

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Kylan Sawtelle	200	0:01:12	0:09:41	IUP Open Track Meet	IUP	PA	6/12/2008
Bill Zimmerman	400	0:00:59	0:03:58	IUP Open Track Meet	IUP	PA	6/19/2008
Bill Zimmerman	400	0:01:00	0:04:02	IUP Open Track Meet	IUP	PA	6/5/2008
Cory Fulmer	400	0:01:03	0:04:14	IUP Open Track Meet	IUP	PA	6/19/2008
Mindy Sawtelle	400	0:01:07	0:04:30	IUP Open Track Meet	IUP	PA	6/19/2008
Mindy Sawtelle	400	0:01:18	0:05:15	IUP Open Track Meet	IUP	PA	7/3/2008
Art Zottola	400	0:01:29	0:05:59	IUP Open Track Meet	IUP	PA	7/3/2008
Kylan Sawtelle	400	?:?:??		IUP Open Track Meet	IUP	PA	7/10/2008
Tom Lipsie	800	0:02:23	0:04:48	IUP Open Track Meet	IUP	PA	6/26/2008
Tom Lipsie	800	0:02:24	0:04:50	IUP Open Track Meet	IUP	PA	6/12/2008
Cory Fulmer	800	0:02:30	0:05:02	IUP Open Track Meet	IUP	PA	6/12/2008
Cory Fulmer	800	0:02:30	0:05:02	IUP Open Track Meet	IUP	PA	6/26/2008
Mindy Sawtelle	800	0:02:35	0:05:13	IUP Open Track Meet	IUP	PA	6/26/2008
Ken Sharbaugh	800	0:02:36	0:05:15	IUP Open Track Meet	IUP	PA	6/26/2008
John Swauger	800	0:02:53	0:05:49	IUP Open Track Meet	IUP	PA	6/12/2008
Ken Sharbaugh	800	0:02:54	0:05:51	IUP Open Track Meet	IUP	PA	6/12/2008
John Swauger	800	0:02:56	0:05:55	IUP Open Track Meet	IUP	PA	6/26/2008
Al Casagrande	800	0:03:01	0:06:05	IUP Open Track Meet	IUP	PA	7/10/2008
Mindy Sawtelle	800	0:03:01	0:06:05	IUP Open Track Meet	IUP	PA	7/10/2008
Cory Fulmer	800	0:03:01	0:06:05	IUP Open Track Meet	IUP	PA	7/10/2008
Tom Fetterman, Jr.	800	0:03:05	0:06:13	IUP Open Track Meet	IUP	PA	6/26/2008
John Swauger	800	0:03:05	0:06:13	IUP Open Track Meet	IUP	PA	7/10/2008
Laura Yevchak	800	0:03:13	0:06:29	IUP Open Track Meet	IUP	PA	7/10/2008
Laura Yevchak	800	0:03:18	0:06:39	IUP Open Track Meet	IUP	PA	6/26/2008
Tom Fetterman, Sr.	800	0:03:20	0:06:43	IUP Open Track Meet	IUP	PA	6/12/2008
Bill Zimmerman	800	0:03:29	0:07:01	IUP Open Track Meet	IUP	PA	6/12/2008
Jed Fetterman	800	0:03:31	0:07:05	IUP Open Track Meet	IUP	PA	6/12/2008
Tom Dunbar	800	0:03:48	0:07:40	IUP Open Track Meet	IUP	PA	6/12/2008
Steffen Sprow	1600	0:04:40	0:04:42	Indiana County Track Meet	IUP	PA	4/25/2008
Al Casagrande	1600	0:04:54	0:04:56	IUP Meet of Miles	IUP	PA	7/10/2008
Tom Lipsie	1600	0:04:55	0:04:57	IUP Meet of Miles	IUP	PA	7/10/2008
Cory Fulmer	1600	0:04:58	0:05:00	IUP Meet of Miles	IUP	PA	7/10/2008
Tom Lipsie	1600	0:05:00	0:05:02	IUP Open Track Meet	IUP	PA	6/19/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Cory Fulmer	1600	0:05:04	0:05:06	IUP Open Track Meet	IUP	PA	6/19/2008
Bill Zimmerman	1600	0:05:15	0:05:18	IUP Meet of Miles	IUP	PA	7/10/2008
Ken Sharbaugh	1600	0:05:16	0:05:19	IUP Meet of Miles	IUP	PA	7/10/2008
Bill Zimmerman	1600	0:05:24	0:05:27	IUP Open Track Meet	IUP	PA	6/19/2008
Mindy Sawtelle	1600	0:05:33	0:05:36	IUP Meet of Miles	IUP	PA	7/10/2008
Mindy Sawtelle	1600	0:05:34	0:05:37	IUP Open Track Meet	IUP	PA	7/3/2008
Mindy Sawtelle	1600	0:05:42	0:05:45	IUP Open Track Meet	IUP	PA	6/19/2008
Dan Cunkelman	1600	0:05:51	0:05:54	IUP Open Track Meet	IUP	PA	6/19/2008
Tad Pajak	1600	0:05:53	0:05:56	IUP Open Track Meet	IUP	PA	7/3/2008
Tad Pajak	1600	0:06:12	0:06:15	IUP Open Track Meet	IUP	PA	6/19/2008
John Swauger	1600	0:06:15	0:06:18	IUP Open Track Meet	IUP	PA	6/19/2008
John Swauger	1600	0:06:16	0:06:19	IUP Meet of Miles	IUP	PA	7/10/2008
John Swauger	1600	0:06:19	0:06:22	IUP Open Track Meet	IUP	PA	7/3/2008
Tom Fetterman, Jr.	1600	0:06:20	0:06:23	IUP Meet of Miles	IUP	PA	7/10/2008
Laura Yevchak	1600	0:06:22	0:06:25	IUP Open Track Meet	IUP	PA	6/19/2008
Laura Yevchak	1600	0:06:27	0:06:30	IUP Meet of Miles	IUP	PA	7/10/2008
Randy Fetterman	1600	0:06:30	0:06:33	IUP Meet of Miles	IUP	PA	7/10/2008
Tom Fetterman, Sr.	1600	0:07:29	0:07:33	IUP Open Track Meet	IUP	PA	6/19/2008
Jed Fetterman	1600	0:07:32	0:07:36	IUP Meet of Miles	IUP	PA	7/10/2008
Tom Fetterman, Sr.	1600	0:07:35	0:07:39	IUP Meet of Miles	IUP	PA	7/10/2008
Art Zottola	1600	0:08:02	0:08:06	IUP Open Track Meet	IUP	PA	7/3/2008
Art Zottola	1600	0:08:08	0:08:12	IUP Meet of Miles	IUP	PA	7/10/2008
Linda Leopold	1600	0:08:15	0:08:19	IUP Meet of Miles	IUP	PA	7/10/2008
Jennifer Reaugh	1600	0:09:38	0:09:43	IUP Meet of Miles	IUP	PA	7/10/2008
Mindy Wygonik	1600	0:09:50	0:09:55	IUP Meet of Miles	IUP	PA	7/10/2008
Cathy Swauger	1600	0:10:25	0:10:30	IUP Meet of Miles	IUP	PA	7/10/2008
Wendy Fetterman	1600	0:10:28	0:10:33	IUP Meet of Miles	IUP	PA	7/10/2008
Ray Wygonik	1600	0:10:40	0:10:45	IUP Meet of Miles	IUP	PA	7/10/2008
Dick Gigliotti	1600	0:11:00	0:11:05	IUP Meet of Miles	IUP	PA	7/10/2008
Kim Fulmer	1600	0:11:13	0:11:18	IUP Meet of Miles	IUP	PA	7/10/2008
Betsy Fetterman	1600	0:14:16	0:14:23	IUP Meet of Miles	IUP	PA	7/10/2008
Bill Zimmerman	Mile	0:05:25	0:05:25	IUP Open Track Meet	IUP	PA	6/5/2008
John Swauger	Mile	0:06:27	0:06:27	IUP Open Track Meet	IUP	PA	6/5/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
John Harwick	Mile	0:08:43	0:08:43	Ogden Mile	Wheeling	WV	5/23/2008
Tom Lipsie	3200	0:10:30	0:00:32	IUP Open Track Meet	IUP	PA	6/12/2008
Tom Lipsie	3200	0:10:36	0:00:32	IUP Open Track Meet	IUP	PA	6/26/2008
Steffen Sprow	3200	0:10:43	0:00:32	Indiana County Track Meet	IUP	PA	4/25/2008
Cory Fulmer	3200	0:10:48	0:00:33	IUP Open Track Meet	IUP	PA	6/26/2008
Cory Fulmer	3200	0:10:54	0:00:33	IUP Open Track Meet	IUP	PA	6/12/2008
Tom Lipsie	3200	0:10:57	0:00:33	IUP Open Track Meet	IUP	PA	7/10/2008
Aaron Seckar	3200	0:11:15	0:00:34	Indiana County Track Meet	IUP	PA	4/25/2008
Cory Fulmer	3200	0:11:32	0:00:35	IUP Open Track Meet	IUP	PA	7/10/2008
Jeannie Bujdos	3200	0:11:35	0:00:35	Indiana County Track Meet	IUP	PA	4/25/2008
Ken Sharbaugh	3200	0:11:54	0:00:36	IUP Open Track Meet	IUP	PA	6/26/2008
Ken Sharbaugh	3200	0:11:55	0:00:36	IUP Open Track Meet	IUP	PA	6/12/2008
Mindy Sawtelle	3200	0:12:08	0:00:37	IUP Open Track Meet	IUP	PA	6/12/2008
