



34th ANNUAL

FOOL'S RUN 10K

First leg of the Indiana County Triple Crown
6.2 Mile Course Begins & Ends at S&T Bank Arena

FOOL'S 3-MILE WALK

Saturday, April 7, 2012 – 10:00 AM, Indiana, PA



Sanctioned: Run Only

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SPONSORED BY

S&T Bank Indiana Regional Medical Center

CONDUCTED BY

Indiana Road Runners Club

**For Safety Reasons: Course Will Be Closed by 11:30 a.m.
For Insurance Reasons: No Baby Strollers, Dogs or Roller Blades**

REGISTRATION INFORMATION

Pre-Register by March 26, 2012 to guarantee shirt

Fee - \$16.00, Quality shirt guaranteed to 1st 150 pre-registered Runners and Walkers as of March 26, 2012
\$18.00 after March 26, 2012

Race Day Registration

S&T Bank Arena
497 East Pike, Indiana, PA 15701
8:00 a.m. (Look for signs)

AWARDS: RUNNERS

Men (No Duplicates)

Top 5 Overall
Top 3 Each Age Group: 15 & Under, 16-19, 20-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
Top Master Overall

Women (No Duplicates)

Top 5 Overall
Top 3 Each Age Group: 15 & Under, 16-19, 20-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54, 55+
Top Master Overall

AWARDS: FUN WALK—Walkers Only, Honor System, Top 3 Men and Top 3 Women Overall

Awards and shirts cannot be mailed. Must be present or have a delegate pick up

RACE FEATURES

Fast Course Rolling Hills Midway • 2 Water Stations on Course • Post Race Refreshments • High Quality Shirt, courtesy of S&T Bank and Indiana Regional Medical Center • Showers Available at S&T Bank Arena (Bring Gear) • Professional Finish Line & Timing • Splits Each Mile • Information (724) 349-1354 or 349-0501 after 6:00 p.m. or e-mail: jswauger@comcast.net
Contact John Swauger at 724-465-8262 or email: jswauger@comcast.net for IRRC membership information

Triple Crown Races: must run 3 of 6 races
Fool's Run 10K, Saturday, 4/7/12
Hoodlebug 5K, Sunday, 7/8/12
Citizens 5K, Saturday, 7/21/12
Run With The Deer Flies 15K/25K, Sunday, 7/29/12
Run For The Trail 7K, Sunday, 8/12/12
Bridge to Bridge Veteran's Marathon & Half Marathon, Sunday, 11/11/12

RACE RESULTS AT

WWW.INDIANAROADRUNNERS.COM

I HEREBY WAIVE AND RELEASE ALL RIGHTS FOR CLAIMS OR DAMAGES OR SUIT I MAY HAVE AGAINST S&T BANK ARENA, WHITE TOWNSHIP, INDIANA ROAD RUNNERS CLUB (IRRC) AND ANY OTHER OFFICIALS AND SPONSORS OF THE FOOL'S RUN AND WALK TO BE HELD APRIL 7, 2012 IN INDIANA, PA.

SIGNED _____ (include parent if under 18)

NAME _____ PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

BIRTHDATE _____ / _____ AGE RACE DAY _____ SEX _____ E-MAIL _____

10K 3- Mile Walk Shirt Sizes S M L XL _____

MAKE CHECKS (non-refundable)
PAYABLE TO "FOOL'S RUN"
ENCLOSED

- \$16.00 by March 26,2012
- \$18.00 after March 26, 2012

MAIL TO: Fool's Run
522 Locust Street
Indiana, PA 15701

APPLICATIONS COURTESY OF GAZETTE PRINTERS