick	PA	11/6/2016

Ryan Costanzo	50K	5:40:16	0:10:59	Ghost Town Trail Challenge 50K	Black Lick	PA	6/18/2016
Tommy Fetterman	50K	6:03:53	0:11:44	Ghost Town Trail Challenge 50K	Black Lick	PA	6/18/2016
Doug Ulishney	50K	7:23:04	0:14:18	Laurel Highland Ultra 50K	Ohiopyle	PA	6/11/2016
Bill Serafin	50K	7:23:49	0:14:19	Laurel Highland Ultra 50K	Ohiopyle	PA	6/11/2016
Laura Yevchak	50K	7:39:01	0:14:48	Possum Glory 50K	Northern Cambria	PA	9/10/2016
Tommy Fetterman	50K	7:39:01	0:14:48	Possum Glory 50K	Northern Cambria	PA	9/10/2016
Tracy McKeel	34.4	14:15:37	0:24:52	Rachel Carson Challenge 34.4	Harrison Hills	PA	6/18/2016
Al Lockard	50 Miler	10:12:28	0:12:15	Tussey Mountain Ultra	Boalsburg	PA	10/30/2016
Candi Lockard	50 Miler	10:12:29	0:12:15	Tussey Mountain Ultra	Boalsburg	PA	10/30/2016
Alex Cullison	50 Miler	11:50:23	0:14:12	Stone Mill 50 Mile Trail Race	Montgomery	MD	11/12/2016
Al Lockard	70.5 Miler	19:46:41	0:16:50	Laurel Highland Ultra 70.5 Miler	Ohiopyle	PA	6/11/2016
Candi Lockard	70.5 Miler	19:46:41	0:16:50	Laurel Highland Ultra 70.5 Miler	Ohiopyle	PA	6/11/2016
Onna Varner		0:01:04		Kids Klassic	Indiana	PA	9/24/2016
A J Lockard		0:03:25		Kids Klassic	Indiana	PA	9/24/2016
Addie Lockard		0:03:41		Kids Klassic	Indiana	PA	9/24/2016
Ron See	Duathon Relay	0:15:44		Heart & Sole Duathon (Bike)	Ford City	PA	8/27/2016
Kenzi Kessler	Tri Swim	0:16:06		Jackie Kallal Triathlon Relay	Penn Run	PA	6/11/2016
Noreen See	Duathon Relay	0:26:00		Heart & Sole Duathon (Run)	Ford City	PA	8/27/2016
Preston Kessler		0:30:00		Kids Klassic	Indiana	PA	9/24/2016
Philip Leopold	Tri Bike	0:33:48		Jackie Kallal Triathlon Relay	Penn Run	PA	6/11/2016
Tim Welsh	Duathlon	0:51:05		Heart & Sole Duathon	Ford City	PA	8/27/2016
Michele Belak	Duathlon	0:56:36		Heart & Sole Duathon	Ford City	PA	8/27/2016
Philip Leopold	Duathlon	1:07:40		Ebensburg Homecoming Duathlon	Ebensburg	PA	7/30/2016
Linda Leopold	Duathlon	1:18:35		Ebensburg Homecoming Duathlon	Ebensburg	PA	7/30/2016
Tabitha Conrad	Triathlon	1:36:22		Jackie Kallal Triathlon	Penn Run	PA	6/11/2016
Scott Bowman	Triathlon	1:42:01		Jackie Kallal Triathlon	Penn Run	PA	6/11/2016
Ron See	Duathlon	1:52:24		Canoe Creek Duathlon	Hollidaysburg	PA	8/6/2016
Megan White	Triathlon	2:17:23		Mingoman Triathlon	Deleware	OH	7/10/2016
Suzanne Patackis	Tri	2:20:21		Got The Nerve Triathlon	Lebanon	PA	5/21/2016
Tad Pajak	Triathlon	2:57:16		West Penn Triathlon	Saltsburg	PA	10/8/2016
Michele Belak	Triathlon	3:51:09		West Penn Triathlon	Saltsburg	PA	10/8/2016
Jess Sharbaugh	Relay	?:?:??		Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016
Megan Foulk	Relay	?:?:??		Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016
Tad Pajak	Relay	?:?:??		Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016

Aly Pajak	Relay	?:?:??	Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016
Laura Yevchak	Relay	?:?:??	Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016
Cory Fulmer	Relay	?:?:??	Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016
Amy Manzi	Relay	?:?:??	Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016
Jeannie Bujdos	Relay	?:?:??	Pittsburgh Marathon Relay	Pittsburgh	PA	5/1/2016
Kiley Branan	5K	?:?:??	Pittsburgh Terrain Mud Run	Wampum	PA	7/9/2016
Yvonne Branan	5K	?:?:??	Pittsburgh Terrain Mud Run	Wampum	PA	7/9/2016
Finnegan Branan	Half Mile	?:?:??	Pittsburgh Terrain Mud Run	Wampum	PA	7/9/2016
Marilyn Gregory	1600 Relay	?:?:??	USATF Masters Nationals	Grand Rapid	MI	7/17/2016
Al Lockard	50 Mile	?:?:??	Leadville 100 Miler	Leadville	CO	8/21/2016
Candi Lockard	70 Mile	?:?:??	Leadville 100 Miler	Leadville	CO	8/21/2016
Junioto Kutruff	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016
Maelyn Kutruff	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016
Madison Walker	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016
Nora Costanzo	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016
Jessica Costanzo	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016
Betsy Fetterman	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016
Kathy Whitcomb	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016
Patty Pajak	2 Mile		Run For The Trail 2 Mile	Dilltown	PA	8/13/2016