Mindy Sawtelle	3200	0:12:10	0:00:37	IUP Open Track Meet	IUP	PA	6/26/2008
Mindy Sawtelle	3200	0:12:36	0:00:38	IUP Open Track Meet	IUP	PA	7/10/2008
John Swauger	3200	0:13:42	0:00:41	IUP Open Track Meet	IUP	PA	6/26/2008
Laura Yevchak	3200	0:13:51	0:00:42	IUP Open Track Meet	IUP	PA	6/26/2008
Tom Fetterman, Jr.	3200	0:13:52	0:00:42	IUP Open Track Meet	IUP	PA	6/26/2008
Aly Pajak	3200	0:13:58	0:00:42	Indiana County Track Meet	IUP	PA	4/25/2008
John Swauger	3200	0:14:13	0:00:43	IUP Open Track Meet	IUP	PA	6/12/2008
Laura Yevchak	3200	0:15:00	0:00:45	IUP Open Track Meet	IUP	PA	7/10/2008
Jed Fetterman	3200	0:16:47	0:00:51	IUP Open Track Meet	IUP	PA	6/12/2008
Art Zottola	3200	0:19:01	0:00:58	IUP Open Track Meet	IUP	PA	7/10/2008
Jeannie Bujdos	3200	11:13:00	0:33:55	PIAA Class AAA States	Shippensburg	PA	5/25/2008
Kristine Honkus	2 Mile	0:29:38	0:14:49	YMCA Wellness Twilight 2 Mile	Hollidaysburg	PA	12/30/2008
Dorothy Hoare	2 Mile	0:42:52	0:21:26	Hollidaysburg 2 Miler	Hollidaysburg	PA	11/29/2008
John Swauger	2.75	0:19:50	0:07:13	In The Mood To Help St. Jude's	IUP	PA	4/13/2008
Ali Simmons	2.75	0:24:20	0:08:51	In The Mood To Help St. Jude's	IUP	PA	4/13/2008
Tom Simmons	2.75	0:24:20	0:08:51	In The Mood To Help St. Jude's	IUP	PA	4/13/2008
Tom Lipsie	5K	0:15:46	0:05:05	Hoodlebug 5K	Homer City	PA	7/13/2008
Tom Lipsie	5K	0:16:09	0:05:13	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Tom Lipsie	5K	0:16:13	0:05:14	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Tom Lipsie	5K	0:16:23	0:05:17	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Tom Lipsie	5K	0:16:25	0:05:18	Fire & Ice 5K	Somerset	PA	1/19/2008
Matt Pajak	5K	0:16:28	0:05:19	Hoodlebug 5K	Homer City	PA	7/13/2008
Tom Lipsie	5K	0:16:29	0:05:19	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Al Casagranda	5K	0:16:37	0:05:22	Twin Boros 5K	Oakmont	PA	6/22/2008
Cory Fulmer	5K	0:16:38	0:05:22	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Tom Lipsie	5K	0:16:38	0:05:22	Elderton 5K	Elderton	PA	6/25/2008
Al Casagranda	5K	0:16:41	0:05:23	Hoodlebug 5K	Homer City	PA	7/13/2008
Cory Fulmer	5K	0:16:42	0:05:23	Hoodlebug 5K	Homer City	PA	7/13/2008
Al Casagranda	5K	0:16:46	0:05:25	Courtney's Ice Cream Festival 5K	Grove City	PA	8/13/2008
Al Casagranda	5K	0:16:46	0:05:25	Heritage Days 5K	Ford City	PA	7/5/2008
Al Casagranda	5K	0:16:57	0:05:28	Steelers Gatorade 5K	Pittsburgh	PA	9/1/2008
Al Casagranda	5K	0:16:59	0:05:29	Jeep Davis 5K	Barberton	OH	5/3/2008
Al Casagranda	5K	0:16:59	0:05:29	Strawberry Days 5K	Grove City	PA	6/4/2008
Cory Fulmer	5K	0:17:04	0:05:30	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Matt Pajak	5K	0:17:07	0:05:31	Crusing Christiansburg	Christiansburg	VA	6/14/2008
Matt Pajak	5K	0:17:16	0:05:34	Heritage Days 5K	Ford City	PA	7/5/2008
Cory Fulmer	5K	0:17:17	0:05:35	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Doug Craft	5K	0:17:21	0:05:36	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Herb Cratty	5K	0:17:21	0:05:36	Hoodlebug 5K	Homer City	PA	7/13/2008
Herb Cratty	5K	0:17:25	0:05:37	Fireman's 5K	Niles	OH	12/13/2008
Doug Craft	5K	0:17:26	0:05:37	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Herb Cratty	5K	0:17:26	0:05:37	Miles For Meals 5K	North Park	PA	4/20/2008
Cory Fulmer	5K	0:17:28	0:05:38	Get Healthy Y5K	Indiana	PA	9/13/2008
Herb Cratty	5K	0:17:31	0:05:39	Kittanning YMCA Fall Classic 5K	Kittanning	PA	11/8/2008
Herb Cratty	5K	0:17:46	0:05:44	Sharpsville CC Adopt-A-Race 5K	Sharon	PA	4/26/2008
Doug Craft	5K	0:18:00	0:05:48	Elderton 5K	Elderton	PA	10/3/2008
Herb Cratty	5K	0:18:01	0:05:49	Just A Short Run 5K	North Park	PA	3/29/2008
Cory Fulmer	5K	0:18:03	0:05:49	Elderton 5K	Elderton	PA	6/25/2008
Cory Fulmer	5K	0:18:05	0:05:50	Pride In The Valley 5K	New Florence	PA	5/17/2008
Garrett Milner	5K	0:18:06	0:05:50	Run For Your Life 5K	Apollo	PA	11/16/2008
Doug Craft	5K	0:18:13	0:05:53	Elderton 5K	Elderton	PA	6/25/2008
Jeannie Bujdos	5K	0:18:14	0:05:53	Freeport 5K	Freeport	PA	7/26/2008
Mark Stern	5K	0:18:15	0:05:53	Fire & Ice 5K	Somerset	PA	1/19/2008

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Tom Berzonsky	5K	0:18:15	0:05:53	Hoodlebug 5K	Homer City	PA	7/13/2008
Mindy Sawtelle	5K	0:18:24	0:05:56	Hoodlebug 5K	Homer City	PA	7/13/2008
Doug Ulishney	5K	0:18:24	0:05:56	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Mindy Sawtelle	5K	0:18:25	0:05:56	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Herb Cratty	5K	0:18:26	0:05:57	Get Healthy Y5K	Indiana	PA	9/13/2008
Herb Cratty	5K	0:18:27	0:05:57	Christian Academy Faith 5K	New Wilmington	PA	9/27/2008
Ken Sharbaugh	5K	0:18:27	0:05:57	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Jeannie Bujdos	5K	0:18:30	0:05:58	Roebing's Road 5K	Saxonburg	PA	8/9/2008
Mindy Sawtelle	5K	0:18:35	0:06:00	Heritage Days 5K	Ford City	PA	7/5/2008
Jeannie Bujdos	5K	0:18:40	0:06:01	Summer Fun 5K	Kittanning	PA	8/16/2008
Doug Ulishney	5K	0:18:45	0:06:03	A Rabbit Runs Through It	Latrobe	PA	4/12/2008
Doug Ulishney	5K	0:18:51	0:06:05	Pedhin 5K	Dunbar	PA	
Jeannie Bujdos	5K	0:18:53	0:06:05	Heritage Days 5K	Ford City	PA	7/5/2008
Jeannie Bujdos	5K	0:18:53	0:06:05	Idlewild Tour d'Park	Latrobe	PA	5/26/2008
Tom Berzonsky	5K	0:18:59	0:06:07	Heritage Days 5K	Ford City	PA	7/5/2008
Jeannie Bujdos	5K	0:19:01	0:06:08	Hoodlebug 5K	Homer City	PA	7/13/2008
Mark Stern	5K	0:19:05	0:06:09	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Jeannie Bujdos	5K	0:19:10	0:06:11	Elderton 5K	Elderton	PA	10/3/2008
Doug Ulishney	5K	0:19:11	0:06:11	Turtle Creek Trot	Turtle Creek	PA	7/29/2008
Dan Cunkelman	5K	0:19:12	0:06:12	Hoodlebug 5K	Homer City	PA	7/13/2008
Dan McQuiston	5K	0:19:12	0:06:12	Hoodlebug 5K	Homer City	PA	7/13/2008
Doug Ulishney	5K	0:19:12	0:06:12	Phil Foley 5K	Connellsville	PA	8/16/2008
