

SHANKSVILLE 5K & 10k

Race #2 in Bedford, Cambria, Somerset Counties Road Race Challenge

- When: Sunday, March 7, 2010 at 1:00 P.M.
- Where: Shanksville-Stonycreek High School
1325 Cornerstone Road, Shanksville, PA 15560
- What: 10K Run starts at 1:00 P.M. - 30th annual event which goes around Lake Stonycreek.
5K Run & Walk starts ASAP after the 10K and is an out & back course.
Both events end at same location.
- Cost: Entry fee is \$15 if received by February 24th which guarantees a t-shirt.
Entry fee after Feb. 24 and thru raceday is \$18 with no guarantee of a shirt!
Checks payable to SSSHS Class of 2012. Sophomore class fundraiser !
- Extras: Rest rooms / Locker rooms with showers available !
Refreshments / Aid stations / APPLE PIES ???
- Awards: Top male and female overall.
Top Three in age groups: 19-u, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
(can be divided into 5 year age groups if the number of entries warrant it.)

Return the bottom portion to Dave Mapes, 1502 Ridgeview Drive, Somerset, PA 15501
Questions: 814-445-6213 / dmapes@sssd.com

Name _____ Age on raceday _____ Male Female

Address _____ Town _____ State _____ Zip _____

_____ 5K RUN _____ 5K Walk _____ 10K Shirt Size: S M L XL XXL

I, for myself, my heirs, executors and administrators, have read and accept the conditions of this entry form, and release and waive all rights and claims for damages I may have against the Shanksville-Stonycreek High School, the race sponsors, volunteers, and organizers of this race for any injuries, illnesses, or actions which may result through my participation in the Shanksville 5K or 10K.

I attest that I am physically fit and sufficiently trained to finish this race. My physical condition has been verified by a licensed medical doctor. I also grant full release to all parties of this event to use my name and photograph for news coverage and publicity purposes.

Signature _____ Guardian if under 18 _____