Jeannie Bujdos	5K	0:19:14	0:06:12	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Doug Ulishney	5K	0:19:15	0:06:13	Frosty 5K	Greensburg	PA	2/24/2008
Doug Craft	5K	0:19:15	0:06:13	Great Shamokin Path 5K	Numine	PA	4/12/2008
Dan Cunkelman	5K	0:19:19	0:06:14	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Doug Ulishney	5K	0:19:21	0:06:15	Freedom 5K	Greensburg	PA	7/4/2008
Mindy Sawtelle	5K	0:19:22	0:06:15	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Doug Ulishney	5K	0:19:22	0:06:15	Kevin Gatons Memorial 5K	Greensburg	PA	5/26/2008
Doug Ulishney	5K	0:19:29	0:06:17	End Of Year Clearance 5K	Uniontown	PA	11/27/2008
Ronnie Bujdos	5K	0:19:29	0:06:17	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Ronnie Bujdos	5K	0:19:30	0:06:17	Freeport 5K	Freeport	PA	7/26/2008
Dan Cunkelman	5K	0:19:38	0:06:20	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008

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Doug Ulishney	5K	0:19:46	0:06:23	Boston Beanery 5K	Uniontown	PA	3/30/2008
Doug Ulishney	5K	0:19:48	0:06:23	Pride In The Valley 5K	New Florence	PA	5/17/2008
Vince Pavic	5K	0:19:49	0:06:24	Hoodlebug 5K	Homer City	PA	7/13/2008
Ronnie Bujdos	5K	0:19:50	0:06:24	Hoodlebug 5K	Homer City	PA	7/13/2008
Doug Ulishney	5K	0:19:50	0:06:24	Main Street Classic 5K	Uniontown	PA	8/23/2008
Doug Ulishney	5K	0:19:51	0:06:24	North Union Fire Dept. 5K	Lamont Furnace	PA	5/2/2008
Ronnie Bujdos	5K	0:19:57	0:06:26	Idlewild Tour d'Park	Latrobe	PA	5/26/2008
Doug Ulishney	5K	0:19:58	0:06:26	Mt. Carmel 5K	Crabtree	PA	7/18/2008
Doug Ulishney	5K	0:19:58	0:06:26	Woodruff 5K	Connellsville	PA	7/9/2008
Doug Ulishney	5K	0:19:58	0:06:26	Woodruff 5K	Connellsville	PA	7/19/2008
Doug Ulishney	5K	0:20:00	0:06:27	HIGHLANDS HOSPITAL 5K	????	PA	????
Dan Cunkelman	5K	0:20:05	0:06:29	Elderton 5K	Elderton	PA	6/25/2008
Ronnie Bujdos	5K	0:20:09	0:06:30	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Jeannie Bujdos	5K	0:20:11	0:06:31	Elderton 5K	Elderton	PA	6/25/2008
Ronnie Bujdos	5K	0:20:11	0:06:31	Heritage Days 5K	Ford City	PA	7/5/2008
Vince Pavic	5K	0:20:12	0:06:31	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Dan McQuiston	5K	0:20:19	0:06:33	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Bill Winters	5K	0:20:20	0:06:34	Fire & Ice 5K	Somerset	PA	1/19/2008
Ronnie Bujdos	5K	0:20:20	0:06:34	Roebing's Road 5K	Saxonburg	PA	8/9/2008
Ronnie Bujdos	5K	0:20:21	0:06:34	Summer Fun 5K	Kittanning	PA	8/16/2008
Tad Pajak	5K	0:20:22	0:06:34	Hoodlebug 5K	Homer City	PA	7/13/2008
Aaron Seckar	5K	0:20:25	0:06:35	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Ronnie Bujdos	5K	0:20:25	0:06:35	Elderton 5K	Elderton	PA	10/3/2008
Ronnie Bujdos	5K	0:20:27	0:06:36	Elderton 5K	Elderton	PA	6/25/2008
Dan McQuiston	5K	0:20:31	0:06:37	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Tad Pajak	5K	0:20:37	0:06:39	Bethlehem Project 5K	Greensburg	PA	9/1/2008
Mindy Sawtelle	5K	0:20:37	0:06:39	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Vince Pavic	5K	0:20:41	0:06:40	Race For The Cure	Pittsburgh	PA	5/11/2008
Ronnie Bujdos	5K	0:20:45	0:06:42	Bigfoot 5K	Kittanning	PA	4/19/2008
Vince Pavic	5K	0:20:52	0:06:44	American Red Cross Vampire 5K	Johnstown	PA	10/25/2008
Tad Pajak	5K	0:20:53	0:06:44	Courtney's Ice Cream Festival 5K	Grove City	PA	8/13/2008
Tom Fanning	5K	0:20:54	0:06:45	Hoodlebug 5K	Homer City	PA	7/13/2008
Tad Pajak	5K	0:20:56	0:06:45	Heritage Days 5K	Ford City	PA	7/5/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Tad Pajak	5K	0:20:59	0:06:46	Get Healthy Y5K	Indiana	PA	9/13/2008
Bill Winters	5K	0:21:20	0:06:53	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Jeannie Bujdos	5K	0:21:21	0:06:53	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Jeff Smith	5K	0:21:28	0:06:55	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
John Swauger	5K	0:21:29	0:06:56	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
John Swauger	5K	0:21:35	0:06:58	Hoodlebug 5K	Homer City	PA	7/13/2008
Bill Rogers	5K	0:21:39	0:06:59	Courtney's Ice Cream Festival 5K	Grove City	PA	8/13/2008
Laura Yevchak	5K	0:21:41	0:07:00	Kip Boulis 5K	Perrysburg	OH	5/27/2008
Dave Miller	5K	0:21:42	0:07:00	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
John Swauger	5K	0:21:44	0:07:01	Heritage Days 5K	Ford City	PA	7/5/2008
Scott Bowman	5K	0:21:46	0:07:01	Hoodlebug 5K	Homer City	PA	7/13/2008
Tom Fanning	5K	0:21:52	0:07:03	Pride In The Valley 5K	New Florence	PA	5/17/2008
John Swauger	5K	0:21:53	0:07:04	Race For The Cure	Pittsburgh	PA	5/11/2008
Scott Bowman	5K	0:21:58	0:07:05	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Mary Jean Bujdos	5K	0:21:59	0:07:05	Freeport 5K	Freeport	PA	7/26/2008
John Swauger	5K	0:22:02	0:07:06	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Laura Yevchak	5K	0:22:05	0:07:07	Hoodlebug 5K	Homer City	PA	7/13/2008
Dave Miller	5K	0:22:07	0:07:08	Diamond Days 5K	Blairsville	PA	8/16/2008
Scott Bowman	5K	0:22:07	0:07:08	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Scott Bowman	5K	0:22:09	0:07:09	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Jeff Graham	5K	0:22:11	0:07:09	Delmont 5K	Delmont	PA	10/18/2008
Laura Yevchak	5K	0:22:11	0:07:09	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Dave Miller	5K	0:22:12	0:07:10	Run For Your Life 5K	Apollo	PA	11/16/2008
John Swauger	5K	0:22:13	0:07:10	Courtney's Ice Cream Festival 5K	Grove City	PA	8/13/2008
Mary Jean Bujdos	5K	0:22:21	0:07:13	Summer Fun 5K	Kittanning	PA	8/16/2008
Mary Jean Bujdos	5K	0:22:22	0:07:13	Idlewild Tour d'Park	Latrobe	PA	5/26/2008
Dave Miller, Jr.	5K	0:22:23	0:07:13	Disepio Institute 5K		PA	
Bob Crawford	5K	0:22:23	0:07:13	Ellport Winter Wonderland 5K	Elwood City	PA	2/16/2008
Laura Yevchak	5K	0:22:24	0:07:14	Pride In The Valley 5K	New Florence	PA	5/17/2008
Dave Miller	5K	0:22:26	0:07:14	Elderton 5K	Elderton	PA	10/3/2008
Mary Jean Bujdos	5K	0:22:28	0:07:15	Roebling's Road 5K	Saxonburg	PA	8/9/2008
Scott Bowman	5K	0:22:32	0:07:16	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Bill Winters	5K	0:22:38	0:07:18	Get Healthy Y5K	Indiana	PA	9/13/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Ed Hlebechuk	5K	0:22:39	0:07:18	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Bill Winters	5K	0:22:39	0:07:18	Pride In The Valley 5K	New Florence	PA	5/17/2008
Ed Hlebechuk	5K	0:22:41	0:07:19	A Rabbit Runs Through It	Latrobe	PA	4/12/2008
Tom Fanning	5K	0:22:41	0:07:19	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Steffen Sprow	5K	0:22:44	0:07:20	5K For Autism	Clymer	PA	9/20/2008
Tom Fetterman, Sr.	5K	0:22:45	0:07:20	Fire & Ice 5K	Somerset	PA	1/19/2008
Randy Fetterman	5K	0:22:47	0:07:21	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Ed Hlebechuk	5K	0:22:50	0:07:22	Race-A-Palooza 5K	Lower Burrell	PA	5/24/2008
Joe Bujdos	5K	0:22:50	0:07:22	Summer Fun 5K	Kittanning	PA	8/16/2008
Tad Pajak	5K	0:22:52	0:07:23	Greensburg Turkey Trot	Greensburg	PA	11/27/2008
Dave Miller	5K	0:22:55	0:07:24	Disepio Institute 5K		PA	
Mary Jean Bujdos	5K	0:22:56	0:07:24	Elderton 5K	Elderton	PA	6/25/2008
Mary Jean Bujdos	5K	0:22:58	0:07:25	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Jeff Smith	5K	0:22:58	0:07:25	Elderton 5K	Elderton	PA	6/25/2008
Dave Miller	5K	0:22:59	0:07:25	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Mary Jean Bujdos	5K	0:23:03	0:07:26	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Bill Winters	5K	0:23:05	0:07:27	5K For Autism	Clymer	PA	9/20/2008
Ed Hlebechuk	5K	0:23:05	0:07:27	Freedom 5K	Greensburg	PA	7/4/2008
Randy Fetterman	5K	0:23:05	0:07:27	Hoodlebug 5K	Homer City	PA	7/13/2008
John Swauger	5K	0:23:07	0:07:27	Run For Your Life 5K	Apollo	PA	11/16/2008
Mary Jean Bujdos	5K	0:23:13	0:07:29	Hoodlebug 5K	Homer City	PA	7/13/2008
Tom Fetterman, Jr.	5K	0:23:16	0:07:30	5K For Autism	Clymer	PA	9/20/2008
Dave Miller	5K	0:23:18	0:07:31	Elderton 5K	Elderton	PA	6/25/2008
Scott Bowman	5K	0:23:20	0:07:32	Elderton 5K	Elderton	PA	6/25/2008
Mary Jean Bujdos	5K	0:23:20	0:07:32	Heritage Days 5K	Ford City	PA	7/5/2008
Randy Fetterman	5K	0:23:21	0:07:32	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Randy Fetterman	5K	0:23:21	0:07:32	Heritage Days 5K	Ford City	PA	7/5/2008
Joe Bujdos	5K	0:23:27	0:07:34	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
John Goss	5K	0:23:30	0:07:35	Heritage Days 5K	Ford City	PA	7/5/2008
Tom Fetterman, Jr.	5K	0:23:31	0:07:35	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Mary Jean Bujdos	5K	0:23:36	0:07:37	Elderton 5K	Elderton	PA	10/3/2008
Mary Jean Bujdos	5K	0:23:39	0:07:38	Get Healthy Y5K	Indiana	PA	9/13/2008
Laura Yevchak	5K	0:23:40	0:07:38	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008



<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
John Swauger	5K	0:23:43	0:07:39	Great Shamokin Path 5K	Numine	PA	4/12/2008
Ed Hlebechuk	5K	0:23:43	0:07:39	Pride In The Valley 5K	New Florence	PA	5/17/2008
Ed Hlebechuk	5K	0:23:44	0:07:39	Kevin Gatons Memorial 5K	Greensburg	PA	5/26/2008
Scott Bowman	5K	0:23:45	0:07:40	Frosty 5K	Greensburg	PA	2/24/2008
Joe Bujdos	5K	0:23:48	0:07:41	Get Healthy Y5K	Indiana	PA	9/13/2008
Gary Honkus	5K	0:23:48	0:07:41	YMCA Wellness Twilight 5K	Hollidaysburg	PA	12/30/2008
Bob Lott	5K	0:23:49	0:07:41	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
John Goss	5K	0:23:59	0:07:44	Elderton 5K	Elderton	PA	6/25/2008
Randy Fetterman	5K	0:24:04	0:07:46	New Bethlehem Peanut Butter Festival 5K	New Bethlhem	PA	9/13/2008
Ed Hlebechuk	5K	0:24:06	0:07:46	Hoodlebug 5K	Homer City	PA	7/13/2008
Jennifer Wally Blystone	5K	0:24:09	0:07:47	Hoodlebug 5K	Homer City	PA	7/13/2008
Matt Coy	5K	0:24:12	0:07:48	5K For Autism	Clymer	PA	9/20/2008
Randy Fetterman	5K	0:24:14	0:07:49	Elderton 5K	Elderton	PA	6/25/2008
Ed Hlebechuk	5K	0:24:15	0:07:49	Woodruff 5K	Connellsville	PA	7/9/2008
John Swauger	5K	0:24:18	0:07:50	Get Healthy Y5K	Indiana	PA	9/13/2008
Randy Fetterman	5K	0:24:24	0:07:52	Grace Brethern Church Brain Freeze 5K	Kittanning	PA	9/20/2008
Bill Bracken	5K	0:24:24	0:07:52	Hoodlebug 5K	Homer City	PA	7/13/2008
Jennifer Reaugh	5K	0:24:25	0:07:53	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
James Kilptarick	5K	0:24:31	0:07:55	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Bob Lott	5K	0:24:34	0:07:55	Heritage Days 5K	Ford City	PA	7/5/2008
John Chernega	5K	0:24:34	0:07:55	Run For Your Life 5K	Apollo	PA	11/16/2008
Tom Fetterman, Jr.	5K	0:24:35	0:07:56	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Tom Fetterman, Sr.	5K	0:24:35	0:07:56	Run For Your Life 5K	Apollo	PA	11/16/2008
Ed Hlebechuk	5K	0:24:37	0:07:56	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
James Kilptarick	5K	0:24:38	0:07:57	Hoodlebug 5K	Homer City	PA	7/13/2008
Randy Fetterman	5K	0:24:42	0:07:58	Daily American 5K	Johnstown	PA	6/14/2008
Rob Andelman	5K	0:24:44	0:07:59	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Matt Coy	5K	0:24:45	0:07:59	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Tom Fetterman, Sr.	5K	0:24:45	0:07:59	Hoodlebug 5K	Homer City	PA	7/13/2008
Jennifer Wally Blystone	5K	0:24:46	0:07:59	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Randy Fetterman	5K	0:24:50	0:08:01	Great Race 5K	Pittsburgh	PA	9/28/2008
Randy Fetterman	5K	0:24:52	0:08:01	Great Shamokin Path 5K	Numine	PA	4/12/2008
Joe Bujdos	5K	0:24:59	0:08:04	Elderton 5K	Elderton	PA	6/25/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Donna Scanlon	5K	0:25:01	0:08:04	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Jed Fetterman	5K	0:25:10	0:08:07	Hoodlebug 5K	Homer City	PA	7/13/2008
Jennifer Wally Blystone	5K	0:25:13	0:08:08	Elderton 5K	Elderton	PA	6/25/2008
Donna Scanlon	5K	0:25:17	0:08:09	Hoodlebug 5K	Homer City	PA	7/13/2008
Bill Bracken	5K	0:25:18	0:08:10	Get Healthy Y5K	Indiana	PA	9/13/2008
Jennifer Reaugh	5K	0:25:23	0:08:11	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Jennifer Wally Blystone	5K	0:25:23	0:08:11	Elderton 5K	Elderton	PA	10/3/2008
Jennifer Wally Blystone	5K	0:25:24	0:08:12	Great Shamokin Path 5K	Numine	PA	4/12/2008
Donna Scanlon	5K	0:25:24	0:08:12	Race Judicata	Akron	OH	5/9/2008
Jed Fetterman	5K	0:25:25	0:08:12	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Art Zottola	5K	0:25:25	0:08:12	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Chuck Frank	5K	0:25:30	0:08:14	Hoodlebug 5K	Homer City	PA	7/13/2008
Donna Scanlon	5K	0:25:33	0:08:15	Kittanning YMCA Fall Classic 5K	Kittanning	PA	11/8/2008
Patrick Fanning	5K	0:25:37	0:08:16	Hoodlebug 5K	Homer City	PA	7/13/2008
Jed Fetterman	5K	0:25:38	0:08:16	5K For Autism	Clymer	PA	9/20/2008
Emily Hogan	5K	0:25:38	0:08:16	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Donna Scanlon	5K	0:25:41	0:08:17	Heritage Days 5K	Ford City	PA	7/5/2008
Lucy Bujdos	5K	0:25:42	0:08:17	Idlewild Tour d'Park	Latrobe	PA	5/26/2008
Lucy Bujdos	5K	0:25:50	0:08:20	Kittanning YMCA Fall Classic 5K	Kittanning	PA	11/8/2008
Joe Bujdos	5K	0:25:54	0:08:21	Elderton 5K	Elderton	PA	10/3/2008
John Swauger	5K	0:26:02	0:08:24	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Tom Fetterman, Sr.	5K	0:26:02	0:08:24	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Patrick Fanning	5K	0:26:05	0:08:25	Pride In The Valley 5K	New Florence	PA	5/17/2008
Donna Scanlon	5K	0:26:09	0:08:26	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Donna Scanlon	5K	0:26:12	0:08:27	Pride In The Valley 5K	New Florence	PA	5/17/2008
Chuck Frank	5K	0:26:13	0:08:27	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Linda Leopold	5K	0:26:17	0:08:29	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Chuck Frank	5K	0:26:17	0:08:29	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Rob Andelman	5K	0:26:20	0:08:30	Get Healthy Y5K	Indiana	PA	9/13/2008
Lucy Bujdos	5K	0:26:20	0:08:30	Summer Fun 5K	Kittanning	PA	8/16/2008
Aly Pajak	5K	0:26:34	0:08:34	Courtney's Ice Cream Festival 5K	Grove City	PA	8/13/2008
Aileen Bowman	5K	0:26:34	0:08:34	Hoodlebug 5K	Homer City	PA	7/13/2008
Ed Gondolf	5K	0:26:44	0:08:37	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Lucy Bujdos	5K	0:26:45	0:08:38	Hoodlebug 5K	Homer City	PA	7/13/2008
Lucy Bujdos	5K	0:26:49	0:08:39	Elderton 5K	Elderton	PA	10/3/2008
Tom Fetterman, Sr.	5K	0:26:53	0:08:40	Bloody Run 5K	Everett	PA	6/21/2008
John Berezansky	5K	0:26:54	0:08:41	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Chuck Frank	5K	0:26:58	0:08:42	Get Healthy Y5K	Indiana	PA	9/13/2008
Anne Hoover	5K	0:26:59	0:08:42	Elderton 5K	Elderton	PA	6/25/2008
Ed Gondolf	5K	0:26:59	0:08:42	Grace Brethern Church Brain Freeze 5K	Kittanning	PA	9/20/2008
Tom Fetterman, Sr.	5K	0:27:02	0:08:43	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Ed Gondolf	5K	0:27:03	0:08:44	Get Healthy Y5K	Indiana	PA	9/13/2008
Donna Scanlon	5K	0:27:04	0:08:44	Great Shamokin Path 5K	Numine	PA	4/12/2008
Tad Pajak	5K	0:27:04	0:08:44	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
John Bomboy	5K	0:27:05	0:08:44	Star-Trax 5K	Salem	OH	8/2/2008
Chuck Frank	5K	0:27:07	0:08:45	Elderton 5K	Elderton	PA	6/25/2008
Dan Pajak	5K	0:27:08	0:08:45	Heritage Days 5K	Ford City	PA	7/5/2008
Ed Gondolf	5K	0:27:11	0:08:46	Elderton 5K	Elderton	PA	10/3/2008
John Wafer	5K	0:27:15	0:08:47	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Lucy Bujdos	5K	0:27:16	0:08:48	Elderton 5K	Elderton	PA	6/25/2008
Ed Gondolf	5K	0:27:18	0:08:48	Elderton 5K	Elderton	PA	6/25/2008
Lucy Bujdos	5K	0:27:25	0:08:51	Heritage Days 5K	Ford City	PA	7/5/2008
John Berezansky	5K	0:27:26	0:08:51	Elderton 5K	Elderton	PA	6/25/2008
John Berezansky	5K	0:27:28	0:08:52	Hoodlebug 5K	Homer City	PA	7/13/2008
Linda Leopold	5K	0:27:32	0:08:53	Get Healthy Y5K	Indiana	PA	9/13/2008
Art Zottola	5K	0:27:32	0:08:53	Get Healthy Y5K	Indiana	PA	9/13/2008
Lucy Bujdos	5K	0:27:33	0:08:53	Get Healthy Y5K	Indiana	PA	9/13/2008
Aileen Bowman	5K	0:27:34	0:08:54	Elderton 5K	Elderton	PA	6/25/2008
Jennifer Reaugh	5K	0:27:35	0:08:54	Get Healthy Y5K	Indiana	PA	9/13/2008
Melanie Williams	5K	0:27:40	0:08:55	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Aileen Bowman	5K	0:27:42	0:08:56	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
John Berezansky	5K	0:27:49	0:08:58	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Melanie Williams	5K	0:27:51	0:08:59	Heritage Days 5K	Ford City	PA	7/5/2008
Becky Pavic	5K	0:27:59	0:09:02	Daily American 5K	Johnstown	PA	6/14/2008
Tom Fetterman, Sr.	5K	0:28:02	0:09:03	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Ed Gondolf	5K	0:28:02	0:09:03	Heritage Days 5K	Ford City	PA	7/5/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Aileen Bowman	5K	0:28:07	0:09:04	Frosty 5K	Greensburg	PA	2/24/2008
Aileen Bowman	5K	0:28:09	0:09:05	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Anita Sprow	5K	0:28:11	0:09:05	5K For Autism	Clymer	PA	9/20/2008
Art Zottola	5K	0:28:20	0:09:08	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Melanie Williams	5K	0:28:27	0:09:11	Hoodlebug 5K	Homer City	PA	7/13/2008
Art Zottola	5K	0:28:38	0:09:14	Hoodlebug 5K	Homer City	PA	7/13/2008
Aileen Bowman	5K	0:28:40	0:09:15	Run For Your Life 5K	Apollo	PA	11/16/2008
John Bomboy	5K	0:28:42	0:09:15	Hoodlebug 5K	Homer City	PA	7/13/2008
Melanie Williams	5K	0:28:43	0:09:16	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Art Zottola	5K	0:28:49	0:09:18	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Lucy Bujdos	5K	0:28:50	0:09:11	Freeport 5K	Freeport	PA	7/26/2008
Melanie Williams	5K	0:28:51	0:09:18	Elderton 5K	Elderton	PA	6/25/2008
Linda Leopold	5K	0:28:56	0:09:20	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Ray Blystone	5K	0:28:56	0:09:20	Elderton 5K	Elderton	PA	10/3/2008
John Berezansky	5K	0:28:59	0:09:21	Get Healthy Y5K	Indiana	PA	9/13/2008
Melanie Williams	5K	0:29:05	0:09:23	BSA 5K	Apollo	PA	4/26/2008
Matt Denver	5K	0:29:08	0:09:24	BSA 5K	Apollo	PA	4/26/2008
Lucy Bujdos	5K	0:29:11	0:09:25	Bigfoot 5K	Kittanning	PA	4/19/2008
Melanie Williams	5K	0:29:17	0:09:27	New Bethlehem Peanut Butter Festival 5K	New Bethlehem	PA	9/13/2008
Matt Denver	5K	0:29:19	0:09:27	Steelers Gatorade 5K	Pittsburgh	PA	9/1/2008
Donna Zukas	5K	0:29:22	0:09:28	Hoodlebug 5K	Homer City	PA	7/13/2008
Donna Zukas	5K	0:29:35	0:09:33	Run For Your Life 5K	Apollo	PA	11/16/2008
Tina Honkus	5K	0:29:36	0:09:33	YMCA Wellness Twilight 5K	Hollidaysburg	PA	12/30/2008
Claire Hogan	5K	0:29:38	0:09:34	Get Healthy Y5K	Indiana	PA	9/13/2008
Claire Hogan	5K	0:29:40	0:09:34	5K For Autism	Clymer	PA	9/20/2008
Claire Hogan	5K	0:29:45	0:09:36	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Art Zottola	5K	0:29:58	0:09:40	The Dash	Alverton	PA	5/8/2008
Linda Leopold	5K	0:30:00	0:09:41	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Bill Winters	5K	0:30:01	0:09:41	Dayton Family Turkey Day 5K	Dayton	PA	11/27/2008
Melanie Williams	5K	0:30:05	0:09:42	Great Race 5K	Pittsburgh	PA	9/28/2008
Holly Rougeaux	5K	0:30:08	0:09:43	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Joelyne Laurinatis	5K	0:30:14	0:09:45	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Holly Rougeaux	5K	0:30:19	0:09:47	Elderton 5K	Elderton	PA	10/3/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Adrienne Goss	5K	0:30:19	0:09:47	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Jeril Goss	5K	0:30:20	0:09:47	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Nathan Stone	5K	0:30:20	0:09:47	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Lisa Powers	5K	0:30:22	0:09:48	BSA 5K	Apollo	PA	4/26/2008
Donna Zukas	5K	0:30:23	0:09:48	Greensburg Turkey Trot	Greensburg	PA	11/27/2008
Melanie Williams	5K	0:30:32	0:09:51	Grace Brethern Church Brain Freeze 5K	Kittanning	PA	9/20/2008
Tina Honkus	5K	0:30:38	0:09:53	Disepio Institute 5K		PA	
Joelyne Laurinatis	5K	0:30:38	0:09:53	Kevin Gatons Memorial 5K	Greensburg	PA	5/26/2008
Mindy Wygonik	5K	0:30:43	0:09:55	Hoodlebug 5K	Homer City	PA	7/13/2008
Mindy Wygonik	5K	0:30:50	0:09:57	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Don Hogan	5K	0:30:55	0:09:58	Get Healthy Y5K	Indiana	PA	9/13/2008
Art Zottola	5K	0:30:56	0:09:59	Clarion River 5K	Cookport	PA	3/29/2008
Art Zottola	5K	0:31:02	0:10:01	John Yelenic Memorial 5K	Blairsville	PA	5/28/2008
Donna Scanlon	5K	0:31:03	0:10:01	5K For Autism	Clymer	PA	9/20/2008
Tom Fetterman, Sr.	5K	0:31:03	0:10:01	5K For Autism	Clymer	PA	9/20/2008
Chris Sharbaugh	5K	0:31:11	0:10:04	Latrobe Turkey Trot	Latrobe	PA	11/27/2008
Bitty Miller	5K	0:31:16	0:10:05	Hoodlebug 5K	Homer City	PA	7/13/2008
Art Zottola	5K	0:31:36	0:10:12	Elderton 5K	Elderton	PA	6/25/2008
Lecinda Yevchak	5K	0:31:36	0:10:12	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Christina Stern Mauger	5K	0:31:42	0:10:14	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Mel Stern & Cleia	5K	0:31:44	0:10:14	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Lecinda Yevchak	5K	0:31:45	0:10:15	Kip Boulis 5K	Perrysburg	OH	5/27/2008
Cathy Swauger	5K	0:31:47	0:10:15	Get Healthy Y5K	Indiana	PA	9/13/2008
Tom Fetterman, Sr.	5K	0:31:57	0:10:18	Pride In The Valley 5K	New Florence	PA	5/17/2008
Tina Honkus	5K	0:31:58	0:10:19	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Joey Bujdos	5K	0:32:11	0:10:23	Get Healthy Y5K	Indiana	PA	9/13/2008
Joey Bujdos	5K	0:32:23	0:10:27	Summer Fun 5K	Kittanning	PA	8/16/2008
Anne Hoover	5K	0:32:26	0:10:28	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Tina Kelly	5K	0:32:30	0:10:29	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Mary Ann Miller	5K	0:32:47	0:10:35	Disepio Institute 5K		PA	
Joelyne Laurinatis	5K	0:32:49	0:10:35	Greensburg Turkey Trot	Greensburg	PA	11/27/2008
Lucy Bujdos	5K	0:33:08	0:10:41	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Joey Bujdos	5K	0:33:32	0:10:49	Elderton 5K	Elderton	PA	10/3/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Elsie Denver	5K	0:33:40	0:10:52	Steelers Gatorade 5K	Pittsburgh	PA	9/1/2008
Joey Bujdos	5K	0:33:55	0:10:56	Idlewild Tour d'Park	Latrobe	PA	5/26/2008
Elsie Denver	5K	0:34:13	0:11:02	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
John Harwick	5K	0:34:54	0:11:15	Great Race 5K	Pittsburgh	PA	9/28/2008
Joey Bujdos	5K	0:35:51	0:11:34	Bigfoot 5K	Kittanning	PA	4/19/2008
Jen James	5K	0:36:16	0:11:42	Hoodlebug 5K	Homer City	PA	7/13/2008
Andrea Bracken	5K	0:37:01	0:11:56	Hoodlebug 5K	Homer City	PA	7/13/2008
Joey Bujdos	5K	0:38:30	0:12:25	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Wendy Fetterman	5K	0:39:11	0:12:38	5K For Autism	Clymer	PA	9/20/2008
Joey Bujdos	5K	0:39:35	0:12:46	Elderton 5K	Elderton	PA	6/25/2008
Kim Fulmer	5K	0:40:02	0:12:55	Get Healthy Y5K	Indiana	PA	9/13/2008
Kim Fulmer	5K	0:40:37	0:13:06	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Olivia Stone	5K Walk	0:40:41	0:13:07	Daily American 5K	Johnstown	PA	6/14/2008
Alison Stone	5K Walk	0:40:43	0:13:08	Daily American 5K	Johnstown	PA	6/14/2008
Kim Fulmer	5K	0:40:57	0:13:13	1st Annual Clymer Days 5K	Clymer	PA	9/27/2008
Anne Hoover	5K	0:41:16	0:13:19	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Andrea Bracken	5K	0:43:11	0:13:56	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Bill Bracken	5K	0:43:13	0:13:56	Citizens Helping Citizens' 5K	Indiana	PA	7/19/2008
Amy Stone	5K	0:45:36	0:14:43	Daily American 5K	Johnstown	PA	6/14/2008
Betsy Fetterman	5K	0:46:14	0:14:55	Bloody Run 5K	Everett	PA	6/21/2008
Betsy Fetterman	5K	0:46:19	0:14:56	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Julie Lipsie	5K	0:46:21	0:14:57	Groundhog Festival 5K	Punxsutawney	PA	7/2/2008
Julie Bracken	5K	0:51:20	0:16:34	Hoodlebug 5K	Homer City	PA	7/13/2008
William Bracken, Sr.	5K	0:58:38	0:18:55	Hoodlebug 5K	Homer City	PA	7/13/2008
Ed Gondolf	5K	?:???:??		Kiski Cougar Classic 5K	Saltsburg	PA	10/11/2008
Andrea Bracken	3.14 Mile	0:51:45	0:16:29	Fool's Run 3.14 Mile Walk	Indiana	PA	3/29/2008
Julie Bracken	3.14 Mile	0:59:51	0:19:04	Fool's Run 3.14 Mile Walk	Indiana	PA	3/29/2008
Doug Ulishney	3.5 Mile	0:22:48	0:06:31	Dawson Grange 3.5 Mile	Dawson	PA	8/11/2008
Doug Ulishney	3.5 Mile	0:29:00	0:08:17	Mount Summit 3.5 Miler	Hopewood	PA	4/27/2008
Cory Fulmer	4 Mile	0:24:19	0:06:05	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Al Casagranda	4 Mile	0:24:20	0:06:05	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Doug Craft	4 Mile	0:24:59	0:06:15	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Mark Stern	4 Mile	0:26:28	0:06:37	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008

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Bill Winters	4 Mile	0:28:54	0:07:13	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Dan McQuiston	4 Mile	0:29:05	0:07:16	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Ron Blake	4 Mile	0:30:16	0:07:34	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Tom Fetterman, Jr.	4 Mile	0:30:23	0:07:36	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Chris Peters	4 Mile	0:31:34	0:07:53	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Jed Fetterman	4 Mile	0:34:21	0:08:35	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
John Swauger	4 Mile	0:34:32	0:08:38	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Tom Dunbar	4 Mile	0:35:10	0:08:47	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Jeril Goss	4 Mile	0:37:17	0:09:19	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Bob Lott	4 Mile	0:40:41	0:10:10	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Jennifer Wally Blystone	4 Mile	0:42:54	0:10:43	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Dick Gigliotti	4 Mile	0:47:41	0:11:55	Groundhog Jog 4 Miler	Punxsutawney	PA	2/2/2008
Cory Fulmer	5 Mile	0:28:21	0:05:40	Holidaysburg 5 Miler	Holidaysburg	PA	11/29/2008
Herb Cratty	5 Mile	0:29:10	0:05:50	Frostbite Five Miler	Grove City	PA	2/9/2008
Jeannie Bujdos	5 Mile	0:32:07	0:06:25	Butler Road Race--5Miler	Butler	PA	6/28/2008
Mark Stern	5 Mile	0:32:35	0:06:31	Ken Brumbaugh Five Miler			3/30/2008
Laura Yevchak	5 Mile	0:33:51	0:06:46	Holidaysburg 5 Miler	Holidaysburg	PA	11/29/2008
Ronnie Bujdos	5 Mile	0:33:55	0:06:47	Butler Road Race--5Miler	Butler	PA	6/28/2008
Doug Ulishney	5 Mile	0:35:06	0:07:01	Frigid Five Miler	Murrysville	PA	2/10/2008
Rick Conroy	5 Mile	0:37:54	0:07:35	Latrobe 5 Miler	Latrobe	PA	6/28/2008
Mary Jean Bujdos	5 Mile	0:38:34	0:07:43	Butler Road Race--5Miler	Butler	PA	6/28/2008
Donna Scanlon	5 Mile	0:40:59	0:08:12	Holidaysburg 5 Miler	Holidaysburg	PA	11/29/2008
Ed Hlebechuk	5 Mile	0:41:03	0:08:13	Latrobe 5 Miler	Latrobe	PA	6/28/2008
Bob Crawford	5 Mile	0:41:56	0:08:23	Butler Road Race--5Miler	Butler	PA	6/28/2008
Donna Scanlon	5 Mile	0:42:10	0:08:26	Kessler's Nittany Lion 5 Miler	Harrisburg	PA	4/19/2008
James Kilptarick	5 Mile	0:43:20	0:08:40	Latrobe 5 Miler	Latrobe	PA	6/28/2008
Donna Scanlon	5 Mile	0:43:31	0:08:42	Butler Road Race--5Miler	Butler	PA	6/28/2008
Mel Stern	5 Mile	0:43:48	0:08:46	Ken Brumbaugh Five Miler			3/30/2008
Tom Simmons	5 Mile	0:44:10	0:08:50	Latrobe 5 Miler	Latrobe	PA	6/28/2008
Ed Gondolf	5 Mile	0:44:45	0:08:57	Butler Road Race--5Miler	Butler	PA	6/28/2008
James Kilptarick	5 Mile	0:48:22	0:09:40	Frigid Five Miler	Murrysville	PA	2/10/2008
Pat Scanlon	5 Mile	0:48:37	0:09:43	Kessler's Nittany Lion 5 Miler	Harrisburg	PA	4/19/2008
Tom Lipsie	10K	0:34:21	0:05:32	Fool's Run 10K	Indiana	PA	3/29/2008

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Al Casagrande	10K	0:35:39	0:05:45	Fool's Run 10K	Indiana	PA	3/29/2008
Cory Fulmer	10K	0:35:51	0:05:47	Fool's Run 10K	Indiana	PA	3/29/2008
Jim Hamilton	10K	0:37:38	0:06:04	Fool's Run 10K	Indiana	PA	3/29/2008
Mindy Sawtelle	10K	0:37:53	0:06:07	Genisis Riverside 10K	Pittsburgh	PA	4/19/2008
Mindy Sawtelle	10K	0:38:45	0:06:15	Curwensville Susquehana Classic 10K	Curwensville	PA	7/19/2008
Mindy Sawtelle	10K	0:39:09	0:06:19	8th Annual Burgh's Pizza 10K	Cecil	PA	4/20/2008
Doug Ulishney	10K	0:39:38	0:06:24	Johnstown Marathon 10K	Johnstown	PA	10/5/2008
Herb Cratty	10K	0:39:42	0:06:24	Nike Human Race 10K	Pittsburgh	PA	8/31/2008
Bill Zimmerman	10K	0:40:02	0:06:27	Fool's Run 10K	Indiana	PA	3/29/2008
Jeannie Bujdos	10K	0:40:04	0:06:28	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Mark Stern	10K	0:40:07	0:06:28	Fool's Run 10K	Indiana	PA	3/29/2008
Ronnie Bujdos	10K	0:40:10	0:06:29	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Doug Ulishney	10K	0:40:33	0:06:32	Fool's Run 10K	Indiana	PA	3/29/2008
Doug Ulishney	10K	0:40:36	0:06:33	Montana Marathon 10K	Billings	MT	9/21/2008
Ken Sharbaugh	10K	0:41:28	0:06:41	Fool's Run 10K	Indiana	PA	3/29/2008
Jeannie Bujdos	10K	0:41:38	0:06:43	Fool's Run 10K	Indiana	PA	3/29/2008
Jean-Yves Boulard	10K	0:42:10	0:06:48	Fool's Run 10K	Indiana	PA	3/29/2008
Chris Meanor	10K	0:42:12	0:06:48	Ukrops Avenue Monument 10K	Richmond	VA	4/5/2008
Vince Pavic	10K	0:42:19	0:06:50	Daily American 10K	Johnstown	PA	6/14/2008
Doug Ulishney	10K	0:42:23	0:06:50	Dawson 10K	Dawson	PA	6/7/2008
Vince Pavic	10K	0:42:33	0:06:52	Great Race 10K	Pittsburgh	PA	9/28/2008
Tad Pajak	10K	0:43:30	0:07:01	Great Race 10K	Pittsburgh	PA	9/28/2008
Dan McQuiston	10K	0:44:32	0:07:11	Fool's Run 10K	Indiana	PA	3/29/2008
Tom Fanning	10K	0:44:51	0:07:14	Fool's Run 10K	Indiana	PA	3/29/2008
Laura Yevchak	10K	0:45:06	0:07:16	Fool's Run 10K	Indiana	PA	3/29/2008
John Swauger	10K	0:45:51	0:07:24	Fool's Run 10K	Indiana	PA	3/29/2008
Chris Sharbaugh	10K	0:46:16	0:07:28	Fool's Run 10K	Indiana	PA	3/29/2008
Ronnie Bujdos	10K	0:46:28	0:07:30	Fool's Run 10K	Indiana	PA	3/29/2008
Tom Fetterman, Jr.	10K	0:46:37	0:07:31	Fool's Run 10K	Indiana	PA	3/29/2008
Mary Jean Bujdos	10K	0:46:48	0:07:33	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Scott Bowman	10K	0:47:11	0:07:37	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Tad Pajak	10K	0:47:28	0:07:39	Sotuh Park 10K	South Park	PA	8/3/2008
Chris Peters	10K	0:47:33	0:07:40	Fool's Run 10K	Indiana	PA	3/29/2008



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Jeff Graham	10K	0:47:55	0:07:44	Johnstown Marathon 10K	Johnstown	PA	10/5/2008
Ed Hlebechuk	10K	0:48:28	0:07:49	Fool's Run 10K	Indiana	PA	3/29/2008
John Chernega	10K	0:49:45	0:08:01	Fool's Run 10K	Indiana	PA	3/29/2008
Matt Bush	10K	0:49:46	0:08:02	Fool's Run 10K	Indiana	PA	3/29/2008
Tom Fetterman, Jr.	10K	0:50:00	0:08:04	Bloody Run 10K	Everett	PA	6/21/2008
Mary Jean Bujdos	10K	0:50:20	0:08:07	Fool's Run 10K	Indiana	PA	3/29/2008
Scott Bowman	10K	0:50:30	0:08:09	Fool's Run 10K	Indiana	PA	3/29/2008
Cate Hogan	10K	0:50:50	0:08:12	Great Race 10K	Pittsburgh	PA	9/28/2008
Dave Miller	10K	0:51:10	0:08:15	Fool's Run 10K	Indiana	PA	3/29/2008
Tom Fetterman, Sr.	10K	0:51:57	0:08:23	Mahoning Shuffle 10K	Punxsutawney	PA	10/8/2008
Randy Fetterman	10K	0:52:43	0:08:30	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Jennifer Wally Blystone	10K	0:53:16	0:08:35	Fool's Run 10K	Indiana	PA	3/29/2008
Art Zottola	10K	0:53:28	0:08:37	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Aaron Wygonik	10K	0:53:40	0:08:39	Fool's Run 10K	Indiana	PA	3/29/2008
Tom Dunbar	10K	0:53:41	0:08:40	Fool's Run 10K	Indiana	PA	3/29/2008
Mel Stern	10K	0:53:52	0:08:41	Fool's Run 10K	Indiana	PA	3/29/2008
Sharon Holsinger	10K	0:53:53	0:08:41	Fool's Run 10K	Indiana	PA	3/29/2008
Jed Fetterman	10K	0:54:08	0:08:44	Johnstown Marathon 10K	Johnstown	PA	10/5/2008
Donna Scanlon	10K	0:54:22	0:08:46	Johnstown Marathon 10K	Johnstown	PA	10/5/2008
Anita Sprow	10K	0:54:34	0:08:48	Johnstown Marathon 10K	Johnstown	PA	10/5/2008
Donna Scanlon	10K	0:54:44	0:08:50	Fool's Run 10K	Indiana	PA	3/29/2008
Ed Gondolf	10K	0:55:05	0:08:53	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Ed Hlebechuk	10K	0:55:17	0:08:55	Delmont 5K	Delmont	PA	4/26/2008
James Kilptarick	10K	0:56:33	0:09:07	Fool's Run 10K	Indiana	PA	3/29/2008
Jeril Goss	10K	0:56:44	0:09:09	Fool's Run 10K	Indiana	PA	3/29/2008
John Goss	10K	0:56:45	0:09:09	Fool's Run 10K	Indiana	PA	3/29/2008
Bill McAtee	10K	0:56:53	0:09:10	Fool's Run 10K	Indiana	PA	3/29/2008
Claire Hogan	10K	0:57:33	0:09:17	Great Race 10K	Pittsburgh	PA	9/28/2008
Chuck Frank	10K	0:57:36	0:09:17	Fool's Run 10K	Indiana	PA	3/29/2008
Holly Rougeaux	10K	0:57:41	0:09:18	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Lori Graham	10K	0:57:55	0:09:20	Johnstown Marathon 10K	Johnstown	PA	10/5/2008
Aileen Bowman	10K	0:58:20	0:09:25	Kittanning YMCA Fall Classic 10K	Kittanning	PA	11/8/2008
Bill Bracken	10K	0:58:31	0:09:26	Fool's Run 10K	Indiana	PA	3/29/2008

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John Berezansky	10K	0:59:03	0:09:31	Fool's Run 10K	Indiana	PA	3/29/2008
Bethany Wygonik	10K	0:59:22	0:09:35	Fool's Run 10K	Indiana	PA	3/29/2008
Bob Lott	10K	0:59:25	0:09:35	Fool's Run 10K	Indiana	PA	3/29/2008
Anne Hoover	10K	1:00:10	0:09:42	Fool's Run 10K	Indiana	PA	3/29/2008
Don Hogan	10K	1:01:22	0:09:54	Great Race 10K	Pittsburgh	PA	9/28/2008
Aileen Bowman	10K	1:01:59	0:10:00	Fool's Run 10K	Indiana	PA	3/29/2008
Matt Denver	10K	1:03:03	0:10:10	Fool's Run 10K	Indiana	PA	3/29/2008
Claire Hogan	10K	1:04:38	0:10:25	Fool's Run 10K	Indiana	PA	3/29/2008
Nathan Stone	10K	1:12:32	0:11:42	Daily American 10K	Johnstown	PA	6/14/2008
Mark Stern	7 Mile	0:49:18	0:07:03	Ugly Mudder 7 Miler			2/17/2008
Mel Stern	7 Mile	1:11:58	0:10:17	Ugly Mudder 7 Miler			2/17/2008
Cory Fulmer	15K	0:56:21	0:06:04	Altoona 15K	Altoona	PA	7/4/2008
Vince Pavic	15K	1:07:41	0:07:17	Altoona 15K	Altoona	PA	7/4/2008
Laura Yevchak	15K	1:11:40	0:07:42	Altoona 15K	Altoona	PA	7/4/2008
Mark Stern	15K	1:12:12	0:07:46	Mt. Penn Mudfest			3/22/2008
Chris Meanor	15K	1:39:29	0:10:42	Strip Mine 15K	Mt. Carmel	PA	6/8/2008
Tom Fetterman, Sr.	15K	1:40:00	0:10:45	25th Annual Upchuck Classic 15K	Beaverdale	PA	7/4/2008
John Goss	15K	1:42:38	0:11:02	Strip Mine 15K	Mt. Carmel	PA	6/8/2008
Tina Honkus	15K	1:45:20	0:11:20	Altoona 15K	Altoona	PA	7/4/2008
Mel Stern	15K	1:48:45	0:11:42	Mt. Penn Mudfest			3/22/2008
Bob Lott	15K	1:59:09	0:12:49	Strip Mine 15K	Mt. Carmel	PA	6/8/2008
Al Casagrande	10 Mile	1:02:12	0:06:13	Spring Thaw 10-15-20 Miler	North Park	PA	2/23/2008
Cory Fulmer	10 Mile	1:05:21	0:06:32	Spring Thaw 10-15-20 Miler	North Park	PA	2/23/2008
Tad Pajak	10 Mile	1:13:15	0:07:19	Spring Thaw 10-15-20 Miler	North Park	PA	2/23/2008
Bob Crawford	10 Mile	1:18:39	0:07:52	Spring Thaw 10-15-20 Miler	North Park	PA	2/23/2008
Ed Hlebechuk	10 Mile	1:21:37	0:08:10	Spring Thaw 10-15-20 Miler	North Park	PA	2/23/2008
Rick Conroy	10 Mile	1:22:58	0:08:18	Spring Thaw 10-15-20 Miler	North Park	PA	2/23/2008
Laura Yevchak	10 Mile	1:23:02	0:08:18	Spring Thaw 10-15-20 Miler	North Park	PA	2/23/2008
Scott Bowman	10 Mile	1:24:14	0:08:25	Young River 10 Miler	Connellsville	PA	4/12/2008
Aileen Bowman	10 Mile	1:44:24	0:10:26	Young River 10 Miler	Connellsville	PA	4/12/2008
Bill Winters	20K	1:41:30	0:08:11	Ogden 20K	Wheeling	WV	5/23/2008
Rick Conroy	20K	1:42:19	0:08:15	Ogden 20K	Wheeling	WV	5/23/2008
John Chernega	20K	1:49:55	0:08:52	Ogden 20K	Wheeling	WV	5/23/2008

<b>NAME</b>	<b>DISTANCE</b>	<b>TIME</b>	<b>PACE</b>	<b>RACE</b>	<b>CITY</b>	<b>STATE</b>	<b>DATE</b>
Al Casagranda	Half Marathon	1:17:06	0:05:53	Bigfoot Half Marathon	Kittanning	PA	4/19/2008
Matt Pajak	Half Marathon	1:20:18	0:06:08	Danville, Virginia Half Marathon	Danville	VA	9/13/2008